Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)
Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.
Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in
E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

Department wise responsibility for National & International Commemorative Days, Events & Festivals celebration

Sr. No.	Day	Date	Department
1	Savitribai Phule Jayanti	3rd January	NSS
2	National Youth Day	12th January	NSS
3	Republic Day	26th January	NSS
4	World Cancer Day	4th Feb.	Shalya
5	National Deworming Day	10 February	Balrog
6	Shri. Shivaji Maharaj Jayanti	19th February	NSS
7	World Science Day	28th February	Research
8	Women's Day	8th March	Stree Rog
9	World Glaucoma Awareness Week	6th March To 8th March	Shalakya
10	World Oral Health Day	20March	Shalakya
11	International Noise Awareness Day	25th April	Shalakya
12	Mahatma Jyotirao Phule Jayanti	11th April	Agad
13	Dr. Babasaheb Ambedkar Jayanti	14th April	NSS/ Cultural
14	Menstrual Hygiene Day	28th May	Streerog
15	No Tobacco Day	31st May	Shalakya
16	Muhs Foundation Day	10th June	NSS
17	International Yoga Day	21st June	Swastha
18	Guru Pornima	-	Samhita
19	Vanamahotsav Week	1st to 7th July	Dravya
20	Independence Day	15th August	NSS
21	World Breast Feeding Week	1st To m7th Aug.	Balrog
22	Nutrition Month	September	Balrog + Swastha
23	Teachers Day	5th September	Cultural committee
24	Gandhi Jayanti	2nd October	NSS
25	National Blood Donation Day	1st October	Shalya
26	World Mental Health Day	10th October	Panchakarma
27	World Sight Day	14th October	Shalakya
28	Vachan Prerna Divas	15th October	Library
29	Sardar Vallabhbhai Patel Jayanti	31st October	Rasashastra
30	Rashtriya Ayurved Divas	Dhantrayodashi	Kayachikitsa
31	Children's Day	14th November	Balrog
32	Indian Constitution Day	26th November	NSS

Note :- Any important day, not included in above list but instructed by MUHS /AYUSH/ Government to celebrate time to time shall be celebrated by the concerned department with the prior permission of the principal

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Principal

Principal
P.D.E.A'S
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7.1.10 The List of national and international commemorative days, events and festivals celebrated by the institute.

2018-19

Sr. No.	Date	Title of Event	Organizing Department
1	06/08/2018	**World Breast Feeding Week -** Guest Lecture	Kaumarbhritya
2	15/08/2018	**72nd Independence Day-** Flag Hoisting Ceremony	NSS Department
3	05/09/2018	**Teachers Day Celebration**	NSS Department
4	26/09/2018	**Organ Donation Propagation Program**	NSS Department
5	26/09/2018	**Nutrition Month** - Rasayan Kalpa Distribution camp for Malnourished Children	Swasthvritta
6	03/10/2018	**Nutrition Month** - Diet Awareness Lecture for elderly	Swasthvritta
7	26/01/2019	**70th Republic Day-** Flag Hoisting Ceremony	NSS
8	27/04/2019	**Bio-Ethics Day-** Lecture and training on 'Bioethics for safety and rights of patients in hospital	Dravyaguna
9	30/04/2019	**Bio-Ethics Day -** Lecture on 'Bioethics- Definition, principles and importance in medicinal field'	Dravyaguna
10	10/06/2019	**World Environment Day Celebration**	Dravyaguna
11	10/06/2019	**MUHS Foundation Day** – Flag Hoisting Ceremony	NSS
12	10/06/2019 to 21/06/2019	**5th International Day of Yoga Celebration**	Swasthvritta

2019-20

Sr. No.	Date	Title of Event	Organizing Department
1	15/08/2019	**73rd Independence Day** – Flag Hoisting Ceremony	NSS
2	26/10/2019	**Ayurveda Day -** Guest lecture	Kayachikitsa
3	26/01/2020	**71st Republic Day** – Flag Hoisting Ceremony	NSS
4	20/02/2020	**Shiv Jayanti Celebration**	NSS
5	28/02/2020	**World Science Day Celebration**	Research & Statistics
6	05/06/2020	**World Environment Day Celebration**	Dravyaguna
7	10/06/2020	**MUHS Foundation Day** – Flag Hoisting Ceremony	NSS
8	18/06/2020 to 26/06/2020	**6th International Day of Yoga Celebration**	Swasthvritta
9	06/07/2020	**Guru Pournima Celebration**	Ayurved Samhita Siddhanta
10	06/08/2020	**Breast Feeding Week -** Guest Lecture	Kaumarbhritya

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2020-21

Sr. No.	Date	Title of Event	Organizing Department
1	15/08/2020	**74th Independence Day** – Flag Hoisting ceremony	NSS
2	24/09/2020	**NSS Foundation Day**	NSS
3	01/10/2020	**National Blood Donation Day Celebration** -Poster Presentation & Essay Competition	Shalyatantra
4	01/10/2020	**151st Gandhi Jayanti Ceremony**	NSS
5	15/10/2020	**World Sight Day** – Online Lecture	Shalakyatantra
6	30/10/2020	**National Unity Day Celebration**	NSS
7	30/10/2020	**Traffic Week Celebration**	NSS
8	31/10/2020	**Vallabhbhai Patel Jayanti Celebration** - Online Guest Lecture	RSBK Department
9	27/10/2020 to 02/11/2020	**Observance of Vigilance Awareness Week**	NSS
10	11/11/2020	**World Forest Day Celebration**	Dravyaguna
11	13/11/2020	**Ayurveda Day Celebration**	Kayachikitsa
12	26/11/2020	**Celebration of Constitution Day**	NSS
13	01/12/2020	**World Aids Day Visit to NARI, Pune.**	Rognidan
14	05/12/2020	**Celebration of International Volunteer Day**	NSS
15	10/12/2020	**Human Rights Day** - Online National Level Essay Competition.	Agadtantra
16	03/01/2021	**Savitribai Phule Jayanti Celebration**	NSS
17	12/01/2021	**National Youth Day Celebration**	NSS
18	23/01/2021	**Celebration of Parakrama Divas-** Information of Netaji Subhashchandra Bose Shared to Students	NSS
19	26/01/2021	**72nd Republic Day** – Flag Hoisting Ceremony	NSS
20	28/02/2021	**World Science Day Celebration**	Research & Statistics
21	15/03/2021 to 20/03/2021	**Glaucoma Awareness Week** – Online Lecture	Shalakyatantra
22	27/03/2021	**World Forest Day Celebration**	Dravyaguna
23	07/04/2021	**World Health Day Celebration** – Guest Lecture .	Kriya Sharir
24	12/04/2021	**Mahatma Jyotiba Phule Jayanti Celebration**	Agadtantra
25	14/04/2021	**World Fire Day** - Online Lecture on fire safety awareness and fire safety management	Kayachikitsa
26	14/04/2021	**Dr. Babasaheb Ambedkar Jayanti Celebration**	Samhita Siddhant
27	30/04/2021	**Bio-Ethics Day** - Guest Lecture- "Ethical Review Process" by Dr. Supriya Bhalerao	Dravyaguna
28	03/05/2021	**World Labor Day** - My health my responsibility	Kriya Sharir
29	23/05/2021	**World Schizophrenia Day** – Guest Lecture	NSS
30	20/05/2021 to 21/06/2021	**7th International Day of Yoga Celebration**	Swasthvritta

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31	05/06/2021	**World Environment Day Celebration**	Dravyaguna
32	10/06/2021	**MUHS Foundation Day** – Flag Hoisting Ceremony	NSS
33	26/07/2021	**Guru Purnima Celebration**	Samhita Siddhant

2021-22

Sr. No.	Date	Title of Event	Organizing Department
1	12/08/2021	**Breast feeding Week** – E Poster presentation	Kaumarbhritya
2	13/08/2021 to 20/08/2021	**Maha Avayav Dan Week** – Guest Lecture & Poster Presentation	NSS
3	15/08/2021	**75th Independence Day** - Flag Hoisting Ceremony	NSS
4	15/08/2021	**Azadi Ka Amrut Mohotsav** - Rashtragan Participation	NSS
5	18/08/2021	**Bamboo Rakhi Yojana Awareness Program**	NSS
6	09/09/2021 to 28/09/2021	**Nutrition Month Celebration**	Swasthvritta
7	21/09/2021	**AKAM Fit India** - Freedom Run	NSS
8	01/10/2021	**World Blood Donation Awareness Day** – Guest Lecture on importance of blood in Surgery	Shalyatantra
9	02/11/2021	**6th Ayurveda Day** – Herbal Product Exhibition.	RSBK
10	02/11/2021	**6th Ayurveda Day** - Nutrition awareness program and supplements distribution	Kaumarbhritya
11	2/11/2021	**6th Ayurveda Day Celebration**	Kayachikitsa
12	14/11/2021	**Children's Day** - Drawing Activity	Kaumarbhritya
13	01/12/2021	**World Aids Day** - Virtual Visit to NARI, Pune	Rognidan
14	10/12/2021	**Human Rights Day Celebration**	Agadtantra
15	14/12/2021	**AKAM** –Lecture on dental Hygiene	Shalakyatantra
16	16/12/2021	**Celebration of India Victory Week**	NSS
17	12/01/2022	**National Youth Day Celebration**	NSS
18	24/01/2022	**National Girl Child Day Celebration**	Kaumarbhritya & Streerog
19	25/01/2022	**National Voters Day Celebration**	NSS
20	26/01/2022	**73rd Republic Day hosting ceremony**	NSS
21	04/02/2022	**World Cancer Day** - Guest Lecture	Shalyatantra
22	10/02/2022	**National Deworming Day** – Distribution of Deworming Tablet to Primary School	Kaumarbhritya
23	19/02/2022	**Shiv Jayanti Celebration**	NSS
24	25/02/2022	**World Science Day Celebration**	Research & Statistics
25	07/03/2022 to 12/03/2022	**AKAM** – Glaucoma week celebration	Shalakyatantra
26	12/03/2022	**World Kidney Day** – Guest Lecture	Shalyatantra
27	22/03/2022	**AKAM & Oral Health Day** – Guest Lecture on basic dentistry	Shalakyatantra
28	07/04/2022	**World Health Day** – Elocution Competition	Kriya Sharir

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29	14/04/2022	**World Fire Day** – Guest Lecture On Fire Prevention and Management	Kayachikitsa
30	27/04/2022	**AKAM & Noise pollution awareness** –Skit presentation	Shalakyatantra
31	05/05/2022 to 21/06/2022	**International Day of Yoga Celebration**	Swasthvritta
32	03/06/2022	**World Cycle Day** – Slow Cycle Competition	NSS
33	06/06/2022	**Shivrajyabhishek Din Celebration**	NSS
34	07/06/2022	**World Environment Day -** Guest Lecture	Dravyaguna
35	09/06/2022	**World Forest Day -** Demonstration of documentaries	Dravyaguna
36	10/06/2022	**MUHS Foundation Day Celebration**	NSS
37	18/06/2022	**AKAM & World eye Donation Day** – Lecture on eye donation	Shalakyatantra
38	13/07/2022	**Guru Pournima Celebration**	Samhita Siddhant

2022-2023

Sr. No.	Date	Title of Event	Organizing Department
1	02/08/2022	**Charak Jayanti** – Recitation of Shlok	Samhita Siddhant
2	11/08/2022 to 15/08/2022	**Breast Feeding Week** - PG Level Poster Presentation	Kaumarbhritya
3	12/08/2022	**Iconic Week Celebration**	NSS
4	12/08/2022	**International Youth Day Celebration**	NSS
5	13/08/2022	**Azadi ka Amrut Mohotsav** – Salutation to Freedom Fighters	NSS
6	15/08/2022	**75th Independence Day** – Flag hoisting ceremony	NSS
7	12/08/2022 to 15/08/2022	**Azadi ka Amrut Mohotsav** – Har Ghar Tiranga Campaign	NSS
8	08/09/2022	**Poshana Month Celebration** Quiz on Nutrition	Kaumarbrithya
9	22/09/2022	**Organ Donation Program** – Lecture & Video Clip	Rachana Sharir
10	27/09/2022	**Ayurved Day 2022 -** Lecture and Exhibition	RSBK
11	27/09/2022	**World Deafness Day** –Basic ENT checkup camp	Shalakyatantra
12	01/10/2022	**National Ayurveda Day** – Har din Har Ghar Ayurved Rally	NSS
13	07/10/2022	**World Blood Donation Awareness Day** – Guest Lecture	Shalyatantra
14	10/10/2022	**World Mental Health Day** – Guest Lecture on Manasik Swasthya	Panchakarma
15	11/10/2022	**Ayurveda Day** – Har Din Har Ghar Ayurveda – Quiz Competition on Ahara	Kaumarbritya
16	15/10/2022 to 30/10/2022	**Nutrition Month and Ayurveda Day** -International Online Cooking Competition	Swasthvritta
17	18/10/2022	**World Sight Day** –Lecture on eye health with Ayurveda	Shalakyatantra
18	20/10/2022 to 22/10/2022	**Ayurveda Day** – Exhibition and Distribution of Amruta Ayurved Teaching Pharmacy's Products	RSBK

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19	20/10/2022 to 21/10/2022	**Ayurveda Day** – Medical Camp on hair problems	Agadtantra
20	22/10/2022	**Ayurveda Day** – Senior citizen checkup Camp	Kayachikitsa
21	14/11/2022	**Children's Day** – Medical Camp for children	Kaumarbhritya
22	03/01/2023	**Savitriai Phule Jayanti,** Maharashtra Girl Child Day, Stree mukti Din celebration	NSS
23	12/01/2023	**National Youth Day, Swami Vivekanand & Rajmata Jijau Jayanti Celebration**	NSS
24	26/01/2023	**74th Republic Day** – Flag Hosting Ceremony	NSS
25	04/02/2023	**World Cancer Day** – Cancer Awareness Rally	NSS
26	10/02/2023	**National Deworming Day** -Anganwadi Health Checkup camp	Kaumarbhritya
27	28/02/2023	**World Science Day Celebration**	Research & Statistics
28	04/03/2023	**World Obesity Day** – Lecture on Obesity Awareness Program & BMI Checkup of students	Swasthvritta
29	15/03/2023-20/3/2023	**Glaucoma Awareness Week**	Shalakyatantra
30	29/03/2023	**World Cancer Day** – Guest Lecture on cancer awareness	Shalya tanra
31	07/04/2023	**World Health Day** – Rally	Shalakyatantra
32	12/04/2023	**Organ Donation awareness program** – Lecture & Video Clip	Rachana Sharir
33	26/04/2023	**International Noise Awareness Day Celebration** – Poster Competition	Shalakyatantra
34	05/06/2023	**World Environmental Day Celebration**	Dravyaguna
35	10/06/2023	**25th MUHS Foundation Day** -Flag Hoisting Ceremony	NSS
36	14/06/2023	**World Blood Donor Day Celebration**	NSS
37	16/06/2023 to 22/06/2023	**International Day of Yoga Celebration**	Swasthvritta
38	06/07/2023	**Guru Purnima Celebration**	Samhita Siddhant

P.D.E.A's College Of Ayurved And Research Centre AKURDI PUNE - 44.

Principal

P.D.E.A'S

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PDEA's COLLEGE OF AYURVED AND RESEARCH CENTRE, NIGDI, PUNE

DEPARTMENT OF KAUMARBHRITYA

Post Event Summery Report

Name of the Event -	NATIONWIDE BREASTFEEDING WEEK
Date of the Event -	06/08/2018
Location of the Event -	Department of Kaumarbhritya
No. of persons attending the event -	44
Organising Committee -	Department of Kaumarbhritya
Contact Person -	Dr. Deodas Madhavi Sanjay
Telephone Number -	9423010818
Email address -	balrogdept@gmail.com

Summary of the Event:

Kaumarbhritya Department has organised the guest lecture on "IMPORTANCE OF BREASTFEEDING" by Dr. Yogita Waghmare, Lactation Consultant, Sahyadri Hospital, Pune on the occasion of Nationwide Breastfeeding Week.

For this guest lecture more than 98 participants got enrolled.

Dr. Yogita Waghmare very nicely elaborate Importance of Breastfeeding. She also shares her personal clinical experiences on this in her lecture. She also cleared doubts asked by our UG and PG students.

This lecture was helpful to all students and help to encourage students to provide awareness to the society.

Thanks, and Regards.

Deodas

Dr. Deodas Madhavi

Professor and HOD

Kaumarbhritya Department

CARC, Nigdi, Pune

H.O.D.
Dept. of Kaumarbhritya Tantra
College of Ayurved & Research Centre
Nigdi

PDEA'S COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran Nigdi Pune 44

Post event summary report **Date- 16/8/2018**

Name of the event- 72nd Independence Day Flag Hoisting Ceremony

Date of the event- 15th Aug 2018

Time of the event- 8.00 am

Location of the event- Campus of college

Anchor- Miss. Radhika Mokashi

Participants- Hon. Principal, Vice Principal, Directors of the college, teachers, non-teaching staff, Deputy Superintendent, RMO, Para-medical staff, UG and PG students.

Number of persons attending the event- Approx. 190.

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

email address- drdineshnaik27@gmail.com

आयुर्वेद महाविद्यालय व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 1825/2018 दिनांक 16/8/2018
टपाल क्र.

Brief summary of the event

The Students, Staff and Faculty members gathered in front of the college building which was decorated by the students. The celebration started with the hoisting of the National Flag by The Principal Dr. (Mrs) R.R. Patil who was the Chief Guest of the Programme. She hoisted the national flag sharp at 8:00 am. All the students, teachers and staff saluted the flag and then sang the National Anthem honouring it. Mr. Nitin Shitole gave speech on nationalism.

The Principal delivered the short speech. In her speech, the Principal told us the importance of the day, highlighted the importance of the Constitution and its unique features. She gave a very motivational and patriotic speech. She also emphasised the importance of Ayurved and its recent developments. Students presented a small road show play on the sacrifice of freedom fighters.

There was a feeling of pride and patriotism in everyone's heart. The program was concluded with a vote of thanks. At the end, sweets were distributed to the students.

A breakfast and tea party were arranged for staff.

-Dr. Dinesh B. Naik

Principal

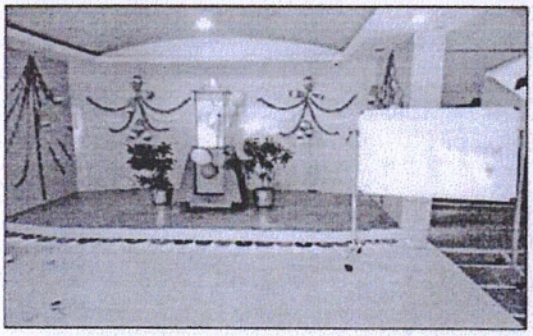
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PDEA'S COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran Nigdi Pune 44

72nd Independence Day Flag Hoisting Ceremony

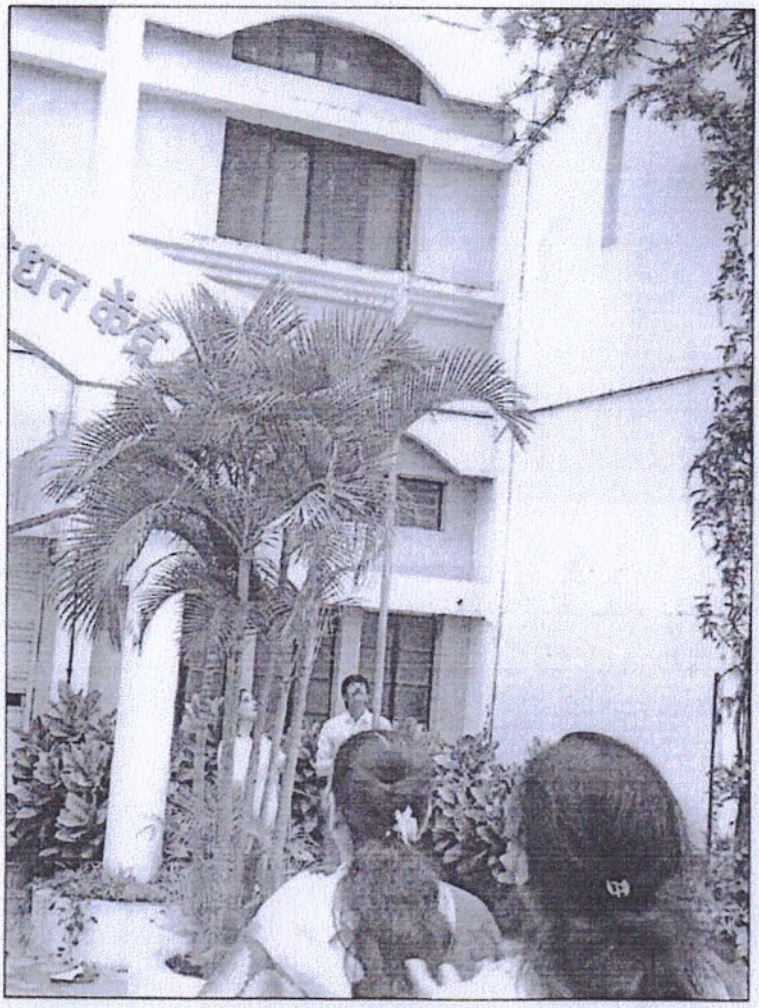
Photographs



Decoration of college



Participants of the ceremony



Hoisting of the National Flag by the Principal Dr. R.R. Patil

Principal
P.D.E.A.'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

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Sector no. 25 Pradhikaran Nigdi Pune 44



Mr. Nitin Shitole gave speech on nationalism.



The Principal delivered the speech.



Students presented a small road show play on the sacrifice of freedom fighters

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COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran Nigdi Pune 44

Post event summary report **Date- 07/9/2018**

Name of the event- Teachers Day Celebration

Date of the event- 05/9/2018

Organising department/ committee/person- Dr. Dinesh Balkrishna Naik

Location of the event- classroom no. 1

Number of persons attending the event- 70 students

Mode of event- Online/ Offline- Offline

Contact person- Dr. Dinesh Balkrishna Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

पु.ति.शि.म.वे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 1912 /2018 दिनांक 07/9/2018
टेबल क्र. (3)
नोंदणीक

Brief summary of the event-

Teacher's day celebrated on 5th September each year on the occasion of birth of Dr. Sarvepalli Radhakrishnan who was known as an amazing teacher of his time. Small function was organized in our college on this occasion for our beloved teachers. Teachers day function started at 2:00 p.m. A small speech was given by Miss Sanika Virkar and Harshad Gurav; where they explained the importance of teachers and how teachers are the builders of nation.

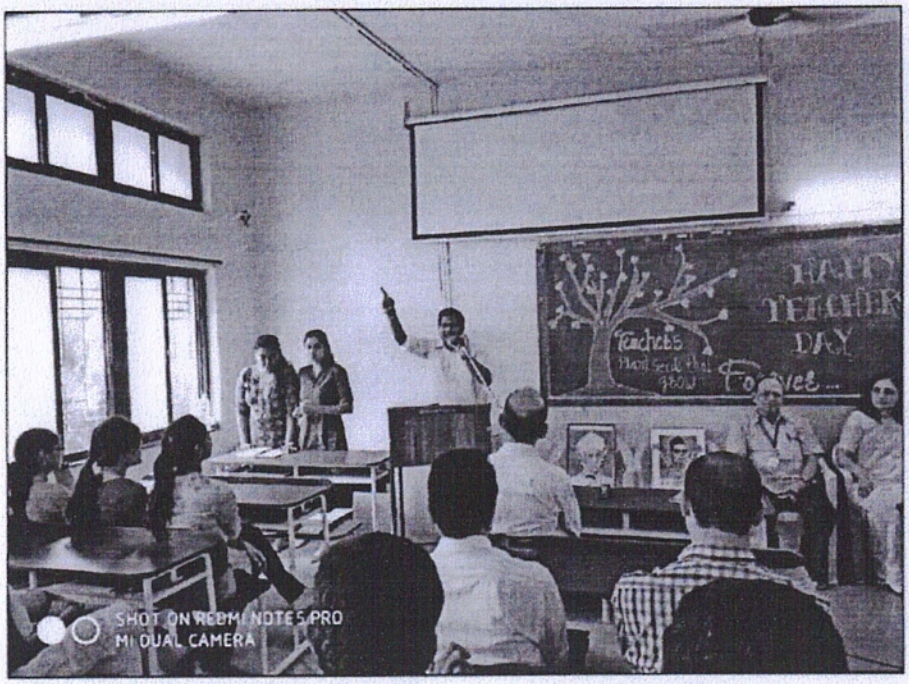
The Principal gave motivational speech on importance of student teacher relationship and positive learning environment for the students. All teachers were felicitated by the students. Our principal and all the teachers appreciated the program.

Dr. Dinesh Balkrishna Naik

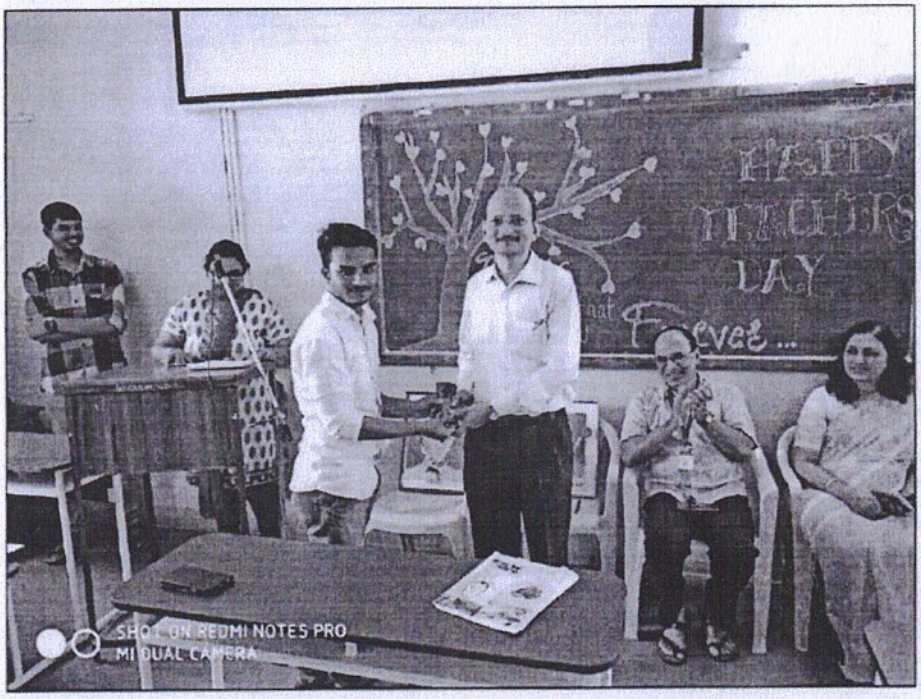
Principal

Principal
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Photos of the Event



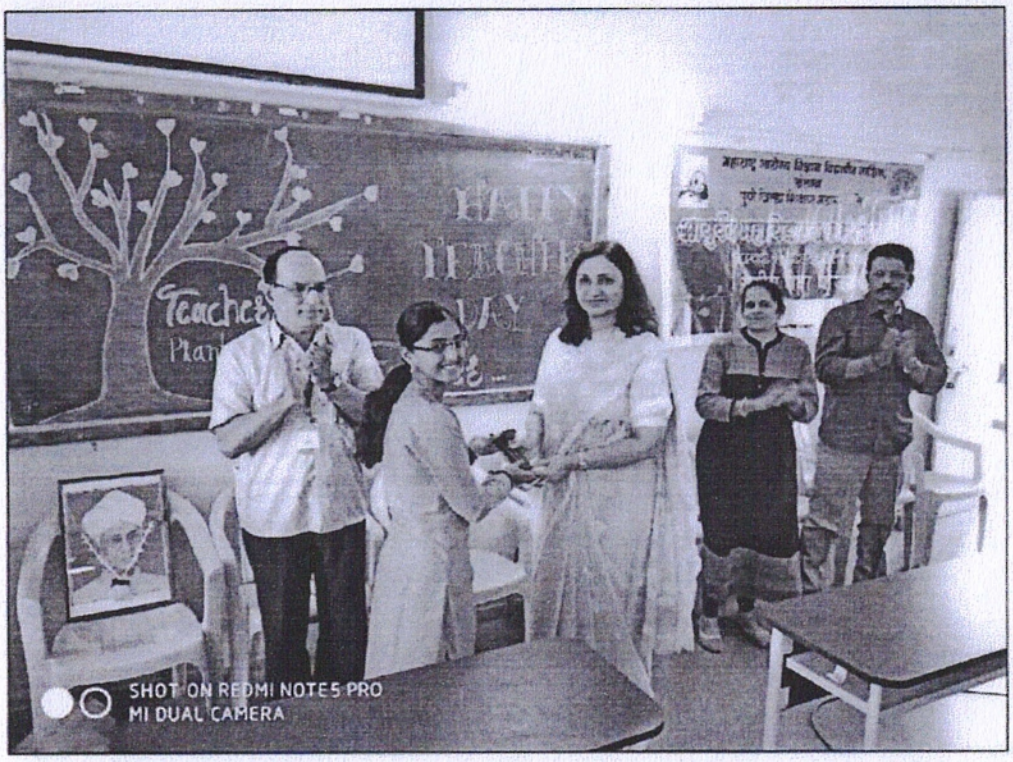
A speech was given by Harshad Gurav;



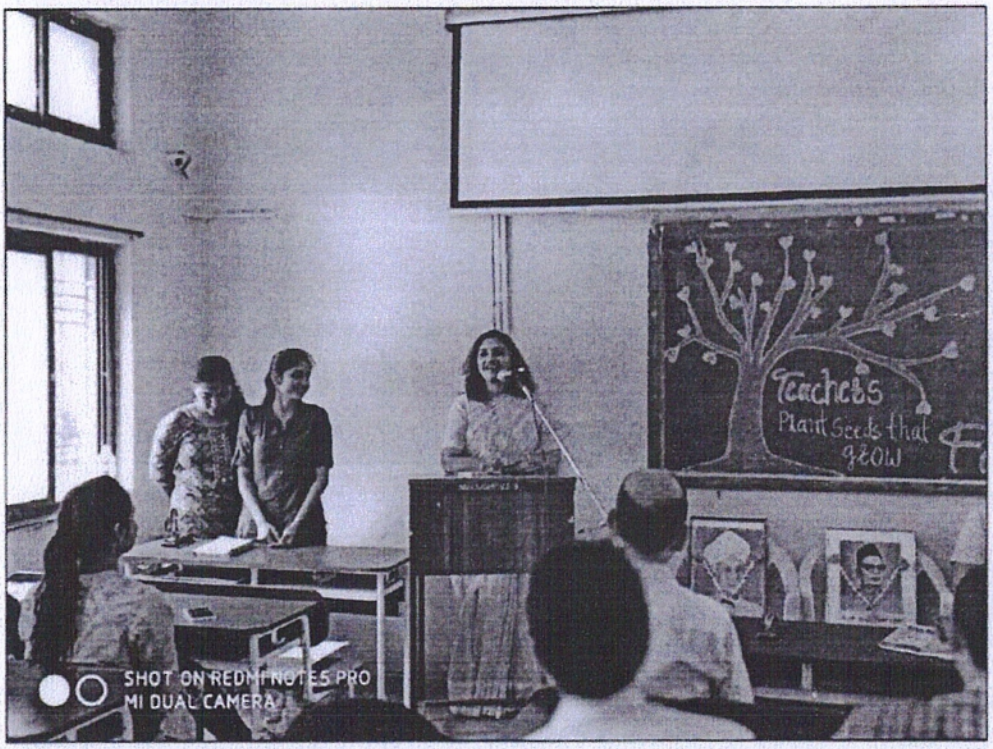
Teachers were felicitated by the students.

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Principal
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Teachers were felicitated by the students.



The Principal gave motivational speech

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PDEA'S

COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran Nigdi Pune 44

Post event summary report **Date- 29/9/2018**

Name of the event- Organ Donation Propagation Program

Date of the event- 26/9/2018

Organising department/ committee/person- Dr. Dinesh Balkrishna Naik

Location of the event- classroom no. 1

Number of persons attending the event- 63 students

Mode of event- Online/ Offline- Offline

You tube link for video- https://www.youtube.com/watch?v=xHwHPlUZuQU&t=15s

Contact person- Dr. Dinesh Balkrishna Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

पु.जि.शि.म.वि
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 2048/2018-19 दिनांक 9/10/2018
टेबल क्र.

Brief summary of the event-

On this occasion an informative lecture of Dr. Dinesh Balkrishna Naik, asso. Prof. Rachana Sharir was arranged. He explained what is organ donation, its procedure, legal aspects, laws for organ donation, eligibility of organ donation and organ reception etc. in details for students with PPT presentation.

The video clip on organ donation, 'Fir Zindagi' was shown to students. This film contains basic information of organ donation. The student got the knowledge of the organ donation movement.

Signature

Name- Dr. Dinesh Balkrishna Naik

Designation- Asso. Professor

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Photos of the Event



Lecture of Dr Dinesh Balkrishna Naik



The video clip on organ donation, 'Fir Zindagi' was shown to students

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RASAYAN KALPA DISTRIBUTION CAMP FOR MALNOURISHED CHILDREN

PLACE: AANGANWADI, NIGDI OOTA SCHEME, NIGDI

DATE: 26/09/2018 **TIME: 11:00 am to 1 pm**

***CAMP REPORT*:**

Rasayan kalpa distribution camp for malnourished children was organized on 26th September 2018-Wenesday at Anganwadi, Nigdi Oota Scheme, Nigdi, Pune on the occasion of Nutrition month. The camp aimed at providing Rasayan kalpa distribution for malnourished children and diet counseling for promotion of health.

Two Consultants were deputed for the camp. Children were assessed for malnourishment and Rasayan kalpa made of Kushmanda is given to them.

POSTINGS:

Sr. No.	Consultant/Student Name		Designation
1	Dr Arti Firke	Consultant	Associate Professor
2	Dr Deepali Manore	Consultant	Associate Professor

Total **20 children** enrolled in the camp

Dr. Manore

COLLEGE OF AYURVED AND RESEARCH CENTRE * SWASTHAVRITTA DEPARTMENT

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Principal
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Akurdi, Pune - 411044.









COLLEGE OF AYURVED AND RESEARCH CENTRE
SWASTHAVRITTA DEPARTMENT

H. O. D.
Dept. of Swastha Vrutta
College of Ayurved & Research Centre
Nigdi

Diet awareness lecture for elderly

Venue- Ayurved Rugnalay &Sterling Multispeciality Hospital Nigdi Pune

Date- 03rd October 2018

Time- 11.00 am to 12.00pm

Nutrition month was celebrated by organizing Diet awareness lecture for old age people under Swasthyarakshan programme at Ayurved Rugnalay &Sterling Multispecialty Hospital, Nigdi, Pune
Lecture was organized especially for elderly women population.
Importance of nutrition in old age was explained in lecture .Also personal diet counseling was done according to disease. Total 10 no. of participant present for lecture.





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PDEA'S COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran Nigdi Pune 44

Post event summary report Date 28/01/2019

Name of the event- 70th Republic Day Flag Hoisting Ceremony

Date of the event- 26th Jan 2019

Time of the event- 8.00 am

Location of the event- Campus of college

Anchor- Harshad Gurav

Participants- Hon. Principal, Vice Principal, Directors of the college, teachers, non-teaching staff, Deputy Superintendent, RMO, Para-medical staff, UG and PG students.

Number of persons attending the event- Students- 82, Staff- 80

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

email address- drdineshnaik27@gmail.com

आयुर्वेद महाविद्यालय व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 3134/2019 दिनांक 28/1/2019
टेबल क्र.

Brief summary of the event

Students, Staff and Faculty members gathered in front of the college building. With the reading of Indian Constitution, the celebration was started. The celebration started with the hoisting of the National Flag by The Principal Dr. (Mrs) R.R. Patil who was the Chief Guest of the Programme. She hoisted the national flag sharp at 8:00 am. All the students, teachers and staff saluted the flag and then sang the National Anthem honouring it. The students Vijay Nayakode and Sharayu ghatol gave speech on nationalism and gender equality

The Principal delivered the short speech. In her speech, the Principal emphasized the importance of the nationalism and the democracy. She also gave perception on the various activities achieved by college and motivated the students for bringing more achievements for the college through their hardworking. She also emphasised the importance of Ayurved. She talked on the recent developments in college and hospital.

Vijay Nayakode expressed the vote of thanks. At the end of the ceremony, sweet pedhas were distributed among the students. A breakfast and tea party were arranged for staff.

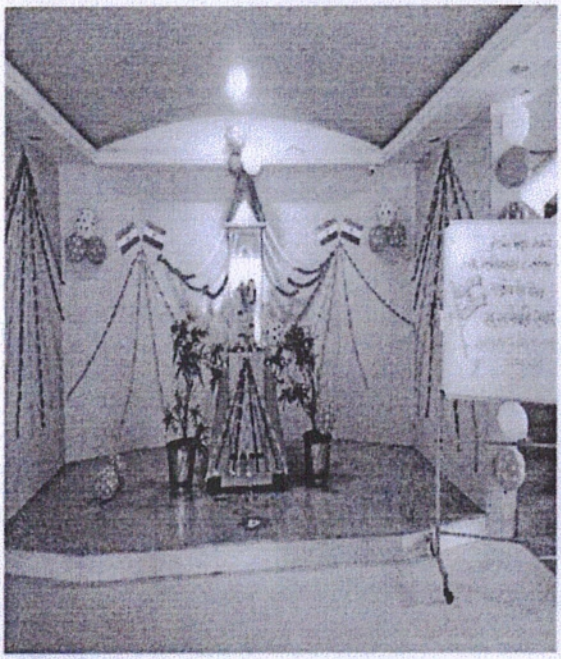
-Dr. Dinesh B. Naik

Principal

Principal
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Photos of the event

Republic Day Flag Hoisting Ceremony



Decoration of campus



Hoisting of the National Flag by The Principal



Anchor- Harshad Gurav

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Sharayu ghatol gave speech on gender equality.



Vijay Nayakode gave speech on nationalism.



The Principal delivered the speech.

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Report of Celebration of World Bioethics Day in CARC -

Event - "Training about Ethics & safety in medical field" to hospital staff by Dr M.D.Lad and lecture on Bioethics by Dr Y.R.Kulkarni

Name of the Organiser – Dept of Dravyaguna, P.D.E.A'S College of Ayurved & Research Centre,Nigdi, Pune-411044

Place – Hospital & Auditorium CARC

Dates- 27th & 30th April 2019 Time- 2-4 pm

Report –

On the occasion of "World Bioethics Day" a lecture was arranged for the 1st year MD students about Bioethics- Definition, Principles and importance in medical field. The lecture was given by Dr Y.R.Kulkarni (PG Director & PG teacher) on 30/04/2019.

Training and lecture on Bioethics for safety and rights of patients in the hospital was done by Dr M.D.Lad(ex-PG Director & consultant, approved research teacher), Dr Bhalerao and Dr Jadhav on 27/04/2019 to paramedical staff, housemen & consultants.

Dr Lad has given information & awareness about ethical issues while doing research projects in the hospital.

In future seminar on Bioethics in medical field will be conducted for all PG students & 4th year BAMS students as it is included in the syllabus.

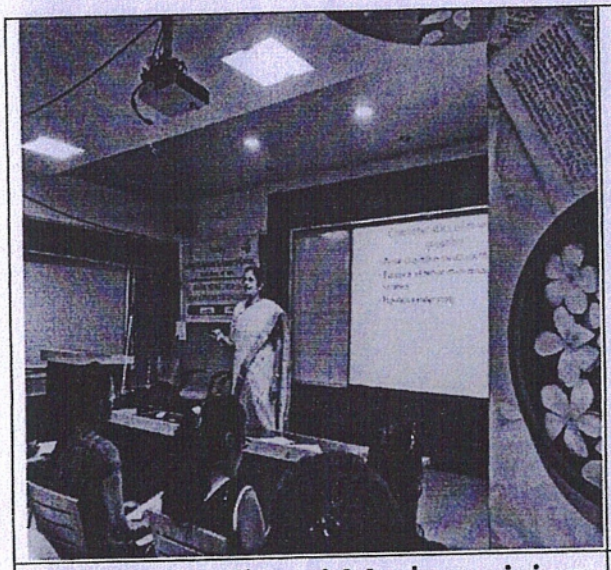
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आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र.299/19-20 दिनांक 6/5/19
टेबल क्र.(5)

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Bioethics Day Lecture and Training photos-



Dr Yogini Kulkarni Madam giving lecture on Bioethics Day



1st year MD students attending lecture of Bioethics



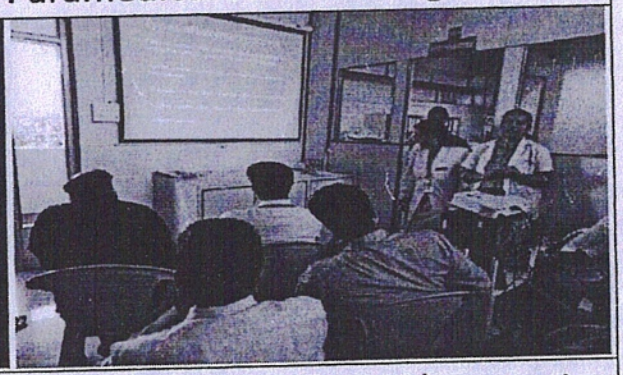
Dr Lad is taking training



Paramedical staff training



Training to MD students and internees



Training about informed concent

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व संशोधन केंद्र, निगडी, पुणे-४११०४४.
आवक क्र. 741/19-20 दिनांक 7/6/19
टेबल क्र. (3)

REPORT

World Environmental Day (5th June 2019)

Name of Event- "World Environmental Day (5th June 2019)"

लेखनिक

प्राचार्य

Name of the Organiser – Dept. of Dravyaguna, P.D.E.A'S College of Ayurved & Research Centre, Nigdi, Pune-411044

Place – Auditorium, CARC

Date - 10th June 2019 (Due to Eid vacation)

Time - 9:15 AM - 1 PM

Report –

It was a one half day event in which following programmes were organized -

S.N.	Programme	Time
1	College premises cleaning by students & teachers	9:15 - 10:15 AM
2	Creation of general awareness about 'World Environment Day' through documentaries and power-point presentation	10:30 - 11:30 AM
3	Result declaration & prize distribution of Essay Competition	11:30 AM – 12 PM
4	Guest Lecture – Awareness about environment & nature in Sanskrit literature – Dr. Anjali Oak	12 – 1 PM

Function commences with cleaning of college premises by all students & college staff. Then to make aware about 'World Environment Day', power-point presentation related with its history, need & development is given. Afterwards to achieve one of the mottos Go green, general guidelines about plantation of different species were given through ppt. Documentaries about 'Beat Air Pollution', 'Rain water harvesting' were shown to students. This was followed by result declaration & prize distribution of essay competition.

Essay Competition:

Total 7 essays received by UG & PG students on the subjects declared. Prof. Dr. J. J. Phadke – Head, Dept. of Agadtantra, CARC and Dr. Anuja Wadadekar – Asst. Prof. Dept. of Agadatantra, CARC were worked as judges for this competition. Saplings of medicinal plant

Department of Dravyaguna, CARC, Nigdi

were given with the prize to sensitize about conservation of medicinal plants used in day-today practices. Among 7 essays judges declared 4 prizes for the best essays as -

S.N.	Name of Winner with Year	Title	Prize Awarded
1	Gurav Harshad (UG 4th Year)	Beat Air Pollution	1st
2	Phalake Ashish (UG 3rd Year)	Protection of Environment – Need of time	2nd
3	Bhanavase Nikita (UG 3rd Year)	Protection of Environment – Need of time	3rd
4	Naikvade Vijaykumar (UG 4th Year)	Protection of Environment – Need of time	3rd

After this programme, a guest lecture on 'Awareness about environment & nature in Sanskrit literature' was delivered by Dr. Anjali Oak. In her oration, she highlighted the journey from fear to friendship of human society related with different natural aspects, how ancient human civilization protects the environment & nature.

Utility -

It was a very much fruitful event regarding creation of awareness about protection of environment in day-today practice by various means.

Department of Dravyaguna is very much thankful to Principal Dr. Patil madam and Vice-principal Dr. Bobade sir for the permission, support, encouragement and guidance for the conduction of this event.

World Environment Day (5th June 2019) celebrated on 10-6-19



General awareness about World's Environmental Day



General guidelines about plantation of plant species – Dr. Bhor



Students present for guest lecture



Felicitation of guest speaker – Dr. Oak by Dr. Lad



Prize distribution of essay competition



Prize distribution of essay competition



Prize distribution of essay competition



Cleaning of college premises & garden side

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Department of Dravyaguna, CARC, Nigdi

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Sector no. 25 Pradhikaran Nigdi Pune 44

Post event summary report

Date- 15/06/2019

Name of the event- MUHS Foundation Day Flag Hoisting Ceremony

Date of the event- 10/06/2019

Location of the event- College Campus.

Number of persons attending the event- Students- 70, teachers-3

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

प्राचार्य

Brief summary of the event

MUHS Foundation Day is celebrated every year on 10th June. This year flag hoisting ceremony was celebrated in the presence of teachers and NSS volunteers according to the guidelines of MUHS. Flag hoisting was done by PG Director, Dr. Minal Lad. MUHS song was played in the honour of MUHS.

Dr. Dinesh B. Naik,
Program Officer, NSS.

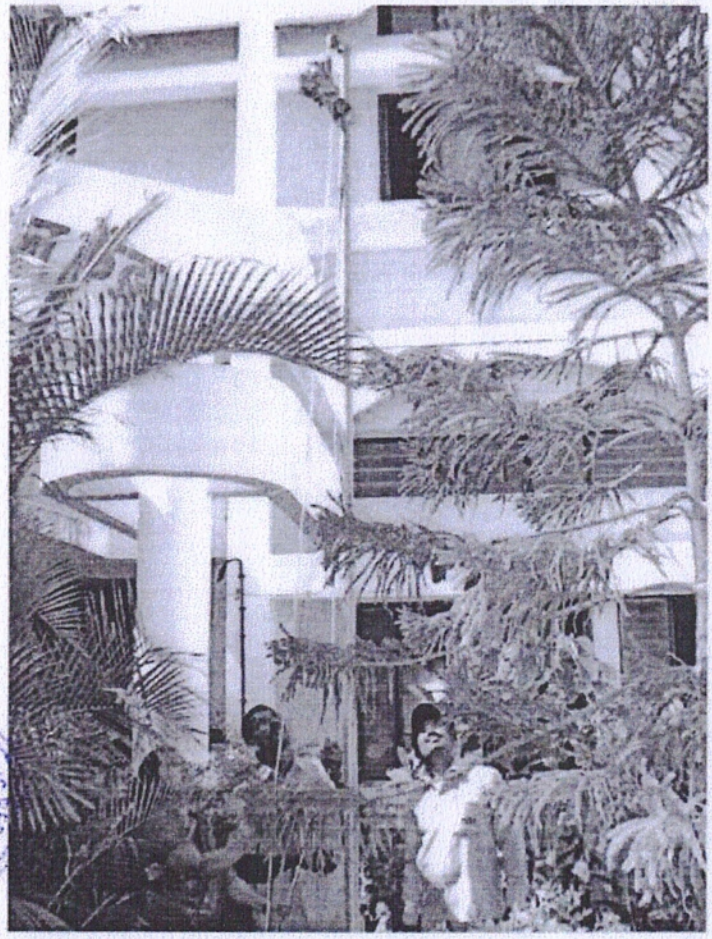
Principal

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Photos of the event



Flag hoisting was done by PG Director, Dr. Minal Lad.



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Report of 5th International Day of Yoga Conducted on 21 June 2019

Name of the College: **-P.D.E.A's College of Ayurved and Research Centre, Akurdi, Pune-411044.**

Yoga Week was celebrated from 10th June to 21th June. Banners were displayed in campus of college and hospital for awareness of Yoga.

Following activities were conducted –

1. YOGASANA COMPETITION-12 JUNE 2019

2. POSTER COMPETITION- 18 JUNE 2019

3. YOGA SESSION FOR IPD PATIENTS IN THE HOSPITAL— 16 TO 18 JUNE 2019

4. SAHAJ YOGA MEDITATION WORKSHOP FOR STUDENTS AND STAFF—10TH TO 14TH JUNE 2019

5. RANGOLI COMPETETION – 20 JUNE 2019

6. RHYTHEMIC YOGASANA DEMONSTRATION BY STUDENTS -21st JUNE 2019.

7. 5TH INTERNATIONAL YOGA DAY PROGRAMME & PRIZE DISTRIBUTION PROGRAMME.-21 JUNE 2019

YOGASANA COMPETETION-

Yogasana competition was conducted at college on 12th June in Yoga hall. Total 22 students of UG and PG participated in yogasana competition.

Number of Prize Winning participants: - Total 04

Name of the Prize Winning students -

1. Sagar Deshpute -1st Prize

2. Mayuri Gondhane -2nd Prize

3. Sayali Shinde - 3rd Prize

4. Amol Pable – Consolation Prize

POSTER COMPETETION-

Total 11 students participated in poster competition in college on 18th June.

Theme for poster-Yoga for All

Name of Prize winning students of Poster competition:-

1. Madhulika Singh-1st Prize
2. Mohsina Mulani – 2nd Prize
3. Aashish Phalake – 3rd Prize

YOGA SESSION FOR IPD PATIENTS IN THE HOSPITAL—16 TO 18 JUNE 2019

We have conducted yoga session for IPD patients from 16th to 18th June in hospital wards in two sessions i.e. Morning and evening.

SAHAJ YOGA MEDITATION WORKSHOP FOR STUDENTS AND STAFF—10TH TO 14TH JUNE 2019

Report-

Venue: - Auditorium and Yoga Hall Swasthavritta and Yoga department, CARC, Nigdi, Pune.

Date: - 10/06/2019 to 14/06/2019

Time: - 9.30 a.m. to 10:30 a.m.

Participated students: - 60 Present Teachers: - 14

Guest Speakers : -

1. Mr.Sunil Jankwar-10th June
2. Sanjeev Suryakumar-11th june

3. Dr.Puja Gaud and Dr Sujata Pawar-12th June
4. Dr Isha Kale-13th June
5. Dr.Mandar Bhonde-14th June

Topics covered: -

- Introduction of Meditation and its importance.
- Introduction of Shatchakras
- Meditation techniques according to each chakra.
- Musical Ragas according to Chakras.
- Demonstration of meditation techniques and Practical.
- Question answers session.

RANGOLI COMPETETION – 20 JUNE 2019

Total 08 groups participated in poster competition in college on 20th June.

Theme for Rangoli-Yoga for All

Name of Prize winning students of Rangoli competition:-

1. Group 7 –Bhagyashree Kshirsagar Group – 1st Prize
2. Group 3 – Radhika Shitole Group – 2nd Prize
3. Group 1 – Anjali Shelke Group – 3rd Prize
4. Group 2 – Nikita Bhanavase Group - Consolation Prize

RHYTHEMIC YOGASANA DEMONSTRATION BY STUDENTS -21st JUNE 2019-

Musical Rhythmic yogasana demonstration is presented by 3rd year students on various aasana positions.

Total 40 students presented all steps of Suryanamaskar and a variety of different aasanas.

5TH INTERNATIONAL YOGA DAY PROGRAMME & PRIZE DISTRIBUTION PROGRAMME.—21 JUNE 2019

Yog saptah is ended with celebration of International yoga day 2019 on 21st June and prize distribution ceremony. Morning Yoga Demo (7.00 a.m. to 8.00 a.m.) was conducted. Numbers of Participants in Morning demo were **60**

Name of YOGA teachers who conducted the morning demo: -

1. Mrs. Prajakta Mahadar

2. Mrs.Sanjeevani Deshpande

Name of the Asanas and Pranayama conducted during the morning demo : -

Yoga Prayer, Joint Rotation, Tadasana, Vrukshasana, Padhastasana, Ardhachakrasana, Trikonasana, Bhadrasana, Vajrasana, Ardhushtrasana, Ushtrasan,Shashankasana, Uttan Mandukasana, Vakrasana, Makarasana, Bhujangasana, Shalabhasana, Setubandhasana, Uttanpadasana, Ardhhalasan, Pavanmuktsana, Shavasana, Kapalbhati, Anulomvilom Pranayama, Sheetali Pranayam,Bhramari pranayama, Dhyan, Sankalp, Shanti path.

Name of the Best Participant in the morning demo: -

Mayuri Gondhane

College Coordinators:

1. Name-Dr.R.B.Bobade

Designation-Professor & HOD of Swasthavritta department Email id-rajkumarbobade@gmail.com & Phone-9403928005

2. Dr.Arti Firke-Associate Professor-Swasthavritta Department,arfirke@gmail.com & Phone-8888845674

3. Dr.Deepali Manore-Associate Professor-Swasthavritta Department,dr.manore@gmail.com & phone-9881650526

4. Dr.Ketki Wagh- Lecturer-Swasthavritta

Department,iktek25@gmail.com & Phone-9823629481

Incharge of Institute-Dr.Ragini R.Patil

Principal

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YOGASANA COMPETETION IDY 2019





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RANGOLI COMPETETION IDY 2019

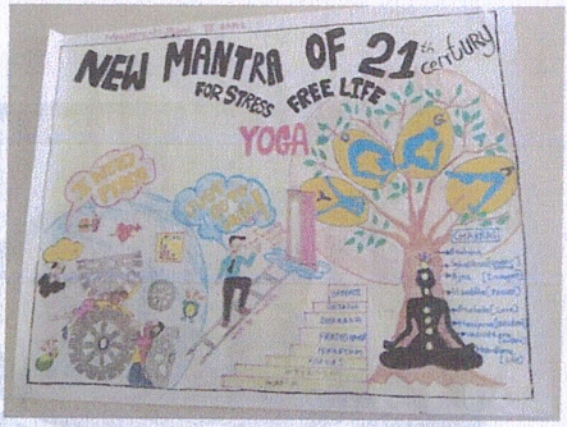




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POSTER COMPETETION IDY2019





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SAHAJ YOGA MEDITATION WORKSHOP FOR STUDENTS AND STAFF—10TH TO 14TH JUNE 2019





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RHYTHEMIC YOGASANA DEMONSTRATION BY STUDENTS -21st JUNE 2019-





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5TH INTERNATIONAL YOGA DAY PROGRAMME & PRIZE DISTRIBUTION PROGRAMME.—21 JUNE 2019









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Post event summary report

16/8/2019

Name of the event- 73rd Independence Day flag hoisting ceremony

Date of the event-15th August 2019

Time of the event- 8.00am

Location of the event- Campus of college

Anchor- Miss Nikita Bhanavase

Participants- Hon. Principal, Vice Principal, Directors of the college, teachers, non-teaching staff, Deputy Superintendent, RMO, Para-medical staff, UG and PG students.

Number of persons attending the event- Approx.150

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

email address- drdineshnaik27@gmail.com

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 2509/18-19 दिनांक 16/8/2019
टेबल क्र. (3)

लेखनिक

प्राचार्य

Brief summary of the event

The Principal Dr. R.R. Patil was the Chief Guest of the Programme. She hoisted the national flag sharp at 8:00 am. All the students, teachers and staff saluted the flag and then sang the National Anthem honouring it. The Principal delivered the short speech. She told the students and staff about the supreme sacrifice the great martyrs who gave their lives for the sake of freedom. She also said that the freedom was very precious and it was very necessary to preserve it. She emphasised the Importance of Ayurved. She appealed to work hard for the development and benefits of Ayurveda.

Miss Nikita Bhanavase expressed the vote of thanks.

At the end of the ceremony, sweet pedhas were distributed among the students. A breakfast and tea party were arranged for staff.

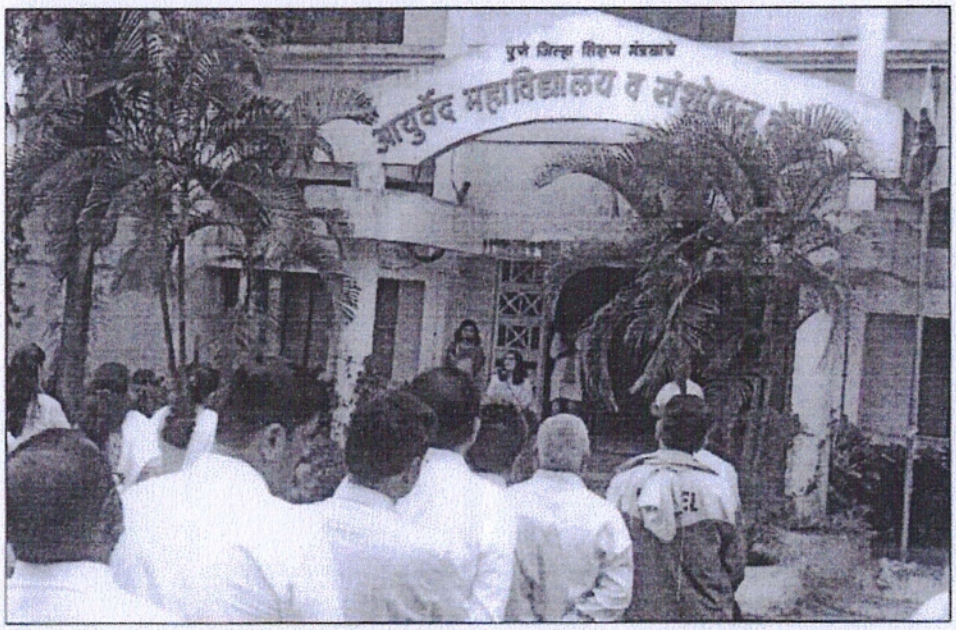
Dr. Dinesh B. Naik

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C., NIGDI, PUNE-44.

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COLLEGE OF AYURVED & RESEARCH CENTER
Sector no. 25 Pradhikaran Nigdi Pune 44
Independence Day Ceremony 15 Aug 2019



Flag Hoisting by Hon. Principal Dr. Mrs. R. R. Patil



Speech by Hon. Principal Dr. Mrs. R. R. Patil

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College and hospital staff



Speech by Hon. Principal Dr. Mrs. R. R. Patil

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Report of Ayurveda day celebration 2019

NAAC Metric point: 7.1.10

Name of activity: Guest lecture

Occasion: Ayurveda Day 2019 (26/10/2019)

Date: 26/10/2019

Guest Speaker: Vd Gunwant Chikhalikar

Chairman, Senior Citizen forum, Pradhikaran Nigdi

Topic: Ayurveda for Longevity

Guest Lecture organised by Dept of Kayachikitsa

Activity details:
Guest speaker shared his views on the topic Ayurveda for Longevity. Natural diet and lifestyle explained with its importance. ARSMH consultants, staff, PPg students, Medical officers attended the lecture.

No of Attendies = 31

आयुर्वेद ... व संशोधन केंद्र
आवक क्र. 3301/2019-20
दिनांक - 26/10/2019
लेखनिक Chitt.
प्राचार्य

Dr. Joshi
H.O.D.
Dept. of Kayachikitsa
College of Ayurved & Research Centre
Nigdi

P.D.E.A.'S COLLEGE OF AYURVED & RESEARCH CENTRE
AKURDI PUNE - 44

Ayurveda Day 2019

Dr. Chikhalikar addressing the audience.

P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH
AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Post event summary report **Date- 27-01-2020**

Name of the event- 71st Republic Day Flag Hoisting Ceremony

Date of the event- 26th Jan 2020

Time of the event- 8.00 am

Location of the event- Campus of college

Anchor- Miss. Smita Khandbahale

Participants- Hon. Principal, Vice Principal, Directors of the college, teachers, non-teaching staff, Deputy Superintendent, RMO, Para-medical staff, UG and PG students.

Number of persons attending the event- Students-63, Staff- 80.

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

email address- drdineshnaik27@gmail.com

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 5227/1, 2020 दिनांक 27/1/2020
टेबल क्र. (3)

Brief summary of the event

Students, Staff and Faculty members filled with a feeling of patriotism and dedication gathered in front of the building. The celebration started with the hoisting of the National Flag by The Principal Dr. R.R. Patil who was the Chief Guest of the Programme. She hoisted the national flag sharp at 8:00 am. All the students, teachers and staff saluted the flag and then sang the National Anthem honouring it. The Principal delivered the short speech. In her speech, the Principal highlighted the importance of the Constitution and its unique features such as Sovereign, Socialist, Secular, Democratic and Republic enshrined in the preamble of the constitution. She also gave an insight on the various accomplishments achieved by college and motivated the crowd for bringing more laurels for the college through their accomplishments. She also emphasised the importance of Ayurved.

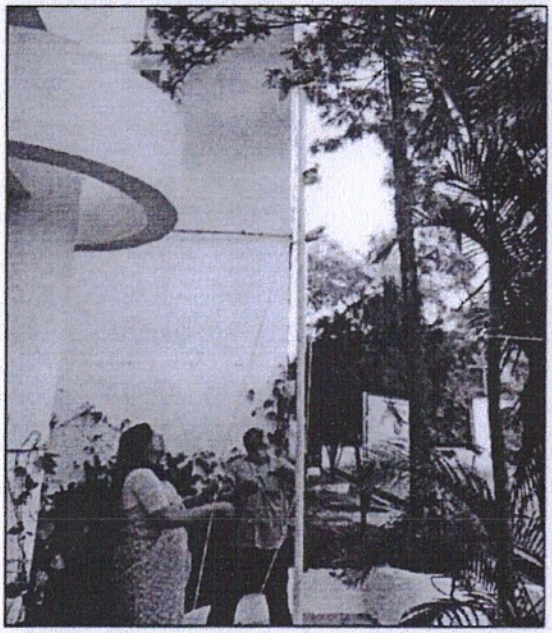
Miss. Smita Khandbahale expressed the vote of thanks. At the end of the ceremony, sweet pedhas were distributed among the students. A breakfast and tea party were arranged for staff.

-Dr. Dinesh B. Naik

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Photos of event 26th Jan 2020

Republic day celebration

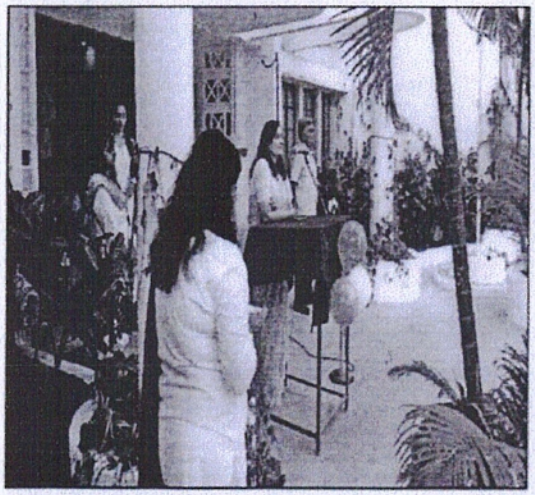


The Principal Dr. R.R. Patil hoisted the national flag



Campus decoration and teacher participants





The Principal Dr. R.R. Patil gave motivational speech.

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Post event summary report **Date- 29-02-2020**

Name of the event- Shiv Jayanti Celebration

Date of the event- 20-02-2020

Location of the event- Class room no. 2

Number of persons attending the event- 150

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 6840/19-20 दिनांक 29/2/2020
टेबल क्र. डॉ. नाईक

लेखनिक

प्राचार्य

Brief summary of the event

Shivaji Jayanti was celebrated with great enthusiasm in the college on 20 February 2020. The celebration began with the national anthem and welcome speech by Ashish Falke, student from class IX BAMS. Dr. Y. R. Kulkarni and Mrs. Jain Madam with students sang Palana song. Dr. Bobade sir and Dr. Naik worshiped the statue of Shivaji Maharaj. Vijay Naikode, Prachi Todkari, Mayuri Gondane gave some important facts of Shivaji Maharaj in their speech. Rushikesh Thombare sang a powada on the velour and bravery of Shivaji Maharaj. Keshav Vishvakarma presented a portrait of Shivaji Maharaj.

Dr.R. R. Deshpande, Academic Director of the college and Dr. Tople addressed the students. Dr. Bobade sir, Vice Principal and chairperson of the event addressed the students, said that Shivaji Maharaj did not have huge army in spite of it he founded Swarajya by defeating Mughals and Adilshahis. In spite of short in height Shivaji Maharaj killed huge Afzal Khan by using his intelligence. The celebration concluded with vote of thanks by Komal Sonavane.

- Dr. Dinesh B. Naik

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

PDEA's College of Ayurved and Research Center, Nigdi, Pune.

NSS

Shiv Jayanti Celebration 20-02-2020



Dr. Y. R. Kulkarni and Mrs. Jain Madam with students sang Palana song

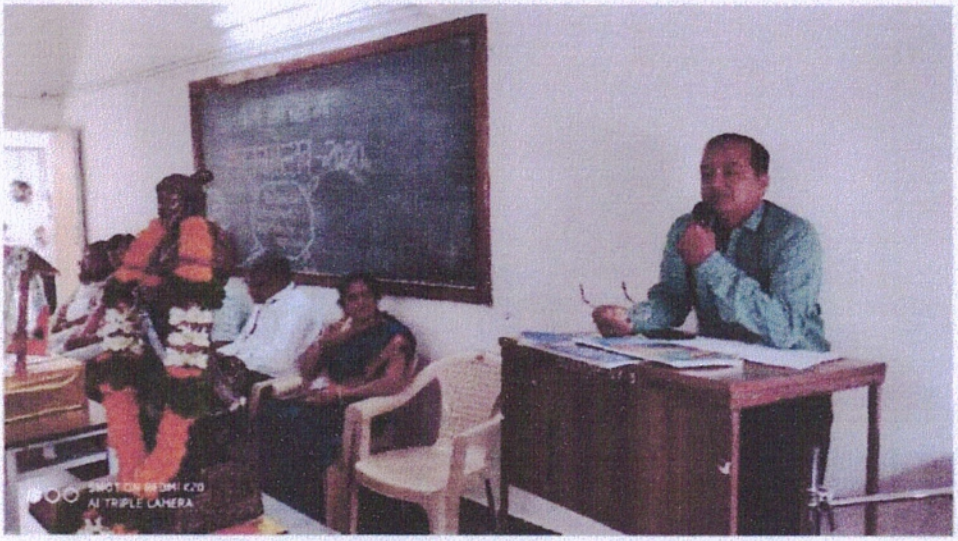


Dr. Bobade sir and Dr. Naik worshiped the statue of Shivaji Maharaj.



Rushikesh Thombare sang a powada on the bravery of Shivaji Maharaj.

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Nigdi, Pune - 411 044.



Speech- Dr. Prashant Tople



Speech- Dr. R. R. Deshpande



Chairperson Speech Dr. Rajkumar Bobade Sir

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Nigdi, Pune - 411 044.

V

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Date 29/02/2020
Page

Report of World National Science Day
28/02/2020

The world science day was celebrated on 28/02/2020 from 9 to 10 am. In the morning The 4th BAMS Aware bach was invited for the celebration.

The program was done as per given schedule -

1] First Lecture on the thoughts regarding "National Science day - Ayurved as a global science by Dr. Yogini R. Kulkarni

2] Appeal to students to talk on National science day

Mr. Ashish Phalak was talked Regarding the thaughts of Ayurved as science.

Lastly with the vote of thanks the program was ended.

H.O.D.
Research methodology
& medical statistics

H. O. D.
Research Methodology
College of Ayurved And Research Centre
Akurdi, Pune - 411 044

Date:- 28-02-2020.

National Science Day

Aware Batch

Roll N	Roll Name.	Sign
42	Patil Tanveer	
46	Ashish V. Phalake	
23	Yash Bhagchand Jain	
1	Gadgile Aditya Nivrutti	
10	Sagar Rajendra Dashpute	
60	Ashesh Rambas Dube	
11	Bhande Ganesh Asaram	
12	Dukare. Sandesh. Prakash.	D. Sandesh.
09	Chavhan Nikhil Gajadhar	N. Chavhan
01	Aditya Pawar	Aditya.
21	Rohit .B. Jadhav	
22	Tirupati P. Jadhav	
41	Amol Keushna Pable	
	Manali Sanjay Shedge	
45	Shwetali Ramchandra Pawar	
37	Shivani Vijay Bhujbal	
47	Vaishnavi Jitendra Patdar	
30	Bhagyashree Kshirsagar	
56	Komal Sonawane	
59	Tejashri Dinkar Zende	
06	Priya Dnyaneshwar Barbate	
19	Mayuri Ramkrushna Gondhare	
39	Maqseena Mahamadshiraj Mulani	
55	Radhika - Mitall	
05	~~Nikita Devidas Bhanarse~~	

P.D.E.A.'S College of Engineering, Akurdi, Pune-44. Research Centre

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

P.D.E.A.'S College Of Ayurved And Research Centre AKURDI PUNE-44

classmate
Date
Page

Roll no.	Name	Sign
44	Pawar Puran Subhash	Puran.
50	Shaikh Afrin Jalal	Afrin
03	Jyoti Kailasrao Bais	Kailasrao.
26	simran sanjay kankate	Simran.
40	Rutuja Kalidas Nazirkar	Nazirkar
31	Shital Bhalchandra Kulkarni	Shital
35	Pratiksha Dilip lokhande	lokhande
36	Vinayaki Dayanand Lokhande	Lokhande
27	Shruti Shantaram Karade	Karade.
15	Nikita Ramesh Ganthale	Nikita
54	shinde sayali santosh	Shinde.
37	Marone shweta Sachin	Shweta
52	Shelke Anjali kailas	Anjali
41	Amol Krushna Kable	Kable
25.	Pallavi Dinkar Kanthe	Kanthe
02	Snehal Suhas Aware	Aware.
38	Ashwini Tanaji More	More.
24	Sheetal Vasant Jawale	Jawale
20	Swati Vishnu Gote	Swati
28.	Kharat Mayuri Balasaheb	Kharat
32	Kulkarni Sukhada Girish	Sukhada
49	Sawant Prajakta Sampat.	Sawant P.S.
58	Tambade Sayali Anil	Tambade
43	Pawde Shivangi Subhash	Pawde
56	Pooja Vijay Bhendekar	Bhendekar
29	Shivani Dilip Khatik	Shivani
18	Pradnya Rambhau Ghule	Pghule
33	Shraddha Santosh Kurhade	Shraddha

पु.ति.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
आवक क्र 1528/20-21
दिनांक - 6/10/2020
लेखनिक
प्राचार्य

REPORT

World Environmental Day (5th June 2020)

Name of Event- **"World Environmental Day (5th June 2020)"**

Name of the Organiser – Dept. of Dravyaguna, P.D.E.A'S College of Ayurved & Research Centre, Nigdi, Pune-411044

Place – Zoom Platform

Date - 5th June 2020

Time - 12:15-1:15 PM

Report –

It was a one half day event in which following programmes were organized -

S.N.	Programme	Time
1	Creation of general awareness about 'World Environment Day' – Dr M.D. Lad Head, Dept of Dravyaguna	12:15-1:30 PM
2	Documentaries shown 1. *Varasa – Nisargadharit Paramparik Dnyanache Sankalan* Legacy – Documentation of traditional wisdom By Dr Ketaki Ghate, Govt of Maharashtra & Oikos 2. Different types of Rise conservation & its cultivation from Kerala (Eco India & Scroll.in)	10:30 - 11:30 AM
3	Tree Plantation Programme at Bhavaprakash botanical garden, Dehu Road	3 - 4 PM

Due to COVID 19 pandemic online programme were organized by the department. Function commences with prologue of Head of the department Dr M.D. Lad about creation of general awareness regarding 'World Environment Day'. Then documentaries about Legacy – Documentation of traditional wisdom and Different types of Rise conservation & its cultivation from Kerala were shown to students and staff. The entire programme was video recorded. Total 60 participants were present along with 2nd BAMS students and teaching staff of CARC.

In the evening, Tree Plantation Programme at *Bhavaprakash* botanical garden, Dehu Road was carried out in the presence of Hon'ble Principal, Vice-principal and college teaching & non-teaching staff also.

Utility -

It was a very much fruitful event regarding creation of awareness about protection of environment in day-today practice by various means and also increase the understanding about documentation of traditional knowledge & conservation of different medicinal plants among students.

Department of Dravyaguna is very much thankful to Principal Dr. Patil madam and Vice-principal Dr. Bobade sir for the permission, support, encouragement and guidance for the conduction of this event.

World Environment Day (5th June 2020) celebrated on 5-6-2020



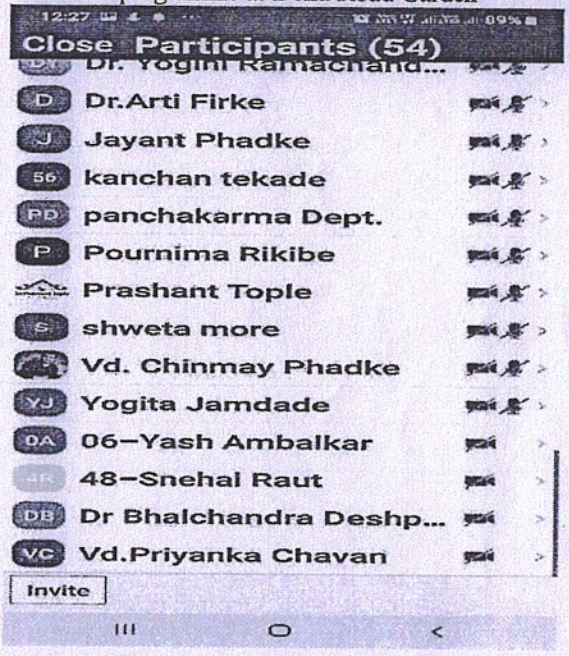
Plantation programme at Dehu Road Garden



Plantation programme at Dehu Road Garden



Plantation programme at Dehu Road Garden



Dr. Meenal D. Lad
M. D., Ph. D. (Ayu.)
Prof. & H.O.D.
Dept. of Dravya guna C.A.R.C. Akurdi.

COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE - 44 * P.D.E.A.'S

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

PDEA'S

COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran, Nigdi, Pune- 44

Date- 10th June 2020

Post event summary report

Name of the event- MUHS Foundation Day Flag Hoisting Ceremony

Date of the event- 10th June 2020

Place of the event- College Campus.

Number of persons attending the event- 05

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

पुणे शिक्षण मंडळ
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 255/2020 दिनांक 10/6/2020
टेबल क्र. डॉ. नाईक

लेखनिक पर्यवेक्षक

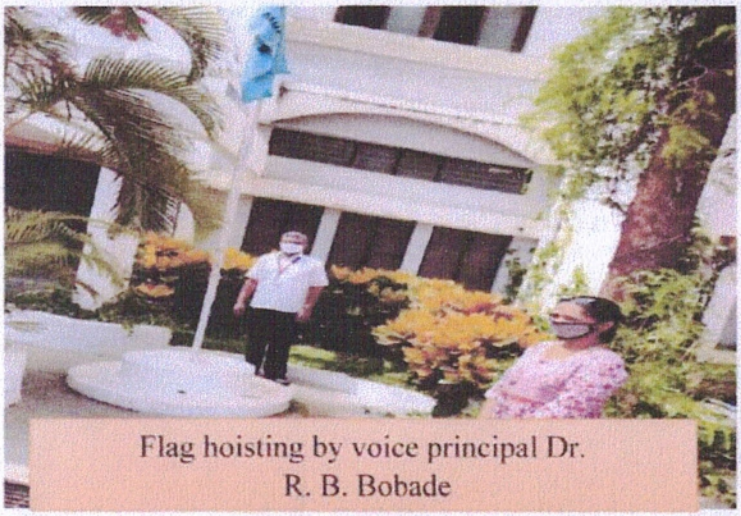
Brief summary of the event

MUHS Foundation Day is celebrated every year on 10th June. Due to pandemic situation of Covid 19 disease this year flag hoisting ceremony was celebrated in the presence of only few teachers according to the guidelines of MUHS, with maintaining social distancing and wearing face mask. Flag hoisting was done by voice principal Dr. R. B. Bobade. MUHS song was played in the honour of MUHS.

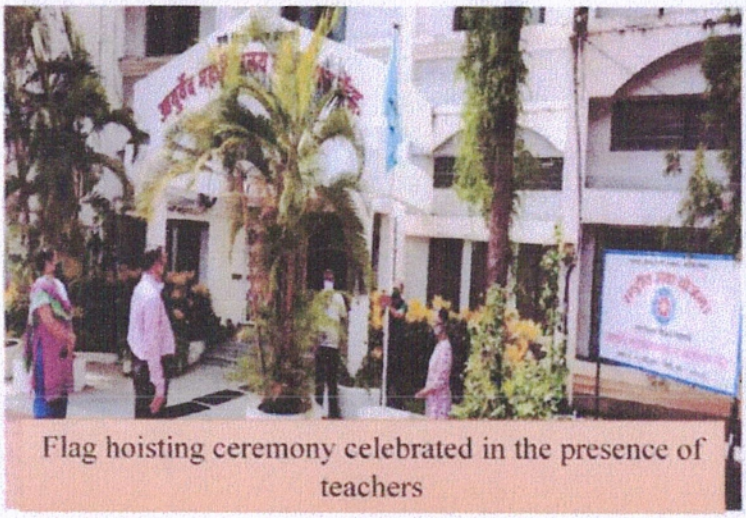
Dr. Dinesh B. Naik
Program Officer, NSS.

Dr. Ragini Patil
Principal
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Photos of MUHS Foundation Day Flag Hoisting Ceremony



Flag hoisting by voice principal Dr. R. B. Bobade



Flag hoisting ceremony celebrated in the presence of teachers



MUHS song was played in the honour of MUHS

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DEPARTMENT OF SWASTHVRITTA

Report of 6th International Day of Yoga 2020

Name of the College: **-P.D.E.A's College of Ayurved and Research Centre, Nigdi, Pune-411044.**

Yoga Week was celebrated from 20th June to 26th June 2020. Banners were displayed in campus of college and hospital for awareness of Yoga.

Following activities were conducted. All activities were conducted online due to Covid 19 Pandemic –

1. **ONLINE NATIONAL YOGA QUIZ COMPETITION-18 JUNE 2020 TO 21 JUNE 2020.**

2. **ONLINE YOGA WORKSHOP FOR ALL STAFF AND STUDENTS-20 TO 25 JUNE 2020.**

3. **PARTICIPATION IN AYUSH CONDUCTED ONLINE YOGA DAY SESSION AT HOME WITH FAMILY-21st JUNE**

4. **NATIONAL WEBINAR ON YOGA.-26 JUNE 2020**

Hons. Dept. Ayurveda Samhita Siddhant.

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व संशोधन केंद्र निगडी पुणे-४११०४४.
आवक क्र 482/2020-21 दिनांक 29/6/2020

P.D.E.A's College Of Ayurved And Research Centre PUNE-44

COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT

लेखनिक

प्राचार्य

1. ONLINE NATIONAL YOGA QUIZ COMPETITION-18 JUNE 2020 TO 21 JUNE 2020.

Online national Yoga quiz competition was conducted from 18th June 2020 to 21st June through Google form. Total 1435 students, Teaching staff, Consultants are participated from various states like Maharashtra, Karnataka, Gujrat, U.P., Haryana, Uttarakhand ,M.P. Telangana,Andrapradesh,Kerala,Rajasthan,Odissa,Delhi,Chattisgardh, West Bengal, Bihar etc. from all over India.

E certificates are issued to the pass participants on mail. Criteria for passing in quiz competition is 50%.

2. ONLINE 6 DAYS YOGA WORKSHOP FOR ALL STAFF AND STUDENTS-20 TO 25 JUNE 2020.

Online yoga workshop is conducted on the occasion of International Yoga day 2020 for all College and Hospital staff, UG and PG Students and office staff from 20 to 25 June 2020 daily at 5 pm to 6 pm.

Total 100 students and staff are participated.

Workshop is conducted by Mr.Amar Prakash Sant,Director,Amar Yoga Foundation, Nigdi, Pune who is a follower of B.K.S.Iyengar. He demonstrated various Yogasana, breathing techniques also Therapeutic Yoga for Premenopausal, Postmenopausal stage in women, Back pain, Migraine, Stress, Sleep disorders, Depression etc.





PARTICIPATION IN AYUSH CONDUCTED ONLINE YOGA DAY SESSION AT HOME WITH FAMILY-21st JUNE

As per AYUSH guideline all staff and students were participated in AYUSH conducted online yoga day session with this year theme, AT HOME WITH FAMILY by watching on DOORDARSHAN and FACEBOOK.

Total Participants-730

Total Family -170

NATIONAL ONLINE WEBINAR ON YOGA.-26 JUNE 2020

National online webinar on Yoga was conducted on 26th June on the occasion of International Yoga day 2020.

Guest speaker-Mr.Pramod Niphadkar, Chairman,Yoga Vidyadham,Chinchwad,Pune.

Time-11 am to 12.30 pm

This webinar was conducted on Zoom App and also stream live on Departmental Face book page.

Link-

https://www.facebook.com/watch/?v=2696923483960926

Total 203 registrations were done for this webinar.

Total 93 participated on Zoom App and 184 views on Facebook.

College Coordinators:

1. Name-Dr.R.B.Bobade

Designation-Professor & HOD of Swasthavritta department Email id-rajkumarbobade@gmail.com & Phone-9403928005

2. Dr.Arti Firke-Associate Professor-Swasthavritta Department, arfirke@gmail.com & Phone-8888845674

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COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT

3. Dr.Deepali Manore-Associate Professor-Swasthavritta Department,
dr.manore@gmail.com & phone-9881650526

4. Dr Manjusha Potdar - Lecturer-Swasthavritta Department
Sharvarivedpathak10@gmail.com & Phone-9145738185

Incharge of Institute-Dr.Ragini R.Patil
Principal
PDEA's College of Ayurved and Research
center,Nigdi,Pune 411044

H. O. D.
Dept. of Swastha Vrutta
College of Ayurved & Research Centre
Nigdi

YOGA BANNERS





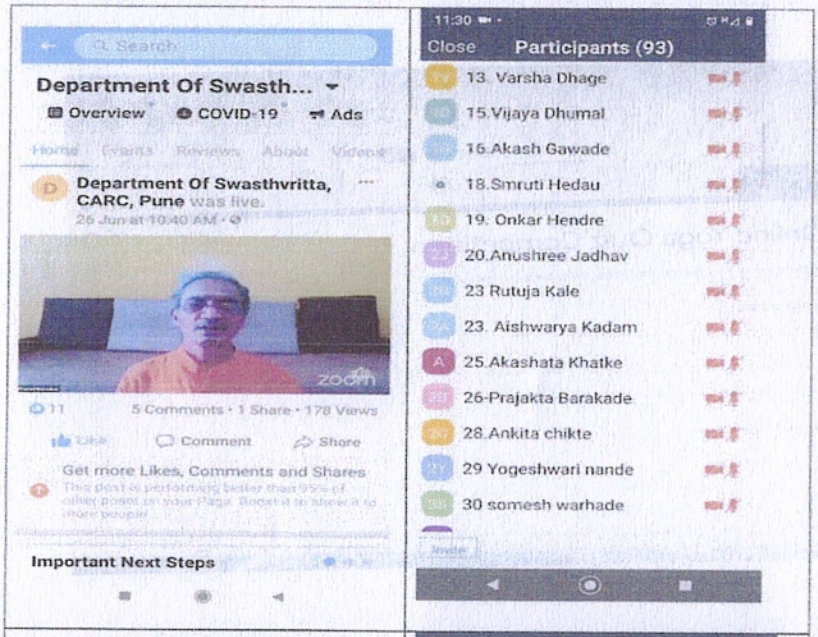
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Department of Swasthavritta
ONLINE YOGA WORKSHOP PHOTOS (SCREENSHOTS)



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NATIONAL ONLINE YOGA WEBINAR PHOTOS (SCREENSHOT)

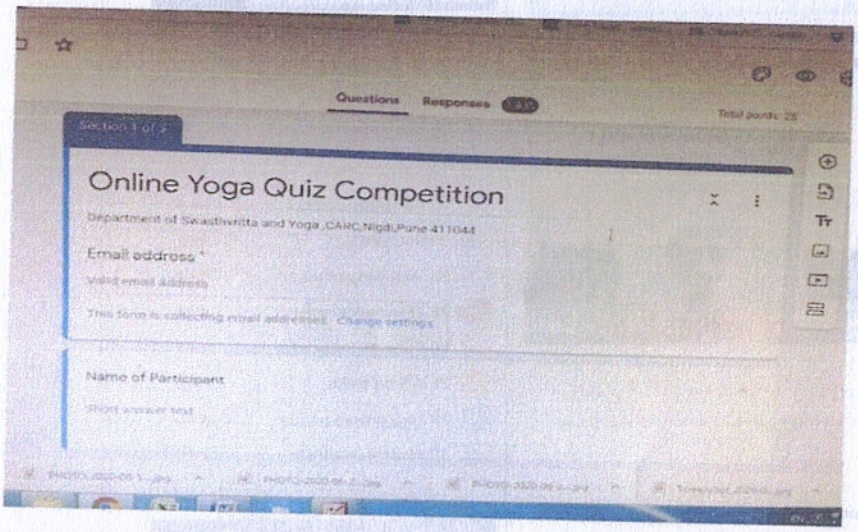


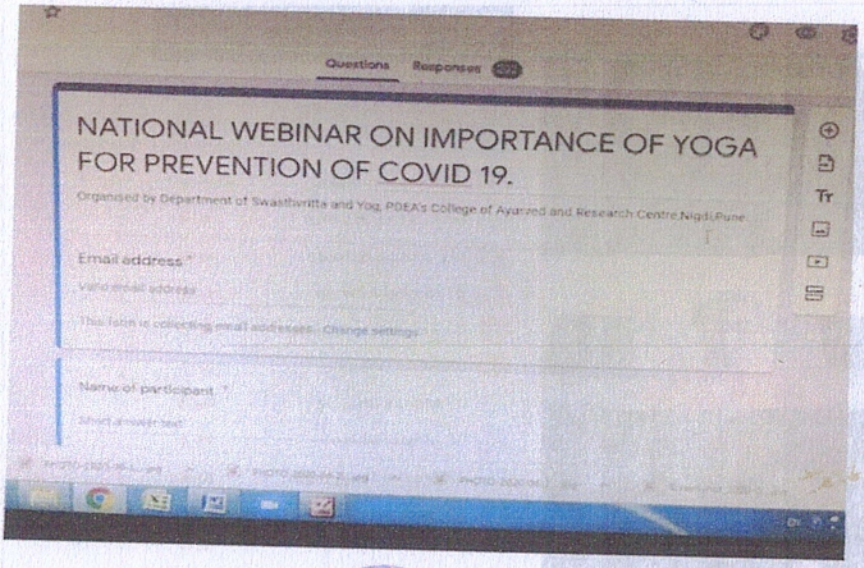




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RESPONSES FOR WEBINAR AND QUIZ COMPETITION





P.D.E.A.'S College Of Ayurved And Research Centre ANURDH PUNE - 44.

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PDEA's College of Ayurved and Research Centre, Nigdi - 44

Department of Ayurved Samhita Siddhanta
Guru Purnima – July 2020
Report

Guru Purnima was celebrated in PDEA,s College of Ayurved and research centre, Nigdi, on -06 July 2020, arranged by Department of Ayu. Samhita Siddhanta.
Due to Covid Pandemic, this year the program was done online through Zoom meeting.

Program was moderated by 4th year Student Ashish Phalke. Many teachers and students attended the virtual program.
PG Director Dr Mokashi sir, Dravyaguna HOD Dr. Lad madam and Dr Shweta More expressed their views and guided the students on this occasion.
Students actively participated in this program which was celebrated to offer respect to the Guru and to highlight Guru -Shishya relationship.
Around 100 participants were there in the program.

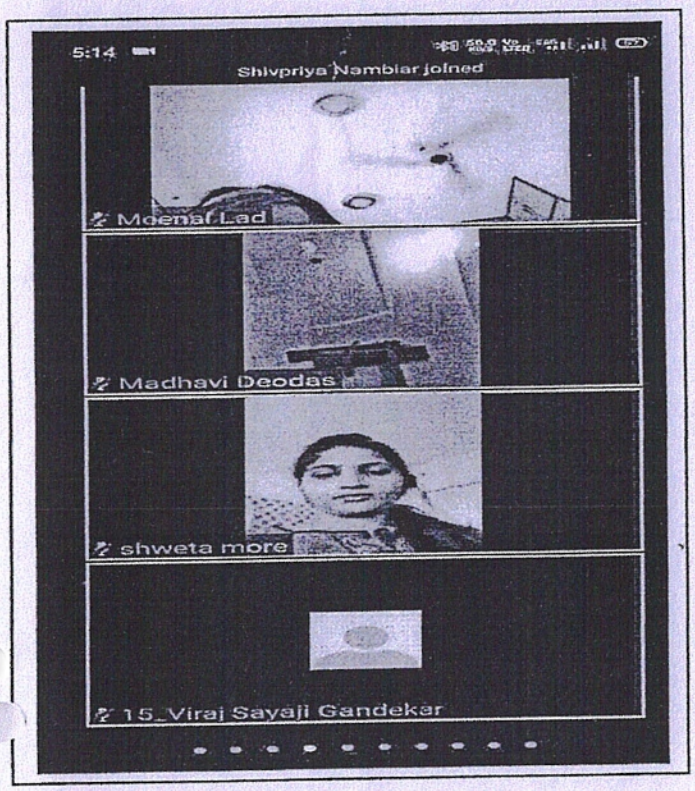
The event was concluded with vote of thanks by Ashish Phalke.

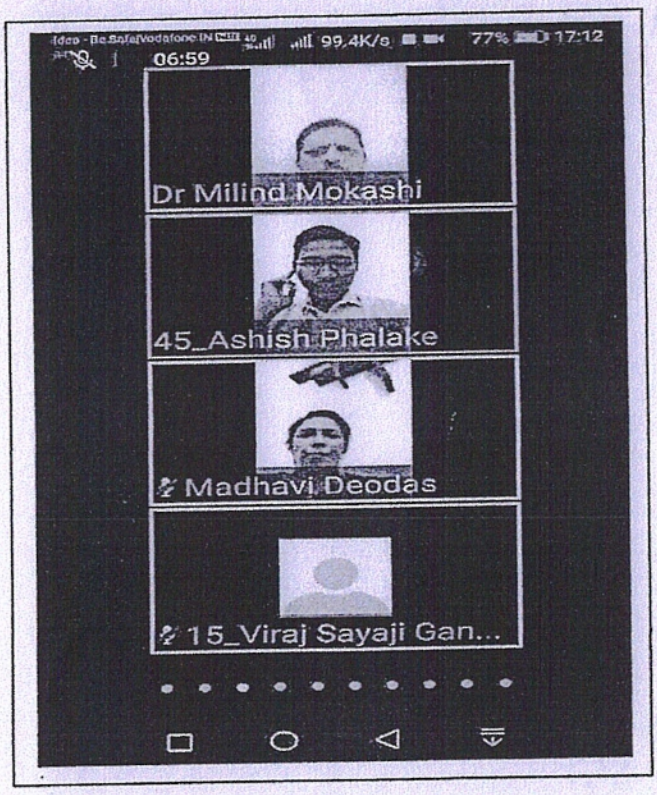
Yours sincerely

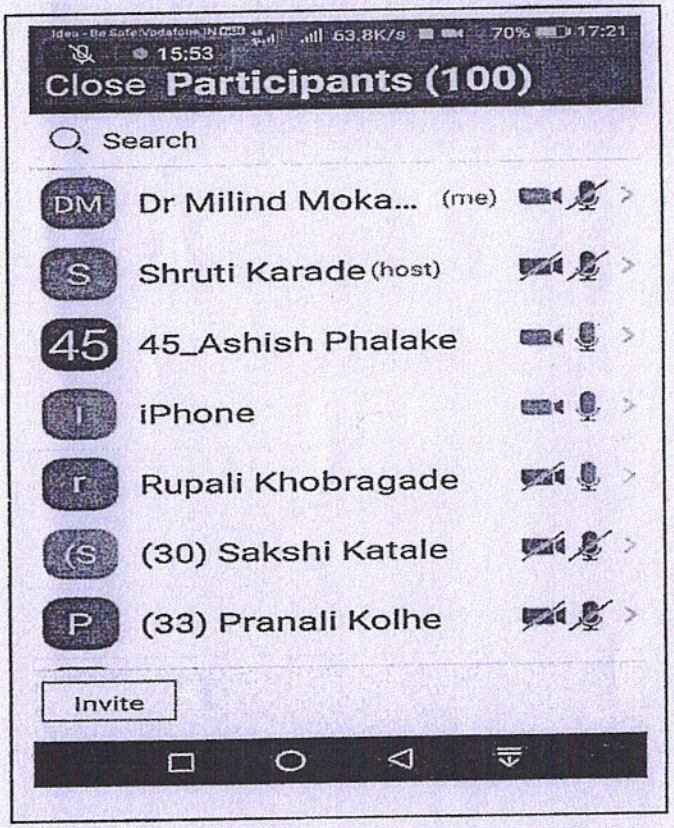
H.O.D.
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College of Ayurved & Research Centre
Nigdi, Pune

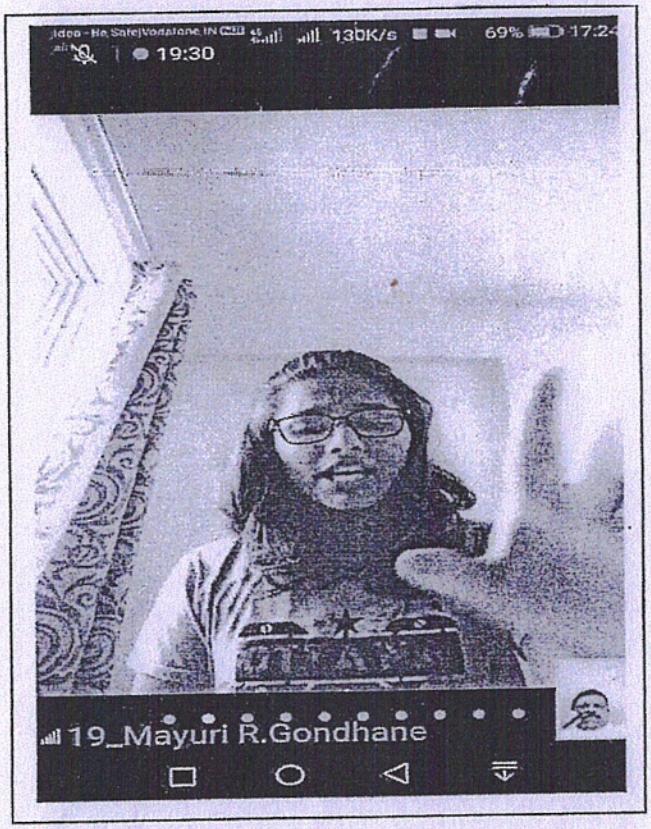
Principal
College of Ayurved & Research Centre
Akurdi, Pune - 411044.

Received









Online Guru pournima 8/7/2020 program

PDEA'S COLLEGE OF AYURVEDA & RESEARCH CENTRE,NIGDI ,PUNE-44

Post event summary report

NAME OF THE EVENT-World Breast Feeding week celebration 2020

DATE OF EVENT-06/08/20

LOCATION-National Webinar On Zoom And Face book Live

NUMBER OF PARTICIPANTS ATTENDING THE EVENT- 100

ORGANIZING DEPARTMENT-Kaumarbhritya (Balrog) department

Time-2:00pm-3:30pm

Topic-Breast milk, Breast feeding,COVID-19:Current evidence

Speaker-Dr.Snehlatha Dornala,Professor& HOD ,Department of Kaumarbhritya at V.Y.D.S.AyurvedaMahavidyalaya ,Khurja ,UP

Report –On the occasion of World breast feeding week 1st to 7th august 2020,considering pandemic situation department of kaumarbhritya has been arranged national webinar on "Breast milk, Breast feeding,COVID-19:Current evidence". Dr.Snehlatha Dornala was our guest speaker from Khurja ,U.P. She is professor and HOD in department of kaumarbhritya and having teaching as well as clinical experience more than 15 years.

Madam has been well explained the importance of breast feeding, problems related breast feeding and its management with ayurvedic formulations along with current covid-19 infection and its impact on breast feeding on this world breast feeding week. She also explained problems in teenage mothers related to breast feeding and its management.

About 100 students (PG +UG) along with teachers has been attended the webinar.

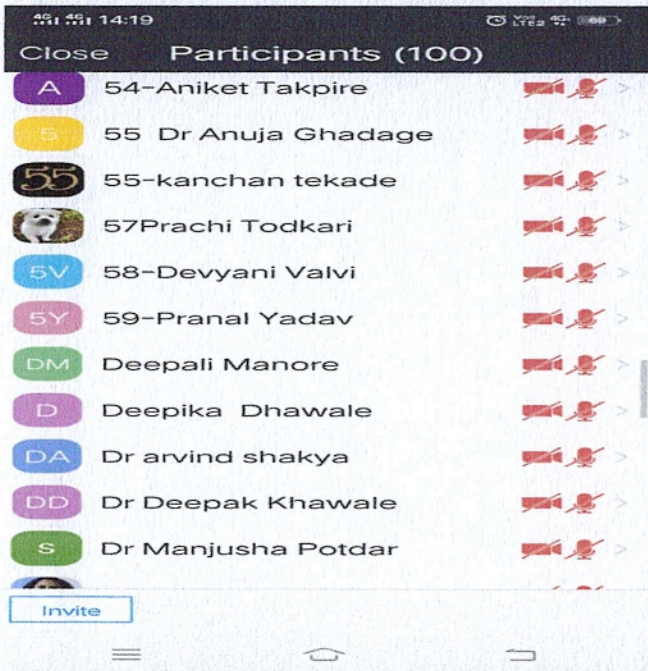
H. O. D.
Dept. of Kaumarbhrutya Tantra
College of Ayurved & Research Centre
Nigdi

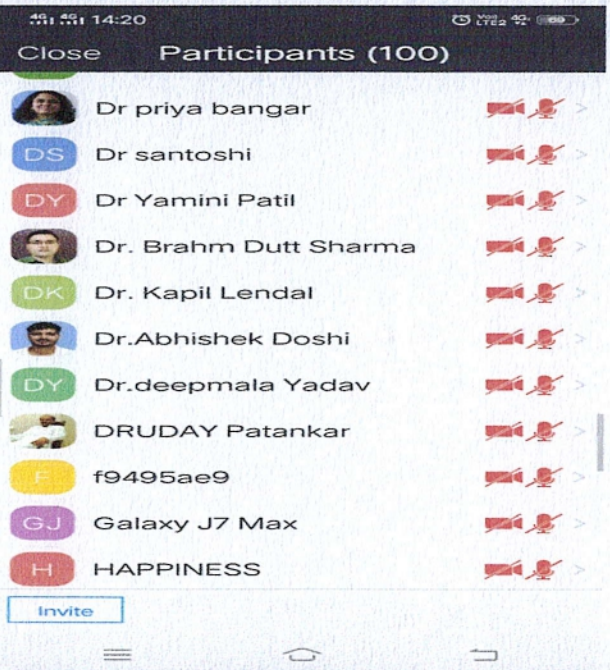
P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH PUNE

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
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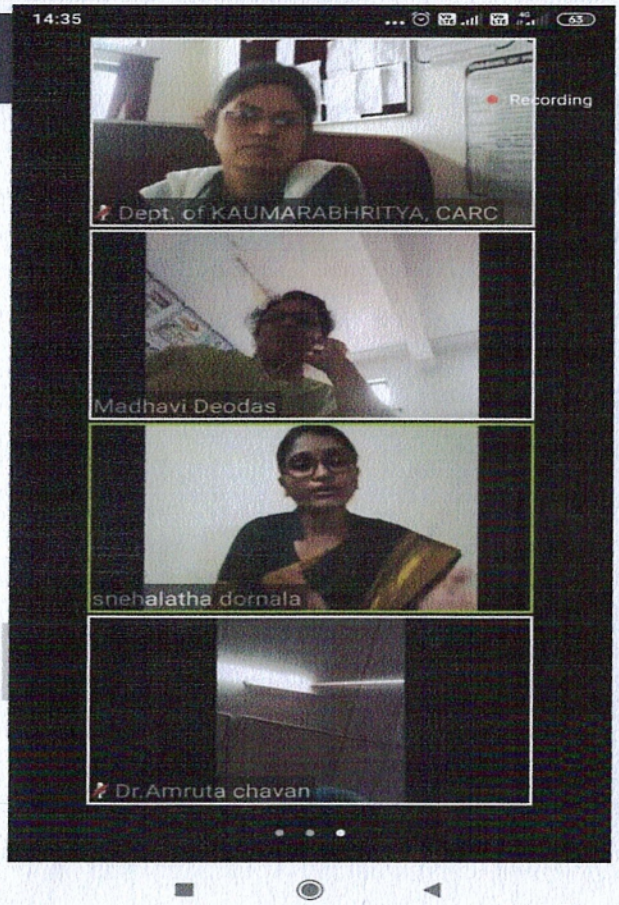
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प्राचार्य









P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र.1032/2020-21 दिनांक 9/18/2020
टपाल क्र.(3)
लेखनिक
प्राचार्य



Post event summary report

Name of the event- 74th Independence Day flag hoisting ceremony

Date of the event-15th August 2020

Time of the event- 8.00am

Location of the event-Campus of college

Anchor- Dr. Dinesh B. Naik

Participants-Hon. Principal, teachers, non-teaching staff, Deputy Superintendent, RMO, Para-medical staff.

Number of persons attending the event- Few.

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

email address- drdineshnaik27@gmail.com

Brief summary of the event

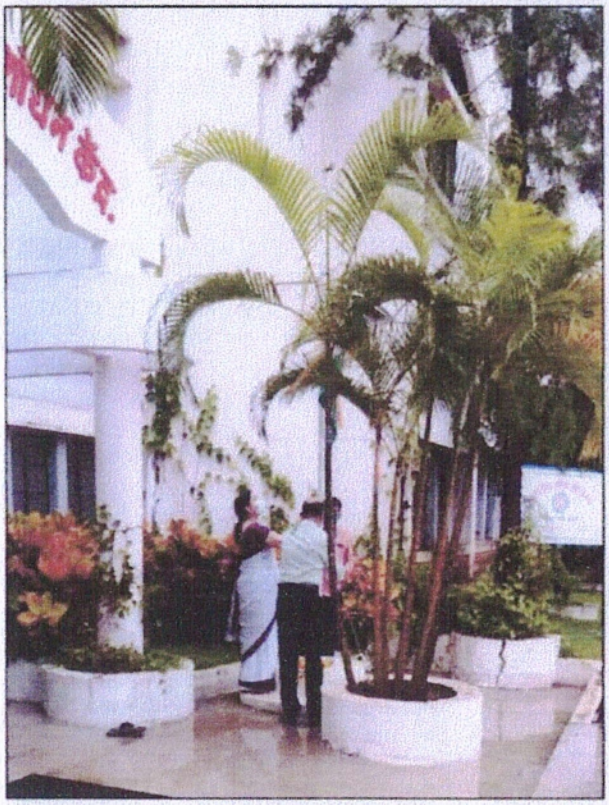
Due to the pandemic of Covid19 disease, the event was celebrated according to the guidelines of the government. No public gathering was allowed hence only limited staff was invited for flag hoisting. All instructions of social distancing, use of mask, sanitizing were given to all and strictly followed at the time event. The Principal Dr. R.R. Patil was the Chief Guest of the Programme. She hoisted the national flag sharp at 8:00 am. All the teachers and staff saluted the flag and then sang the National Anthem honouring it.

Dr. Dinesh B. Naikexpressed the vote of thanks. And the event was concluded.

Dr. Dinesh B. Naik
PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

For NAAC

Photo of Events 15th Aug 2020





Flag hoisting by Hon. Principal Dr R. R. Patil



Indian National Flag

Principal
P.D.E.A'S
College of Ayurved and Research Centre
Nigdi, Pune - 411 044.



Participant teachers following Covid19 appropriate behaviour



Dr. Dinesh Naik, PO, NSS Offering Vote of Thanks

Principal
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Nigdi, Pune - 411 044.

PDEA'S

COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran Nigdi Pune 44

Post event summary reportDate- 24-09-2020

Name of the event- NSS Foundation Day.

Date of the event- 24-09-2020

Natureof the event-Communication on the whats app social media.

Number of persons attending the event- 70

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

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आयुर्वेद महाविद्यालय
पुणे-४११०४४.
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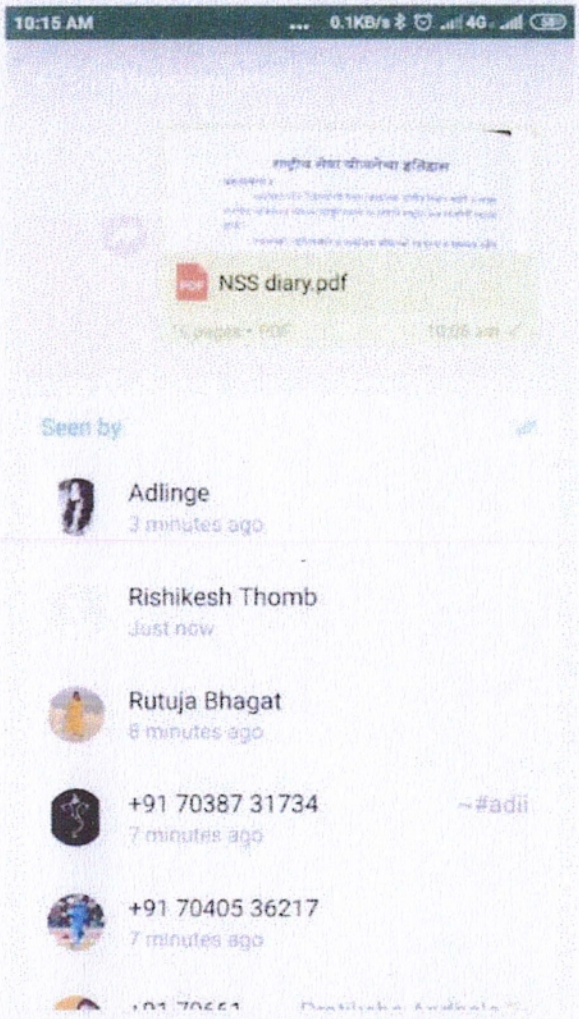
Brief summary of the event

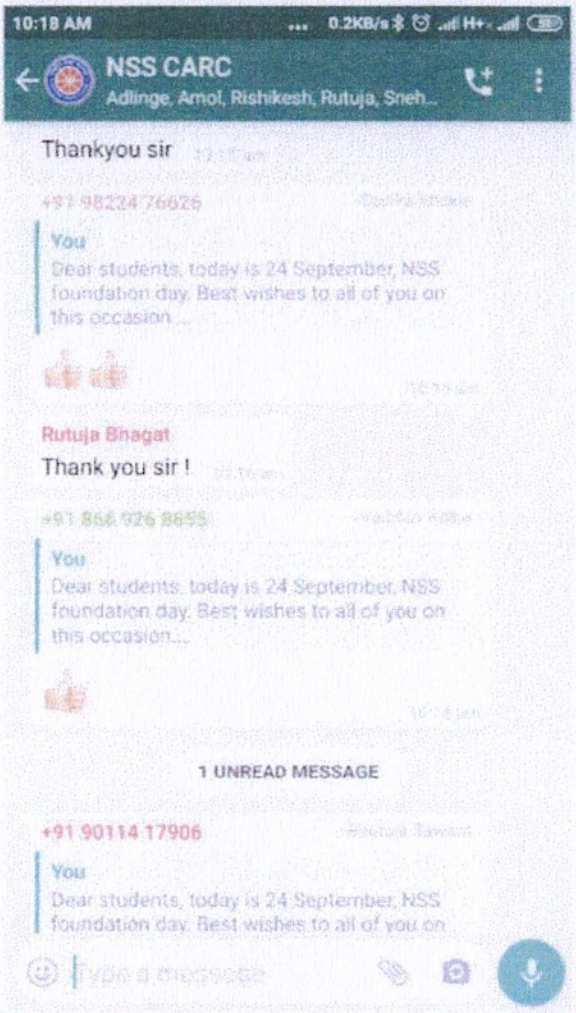
On 24 September 1969, the then Union Education Minister V.K.R.V. Rao launched the NSS at 37 universities all states. The scheme has been extended to all states and universities in the country. This day is celebrated as NSS Foundation Day.

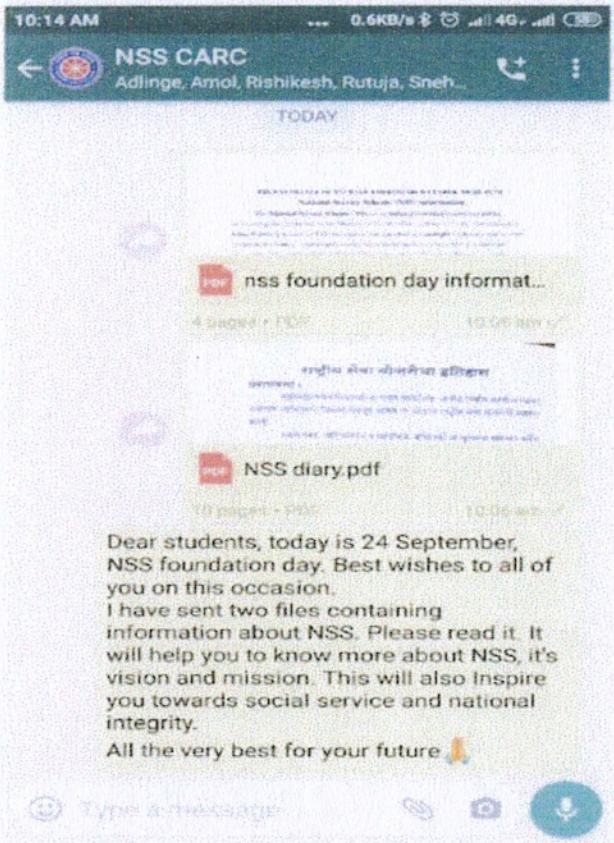
On this occasion propagation of vision and mission of NSS is shared with NSS candidates. Due to Covid pandemic condition the information of NSS activates its aims and objects were shared to the NSS candidates of our college through whats app group. Screenshots were taken and preserved as evidence of the program.

This can develop motivation among the candidates with respect to self-development, social service and nation building. Early developing awareness in the students with this respect is definitely useful for the society. Hence the celebration of NSS Foundation Day is beneficial for us.

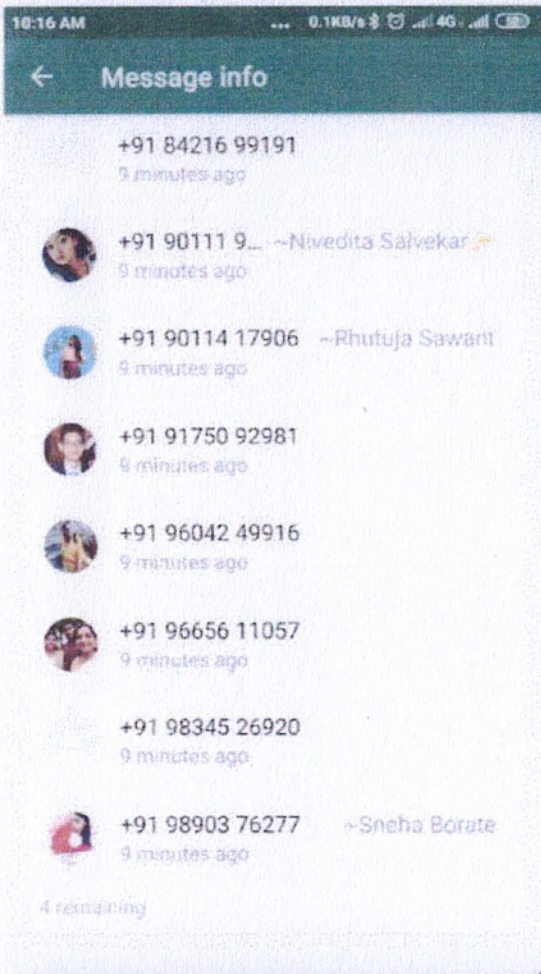
Dr. Dinesh B. Naik
Program officer

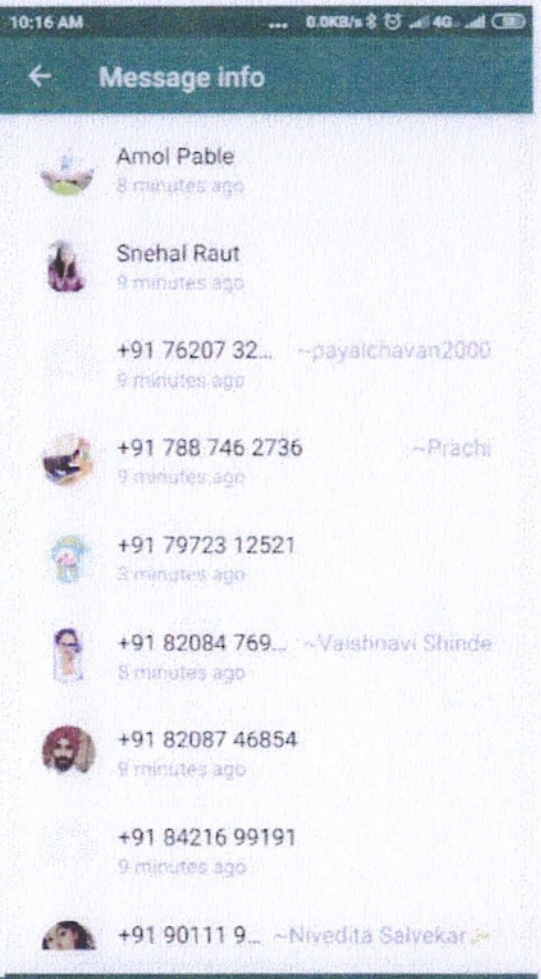


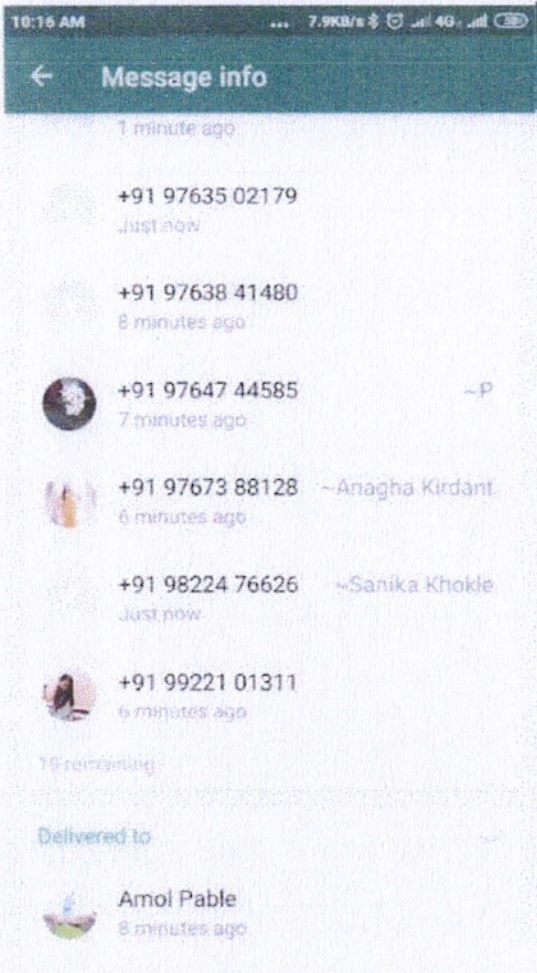


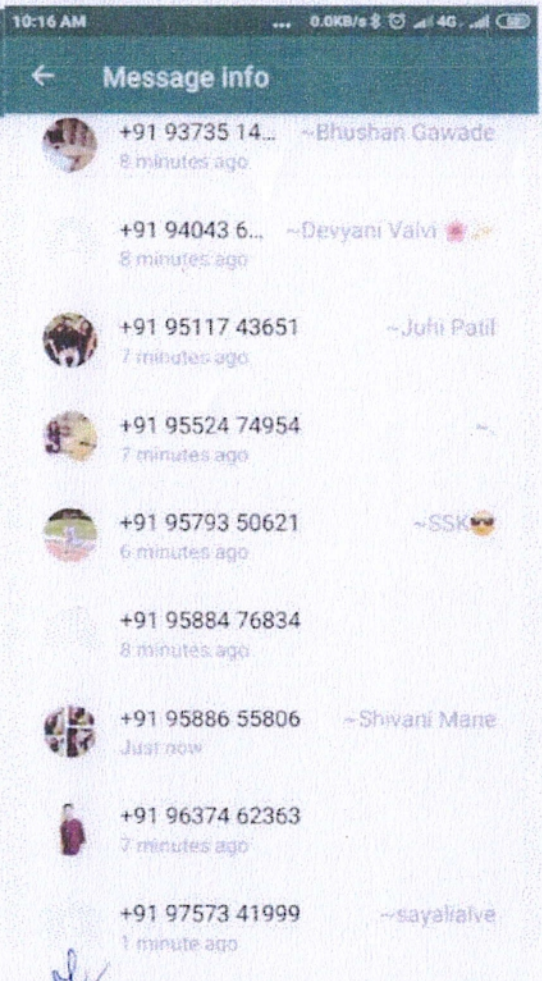


Principal
P.D.E.A'S
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Principal
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College of Ayurved And Research Centre
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Shalyatantra department,
College of Ayurved and research centre,
Akurdi, Pune
Date: 1/10/2020

To

The principal

College of Ayurved & Research Centre, Nigdi

Pune

Sub: Reporting of Online Poster presentation/Essay competition

Respected Madam,

An Online Poster presentation/Essay competition was organised by Shalyatantra Department

Topic – Importance of Plasma donation in Covide Pandemic

Date: 1/10/2020

Participated Students: **UG: 13** **PG: 01 Intern: 1**

Activity: An Online Poster presentation/Essay competition was organised by Shalyatantra Department **on the occasion of National blood Donation Day**, on Importance of Plasma donation in Covide Pandemic .The competition was arranged for all U.G. students, interns and P.G.students of all years of College of Ayurved & Research Centre, Nigdi .Three winners were selected from each group. All participants and winners were felicitated by certificates.

Following students have taken part

Essay competition	Poster presentation
1) ShitalDugone	1) ShitalDugone
2) Anjali Shelake	2) FalguniDaspute
3) MayuriGondhane	3) ShivaniKhatik
4) MrunaliniGurav	4) VaishnaviPotdar
5) SanikaVirkar	5) ShivaliNimgale
6) Ashish Phalake	6) RachanaGhayar
	7) MoaseenaMulani
	8) Mehabub Patel
	9) SnehalYendole

The Winner

Essay competition	Poster presentation
1) MayuriGondhane	1) FalguniDaspute and ShivaliNimgale
2) SanikaVirkar	2) RachanaGhayar
3) ShitalDugone	3) ShivaniKhatik

The winners were

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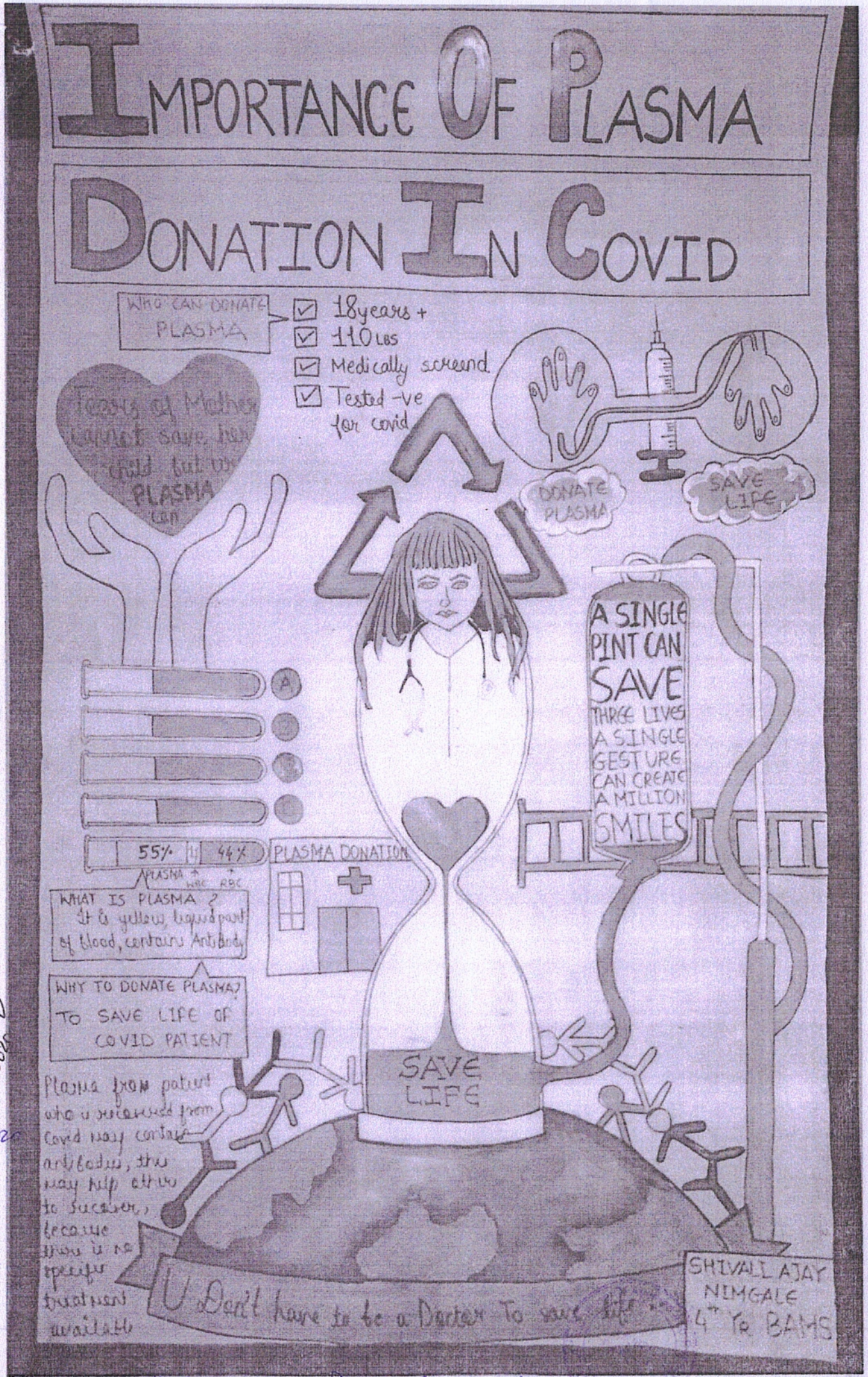
प्राचार्य

M.S. Baranse
Dr. M.S. Baranse
For 3/10/2020

HOD.
Dept. of Shalyatantra
College of Ayurved & Research Centre
Nigdi

NPAE

IMPORTANCE OF PLASMA DONATION IN COVID



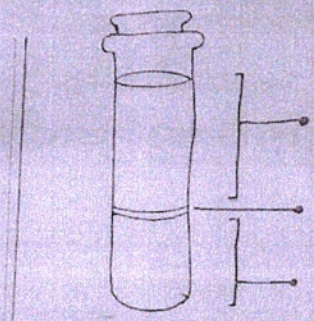
Miss Shivali Nimgale Poster Presentation

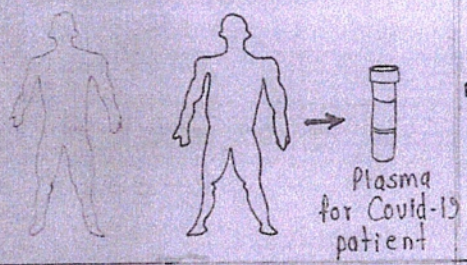
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Importance of Plasma Donation in Covid pandemic

What is plasma?

- It is a yellowish liquid component of blood.
- Plasma contains moisture, Protein, Minerals, Antibodies.
- About 55% of our blood is plasma.





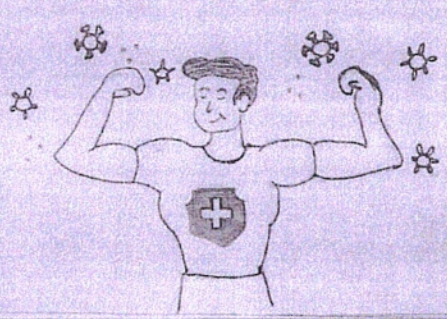
What is plasma Therapy?

- Transfusing plasma retrieved from blood of people who have recovered from Covid-19 into people suffering from the disease.
- Recovered patients of Covid 19 develops antibodies which are present in plasma
- Only plasma is retrieved from donors blood and rest of the blood is returned.

Who can Donate Plasma for Covid-19 Patient?

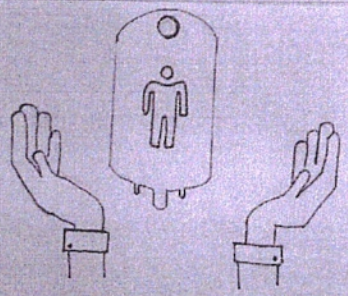
If you are

- Between 18 and 65 years age
- Tested negative for the Covid-19 at least 14 days before the plasma donation.
- Were symptomatic for Covid-19
- Women with no kids
- Weigh over 50 kg



Why Plasma Donation is Important in Covid-19 Pandemic?

- As you have fought against Covid-19 your plasma could lead to a potential treatment.
- Your plasma contains antibodies for Covid 19 these provided one way for Corona positive patients immune system to fight the virus & fight off the Covid-19
- Plasma therapy has proved effective in India and is gaining worldwide recognition in treatment of final stages of COVID Patients.



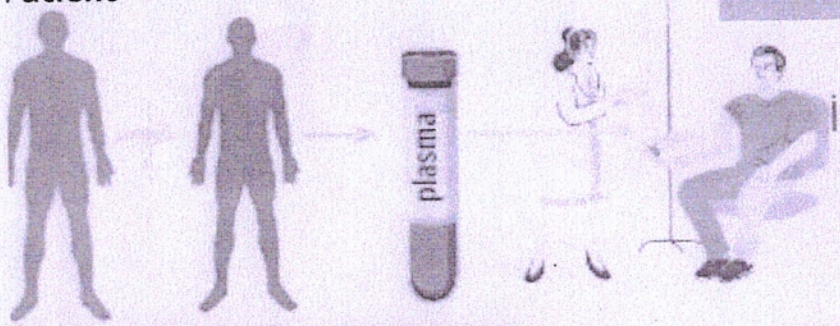
EVERY DONATION COUNTS!

By - Rachana S. Ghayar BAMS III rd year
D - 30-03-2020 CARC, Nigdi

P.D.E.A.'s College of Nursing and Research Centre AKURDI PUNE - 44

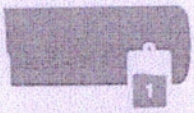
1-10-2020 2nd Prize Miss Rachana Ghayar
Poster Presentation.

Importance of PLASMA DONATION IN COVID PANDEMIC



WHAT IS PLASMA THERAPY?

Plasma therapy is a medical procedure tha involves transfusing plasma reterieved from blood of a recovered covid-19 patient to crea antibodies into people suffering from diseas

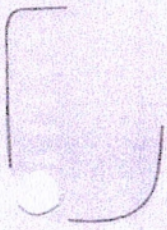


Designed by
Falguni Daspu

HOW DOES IT WORK?

- Once a person recovers from Covid-19, he/she develops antibodies, found in plasma or liquid part of blood
- These antibodies target the virus and the patient is cured
- Extremely simple process. Only plasma is retrieved from the donor's blood

ELIGIBILITY FOR DONOR



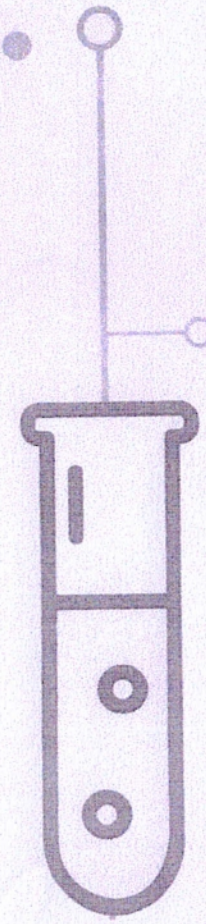
You can donate plasma if

> You are aged between 18 and 60 years
> Weight over 50 kg
> Have fully recovered and are free of covid-19 symptoms for atleast 14 days

You can't donate plasma if

> You are diabetic and on insulin
> You have Uncontrolled Hypertension
> A Cancer Survivor
> Having chronic kidney/heart/lung or liver disease
> And Women, should never be pregnant or given birth





IMPORTANCE

- With increasing mortality around the world fr COVID-19 infection, the need for alternative, effective treatment regimens is critical.
- With no vaccine in sight, plasma therapy has great potential to become the coronavirus treatment. Because something is better than nothing!
- Plasma transfusions are generally relatively safe and well-tolerated by most patients
- Helps to treat severely or critically ill COVID-1 patients, without unexpected or serious adve events
- Convalescent plasma therapy offers a short-term type of "passive immunity". This may b especially useful as no vaccine for COVID-19 currently exists, although vaccine studies ar progressing.

1·10·20. 1st Prize Miss. Falguni Daspute.
Poster Presentation.

P.D.E.A.'S College Of Ayurved And Research Centre
AKURDI PUNE - 44

PDEA'S

COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran Nigdi, Pune 44.

Post event summary report **Date- 3-10-2020**

Name of the event- 151st Gandhi Jayanti ceremony.

Date of the event- 01-10-2020.

Location of the event- College campus.

Number of persons attending the event- 10

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

पु.ति.शि.प्र.सं.
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 1520/20-21 दिनांक 5/10/2020
टेबल क्र.

तांत्रिक प्रशासकीय

Brief summary of the event

Mahatma Gandhi or more lovingly known as Bapu by all Indians is internationally acknowledged for his principle of non-violence that led to India to its freedom. 2 October every year is celebrated as Gandhi Jayanti the story of his life has impacted humanity to its core. To respect this day, the NSS with the help of teachers and other staff of our college arranged a program to commemorate the Mahatma's life and teachings.

Dr. Bobade, vice principal worshiped the idol of Gandhiji. He gave an insight on the significance of promoting and adopting khadi in our daily lives and how the simple spinning wheel, the Charkha became instrumental in uniting India through Swadeshi movement. This was followed by a prayer, Bapu's favourite devotional song 'Vaishnava Jana toh...

Campus cleaning- Gandhiji was a strong supporter of cleanliness. On this occasion the staff took part in the campus cleaning and took pledge to keep the college campus always clean.

Tree plantation- As a part of environment awareness tree plantation was done with the hands of Dr. Bobade to mark this occasion. Other staff also participated in this program.

Dr. Dinesh Naik, PO, NSS

Principal

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Photos of the Event



Dr. Bobade, vice principal worshiped the idol of Gandhiji.



Tree plantation was done with the hands of Dr. Bobade



Staff took part in the campus cleaning

Principal
P.D.E.A.S.
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report

Date- 20/10/2020

Name of the event-Lecture on Digital eye strain and its management with special ref to Covid 2019, On occasion of world sight day (on line lecture).
Date of the event- 15/10/2020

Organising department/ committee-Shalakyatantra

Location of the event- online

Number of persons attending the event- more than 100

Mode of event- online

Drive Link for recording -https://drive.google.com/file/d/1d3-TvaYz44ZLnkE9Waw3f4YKdK-D3bge/view?usp=sharing

Contact person-Dr.Virkar C.A.

Telephone number-9822199107

Email address- shalakya.carc@gmail.com

Brief summary of the event-
Department of Shalakya Tantra has organized lecture On occasion of world sight day. Online lecture by DrChandanaVirkar on the topic "Digital eye strain and its management with special ref to Covid 2019" was delivered to- Students ,Teaching, Non-teaching staff of CARC on 15/10/2020.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४
आवक क्र. 420/2020-21
दिनांक - 20/11/2020
लेखनिक

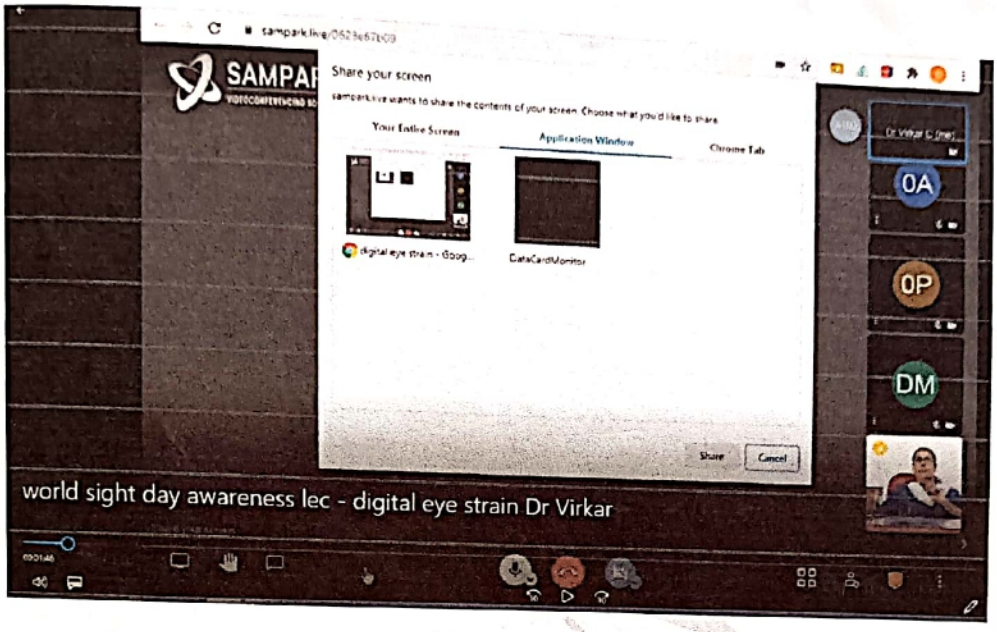
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Dept of Shalakya Tantra
College of Ayurved & Research Centre
Nigdi

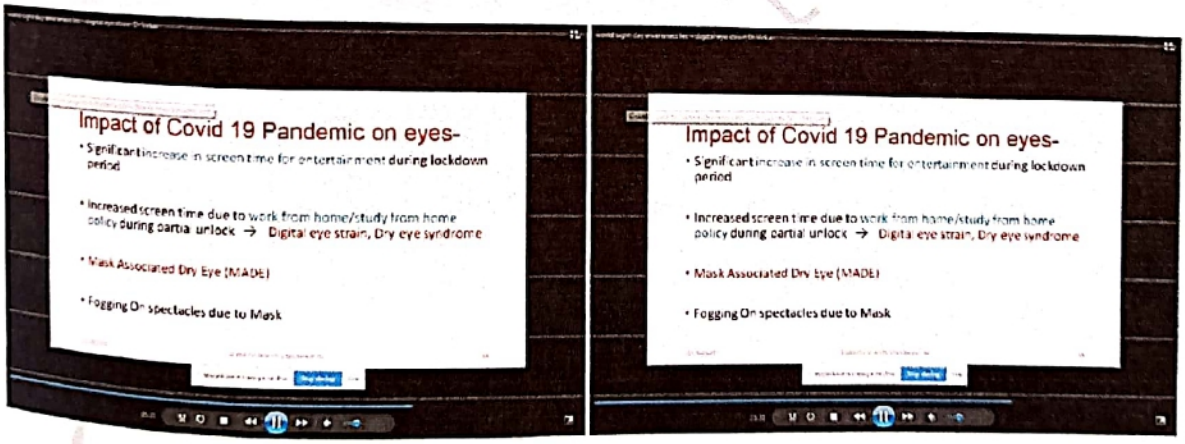
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Name of the Department shalakyatantra | NAAC Metric No. 7.1.10

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Photos of the Event





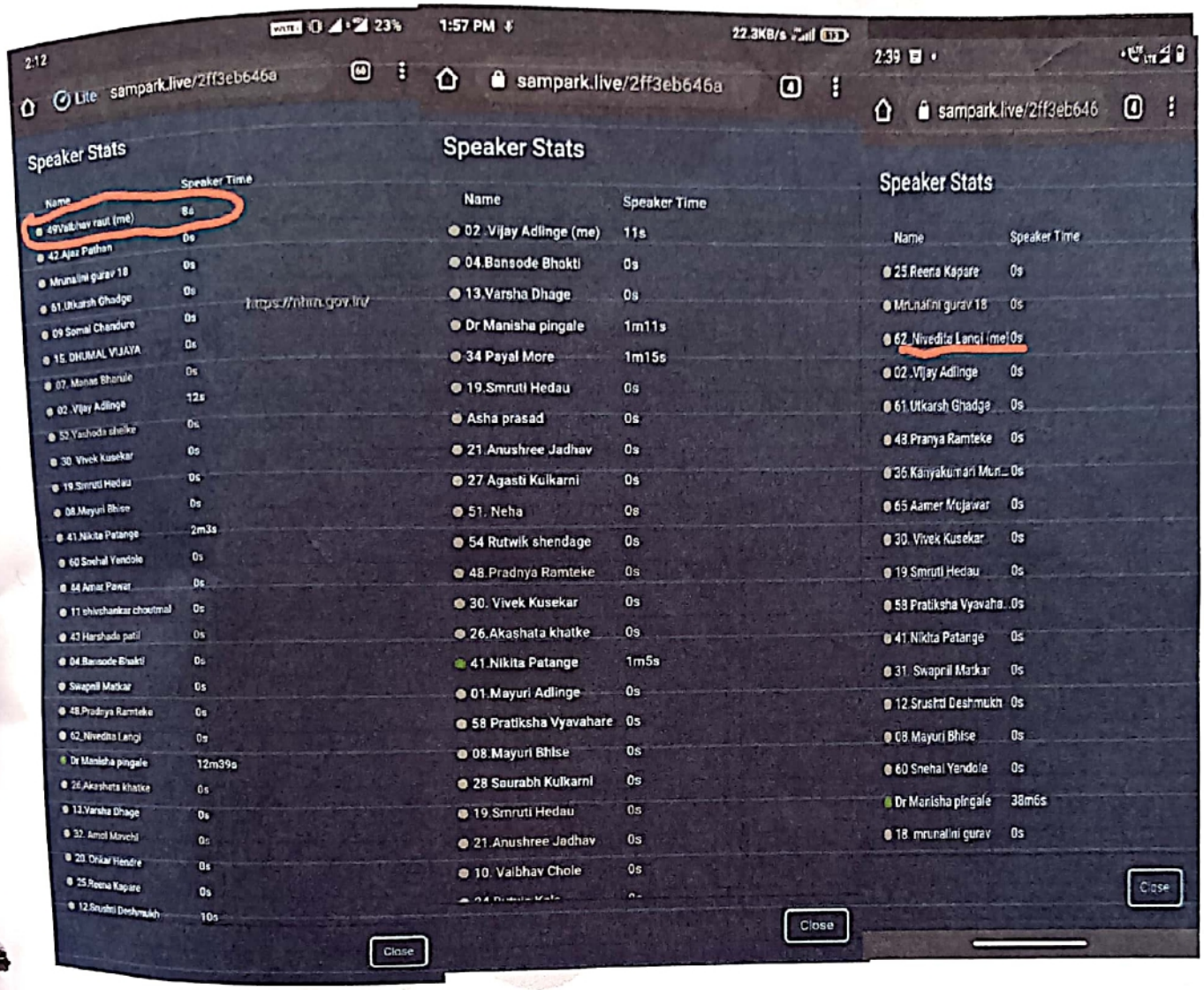
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P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department shalakyatantra

NAAC Metric No. 7.1.10

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Name of the Department shalakyatantra | NAAC Metric No. 7.1.10

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PDEA'S

COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran Nigdi Pune 44

Post event summary report

Name of the event- 'National Unity Day'

Date of the event- 30-10-2020

Mode of event- Online Information shared on WhatsApp group of NSS

Number of persons attending the event- 70

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

पु.जि.शि.सं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 1860/20-21 दिनांक 2/11/2020
टेबल क्र.
लेखनिक
प्राचार्य

Brief summary of the event

31st October is celebrated as 'National Unity Day' in India. It was introduced by the Government of India in 2014. The day is celebrated to mark the birth anniversary of Sardar Vallabhai Patel. The the Home Ministry of India cites that the National Unity Day " will provide an opportunity to re-affirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity and security of our country.

Vallabhbhai Jhaverbhai Patel served as the first Deputy Prime Minister of India. He played a leading role in the country's struggle for independence and guided its integration into a united, independent nation. In India and elsewhere. He acted as Home Minister during the political integration of India and the Indo-Pakistani War of 1947.

On this occasion recordings of two speeches of Vallabhbhai Patel were shared to the NSS students. 1) https://www.youtube.com/watch?v=cfKFMIVGQng
2) https://www.youtube.com/watch?v=dvGHVdAMByY

In his speech Patelgi described the importance of integrity of whole nation for the progress of India.

Dr. Dinesh B Naik

Dr. Ragini Patil
Principal

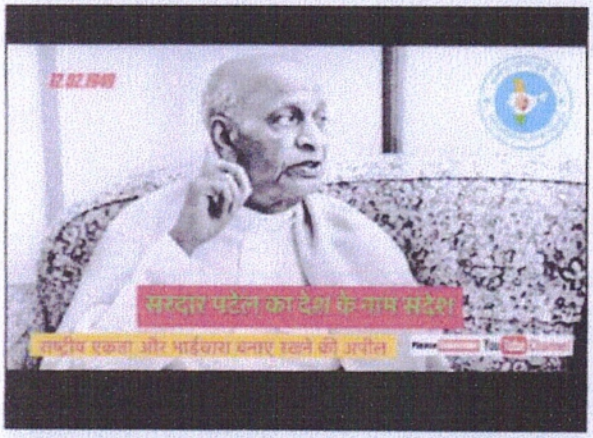
Principal
PDEA'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Photograph of the event



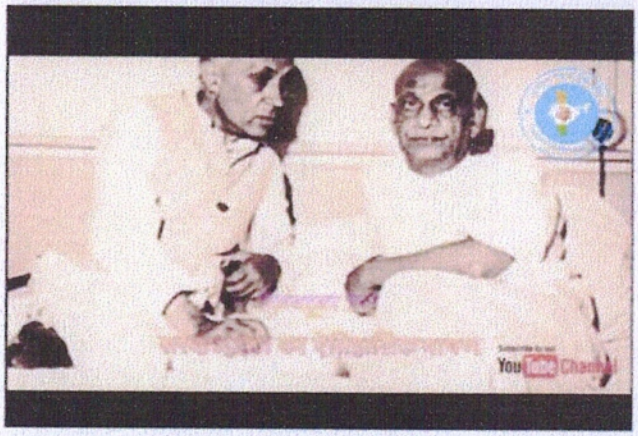


Recordings of two speeches of Vallabhbhai Patel were shared to the NSS students.









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COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 PradhikaranNigdi Pune 44

Date-31-10-2020

Post event summary report

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व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 1861/20-21 दिनांक 2/11/2020
टेबल क्र.
लेखनिक
प्राचार्य

Name of the event- Traffic Week celebration.

Date of the event- 30-10-2020

Mode of event- Online

Number of persons attending the event- 70 Volunteers online

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

Brief summary of the event

Road Safety Week is organised every year in. A variety of programmes related to the road safety are organised in several cities to enlighten people on road safety, driving rules and cautions an annual week dedicated to recognizing challenges and improving safety on India's roads. While Indian roads have long been known for their chaos and devastating number of traffic accidents and deaths, the government has recognized that the time has come for change

To develop awareness regarding the road safety and traffic rules this event is observed. To mark the occasion a very informative speech of Mrs. Kiran Bedi was shared to the students. In her speech Mrs. Kiran Bedi had told regarding the road safety and traffic rules in a very simple language. (https://m.youtube.com/wath?v=_1f5ZEMtJzE)

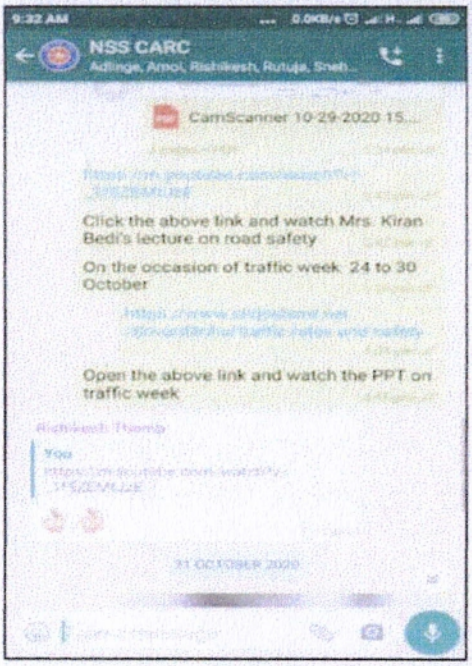
A PPT was also shared to the students containing information of traffic safety and traffic rules, traffic signs etc. (https://www.slideshare.net/SovanSinha/traffic-rules-and-safety)

Dr. Dinesh B Naik

Dr. Ragini Patil
Principal

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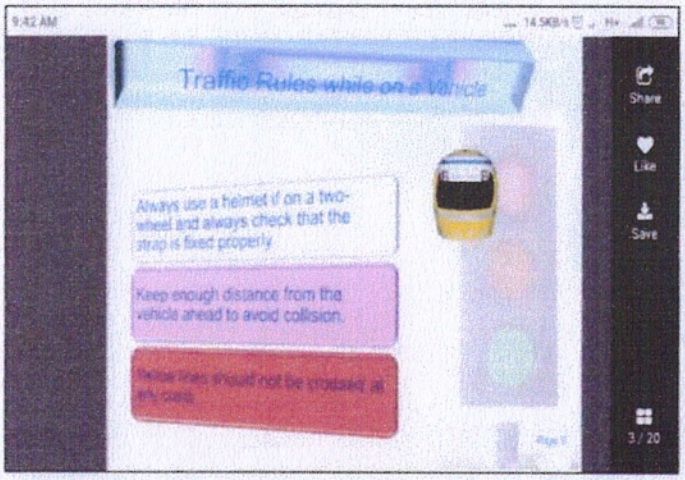
Photographs of event





Screen shot of the information shared







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Pune District Education Association's

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DATE- 03/11/2020

POST EVENT SUMMARY REPORT

Name of the event- Sardar Vallabhbhai Patel Jayanti Day celebration (Guest Lecture)

Date of the event- 31st Oct 2020, 02.00pm-03.00pm

Organising department/ committee- RSBK Department.

Location of the event- online

Number of persons attending the event- 74

Mode of event- Online/ Offline- Online

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निगडी, पुणे-४११०४४.
आवक क्र ८३२४/२०२०-२१
दिनांक - ३/११/२०२०
लेखनिक
प्राचार्य

Drive Link for Photos-

https://drive.google.com/drive/folders/1jChvCmO3s2jelIlqQNXVIGZzOuEpt7Of?usp=drive_link

Link of online event-

https://us04web.zoom.us/j/6765433279?pwd=MU11MWMvNUpjNllJUkplWUVhdjk4dz09

Email address- carcrsbk15@gmail.com

Brief summary of the event-

Guest Lecturer- Mrs.Suvarna Ravindra Pise

Title – Life path of Sardar Vallabhabhai Patel
Brief life path ,his contribution for our nation was explained by guest lecturer Mrs.Suvarna Ravindra Pise.

Signature
Designation HOD & Professor
Name- Dr. Chikurte S.N.

Name of the Department – RSBK	NAAC Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Date :- 31/10/2020

Sardar Vallbh bhai patel jayanti celebration- online Lecture
Attendance list









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COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 PradhikaranNigdi Pune 44

Post event summary report

Date- 3/11/2020

Name of the event- Observance of Vigilance Awareness Week

Date of the event- 27/10/2020 -2/11/2020

Mode of event- Online

Number of persons attending the event- 70

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

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व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 1868/20-21 दिनांक 3/11/2020
टेबल क्र.
लेखनिक
प्राचार्य

Brief summary of the event

The Vigilance Awareness Week-2020 is observed this year from 27th October, 2020 to 2nd November, 2020 on the theme "Satark Bharat, Samriddh Bharat (Vigilant India, Prosperous India)".

Corruption is a malice, which is eating into the very ethos of our society and taking a heavy toll on our economy. People lose trust and belief in the administration due to Corruption. In pursuit of Government's vision to make India a New India by the year 2022, the Central Vigilance Commission, an apex integrity institution of India, endeavours to promote integrity, transparency and accountability in public life.

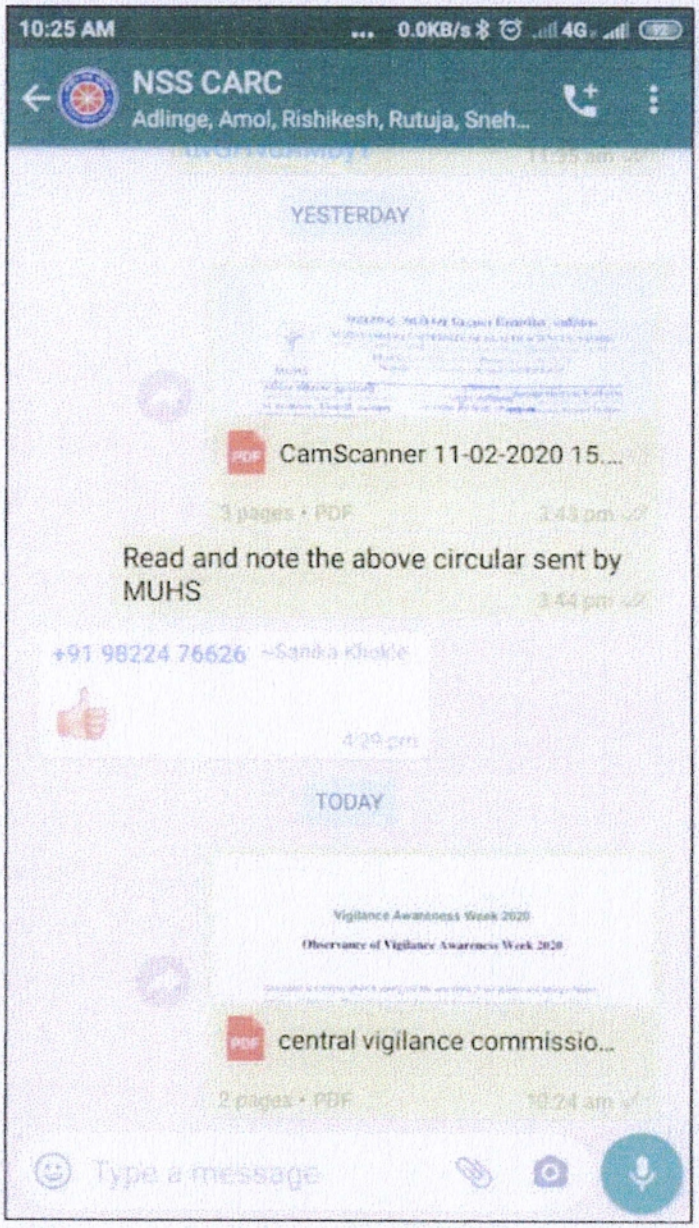
The information must be propagated among the students so that the aim of the above mission will be successful. Hence the information of Central Vigilance Commission was told to the students including aims and objectives along with its policy of achieving transparency, accountability and corruption free government. Our students also took integrity pledge for citizens.

Dr. Dinesh B Naik

Dr. Ragini Patil
Principal

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Screenshot of information forwarded to the students for observance of Vigilance Awareness Week, 2020.



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निगडी, पुणे-४११०४४.
3598/2020-21
दिनांक - 4/11/2020
लेखनिक
प्राचार्य

REPORT

World Forest Day (21st March 2020)

Name of Event- **"World Forest Day (21st March 2020)"**

Name of the Organiser – Dept. of Dravyaguna, P.D.E.A'S College of Ayurved & Research Centre, Nigdi, Pune-411044

Place – Zoom Platform

Date - 11th November 2020

Time - 1:45-3:15 PM

Report –

International Day of Forests was on 21st March 2020 but due to lockdown for Covid 19 pandemic department of Dravyaguna was not able to conduct the programme. So programme was scheduled online on Zoom platform on 11th November 2020 at 1;45-3:15 PM in which following programmes were organized -

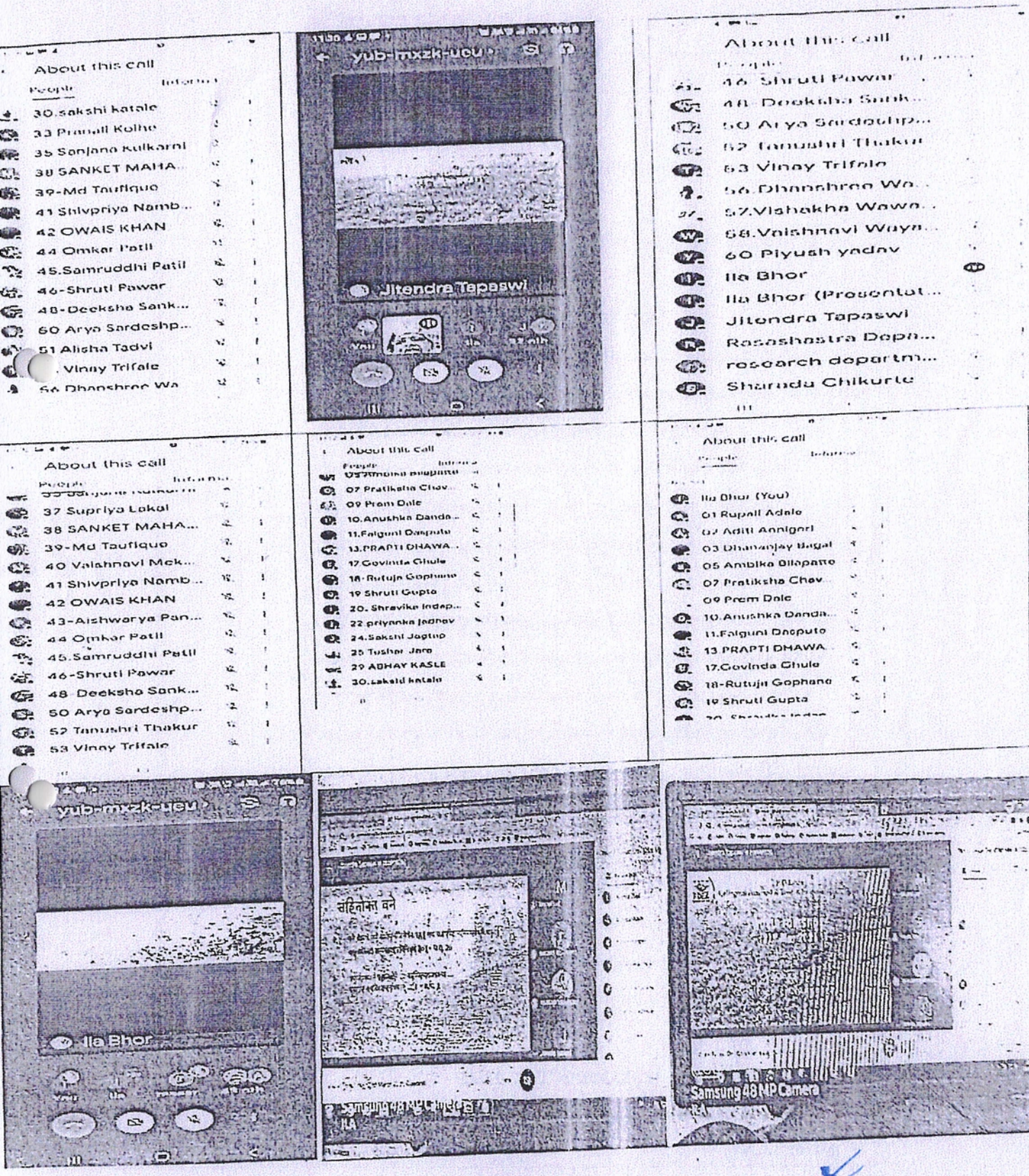
S.N.	Programme	Time
1	Creation of general awareness about 'World Forest Day' – Dr I.S.Bhor Asso Prof, Dept of Dravyaguna	1:45-1:50 PM
2	Documentaries shown 1. Healing Forests of India The Public Service Broadcasting Trust in partnership with Doordarshan Prasar Bharati Corporation 2. Forest Man (on Jadav Payeng) (by William D McMaster)	1:50 - 3:05 PM
3	Concluding Remarks – Dr M.D. Lad, Head, Dept of Dravyaguna	3:05 – 3:15 PM

Function commences with prologue of Dr I.S.Bhor about creation of general awareness regarding 'World Forest Day'. Then documentaries about "Healing Forests of India" and "Forest Man" were shown to students and staff. The entire programme was video recorded. Total 50 participants were present along with 2nd & 4th BAMS students and teaching staff of CARC.

Utility -

It was a very much fruitful event regarding creation of awareness about not only protection but also to learn many things from forests in day-today practice by various means.

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Pune District Education Association's

College of Ayurved & Research Centre

Date- 18-11-2020

To,
Principal,
PDEA's College of Ayurved and research centre,
Nigdi, Pune-44

Subject- Report of Ayurved Day 2020 celebration by Kayachikitsa department

Respected madam,

Kayachikitsa department celebrated 5th Ayurveda day (Dhanwanrtari Jayanti) on Friday, 13/11/2020

Following are the events-

1) Dhanwantari poojaan

2) Post Covid care OPD Inauguration

3) Distribution of immunity kit

4) Covid warrior certificate distribution

5) Live streaming of 5th Ayurveda day programme

Number of attendees attended the event- 60

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आवक क्र - 3480/2020
दिनांक - 18/11/2020
लेखनिक Patil
प्राचार्य

Details are attached herewith.

Details are also forwarded to 1) Ministry of AYUSH, New delhi, 2) CCIM, New Delhi, 3) Directorate of AYUSH, Maharashtra, 4) MUHS, Nashik.

Thank you!

Dr. Joshi
H.O.D.
Dept. of Kayachikitsa
College of Ayurved & Research Centre
Nigdi

Yours sincerely,

Department of kayachikitsa

1) Dr Medha M. Joshi, Professor & HOD
2) Dr Rupali Khobragade, Professor
3) Dr Surekha tram, Asso. Professor
4) Dr Vrinda Kurande, Asst. Professor
5) Dr Abhishek Taksale, Asst. Professor

Events-

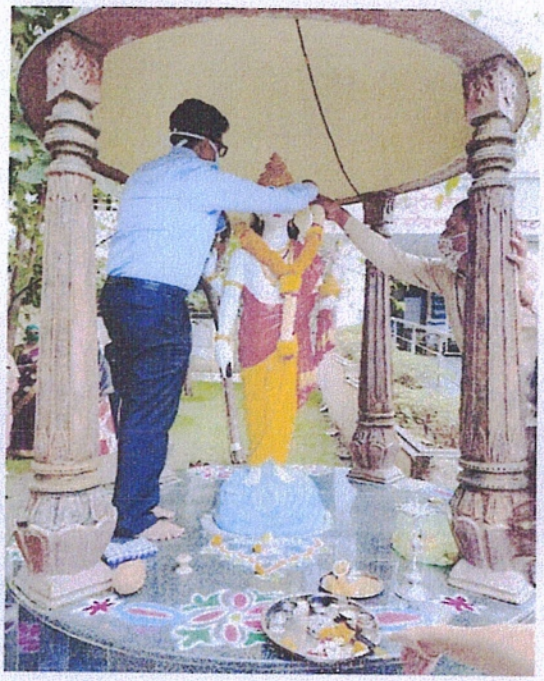
1) Dhanwantari poojaan-

-done by Dr Ragini Patil, Superintendent , ARSMH &

Dr Abhishek Karmalkar, MD(Medicine) Physician, ARSMH

- Attended by all staff of ARSMH





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2) Post Covid care OPD Inauguration-

-by Dr Ragini Patil, Superintendent , ARSMH &

Dr Abhishek Karmalkar, MD(Medicine) Physician, ARSMH

- Post COVID care OPD started at Kayachikitsa OPD No.117

- Also done distribution of Ayurvedic Immunity Kit to Covid cured patients. Kit contents AYUSH kwath vati, Abhyanga tel & Immuno kwath.



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4) Covid warrior certificate distribution-

Certificate of appreciation was awarded Dr Prashant Chavan, Kayachikitsa, 1st year Pg student, for his Hard work, dedication and support during this challenging time of COVID-19.



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Sector No.25, Pradhikaran, Nigdi, Pune-411044.
Website: - www.pdeaayurvedcollege.org Email: - carcakurdi@gmail.com
Ph. 020-27653965 / 27659578.

Certificate of Appreciation
COVID-19 Warrior

This Certificate is proudly presented to,

DR. PRASHANT D. CHAVAN

We appreciate your Hard work, dedication and support during this challenging time of COVID-19.
We wish you All the best for your future endeavors !

HOD
Kayachikitsa Department
(Dr. Mrs. Medha M. Joshi)

Principal
(Dr.Mrs. Ragini R. Patil)

Principal
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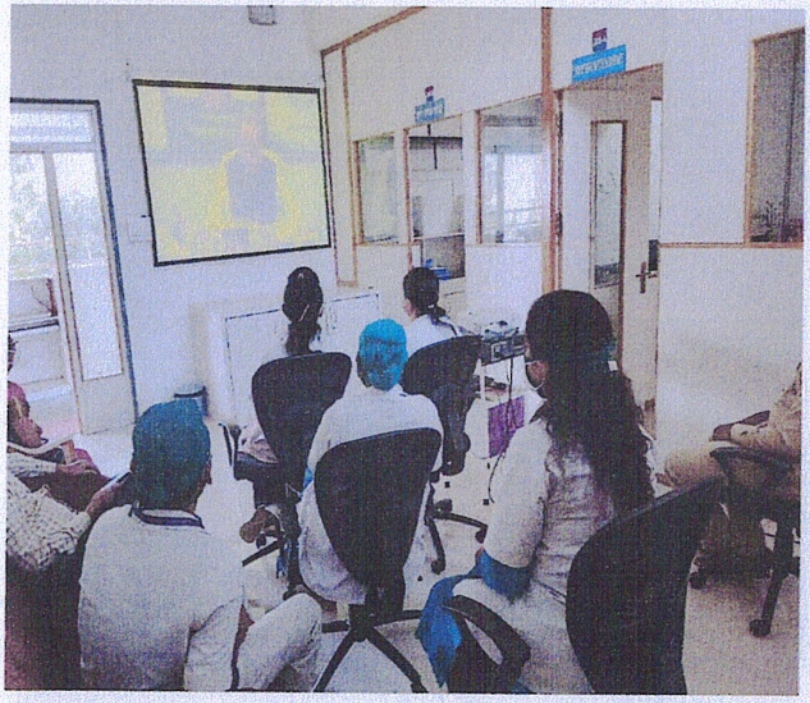
5) Live streaming of 5th Ayurveda day programme-

Live streaming of 5th Ayurveda day programme arranged by Ayush ministry, New delhi on 13/11/2020 attended by PDEA's College of Ayurved and research centre and associated hospital staff.

Social distancing and all the other safety guidelines of COVID-19 were followed during streaming.

Under graduate and Post graduate students who are at home attended the streaming from their home.





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Under graduateand Post graduate students who are at home attended the streaming from their home.





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Events of Ayurveda day celebration in PDEA's College of Ayurved and research centre & PDEA's Ayurved Rugnalaya and Sterling Multispeciality hospital was published in Local News paper viz. Sakal, Pimpri-Chinchwad edition.

पिंपरी-चिंचवड



पिंपरी : प्राधिकरण : धन्वंतरी जयंतीनिमित्त शुक्रवारी डॉक्टर व कर्मचाऱ्यांनी धन्वंतरीचे पूजन केले.

रुग्णालयांत धन्वंतरीपूजन; मंदिरांमध्ये दीपोत्सव

शहरात दिवाळीची लगबग; सोने खरेदीचा साधला मुहूर्त

पिंपरी, ता. १३ : दिवाळी सणाचा दुसरा दिवस अर्थात धनत्रयोदशी. घरोघरी पहाटेपासूनच सणाची लगबग सुरू होती. काहींनी धनाची पूजा केली. दवाखाने व रुग्णालयांत वैद्यांनी धन्वंतरी देवतेचे पूजन केले. सायंकाळी दीपोत्सव करण्यात आला. दारोदारी पणत्या लावत होत्या. काहींनी सोने खरेदी केले.

पोस्ट कोविड ओपीडी

धन्वंतरी देवतेचे पूजन करून निगडी-प्राधिकरणातील स्टर्लिंग मल्टिस्पेशालिटी हॉस्पिटल व महाविद्यालयात पोस्ट कोविड केअर आयुर्वेदिक ओपीडी शुक्रवारपासून सुरू केली. प्राचार्या डॉ. सरिता पाटील आणि डॉ. अभिषेक कर्माळकर यांच्या हस्ते उद्घाटन झाले. डॉ. मेधा जोशी, डॉ. शैलेश अहिवाळे, डॉ. अंतेश्वर बिराजदार, डॉ. प्रशांत टोपले, डॉ. विनायक शिंदे आदी उपस्थित होते. कोरोना होऊन गेल्यानंतर फुप्फुसाचे विकार होऊ शकतात. त्यांचे निदान करून उपचार करण्यासाठी ओपीडी सुरू केल्याचे डॉ. कर्माळकर यांनी सांगितले.

मंदिरांमध्ये दीपोत्सव

प्राधिकरण पेठ क्रमांक २४ मधील श्री केदारेश्वर मंदिराच्या प्रांगणात केदारेश्वर मंदिर ट्रस्ट, प्राधिकरण ज्येष्ठ नागरिक संघ आणि चक्रव्यूह मित्रमंडळ यांनी दीपोत्सव केला. [illegible] होता. मंदिर ट्रस्टचे अध्यक्ष राजू पोटे, ज्येष्ठ नागरिक संघाचे अध्यक्ष सुभाष जोशी आणि चक्रव्यूह मंडळाचे अध्यक्ष बाळा शिंदे आदी उपस्थित होते. शिवतेजनगरमध्ये श्री स्वामी समर्थ सेवा प्रतिष्ठानतर्फे श्री स्वामी समर्थ मंदिरात मंडळाच्या अध्यक्षा अर्चना तांबेकर, महिला मंडळाच्या अध्यक्षा मनीषा टोके यांच्या हस्ते सामाजिक [illegible] नाणेकर, वैशाली घाटपांडे, पद्मजा जेवळीकर आदी उपस्थित होते.



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आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 2196/20-21 दिनांक 2/12/2020
टेबल क्र.

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COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran, Nigdi, Pune 44

Date- 26-11-2020

Post event summary report

Name of the event- Celebration of Constitution Day

Date of the event- 26-11-2020

Mode of event- Online

Number of persons attending the event- Approx. 300

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

Brief summary of the event

Constitution Day (or Samvidhan Divas), is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949, the Constituent Assembly of India adopted the Constitution of India, and it came into effect on 26 January 1950. The Government of India declared 26 November as Constitution Day on 19 November 2015 by a gazette notification.

The following programs were conducted in our college on this occasion.

1) Preamble of the constitution was red before the employees of the college at 11:00 a.m. followed by pledge.

2) College students were shared information regarding Constitution Day.

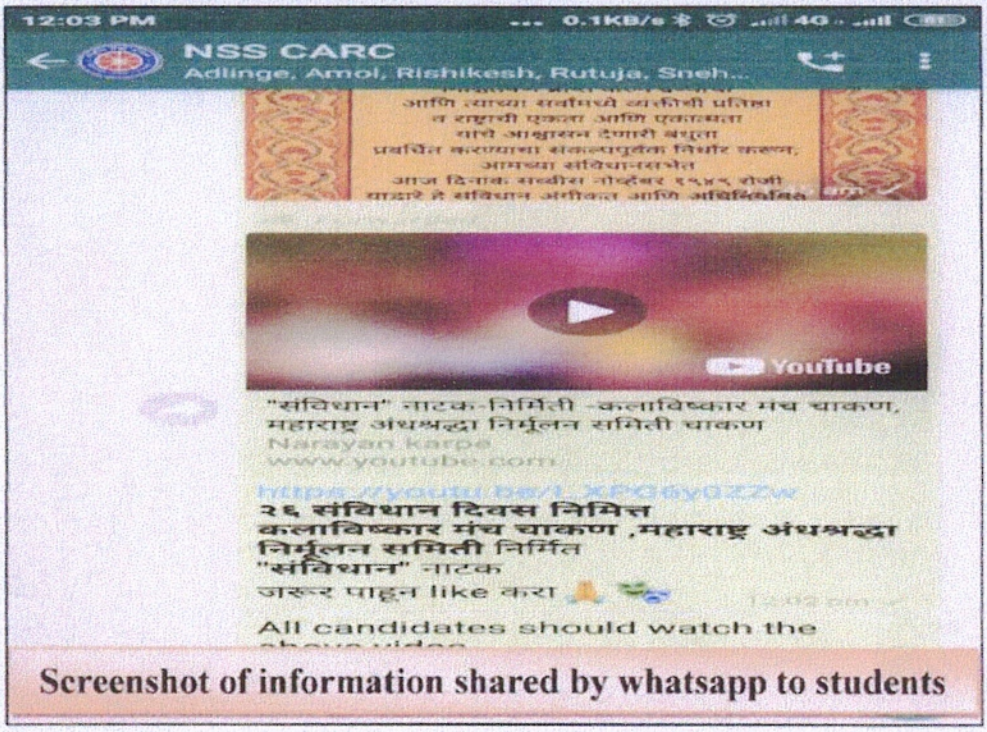
3) A play 'Samvidhan' was shared to the college students via link- https://www.youtube.com/watch?v=l_XPG6y0ZZw

Dr. Dinesh B Naik,
Program Officer, NSS

Dr. Ragini Patil
Principal

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Photographs of Celebration of Constitution Day



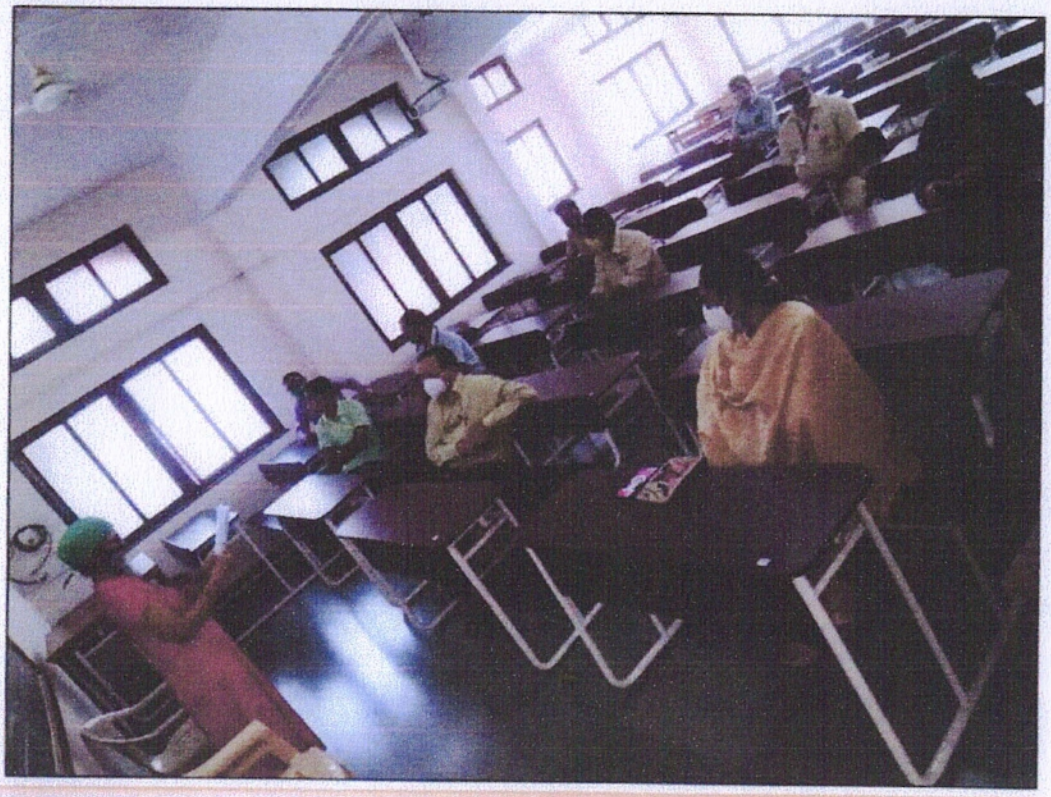
Screenshot of information shared by whatsapp to students



Teachers watching Samvidhan Play on Youtube

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

P.D.E.A'S College Of Ayurved And Research Centre AKURDI PUNE - 44



Preamble of the constitution was red before the employees of the college at 11:00 a.m. followed by pledge.

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Date – 01/12/2020

Event Report

Name of Event – NARI Visit

Time and Place – 10 am to 2 pm

Participants – Students – 16

Teachers – 02

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र 917/2020-21
दिनांक - 1112/2020
लेखनिक
प्राचार्य

Brief Description of Event – The students have visited all Special labs, have seen different PCR techniques and instruments and equipment used for the special test. Students have visited Museum and have participated in panel discussion.

In Case of Study Visit:

Concern Teachers Name – Dr. Satyendra R Singh and Dr. Suresh Shinde

Representative of the visited Place –

What Students gain from visit – Knowledge and Confidence

Screenshot or geotag pictures of the event – Yes

Any Other relevant information – Detailed Virology Museum well preserved and very informative.

College of Ayurved and Research Centre, Nigdi, Pune-44. ★ Department of Rognidan & Vikriti Vidnyan

P.E.A.'S. COLLEGE OF AYURVEDIC RESEARCH ★ AKURDI PUNE - 44

HEAD OF DEPARTMENT
ROGNIDAN & VIKRUTI VIDNYAN
AYURVED MAHA VIDYALAYA
& RESEARCH CENTRE, NIGDI, PUNE 44

Pune District Education Association's

College of Ayurved & Research Centre

Date: - 01.12.2020

DEPARTMENT OF ROGNIDAN VIKRITIVIDNYAN

VISIT TO

NATIONAL AIDS RESEARCH INSTITUTE (NARI), PUNE

Date: - 01.12.2020



Principal
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College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH
AKURDI
PUNE - 44

HEAD OF DEPARTMENT
ROGNIDAN & VIKRUTI VIDNYAN
AYURVED MAHA VIDYALAYA
& RESEARCH CENTRE, NIGDI, PUNE 44

PDEA'S

COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran, Nigdi, Pune- 44.

Date-5/12/2020

Post event summary report

Name of the event- Celebration of International Volunteer Day

Date of the event- 5/12/2020

Number of persons attending the event- Approx. 120

Mode of event- Online

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 2246/2021 दिनांक 05/12/2020
टेबल क्र.
वैद्यनिक
प्राचार्य

Brief summary of the event

International Volunteers Day, is an international observance that was mandated by the UN General Assembly in 1985. The Day is an opportunity for us all to promote volunteerism, encourage governments to support volunteer efforts and recognize volunteer contributions to the achievement of the Sustainable Development Goals at local, national and international levels. UNV coordinates a campaign to promote IVD every year, building on the impact volunteers have in communities, nationally and globally, for peace and development.

On this Day NSS organised the following programs to mark the occasion.

1) Students were introduced to the concept of Volunteers.

2) Students were shared the PPT on International Volunteers Day. (https://youtu.be/4-8toKjmTbM)

3) All Students were shared the video clip on useful information of this day. (https://youtu.be/tWizfewLCf8)

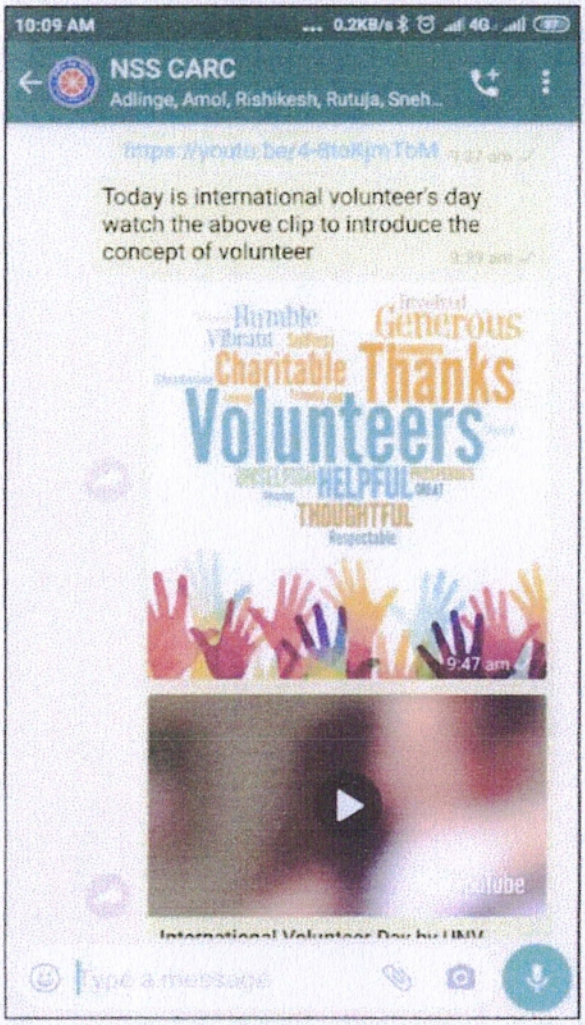
Dr. Dinesh B Naik

Dr. Raginin Patil
Principal

Principal
P.D.E.A'S
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Photographs of the Event

Celebration of International Volunteer Day 5th December 2020



← Screenshot of the information shared to the students

Principal
P.D.E.A'S
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Pune District Education Association's

College of Ayurved & Research Centre

Date- 23.12.2020

Summary Report

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 2508/2021-22
दिनांक - 8/11/2021
प्राचार्य

Name of the event: Online National Level Essay Competition on the occasion of Human Rights Day.

Date of the event: 10-12-2020

Organising department/ committee: Agadtantra Department

Location of the event; Essays were submitted by students in soft copy on carcagadtantra@gmail.com

Number of persons attending the event- UG and PG students -10

Mode of event - Online/ Offline: Online

Drive Link for Photos: https://forms.gle/HzXBQvUXjuwiNkdW9

Brief Summary of the Event:

Under the guidance and with support of respected principal Dr. Ragini Patil madam World Human Rights Day was celebrated by Department of Agadtantra by organising Online National Level Essay Competition.
Topics related to Human Rights were given for essay writing. Brochure for essay competition was prepared and distributed to various WhatsApp groups of student from all over India on 21/11/2020.Despite of university theory examinations we received 10 essays. Dr. Ila Bhor (Associate Professor of Dravyaguna Department) was appointed as a judge for this essay competition. By applying various criteria Dr. Ila Bhor checked essays & declared 1st and 2nd winners as follows.
1st winner = Dr. Ritika Pathak (PG scholar 2nd year, Department of Agadtantra, Shree NPA Govt. Ayurved college Raipur (Chhattisgarh).
2nd winner – i) Dr. Japa Jayant Phadke (PG scholar 2nd year, Department of Kaychikitsa, Sevasangh Ayurved mahavidyalaya, Nasik. And
ii)Dr. Parvez Bagwan (PG scholar 2nd year, Department of Agadtantra, Dr. D.Y. Patil Ayurved college, Pimpri, Pune.

jjphadke.
DR. PHADKE J.J.
M.D (AYU), P.G.D.M.L.S.
Professor & Head of the Dept.
Agada Tantra & Vyavaharayurveda Vibhag,
C. A. R. C. Akurdi, Pune - 44.

HOD

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

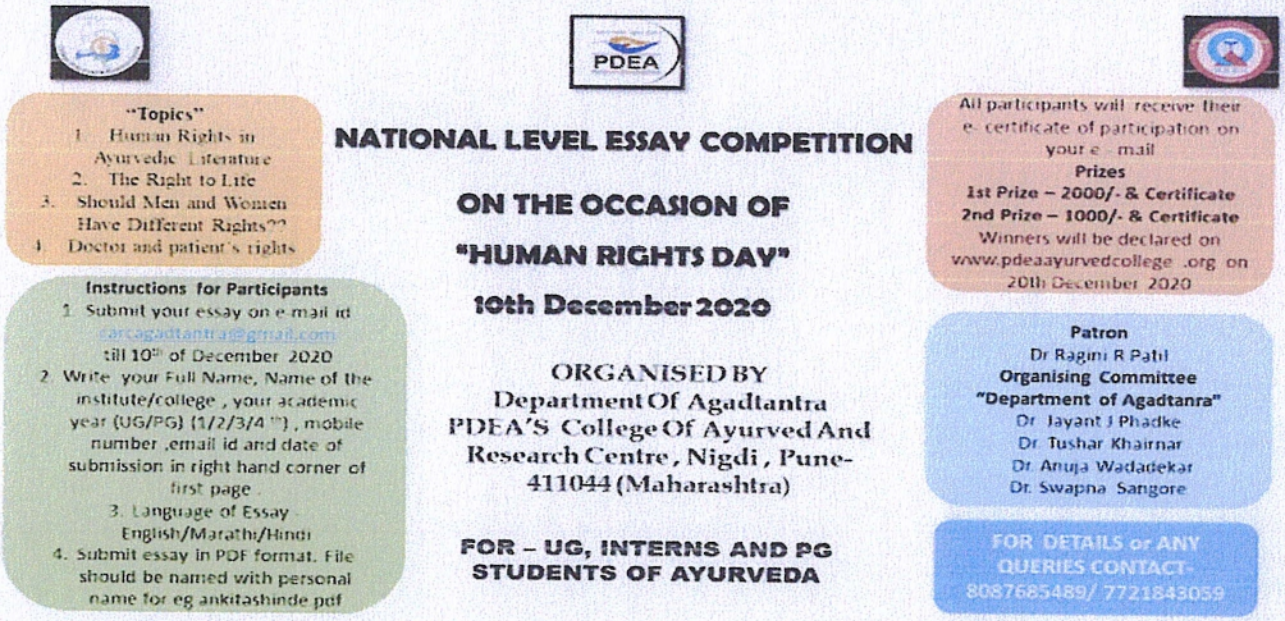
Principal

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College of Ayurved & Research Centre

Participation E – Certificate was issued to all participants & winners were felicitated by merit certificate along with monetary prize.

Photos of the Event



Pune District Education Association's
College of Ayurved & Research Centre
Sector No.25, Pradhikaran, Nigdi, Pune-411044.
Website: -www.pdeaayurvedcollege.org Email: - carcakurdi@gmail.com
Ph. 020-27653965 / 27659578.

Certificate of Reward

This is to acknowledge that **Dr. Reetika Pathak** achieved ***First Prize*** in **NATIONAL LEVELONLINE ESSAY COMPETITION** held on the occasion of ***"Human Rights Day 10th December 2020".***

Co-ordinator
(Dr. Jayant J. Phadke)
Professor & HOD Agadtantra Department

AKURDI PUNE - 44

Principal
(Dr. Mrs. Ragini R. Patil)

Pune District Education Association's

College of Ayurved & Research Centre

Date- 04/01/2021

Post event summary report

Name of the event- Savitribai Phule Jayanti

Date of the event- 03-1-2021

Location of the event- CARC, Nigdi

Mode of the event- Online

Number of persons attending the event- 70

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com



आयुर्वेद महाविद्यालय व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 2734/20-21 दिनांक 19/1/2021
टेबल क्र.

Brief summary of the event

Savitribai Phule (3 January 1831 – 10 March 1897) was an Indian social reformer, educationalist, and poet from Maharashtra. She is regarded as the first female teacher of India. Along with her husband, Jyotirao Phule, she played an important and vital role in improving women's rights in India. She is regarded as the mother of Indian feminism. Phule and her husband founded one of the first Indian girls' school in Pune, at Bhide wada in 1848. She worked to abolish the discrimination and unfair treatment of people based on caste and gender. She is regarded as an important figure of the social reform movement in Maharashtra.A philanthropist and an educationist, Phule was also a prolific Marathi writer.

NSS celebrated a birthday of Savitribai Phule in our college. On this occasion Information on the life Savitribai Phule was shared to the college students with link https://www.youtube.com/watch?v=-Hg_Lc8AIKo.

Through this Information, students came to know about Savitibai Phule's early life and what she contributed for the society as well as for women's empowerment.

Dr. Dinesh B. Naik

Dr. Ragini Patil
Principal
P.D.E.A'S
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Nigdi, Pune - 411 044.

Name of the Department : NSS	NAAC	Metric No. 7.1.10

Screenshot of the link shared on NSS whatsapp group.



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Name of the Department : NSS	NAAC	Metric No. 7.1.10

Pune District Education Association's

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Date- 13/01/2021

Post event summary report

Name of the event- National Youth Day

Date of the event- 12/01/2021

Location of the event- College of Ayurved & Research Center, Nigdi

Mode of the event- Online

Number of persons attending the event- 70

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

पु.जि.शि.मं.चे
आयुर्वेद महाविद्या- ी
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 2735/2021 दिनांक 19/1/2021
टेबल क्र.
वैद्यकीय
प्राचार्य

Brief summary of the event

National Youth Day is celebrated on 12 January being the birthday of Swami Vivekananda. In 1984 the Government of India declared this day as National Youth Day and since 1985 the event is celebrated in India every year.

What Gandhiji said captures the great importance of spreading Swami Vivekananda's ideas and ideals among the youth in our country today. He personified the eternal energy of the youth and their restless quest for truth. It is entirely fitting that the Government of India has declared 12th January, the birthday of Swami Vivekananda, as National Youth Day. We must work to rekindle the eternal message of this great patriot and son of India.

On this occasion, students took part in the valedictory function of national youth parliament festival as part of national youth day celebrations on 12th January 2021, graced by Hon. Prime Minister. On the link https://webcast.gov.in/parliment. Students were also shared one video clip regarding the information of Swami Vivekanand with link https://youtu.be/JPbYf9NjhEO.

Dr. Dinesh B. Naik

Principal
PDEAS
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

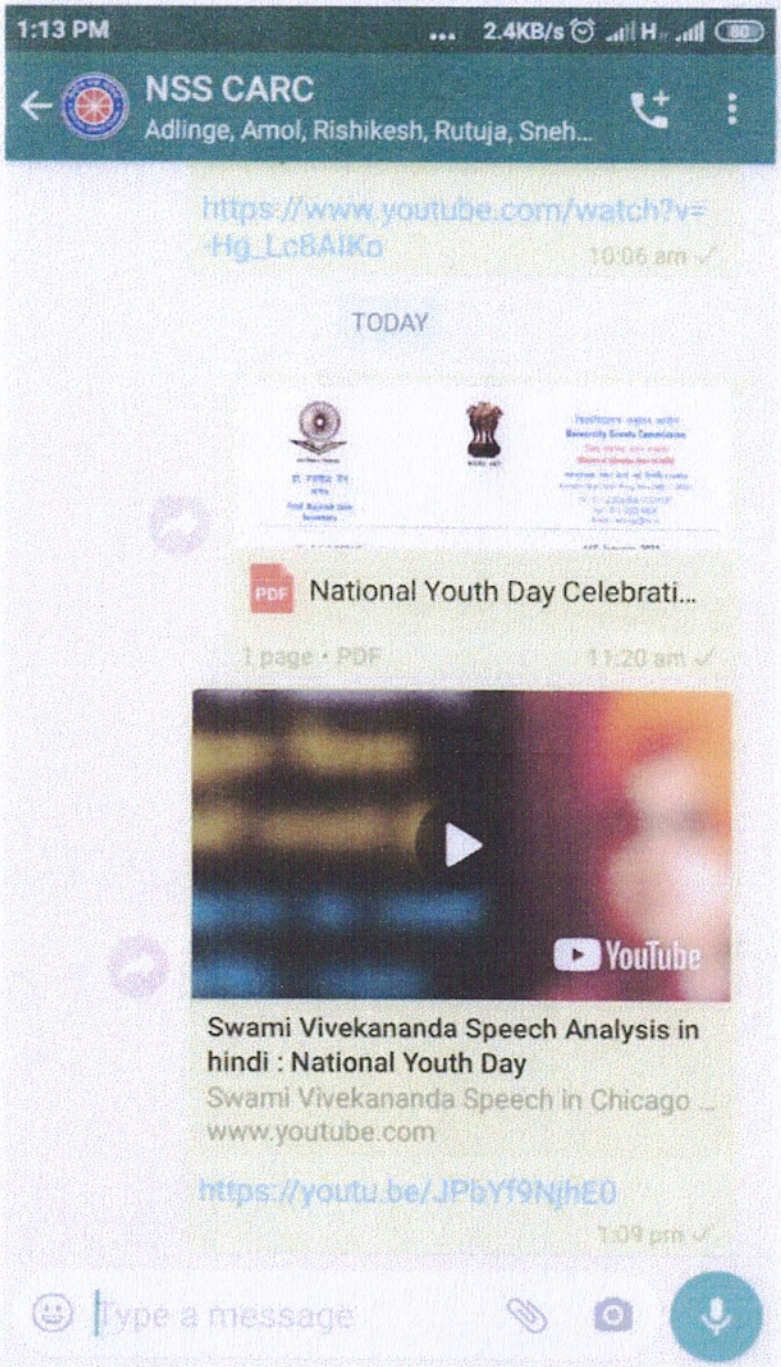


Name of the Department NSS	NAAC	Metric No. 7.1.10

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Screenshot of the information shared to the students



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Name of the Department NSS	NAAC	Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Date- 23/1/2021

Post event summary report

पुणे जि. शि. म.स.
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 1597/20-21 दिनांक 13/2/2021
टेबल क्र.

Name of the event- Celebration of Parakrama Divas.

Date of the event- 23/1/2021

Mode of event- Online

Number of persons attending the event- 70

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

Brief summary of the event

We celebrated *Parakram Divas* on 23-1-2021 in our college. In which Dr. Dinesh Naik, NSS Programme officer has given the information about Netaji Subhashchandra Bos to the students and conducted following programmes.

No.	Name of the programme
1	Historic online information shared to students
2	Speech of Netaji Subhashchandra Bos

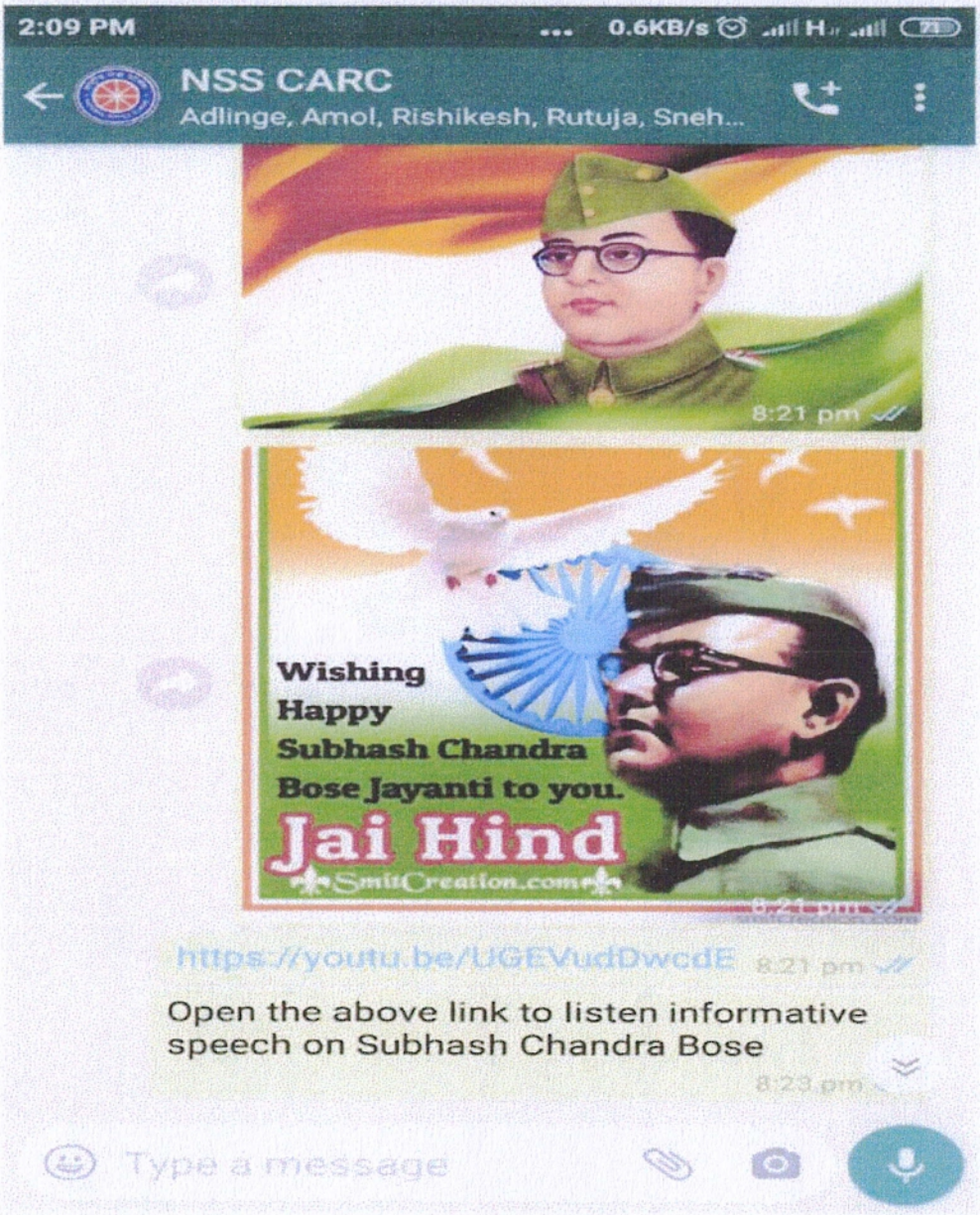
Dr. D. B. Naik
NSS Programme Officer

Dr. Ragini Patil
Principal

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department NSS	NAAC	Metric No. 7.1.10

Screenshot of the Information shared to the students



Principal
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College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department NSS	NAAC	Metric No. 7.1.10

Date- 28/1/2021

Post event summary report

Name of the event- 72nd Republic Day Flag Hoisting Ceremony

Date of the event- 26th Jan 2021

Time of the event- 8.00 am

Location of the event- Campus of college

Anchor- Miss. Rutuja Bhagat

Participants- Hon. Principal, Vice Principal, Directors of the college, teachers, non-teaching staff, Deputy Superintendent, RMO, Para-medical staff, UG and PG students.

Number of persons attending the event- Approx. 200.

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

email address- drdineshnaik27@gmail.com

पु.जि.शि.मं.सं.
आयुर्वेद महाविद्यालय
व संशोधन केंद्र, निगडी, पुणे-४११०४४.
दिनांक 15/2/2021
3041/20-21 टपाल क्र.
लेखनिक
प्राचार्य

Brief summary of the event

With the reading of Indian Constitution, the celebration was started Students, Staff and Faculty members gathered in front of the college building. The celebration started with the hoisting of the National Flag by The Principal Dr. (Mrs) R.R. Patil who was the Chief Guest of the Programme. She hoisted the national flag sharp at 8:00 am. All the students, teachers and staff saluted the flag and then sang the National Anthem honouring it. The prize-giving ceremony was also conducted in which the college awarded the most meritorious students, the teachers, and other hospital staff. The student Vivek Kusekar gave speech on nationalism.

The Principal delivered the short speech. In her speech, the Principal highlighted the importance of the Constitution and its unique features. She also gave an insight on the various accomplishments achieved by college and motivated the crowd for bringing more laurels for the college through their accomplishments. She also emphasised the importance of Ayurved. She talked on the recent developments in college and hospital on the background of Covid 19. Mr. Ajaz Pathan expressed the vote of thanks. At the end of the ceremony, sweet pedhas were distributed among the students. A breakfast and tea party were arranged for staff.

-Dr. Dinesh B. Naik

Principal
Principal
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department NSS	NAAC	Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centr

Photographs

72nd Republic Day Flag Hoisting Ceremony



Decoration of college



Hoisting of the National Flag by the Principal Dr. R.R. Patil

Principal
P.D.E.A's
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department NSS	NAAC	Metric No. 7.1.10



Participants of the ceremony



The Principal delivered the speech.

Principal
P.D.E.A's
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department NSS	NAAC	Metric No. 7.1.10

Poster competition on the occasion of world science day 28 Feb 2021

I am glad to inform you on the occasion of world science day we have organized one poster competition for all ug and pg students.

Topics 1) world science day celebration my views 2) Ayurveda an Indian science, importance in covid 19 pandemic

Total three posters received till 8th march 2021 as follows –

1) Dr Priyaka Rakh 1st year PG from Prasutee department has submitted the poster on the topic " **Ayurveda an Indian science, importance in covid 19 pandemic**"

2) Dr. Darshana Gadekar 2nd year PG from Shrir Rachana department has submitted the poster on the topic " **Ayurveda an Indian science, importance in covid 19 pandemic**"

3) Dr. Shilpa Gawande Kolarkar 1st year PG from Agadtantra department has submitted the poster on the topic "**world science day celebration my views**:"

Worked as Referees – 1) Dr. Ragini Patil (Principal)
2) Dr. Yogini R. Kulkarni (PG Director)

Only three posters received so only one prize was declared to Dr Priyaka Rakh 1st year PG from Prasutee department has submitted the poster on the topic " Ayurveda an Indian science, importance in covid 19 pandemic"
The prize was given 1000 rupees by our principal madam to dr priyanka Rakh

Selected poster for 1st prize



Research Centre * P.D.E.A.'s College Of Ayurved And
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PUNE - 44.

Principal
P.D.E.A'S
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Felicitation of Dr Priyanka Rakh by Principal Dr. Ragini Patil and P.G. Director Dr. Yogini kulkarni

10-03-2021



P.D.E.A.'S College Of Ayurved And Research Centre Akurdi Pune - 44

Principal
P.D.E.A'S
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Nigdi, Pune - 411 044.

Pune District Education Association's

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Post event summary report

Date- 25/03/2021

Name of the event-Department of **SHALAKYATANTRA** has organized Glaucoma awareness week

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र 3144/2021-22
दिनांक - 25/3/2021
लेखनिक
प्राचार्य

Date of the event- 15/03/2021 to 20/03/2021

Organising department/ committee-Shalakyatantra

Location of the event- ARSMH, and online

Number of persons attending the event- teacher-4,PG students 10.

Mode of event- offline and online

Drive Link for Photos-
https://docs.google.com/document/d/1MODmlUL7OPRDmMQk4gY2gpLdEBswncLJ/edit

Contact person-Dr.Virkar C.A.

Telephone number-9822199107

Email address- shalakya.carc@gmail.com

Brief summary of the event-

Department of Shalakya Tantra has organized Glaucoma awareness week from 15/03/2021 to 20/03/2021,conducted following progarmmes.

1.Glaucoma awareness online zoom lecture by Dr Shraddha Khole on 15/03/2021
Topic:"**Glaucoma awareness** "
Date: 15/03/2021
Time: 2.00PM-3.00PM
Total number of Participants -100
2.Display of Poster topic –Glaucoma (prepared by PG first year) in ARSMH for lay man.
3.No. of patients Glaucoma screening done in Netra OPD, ARSMH – 56

P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Signature
H.O.D.
Dept. of Shalakya Tantra
College of Ayurved & Research Centre
Nigdi

Name & Designation

Name of the Department shalakyatantra

NAAC Metric No. 7.1.10

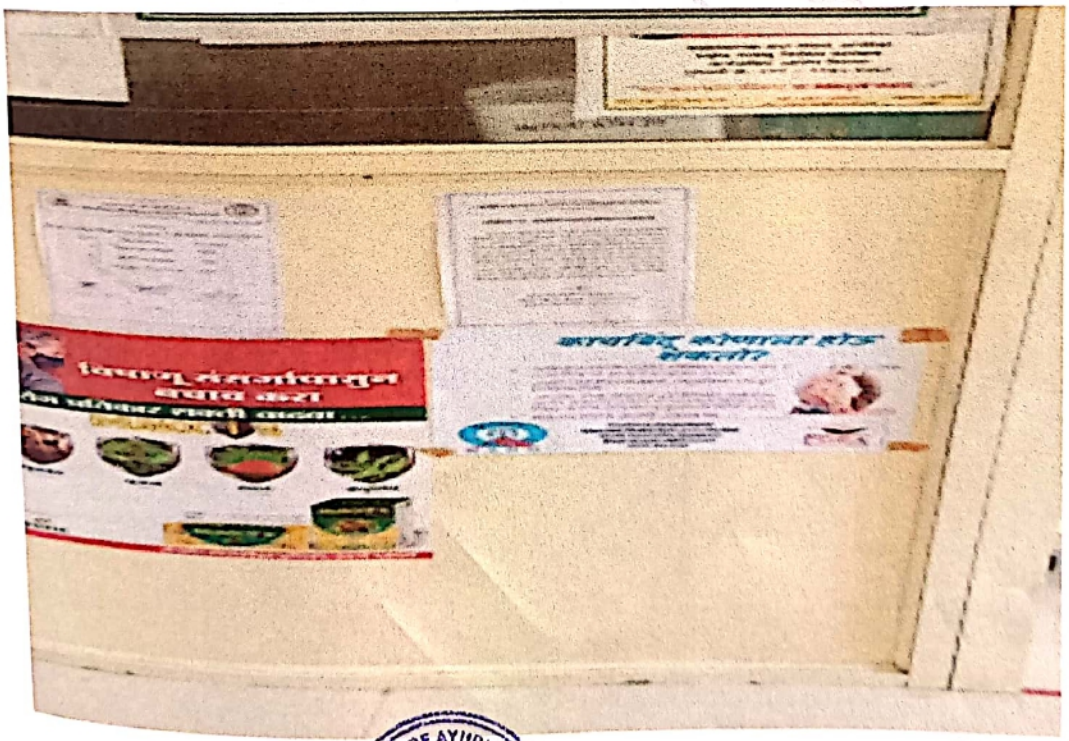
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Pune District Education Association's

College of Ayurved & Research Centre

Photos of the Event





P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

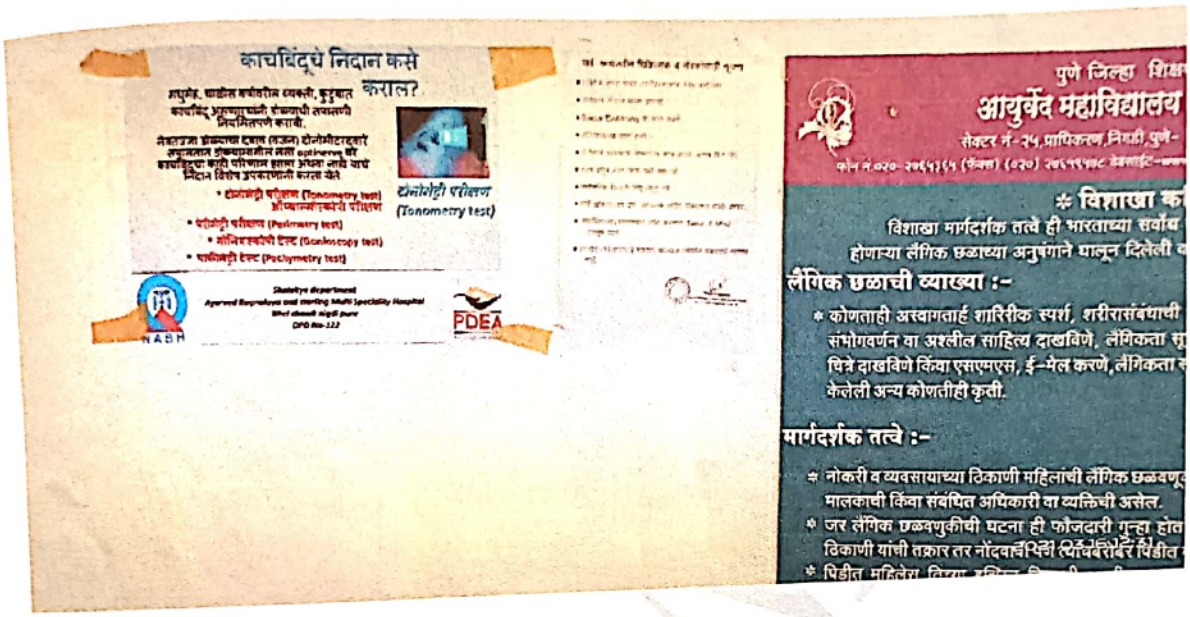
Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

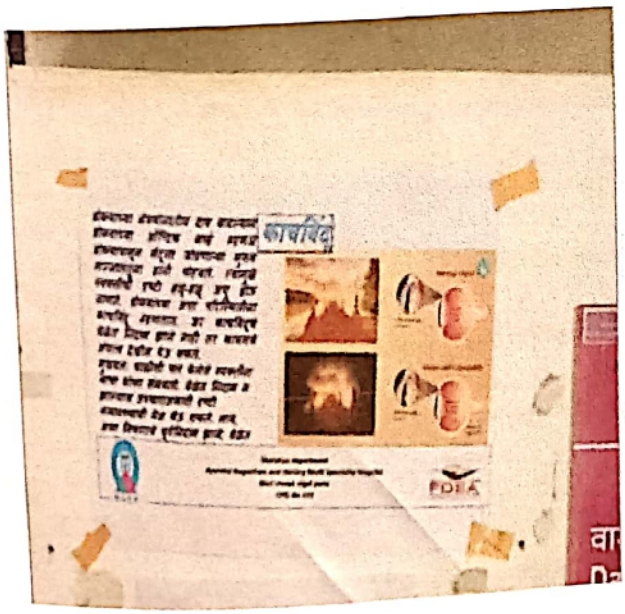
Name of the Department shalakyatantra

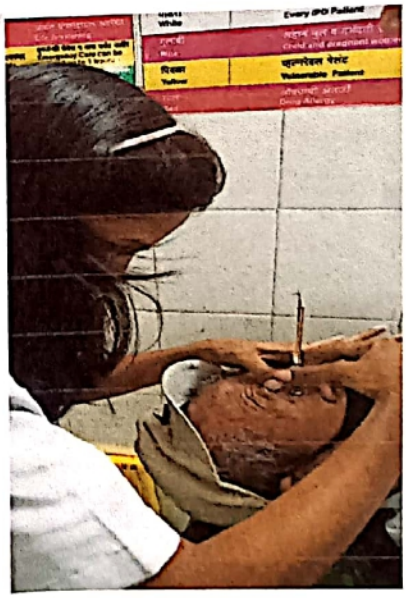
NAAC Metric No. 7.1.10

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Photos of the Event







P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

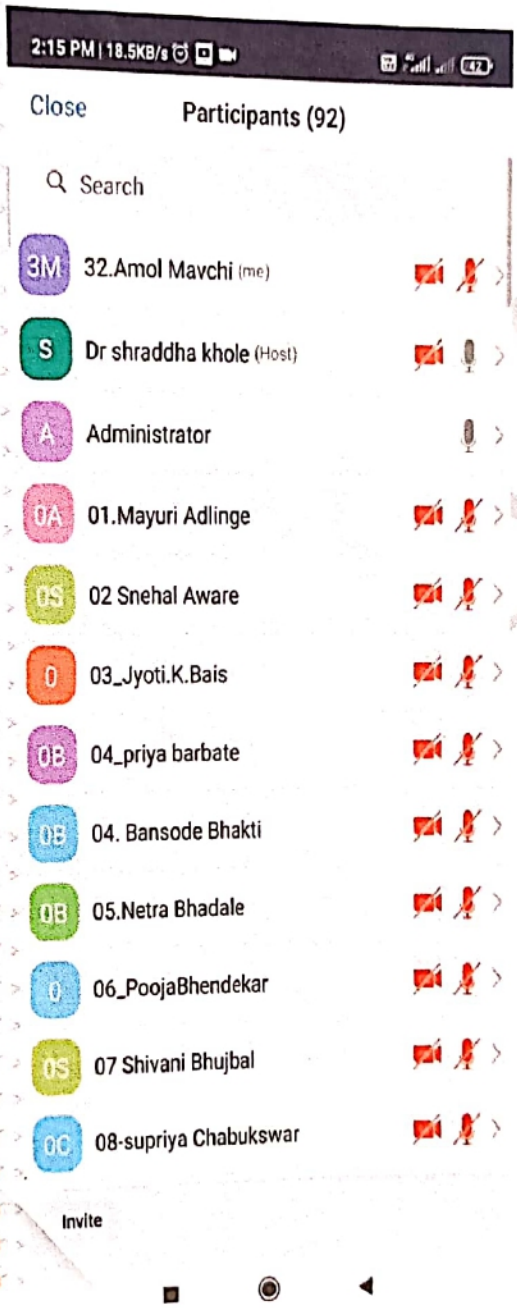
Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department shalakyatantra

NAAC Metric No. 7.1.10

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Principal
P.D.E.A'S
College of Ayurved And Research Centre
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Name of the Department shalakyatantra

NAAC Metric No. 7.1.10

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REPORT

World Forest Day (21st March 2021)

पु.जि.शि.मं.चे आयुर्वेद महाविद्यालय व संशोधन केंद्र निगडी, पुणे-४११०४४.

आवक क्र. 758/24 दिनांक 9/8/24

टेबल क्र. (3)

Name of Event- **"World Forest Day (21st March 2021)"**

Name of the Organiser – Dept. of Dravyaguna, P.D.E.A'S College of Ayurved & Research Centre, Nigdi, Pune-411044

लेखनिक

प्राचार्य

Place – Zoom Platform

Date - **27th March 2021**

Time - **11:15 AM - 12:30 PM**

Report –

On occasion of International Day of Forests which is on 21st March 2021. So to celebrate the same department of Dravyaguna had arranged an online programme on Zoom platform on 27th March 202, at 11:15 AM - 12:30 PM in which following programmes were organized -

S.N.	Programme	Time
1	✓ **Introductory remarks** - Dr M D Lad, HoD ✓ **Jingle on Forests & Nature** - Dr Y R Kulkarni ✓ **Small talk on Ancient Indian Forests** - Vd J J Tapaswi ✓ **Indian Forests : Current Perspectives** - Dr I S Bhor	11:15 AM – 11:45 AM
2	Forest related Documentaries ✓ **Bhimashankar Forest** ✓ **Forest Conservation**	11:45 AM – 12:30 PM
3	Quiz on forest by Google form	12:30 PM

Function commences with prologue of Dr M D Lad about creation of general awareness regarding 'World Forest Day'. Then Dr Y R Kulkarni chanted a Jingle on Forests & its conservation. Vd J J Tapaswi delivered a small talk on "Ancient Indian Forests". Dr Bhor elaborated on "Indian Forests: Current Perspectives".

Thereafter two documentaries about "Bhimashankar Forest" and "Forest Conservation" were shown to students and staff. Total 60 participants were present among 2nd BAMS students and teaching staff of CARC.

An essay competition is announced on the topics - Importance of forests in Ayurved a Perspective & Role of forest for environment protection. Total 5 essays were received for the same from 2nd BAMS students. Among them Pranali Kolhe were achieved 1st rank & Shivapriya Nambiar accomplished 2nd rank.

Utility -

It was a very much fruitful event regarding creation of awareness about not only protection but also to learn many things from forests in day-today practice by various means.

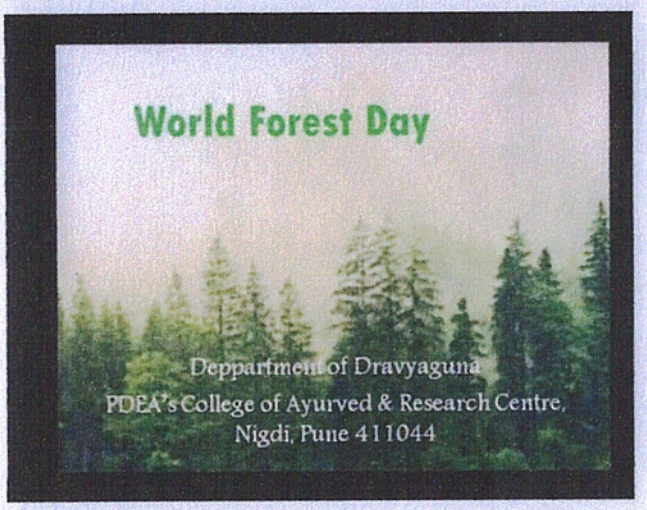
Department of Dravyaguna is very much thankful to Principal Dr. Patil madam and Vice-principal Dr. Bobade sir for the permission, support, encouragement and guidance for the conduction of this event.

Principal
P.D.E.A'S
College of Ayurved And Research Centre

Dr. Meenal D. Lad
M. D., Ph. D. (Ayu.)
Prof. & H.O.D.
Dept. of Dravya guna C.A.R.C, Akurdi

P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

World Forest Day (21st March 2021) celebrated on 27-03-2021



World Forest Day 2021 Online Celebration



Concluding remarks by
Dr MD Lad, HoD Dravyaguna



Online Attendance



Online Attendance

P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH PUNE - 44 AKURDI

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

20-5-2021

World Health Day Celebration Report

WORLD HEALTH DAY (7th April)

Celebrated by Kriya sharir department, CARC, Nigdi, Pune

- Kriya sharir department of CARC had organized a Guest Lecture and Poster competition on occasion of World Health Day on 7/4/21, under the guidance of Principal madam Dr Mrs.Ragini Patil.
- Guest Lecture Topic- -- 'Let's build a healthier world for everyone'.
- Speaker—Dr.Abhishek Karmalkar (Consultant, Sterling Multispeciality Hospital, Nigdi, Pune)
- Platform--- Zoom meeting, Date- 7/04/2021 Time- 3.30 pm
- The lecture link of zoom meeting sent via whats app groups to all students and teachers.
- The lecture started with the introduction of speaker by HOD of Kriyasharir dept Dr Chobhe .
- Total number of participants - 100
- Dr More, Dr Nyahalse and Dr Chaudhari coordinated the event.
- Dr. Abhishek Karmalkar shared his knowledge about health maintenance and importance of health. Sir focused on mental health and how to achieve mental health even

Chobhe

H. O. D.
Dept. of Sharirkriya
CARC Nigdi, Pune - 44

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 344/2021 दिनांक 5/5/2021
टेबल क्र. (3)

5/5/2021

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44 P.D.E.A.S.

लेखनिक

प्राचार्य

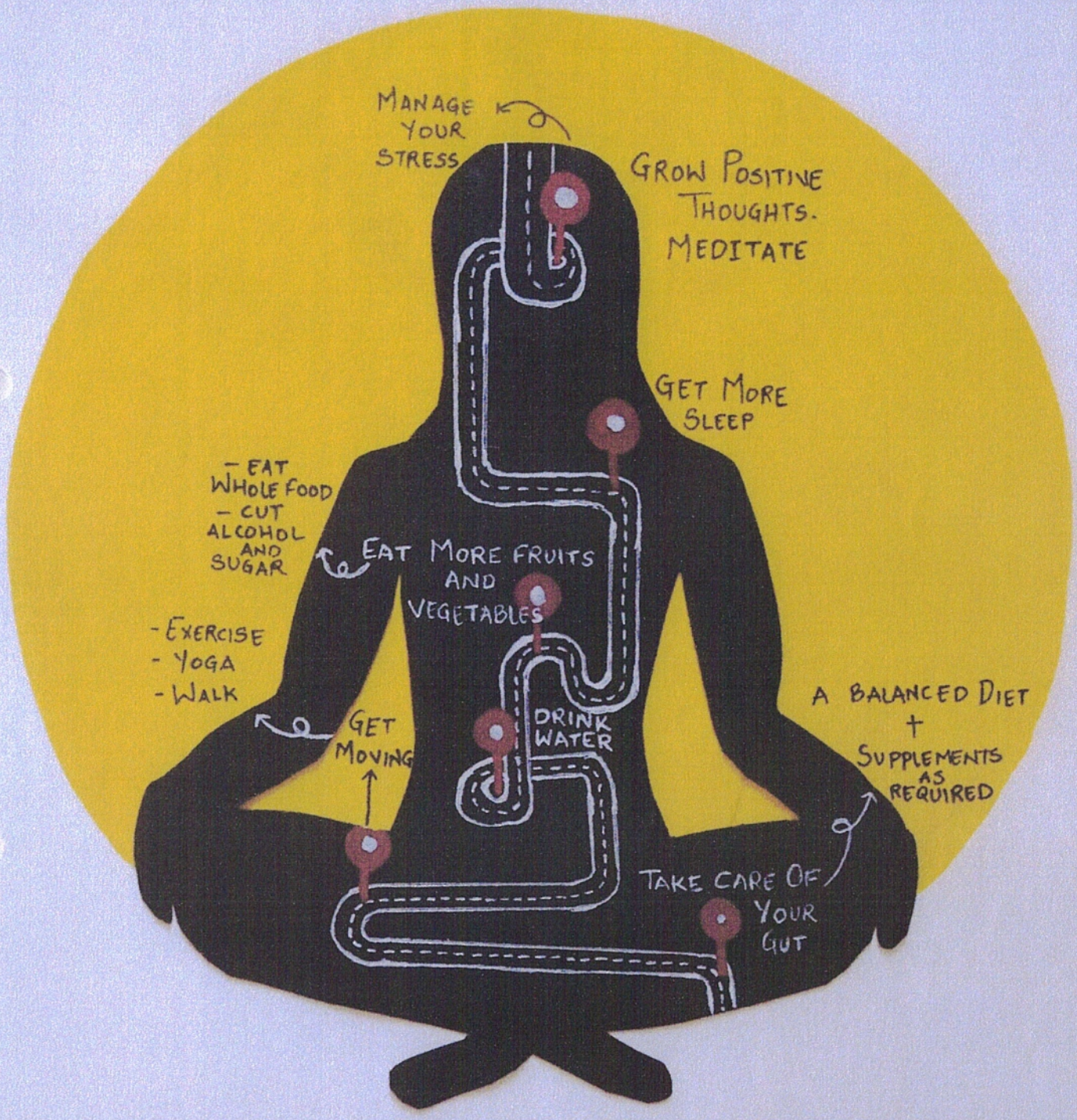
in this pandemic situation. He emphasized on exercise and how it helps to maintain health.

- Vote of thanks.
- The whole programme was recorded on zoom and soon will be uploaded on youtube channel of Kriyasharir dept.
- On occasion of World health day, Kriyasharir dept organized Poster competition for all UG and PG students.
- Glimpses- total posters received=10
  1St Prize- Sayali Arude (I BAMS)
  2nd Prize- Sagar Bangar (MD Scholar Kriya Sharir)
  3rd Prize- Radhika Kharad (MD Scholar Swasthavritta)

H. O. D.
Dept. of Sharirkriya
CARC Nigdi, Pune - 44

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44


SPORTS
PHYSICAL &
MENTAL FITNESS
DIET
EXERCISE
No EXCESS USE
OF HARMFUL
DEVICES
No SMOKIN
ROAD MAP
FOR HEALTH
SAYALI S. ARUD
BAMS, I
Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.
1st Prize Winner

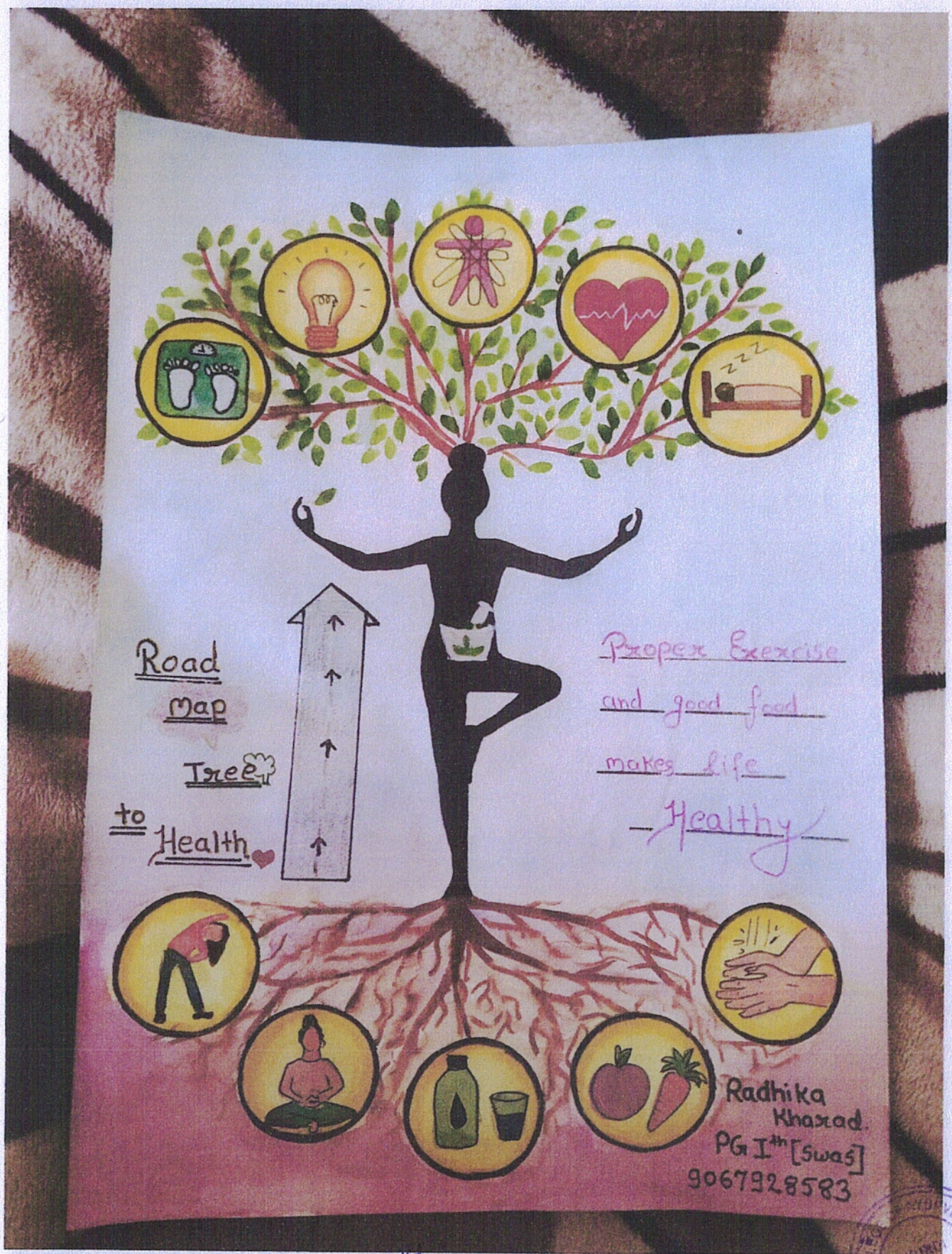


Dr. Sagar Bangar
Final M.D. Kriya Sharir
9022721989

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Principal
P.D.E.A'S
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IInd Prize Winner



III rd Prize Winner

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Date: 12.4.2021

Mahatma Jyotiba Phule Jayanti Summary Report

Name of the event: Mahatma Jyotiba Phule Jayanti celebrated by Agadtantra Department

Date of the Event: 12-4-2021

Organising department: Agadtantra Department

Location of the event- Online zoom meeting from Agadtantra Department

Number of persons attending the event: 51 (49+2)

Mode of event: Online

Drive Link for Photos:

https://forms.gle/HzXBQvUXjuwiNkdW9

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 80/2021-22
दिनांक - 15/4/2021
लेखनिक
प्राचार्य

Brief Summary of the Event:
With prior permission of respected principal madam Agadtantra department was celebrated 194th Jayanti of Mahatma Jyotiba Phule via zoom meeting. Dr. Jayant Phadke gave introductory speech in short then Dr. Swapna Sangore delivered speech about a biography of Mahatma Phule with the help of power point presentation.

At last Dr. Jayant Phadke expressed thanks to all.

HOD JJphadke
DR. PHADKE J.J.
M.D. (AYU), P.G.D.M.L.S.
Professor & Head of the Dept.
Agada Tantra & Vyavaharayurveda Vibhag,
C. A. R. C. Akurdi, Pune - 44.

Principal

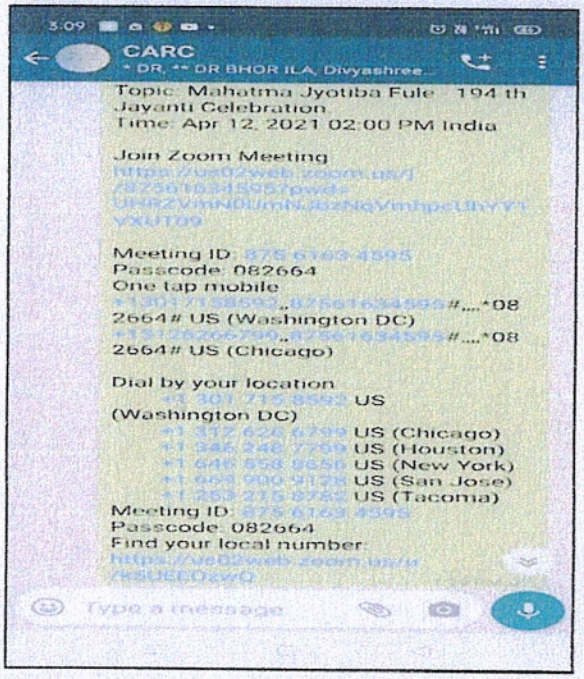
Principal
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College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

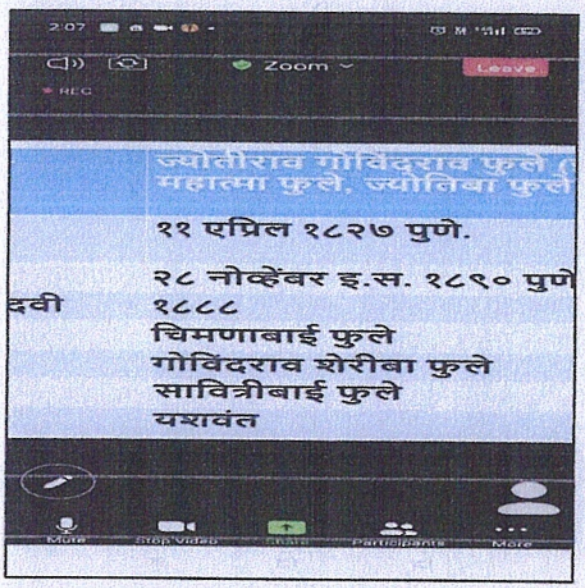
College of Ayurved & Research Centre

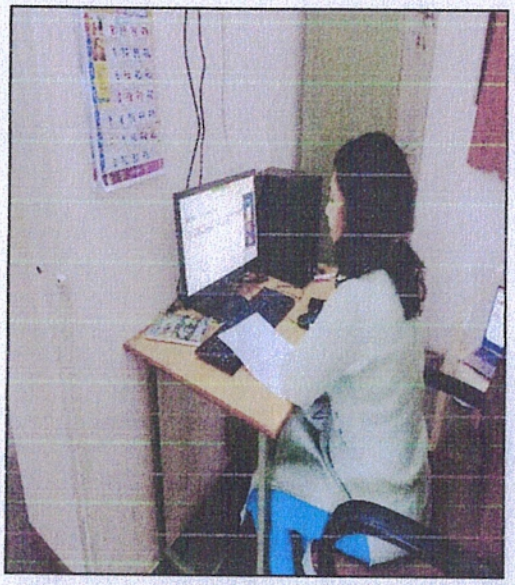
Date- 12.4.2021

Photos of Mahatma Jyotiba Phule Jayanti Celebration









HOD J J Phadke.
DR. PHADKE J.J.
M.D. (AYU), P.G.D.M.L.S.
Professor & Head of the Dept.
Agada Tantra & Vyavaharayurveda Vibhag,
C.A.R.C. Akurdi, Pune - 44.

PDEA's College of Ayurvedic Research Akurdi Pune - 44

Principal

Principal
P.D.E.A.S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department - Agadtantra | NAAC Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Post event report:

Name of the Event: - Online Lecture Fire Safety Awareness and Fire Safety management

Lecturer: Dr Medha Joshi, HOD, Kayachikitsa department

Occasion: - World Fire Day

Date of camp: - 14/4/2021

Timings: - 2 pm to 4 pm

Mode of Lecture: - Online

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र 1401/2021
दिनांक - 8/4/2021
लेखनिक Vrati
प्रत्यय

No: of persons attending the event: – 40 (UG, PG students and teaching staff)

Brief summary of event :–

1. Need of Fire safety explained.
2. Various Fire safety measures with equipment explained in brief.
3. Emergency fire safety management explained.

Dr. Joshi
H.O.D.
Dept. of Kayachikitsa
College of Ayurved & Research Centre
Nigdi

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044

P.D.E.A'S COLLEGE OF AYURVED & RESEARCH
AKURDI PUNE - 44

Name of the Department	NAAC Metric No. 7



14 th April -National Fire Service Day -Online Lecture-Dr Medha Joshi

P.O.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.O.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Department of Samhita & Siddhanta, PDEA's CARC, Nigdi. 16.4.21

Dr. Babasaheb Ambedkar Jayanti Celebration Report

Department of Samhita & Siddhant organized an innovatively unique online programme on 130th birth anniversary of Bharatratna Dr. Babasaheb Ambedkar on 14.4.21.

On this occasion students have been inspired to acquire at least one of his qualities and hence students were suggested to read his writings. Link of his works & writings was shared with students - http://drambedkarwritings.gov.in/content/

Students were instructed to make a video while reading selected part of his literature. Detailed guidelines for the video were conveyed to the students. 5 days were allotted to make such video & submit to the college.

Students enthusiastically participated in this programme and read Dr. Ambedkar's thoughts on various subjects to better understand him as a person.

On publication Vd. Yogita Jamdade, HOD, Dept. Samhita Siddhant, started the programme by her introductory speech.

Hon Principal Dr. Ragini Patil shared her thoughts on Dr. Babasaheb Ambedkar's life & teachings.

Vd. Chinmay Phadke co-ordinated the programme and handled YouTube Channel. All the videos of this programme are available on YouTube channel of Samhita Department – Sampratipatti. (https://www.youtube.com/channel/UCw1hIpDPpWNXjUbAdqJT-5A)

To watch the programme, follow the links below -

1. Dr Ambedkar Jayanti Vachan Upakram, Prastavana, Vd Yogita Jamdade, HOD, Samhita Siddhant - https://youtu.be/FJF2z2R3nYc
2. Dr Ambedkar Jayanti 14 April 2021 Vachan Upakram, Manogata, Dr Ragini Patil, Principal, CARC https://youtu.be/IMhZ4YY3u44

Reading Activity by Students of CARC

3. https://youtu.be/Fwp7O-8UHCY
4. https://youtu.be/WfMdM5UsAmY
5. https://youtu.be/Qh5_PdlF96k
6. https://youtu.be/35bxbDgAI84
7. https://youtu.be/IB-f-Aoic6I
8. https://youtu.be/VZm2XavkcPE
9. https://youtu.be/akYb7IdUzC0

पु.वि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 317/2021 दिनांक 3/5/2021
टेबल क्र. (3)
ग्रंथपाल
प्राचार्य

Yours Sincerely

1. Vd. Yogita Jamdade
2. Mrs. Swati Dhamdhere
3. Vd. Chinmay Phadke
4. Vd. Divyashree K. S.

16.4.21.

Received
12/6/2021

॥ सर्वेसन्तु निरामयः ॥

पुणे जिल्हा शिक्षण मंडळाचे
आयुर्वेद महाविद्यालय व संशोधन केंद्र, पुणे–४४

१ मे जागतिक कामगार दिनानिमित्त दि.३/५/२०२१ रोजी, आयुर्वेद महाविद्यालय व आयुर्वेद रुग्णालयातील शिक्षकेतर कर्मचारी यांकरिता,

क्रिया शारीर विभागातर्फे **'माझे आरोग्य माझी जबाबदारी'** विषयावर आयुसंवाद ऑनलाईन व्याख्यान आयोजित केले आहे

वक्ते– अध्यापक, क्रिया शारीर विभाग

दिनांक– ३/५/२०२१

माध्यम– झूम मिटींग

वेळ– दुपारी २.३०

लिंक– https://us02web.zoom.us/j/84857314164?pwd=c25CRUJtTjhKL25FODE0elBVVm9EQT09

आयोजक
डॉ. मोरे श्वेता
डॉ. न्याहळसे विजया
डॉ. स्वाती चौधरी

संयोजक
डॉ. स्वाती चोभे
(विभाग प्रमुख)

मार्गदर्शक
डॉ.रागिणी पाटील
(प्राचार्य)

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

4-5-2021

World Labor Day Celebration Report

WORLD Labor DAY (1st MAy)

Celebrated by Kriya sharir department, CARC, Nigdi, Pune

- On occasion of World Labor Day, Kriya sharir department of CARC had organized an online lecture for non teaching staff of Ayurved College and Ayurved Rugnalay, on 3/5/21, under the guidance of Principal madam Dr Mrs.Ragini Patil.
- Lecture Topic- -- My Health My Responsibility
- Speaker— Teachers of Kriya Sharir Dept.
- Platform--- Zoom meeting, Date- 3/05/2021 Time- 2.30 pm
- The lecture link of zoom meeting sent via whats app groups to non teaching staff of Ayurved College and Ayurved Rugnalay.
- The lecture started with the history briefing of Labour Day by HOD of Kriyasharir dept Dr Chobhe. Dr. More Explained about covid 19 virus spread and ways of protection from it. Dr.Nyahalse gave information of preventive measures to be followed at home in the pandemic to boost immunity. Dr. Chaudhary explained regarding diet and lifestyle during covid 19 pandemic and suggested use of medicines recommended by AYUSH dept. New Delhi
- Total number of participants - 31

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

पु.चि.शि.म.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 345/2021 दिनांक 5/5/2021
टेबल क्र. (3)

H.O.D.
Dept. of Sharirkriya
CARC Nigdi, Pune - 44

लेखानिक

प्राचार्य

- Dr More, Dr Nyahalse and Dr Chaudhari coordinated the event.
- Vote of thanks by Dr.chaudhary
- The whole programme was recorded on zoom, available on Kriya sharir drive.

H. O. D.
Dept. of Sharirkriya
CARC Nigdi, Pune - 44



Pune District Education Association's

College of Ayurved & Research Centre

Date-25/05/2021

Post event summary report

पु.जि.शि.म.सं.
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.

Name of the event- World Schizophrenia Day 2021.

Date of the event- 23/05/2021 Time- 5.30 pm.- 7.30 pm.

आवक क्र. 823/20-21 दिनांक 11/5/2021
टपाल क्र.

Mode of the event- Online Zoom Webinar Number of persons attending the event- 70

Organising committee- NSS

लेखनिक

प्रवेशद्वार

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440 **Email address- drdineshnaik27@gmail.com**

Brief summary of the event

World Schizophrenia Day is commemorated on 24 May to increase awareness about the disorder and educate people about the challenges faced by the patients. Mental health is an integral component of overall health as a human is not considered completely healthy without mental health. Schizophrenia is one of the most serious mental health disorders that impacts the daily life of the patient. May 24 was declared as World Schizophrenia Day to honour Dr. Phillippe Pinel of France. He emerged as one of the significant personalities to give treatment and human care for mentally unwell people.This day aims at informing and educating people about the challenges faced by Schizophrenic patients.

Parivartan Sanstha had organized an online cultural program by the patients recovering from many psychological illnesses and their close relatives. The anchor of the program was Mr. Krutarth Shevgaonkar in the presence of honourable guests- Sonali Navangul, renowned author and Gitanjali Kulkarni, famous cinema and drama actress. They presented their experiences regarding their illness, treatment, recovery. Many of them presented songs, poems, acts etc. It was wonderful moment to enjoy their skill and talent in spite of serious illness. The speeches of Sonali Navangul and Gitanjali Kulkarni were motivating. Our NSS students attended the whole program and appreciated their efforts. Our students realised the importance of study of mind in the medical education. This program was also useful to encourage students for social service.

Dr. Dinesh B. Naik

Principal
P.D.E.A's
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department NSS	NAAC Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Photographs of World Schizophrenia Day 2021



Information Flyer of the event

जागतिक स्किझोफ्रेनिया दिनाच्या निमित्ताने परिवर्तन आयोजित विशेष कार्यक्रम

प्रमुख उपस्थिती

सोनाली नवांगुळ (लेखिका)

गीतांजली कुलकर्णी (सिने नाट्य अभिनेत्री)

तारीख : 23 मे 2021, रविवार
वेळ : संध्याकाळी 5.30 ते 7.30
स्थळ : झूम आणि फेसबुक लाईव्ह *(Parivartan Mental health and Deaddiction)*

झूम लिंक आणि फेसबुक पेजची लिंक खाली जोडत आहे.

Parivartan Facebook page link
: https://m.facebook.com/profile.php?id=111425980531015&ref=content_filter

Zoom link :-
https://us02web.zoom.us/j/89952236884?pwd=emtFQzFEN25hK29Da3MxTUZ1TE1HZz09

Meeting ID: 899 5223 6884
Passcode: 12345

आपले विनीत :
डॉ.हमीद दाभोलकर
राजू इनामदार
रेश्मा कचरे
मानसरंग गट (परिवर्तन संस्था)

Principal
P.D.E.A's
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department NSS	NAAC Metric No. 7.1.10

पु.शि.प्र.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.

आवक क्र 981/2021 दिनांक 23/6/21
टेबल क्र 51.1.21

प्राचार्य

DEPARTMENT OF SWASTHVRITTA

Report of 7th International Day of Yoga 2021

Date: 21/06/2021

लेखनिक

Name of the College: **-P.D.E.A's College of Ayurved and Research Centre, Nigdi, Pune-411044.**

International Yoga Day was celebrated from 20th May to 21th June 2021. Banners were displayed in campus of college and hospital for awareness of Yoga.

Following activities were conducted. All activities were conducted online due to Covid 19 Pandemic –

1. **ONLINE INTERNATIONAL YOGASANA COMPETITION-20 MAY 2021 TO 7 JUNE 2021**
2. **ONLINE YOGA WORKSHOP FOR ALL STAFF AND STUDENTS-17 JUNE 2021.**
3. **PARTICIPATION IN ONLINE YOGA DAY SESSION -21st JUNE**
4. **GUEST LECTURES ON YOGA.-05, 11,14 AND 16 JUNE 2021**
5. **CONDUCTION OF CERTIFICATE COURSE OF THERAPEUTIC YOGA FOR UG STUDENTS-1 TO 18 JUNE**

****On the occasion of international Yoga day 2021 Swasthavritta department has started its own You Tube Channel-"Swasthyarakshan CARC Pune" ****

https://www.youtube.com/channel/UC4SkUmH_jmiYuGptetQq4LA

COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT

1. ONLINE INTERNATIONAL YOGASANA COMPETITION-20 MAY 2021 TO 7 JUNE 2021

Online International Yogasana competition was conducted from 20th May 2021 to 7th June 2021 through Google form. Total 60 people were participated from various states like Maharashtra, Karnataka and from Japan.

First prize Rs 1500 is given to Dr Prajakta Shinde,PG student,Tilak Ayurved Mahavidyalaya,Pune and second prize Rs 1000 is given to Nakshatra Shetty, Belagaun,Karnataka.Two consolation prizes are given.

Drive link -
https://drive.google.com/drive/u/1/folders/12xAWAARfgWJfHvLvYMYMoEoxCEyI7OUG-B2joSvYxcc3bhJHiHFPZdZsGNT75FVRMv5WMXWT

Google Form link for Participation-
https://forms.gle/Z2Z4AGsUfpFx36419

2. ONLINE YOGA WORKSHOP ON BACK AND NECK PAIN FOR ALL STAFF AND STUDENTS-17 JUNE 2021.

Online yoga workshop is conducted on the occasion of International Yoga day 2021 for all College and Hospital staff, Students and office staff on 17th June 2021 from 10.30 am to 12.30 pm.
Total 86 students and staff are participated.
Workshop is conducted by Mr.Amar Prakash Sant, Director, Amar Yoga Foundation, Nigdi, Pune who is a follower of B.K.S.Iyengar. He demonstrated various Yogasana and positions for Back and Neck Pain.

Registration link- https://forms.gle/43t29E68Fq3ryjzm7
Zoom Link- Join Zoom Meeting
https://us02web.zoom.us/j/7191635966?pwd=VlFSdkF0dXZRdFJzUzVxYTdIRHRUQT09
You Tube Link- https://youtu.be/MXuDIPEVWuM
Feedback Link- https://forms.gle/dhWW5qjYBUeHGvgM9

COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT

3. PARTICIPATION IN ONLINE YOGA DAY SESSION -21st JUNE

As per AYUSH guideline all staff and students were participated in online yoga day session organized by Swasthavritta department with this year theme, BE WITH YOGA BE WITH AT HOME. Online yoga session was conducted on Zoom as per AYUSH Yoga protocol.

Join Zoom Meeting
https://us02web.zoom.us/j/84690763014?pwd=Z2N2dEdoRk4rNkgrcG5TeG9aZkE2UT09

Face book link

https://www.facebook.com/4043546089095403/videos/4048465538603458

Total Participants-160

4 GUEST LECTURES ON YOGA.-05, 11, 14 AND 17 JUNE 2021

Various guest lectures were organized on the occasion of International Yoga day 2021.

SR. NO.	DATE	TOPIC	SPEAKER	LINK
1	05/6/21 10am-11am	Yoga in Digestive disorders	Dr Pratik Patil	https://youtu.be/Cd9Yjvci8hU
2	11/6/21 10am-11am	Yoga in increasing Lung Capacity	Mrs.Smita Kulkarni	https://youtu.be/S-UKi-WtGtM
3	14/6/21 10am-11am	Yoga in Diabetes	Shri.Pramod Niphadkar	https://youtu.be/k-CBo_Eza0Q
4	16/6/21 10am-11am	Yoga as a career	Dr Vikas Chothe	https://drive.google.com/drive/u/1/my-drive

COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT
P.D.E.A.'S COLLEGE OF Ayurved And Research Centre AKURDI PUNE-44

5. CONDUCTION OF CERTIFICATE COURSE OF THERAPEUTIC YOGA FOR UG STUDENTS-1 TO 18 JUNE-

Department of Swasthavritta had organized a Certificate course in Therapeutic yoga with prior permission. (Application dated May 21). Dr.Arti Firke was appointed as course coordinator for this course.

Subject code: CARC/VAC/SW/TY

Course was designed for Third year BAMS students, current students of Aglave batch(Summer 21 MUHS appearing batch)

Fees –Nil

Aim and objectives of the course:

1. To teach students about importance of Yoga in their own lifestyle in such pandemic situation.
2. To teach students management of cases of lifestyle disorders with the help of Yoga.
3. To guide the students about how to manage Pregnancy related cases, Pediatric cases and geriatric cases with the help of yogic practice.
4. Spreading our "INDIAN Yogic Science" all over the world through our trained and qualified Ayurved students.

Duration of Course : 16 hours ; from 1st June to 17th June 2021

- Brief description of the event:
  - A Detail brochure was prepared for the advertisement and information of the course.
  - A Google form was shared for registration for on whats app. G. Form link : https://forms.gle/xNgaUaspkZooWUvz8
  - Syllabus: syllabus for this course was with 17 modules divided in 17 hours
  - The course was conducted online using Zoom app on College zoom Id.
  - A whats app group was made for sharing the daily updates. Daily link of lectures was sent to the students on the same whats app group.

- Dr Arti Firke has taken first lecture of Introduction and basics of this course on first day.Dr Deepali Manore, Dr Manjusha Potdar, Dr Supriya Sanap , Dr Madhulika Singh, Dr. Vikas Chothe , Dr. Pratik Patil were appointed as Faculty for this course.
- Specialist Guest lecturers were also invited for demonstration and experience sharing Mr Amar sant (Director of Amaryoga foundation), Mrs Smita Kulkarni (Yoga teacher), Mr Pramod Niphadakar(Director of Yogavidyadham, Pune) and Dr. Vikas Chothe (Director of Swastiyoga centre, Pune).
- 3 Practical sessions were conducted based on Pranayam, Aasan, Garbhasanskar, and iyengar yoga practice.
- One lecture for Scope of Yoga as a career in all over the world was also conducted.
- A MCQ exam was conducted on Google form for checking the output of the course from students. 51 students gave the exam and all passed the exam with more than 50% marks.
- Finally E certificate "Certificate of Completion" of the course was issued to all the successful 50 students who passed the MCQ exam.
- Feedback form was regarding course contain and Faculty was also collected and suggestions were accepted from the students for further improvement

College Coordinators:

1. Name-Dr.R.B.Bobade

Designation-Professor & HOD of Swasthavritta department Email id-rajkumarbobade@gmail.com & Phone-9403928005

2. Dr.Arti Firke-Associate Professor-Swasthavritta Department, arfirke@gmail.com & Phone-8888845674

3. Dr.Deepali Manore-Associate Professor-Swasthavritta Department, dr.manore@gmail.com & phone-9881650526

4. Dr Manjusha Potdar - Lecturer-Swasthavritta Department Sharvarivedpathak10@gmail.com & Phone-9145738185

COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT

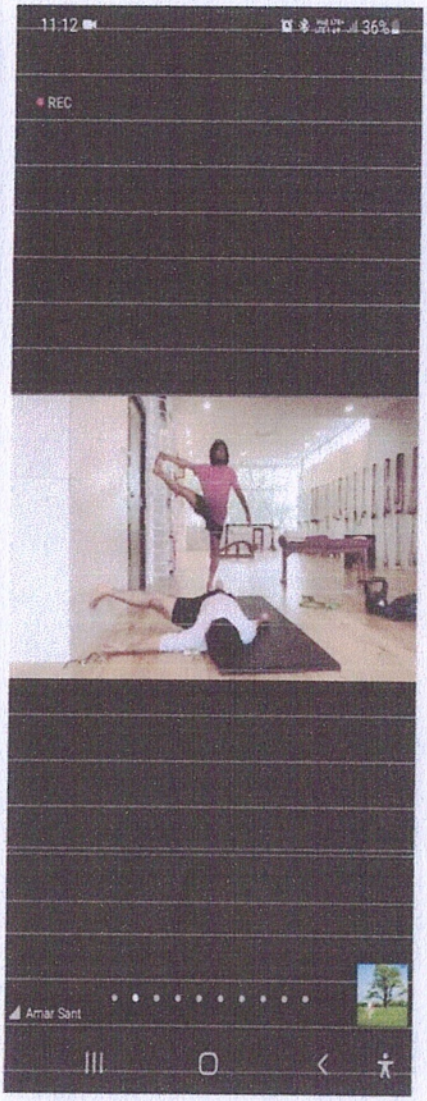
Principal P.D.E.A'S College of Ayurved And Research Centre Nigdi, Pune - 411 044.

22.6.21 Dr. Arti Firke

H. O. D. Dept. of Swastha Vrutta College of Ayurved & Research Centre Nigdi

PDEA'S COLLEGE OF AYURVED AND RESEARCH CENTRE, NIGDI, PUNE.
DEPARTMENT OF SWASTHAVRITTA.





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P.D.E.A's College Of Ayurved And Research Centre
AKURDI
PUNE - 44

DEPARTMENT OF DRAVYAGUNA

REPORT OF DRAVYAGUNA GUEST LECTURE (PG) ON OCCASION OF BIO-ETHICS DAY

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे - ४४.
आवक क्र 336/2021
दिनांक - 4/5/2021
लेखनिक
प्राचार्य

Name of Department - Dravyaguna

Date - 30/04/2021

Time - 2:15 - 3.45 PM

Place - Online – Zoom Platform

No. of Students Present - **PG** – 68 **Faculty** - 32

Total - 100

Topic of the lecture – **"Ethical Review Process"**

Name of Guest Speaker - **Dr. Supriya Bhalerao**
Scientist
Interactive Research School of Health Affairs (IRSHA),
Bharati Vidyapeeth Deemed University (BVDU), Pune

Report/Short Summary-

Speaker elaborates in details about the following points in her lecture -

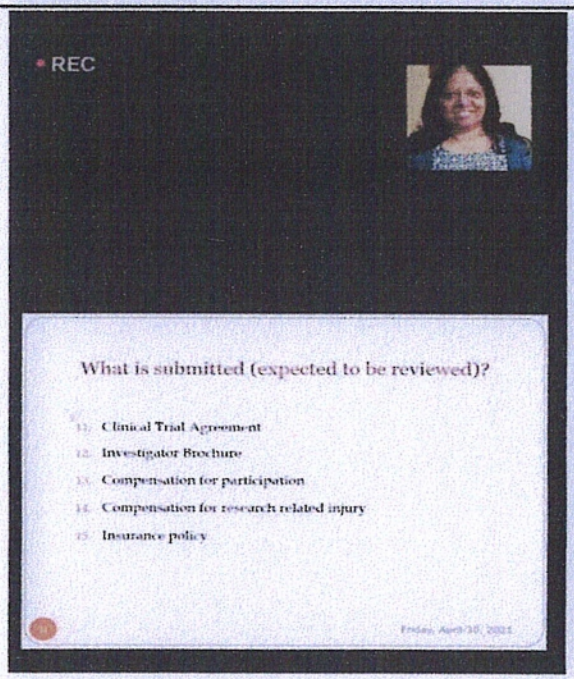
- ✓ purpose of reviewing the protocols by Ethics Committee,
- ✓ 8 points which makes research ethical, principles of ethics,
- ✓ types of review,
- ✓ pre-requisites for Ethics Committee review,
- ✓ points to be reviewed by Ethics Committee,
- ✓ elements of review

Usefulness of the lecture –

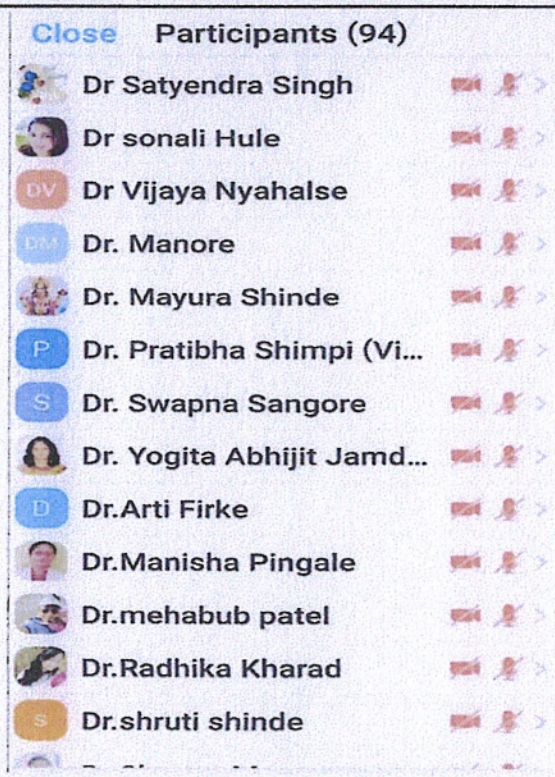
Her lecture helped the all participants for proper understanding about ethical review process of a research project. Lecture not only enriches the present knowledge on the subject but also give new vision to understand the review process by ethics committee in biomedical research.

COLLEGE OF AYURVEDIC RESEARCH * PDEA'S * AKURDI PUNE - 44

Dr. Meenal D. Lad
M. D., Ph. D. (Ayu.)
Prof. & H.O.D.
Dept. of Dravya guna C.A.R.C. Akurdi



Hon'ble Speaker – Dr Supriya Bhalerao



Screenshot of Present Students & Faculty



Screenshot of Present Students & Faculty



Screenshot of Present Students & Faculty

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Dr. Meenal D. Lad
M. D., Ph. D. (Ayu.)
Prof. & H.O.D.
Dept. of Dravyaguna, C.A.R.C. Akurdi.
Department of Dravyaguna, CARC, Nigdi, Pune.

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे - ४११०४४.
आवक क्र. 7/11/2021
दिनांक - 7/6/2021
लेखनिक
प्राचार्य

REPORT

World Environmental Day (5th June 2021)

Name of Event- **"World Environmental Day (5th June 2021)"**

Name of the Organiser – Dept. of Dravyaguna,
P.D.E.A'S College of Ayurved & Research Centre, Nigdi, Pune-411044

Place – Google Meet & Zoom Platform

Date - 5th June 2021

Report –

It was a one day event in which following programmes were organized -

S.N.	Programme	Time
1	To create an awareness about 'World Environment Day' documentaries shown to 2nd BAMS students – a) *Varasa – Nisargadharit Paramparik Dnyanache Sankalan* Legacy – Documentation of traditional wisdom By Dr Ketaki Ghate, Govt of Maharashtra & Oikos b) Western Ghats Programme – by Critical Ecosystems Partnership Fund (CEPF) in association with Ashoka Trust for Research in Ecology and the Environment (ATREE) c) Kali - The film – Documentary about Journey of river Kali deep inside the jungle	10 – 11 AM
2	**Tree Plantation** Programme at Bhavaprakash botanical garden, Dehu Road	12 – 1:15 PM
3	**National Webinar on Medicinal Plants** A) Conservation & cultivation of medicinal plants in different geographical regions of Maharashtra - Dr Digambar N Mokat B) Botany for AYUSH based Product Development - Dr. Gurumurthi Hegde	2 – 4:40 PM

Due to COVID 19 pandemic online programme were organized by the department.

In which, to create an awareness about ecosystem restoration two documentaries were shown to 2nd BAMS students in the morning session.

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44

Thereafter "Tree Plantation Programme" was carried out at *Bhavaprakash* botanical garden, Dehu Road in the presence of Hon'ble Principal, Vice-principal and departmental teaching & non-teaching staff.

In afternoon session a **National Webinar on Medicinal Plants** was organized. Webinar commences with prologue by Dr M D Lad (HoD). Dr I S Bhor introduced the both speakers. In this webinar **Dr Digambar N Mokat,** (PI & Dirctor-RCFC-WR, NMPB, Ministry of AYUSH & Asso. Professor, Department of Botany, Savitribai Phule Pune University, Pune) delivered the lecture on the topic entitled **"Conservation & cultivation of medicinal plants in different geographical regions of Maharashtra" & Dr. Gurumurthi Hegde** (Botanical Strategical Sourcing Supervisor, Herbalife Nutrition, Bengaluru) delivered the lecture on the topic entitled **"Botany for AYUSH based Product Development"**. Entire programme was live streamed on the You-Tube Channel of the department. Total 100 delegates were present for the webinar through zoom & You-tube live platform. Both the lectures were appreciated by the delegates following the Q&A session. The webinar concluded by Vd J J Tapaswi by expressing the vote of thanks.

On the occasion of World Environment Day 5th June the RCFC-WR, Department of Botany organised Medicinal Plant Saplings Distribution program and Starting of Plantation program in Western Region. Total 3 lacs saplings of various medicinal plants and plantation target in Western region is 10000 ha. Hon. Vice Chancellor Prof. Nitinji Karmalkar is the Chief Guest. 5 saplings of 5 species will be given to 5 farmers & institutions in the program. Our college is also invited for the program & medicinal plant distribution. On behalf of our institute Vd J J Tapaswi (Asst. Prof.) attended the program.

Utility -

It was a very much fruitful event regarding creation of awareness about protection & restoration of the ecosystem by the means of conservation & cultivation of different medicinal plants among the students.

Department of Dravyaguna is very much thankful to Principal Dr. Patil madam and Vice-principal Dr. Bobade sir for the permission, support, encouragement and guidance for the conduction of this event.



World Environment Day (5th June 2021)



Plantation programme at Dehu Road Garden



Plantation programme at Dehu Road Garden



Plantation programme at Dehu Road Garden



Plantation programme at Dehu Road Garden



Plantation programme at Dehu Road Garden



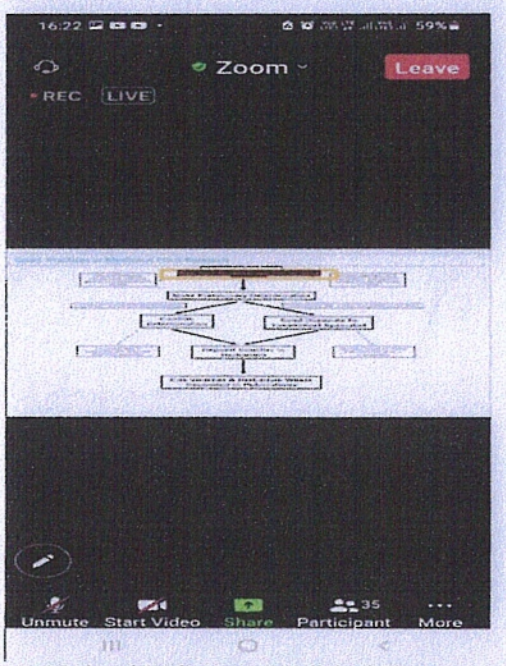
Plantation programme at Dehu Road Garden

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National Webinar on Medicinal Plants



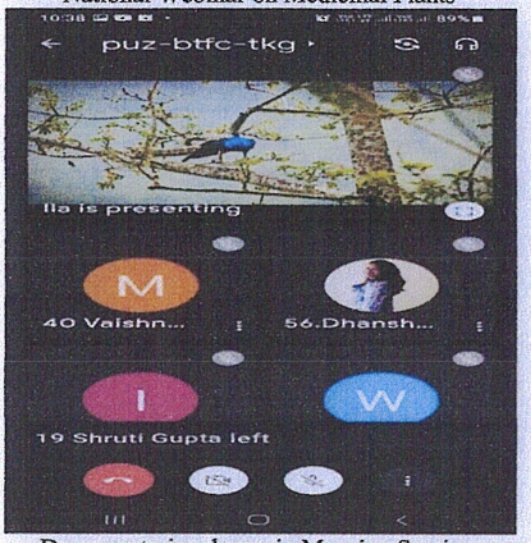
National Webinar on Medicinal Plants



National Webinar on Medicinal Plants - on ocassion of World Environment Day 5-6-2021

AushadhiGram DG CARC

You-tube Streaming



Documentaries shown in Morning Session



Plant Distribution Program at RCFC-WR, SPPU, Pune

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Pune District Education Association's

College of Ayurved & Research Centre

Date- 15/06/2021

Post event summary report

Name of the event- MUHS Foundation Day Flag Hoisting Ceremony

Date of the event- 10th June 2021

Location of the event- College Campus.

Number of persons attending the event- 05

Organising committee- NSS

Contact person- Dr. Dinesh B. Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

स्वास्थ्यरक्षणाय विज्ञानानुसन्धानाय च समर्पितम्।

Maharashtra University of Health Sciences

Brief summary of the event

MUHS Foundation Day is celebrated every year on 10th June. Due to pandemic situation of Covid 19 disease this year flag hoisting ceremony was celebrated in the presence of only few teachers according to the guidelines of MUHS, with maintaining social distancing and wearing face mask. Flag hoisting was done by voice principal Dr. R. B. Bobade. MUHS song was played in the honour of MUHS.

Dr. Dinesh B. Naik
Program Officer, NSS.

Dr. Ragini Patil
Principal

Principal
College of Ayurved And Research Centre
Nigdi, Pune 411 044.

पु.जि.शि. संस्था
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 935/2021 दिनांक 19/6/2021
टेबल क्र. (3)
लेखनिक

Name of the Department NSS	NAAC Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Photos of MUHS Foundation Day Flag Hoisting Ceremony



MUHS Flag Hoisting by Hon. Voice Principal Dr. Bobade



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Nigdi, Pune - 411 044.

Name of the Department NSS	NAAC Metric No. 7.1.10

PDEA's

College of Ayurved and Research Centre, Nigdi, Pune -44

Secor No. 25, Pradhikaran, Nigdi, Pune -44

Post Event Summary Report

Name of the Event –Guru Pournima **Date –27/07/2021**

Date of the Event –26/07/2021

Organizing department -Ayurved Samhita Siddhanta

Location of the event – Class room no. 2, CARC

Number of persons attending the event- Teachers -39, Students – 49 and

Non-teaching staff- 17

Mode of event – offline.

Drive link for photos-
https://drive.google.com/drive/folders/1vTJevog_i6sVQbVKOU9_MURDuED_LO4R

Summary of the event- The event was organised jointly by Ayu. Samhita dept and IV BAMS (Rajmudra Batch). The program was started by offering prayers to Lord Dhanvantari and Lord Ganesha. Students Welcomed and felicitated all teachers by giving a plant sapling. Students recited poem and expressed their gratitude.

Dr. Tople talked about the importance of Guru Pournima and following the tradition. Dr. Lad gave her guidance to the students and wished them all the best for their future. Vice principal Dr. Bobade sir also wished them good luck. Respected Principal Dr. Ragini Patil expressed her happiness for conducting this program and congratulated the students. She also emphasised on the importance of being attentive in online and offline classes. Refreshments were distributed to all the teachers and students present and to the non-teaching staff. Student Ms. Rutuja Bhagat gave vote of thanks, and the meeting was concluded.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 526/24 दिनांक 28/7/24
टबल क्र. (3)

28/7/21

Name -Vd. Yogita Jamdade

Designation –Professor and HOD

H.O.D.
Dept of Ayurved Samhita Siddhant
College of Ayurved & Research Centre
Nigdi, Pune

लेखनिक

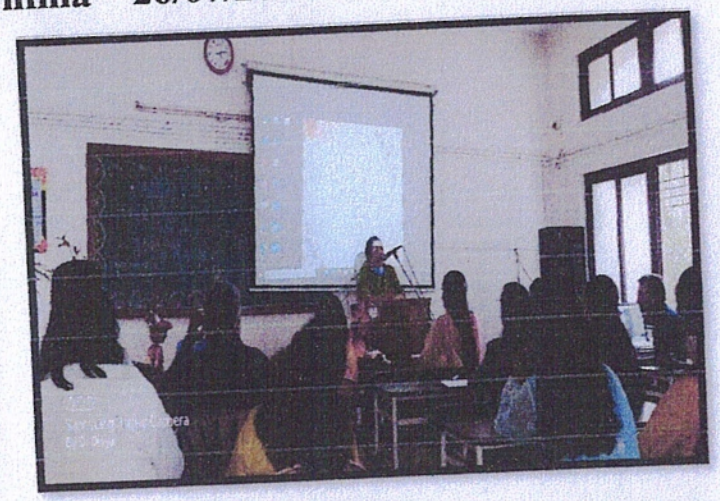
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Photos of Guru Purnima – 26/07/2021









P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE - 44

Name of the Department - Ayurved Samhita Siddhant	NAAC	Metric No.7.1.10

PDEA's COLLEGE OF AYURVED AND RESEARCH CENTRE, NIGDI, PUNE

DEPARTMENT OF KAUMARBHRITYA

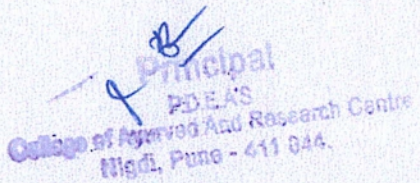
Post Event Summery Report

Name of the Event -	Celebration of Breastfeeding week.
Date of the Event -	12/08/2021
Location of the Event -	Department of Kaumarbhritya
No. of participants for E-poster -	12
Organising Committee -	Department of Kaumarbhritya
Contact Person -	Dr. Deodas Madhavi Sanjay
Telephone Number -	9423010818
Email address -	balrogdept@gmail.com



BREASTFEEDING.pdf





Hitesh Dagar - BMK
ayurved college, Bel

EFFECT OF STANTADUSTI ON INFANTS

NEED OF THE STUDY- Stanya is the ideal food for providing nutritional and psychological satisfaction for an infant. Therefore, if there is any abnormality in the breastmilk (Stanyadosha), it may cause serious complications for the child.

VARGIKARAN

- Panchaksheera Dosha
- Astaksheera Dosha
- Graha Dusta Ksheera

PANCHAKSHEERA DOSHA (HARITA)
Ghana, Alpa, Ushna, Kshara, Amla

Stanya Dusti

Stanya Pramana Dosha

- Vataja
- Pittaja
- Kaphaja
- Dvandvaja
- Sannipataja
- Abhigataja

STANYA KSHAYA
STANAYA VRID
DHI

STANYA KSHAYA (decreased milk)	STANYA VRIDDHi (increased milk)
NIDANA – Bhaya, shoka, Krodha, rukshatava, lack of affection towars baby, Svabhav stanya kshaya	**NIDANA** - Excessive use of shlesmala dravya
LAKSHAN- Looseness of breasts, less secretion of milk.	**LAKSHANA** – Engogement & heaviness of breast,excessive discharge.
CHIKITSA- stanyajanana	**CHIKITSA** - Shamana, shodana

ASTAKSHEERA DOSHA (Acharya Charak)

वैरस्यमं फेनसंघातोरौक्ष्यं चेत्यानिलात्मके पित्ताद्वैवर्ण्यदौर्गन्ध्येस्नेहपैश्छिलयगौरवमं कफाद्भवती..||

DOSHA	ABNORMALITY	EFFECT ON THE CHILD
Vairasya - Vata	Foul taste	Delay of growth & development
Phenasanghata - Vata	Froth	Svarkshaya,mutra-pureesha & vata-apravritta, vataj shirashoola, pinasa
Raukshya – vata	Dryness	Durbalya due to lack of nutrients
Vaivarnaya –Pitta	Discolouration	Vaivarnya,trishna,atisvedana,atisara,us hna, no desire for stanya
Vaigandhya – Pitta	Foul smell	Pandu , Kamala
Sneha – kapha	unctousness	Chardi,ati-lala,ati-nidra,shrama,shvasa,kasa
Paishcchilya – Kapha	Sliminess	Ati-lala (excessive salivation),mandatva, odema of eyes & face
Gaurava – kapha	Heaviness	Hridroga

NAME- RACHNA SHARMA, MD 2ND YR, 9315106056, rstony71@gmail.com, CSMSS AURANGABAD MH.

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BREASTFEEDING - NEHA SINGH.pdf

Breastmilk- Dr Surbhi Patil.pdf



Facts and Myths Regarding Breast Feeding

	Myth	Fact
1	Breastfeeding babies need other type of milk after 6 month	Breast milk gives the baby everything there in other milks and more .babies older than six month should be started on solid mainly so that they learn how to eat . This is also to ensure they get another source of iron which is not present in sufficient quantities in breast milk alone by the time the baby is 7-9 month old but breastfeeding be continued for 2 years
2	Many woman do not produce enough milk	The vast majority of women produce more than enough milk indeed an overabundance of milk is common .the more you feed the more milk you produce
3	It is normal for breastfeeding to hurt	Any pain that is more than mild is abnormal and is always due to the baby latching on poorly .any nipple pain that is not getting better by day three or four or last beyond five or six days should not be ignored
4	Breastfeeding mother has to be obsessive about what she eats	A breastfeeding mother should try to eat a balanced diet but neither does she need to eat any special food nor avoid certain food .A breastfeeding mother does not need to drink milk in order to make milk
5	A breastfeeding baby needs extra water in hot weather	Breat milk contains all the water a baby need till 6 month of age
6	If the baby has dirrhoea or vomiting the mother should stop breastfeeding	The best medicine for baby gut infection is breastfeeding breast milk has benificiry bacteria in it that help in supporting incresing baby gut require flora breastmilk is the only fluid baby require when she has dirrhoea or vomiting.

Kishor Shivaji Bhone

MD Balrog - 1st yr 2021-22

Mob : 7875579881

Email : bhonekishor22@gmail.com

PDEA' s CARC, Nigadi

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FACTORS AFFECTING ON BREAST MILK LACTATION

Breast milk vitiated with Vata Dosha


Too Little Food


Pungent Food


Bitter Dietetic



Suppression of Natural Urges

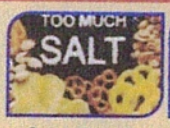

Astringet Dietetic


Excessive Physical Work


Fatigue

Breast milk vitiated with Pitta Dosha


Sour Food



Salty Food


Pungent Food


Working in Hot Environment


Anxiety/Anger

Breast milk vitiated with Kapha Dosha


Sweet Food


Sour Food


Salt


Excessive Sleep


Beaf Meat Fish

Local Hetus


Breast Infections


Breast Abscess


Jaggery Curd

Dr. Jagrutee Sandeep Jadhav
Academic Year - 2019-2020
Mob.: 9324238799
E-mail : diyasan77@gmail.com
PDEA's College of Ayurveda & Research Centre, Nigdi, Pune
Department - Swasthavritta & Yoga - PhD. Scholor

e-poster-converted-Dr Shruti, Bidar.pdf

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

पुणे जिल्हा शिक्षण मंडळाचे

आयुर्वेद महाविद्यालय व संशोधन केंद्र, निगडी, पुणे ४११०४४

राष्ट्रीय सेवा योजना (N.S.S.)/ सांस्कृतिक समिती

प्रति,

दि. २०/०८/२०२१

मा. प्राचार्या,

आयुर्वेद महाविद्यालय व संशोधन केंद्र,निगडी, पुणे. ४११०४४

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.

आवक क्र. 2033/2021 दिनांक 20/8/2

टेबल क्र. (3)

विषय :- महाअवयवदान दिनानिमित्त कार्यक्रमांचे अहवाल देण्याबाबत....

अर्जदार :- डॉ. राजेश म्हस्के/ डॉ. श्वेता मोरे (राष्ट्रीय सेवा योजना./ सांस्कृतिक समिती)

संदर्भ:- म.आ.वि.वि/ एस.इ्ब्ल्यु/ अवयवदान जनजागृती/ ६८३/२०२१. आ.म.स.कें. पत्र आ. क्र. १७०२/०६.०८.२०२१

लेखनिक

प्राचार्य

महोदया,

उपरोक्त पत्रास अनुसरून, तसेच शासनाच्या महाअवयवदान अभियानांतर्गत समाजात जनजागृती व अवयवदानाचे महत्व पटवून देण्यासाठी दि. १३.०८.२०२१ रोजी " महाअवयवदान दिन साजरा केला जातो. तसेच दि. १३.०८.२०२१ ते २०.०८.२०२१ या कालावधीत "महाअवयवदान सप्ताहाचे" आयोजन करण्याबाबत मार्गदर्शक सूचनेनुसार आपल्या महाविद्यालयात खालील कार्यक्रमांचे आयोजन/ सहभाग करण्यात आलेले होते.

१) म.आ.वि.वि. कार्यशाळा दि १३.०८.२०२१ मध्ये सर्व अध्यापक, विद्यार्थी यांचा सहभाग. यामध्ये आपल्या महाविद्यालयातील सर्व शिक्षक, पदवी व पदव्युत्तर विद्यार्थी सहभागी झाले होते. कार्यक्रमाची लिंक सर्वांना पाठवण्यात आलेली होती. कार्यक्रमामध्ये डॉ. सुजाता पटवर्धन, संचालक, प्रादेशिक तथा राज्य अवयव प्रत्यारोपन संस्था,के. ई. एम. मुंबई, तसेच डॉ. कामाक्षी भाटे, सदस्य, सल्लागार समिती ROTTO & SOTTO के. ई. एम. मुंबई, यांचे उत्तम मार्गदर्शन लाभले. कार्यक्रमाचे सूत्रसंचालन डॉ. स्वप्नील तोरणे सरांनी केले तर प्रास्ताविक डॉ. कालिदास चव्हाण सरांनी केले. आभार प्रदर्शन डॉ. पेंढारकर सरांनी केले, तसेच मागील वर्षातील अवयव दान उपक्रमांतर्गत घेतल्या गेलेल्या विविध स्पर्धांमधील विजेत्यांची नावे जाहीर करण्यात आली.

२) दिनांक १८/०८/२०२१ ०३.०० वा. डॉ. ओंकार कोर्टिकर सरांचे अवयवदान या विषयावरील अतिथी व्याख्यानामध्ये अध्यापकांचा सहभाग.

३) महाअवयवदान विषयावर सांस्कृतिक समितीद्वारा पोस्टर प्रेझेंटेशन स्पर्धा (दि. २०/०८/२०२१) घेण्यात आली.

याप्रमाणे उपक्रम घेवुन "महाअवयवदान सप्ताह" आपल्या महाविद्यालयाद्वारे साजरा करण्यात आला.

महोदया, आपण वेळोवेळी केलेल्या मार्गदर्शन व सहकार्य यामुळे हा कार्यक्रम यशस्वी करु शकलो, याबद्दल एन.एस. एस. विभाग व सांस्कृतिक समितीद्वारा आपले मनःपूर्वक आभारी आहोत.

कृपया अहवाल स्विकारावा व मान्यता व्हावी ही नम्र विनंती.

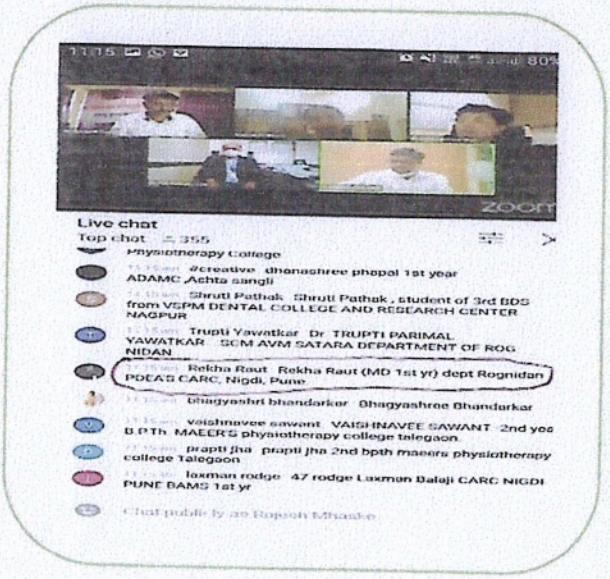
धन्यवाद...!

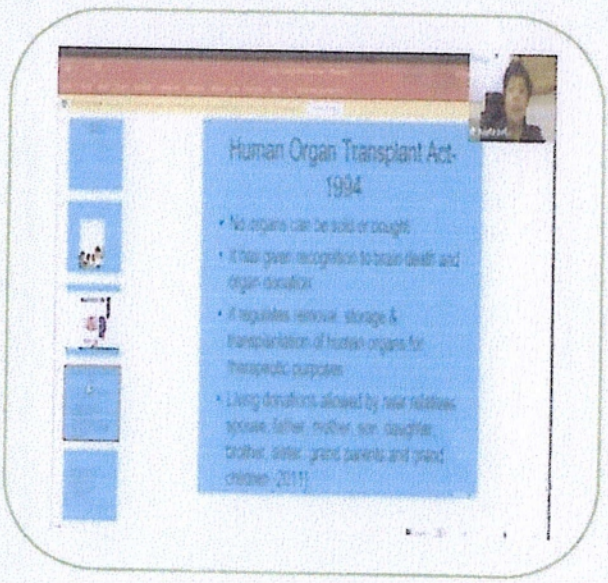
आपले विश्वासू

डॉ. राजेश म्हस्के
एन.एस.एस.

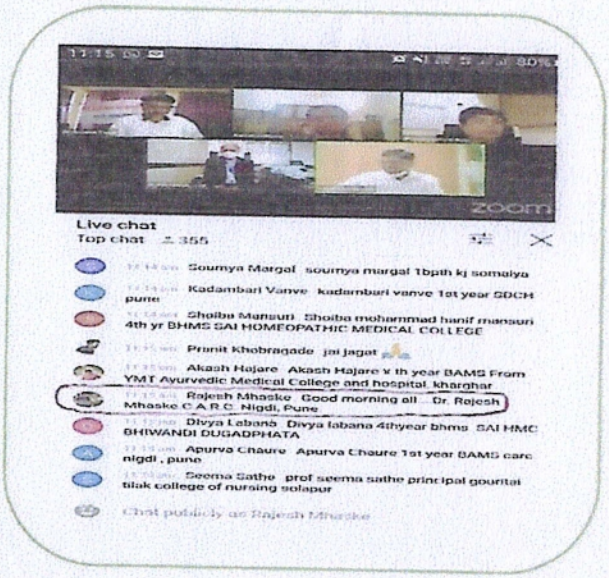
डॉ. श्वेता मोरे
सांस्कृतिक समिती

महाराष्ट्र आरोग्य विज्ञान विद्यापीठाद्वारा आयोजित महाअवयवदान वेबिनार सहभाग स्क्रीनशॉट्स





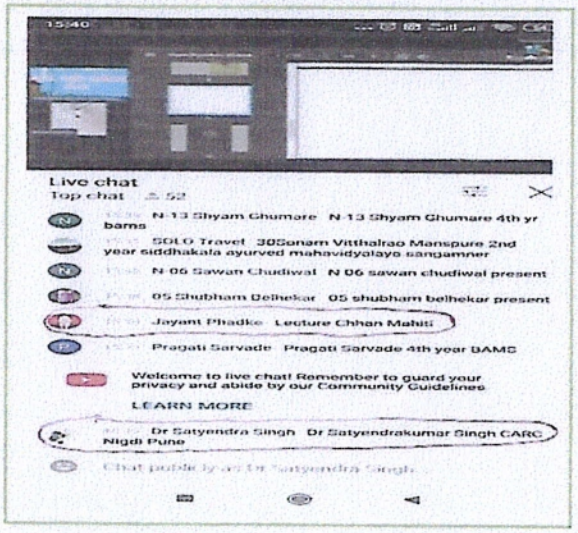


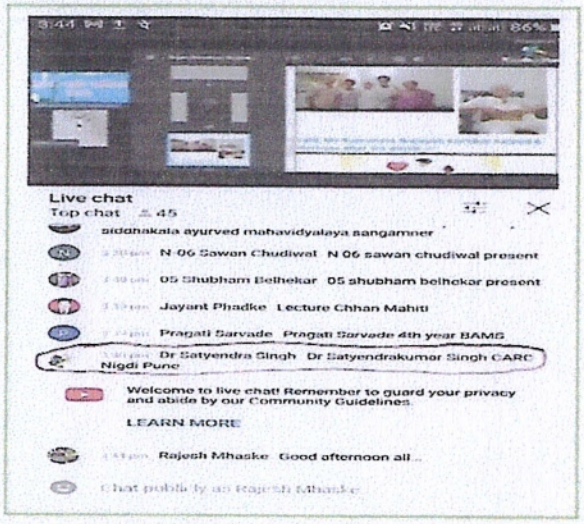


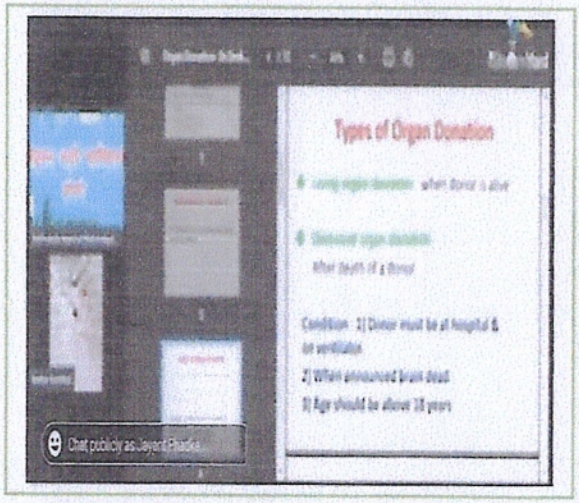
प्राचार्य
Principal
आयुर्वेद महाविद्यालय व संशोधन केंद्र,
P.D.E.A's College of Ayurved And Research Centre
Nigdi, Pune - 411 044
निगडी, पुणे

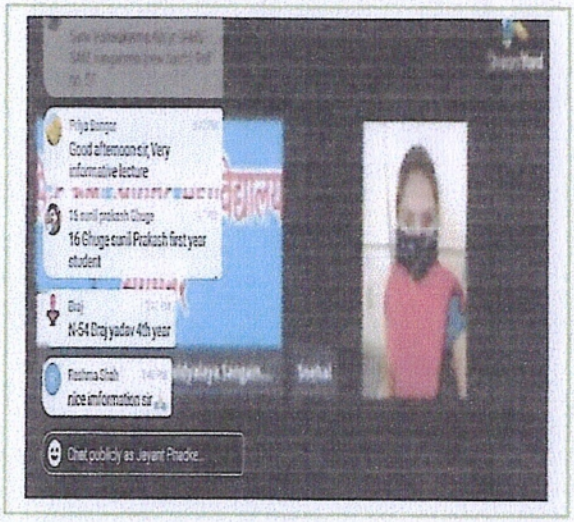
P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE - 44

महाअवयवदान सप्ताह डॉ. ओंकार कोटिकर सरांचे अतिथी व्याख्यान सहभाग स्क्रीनशॉट्स





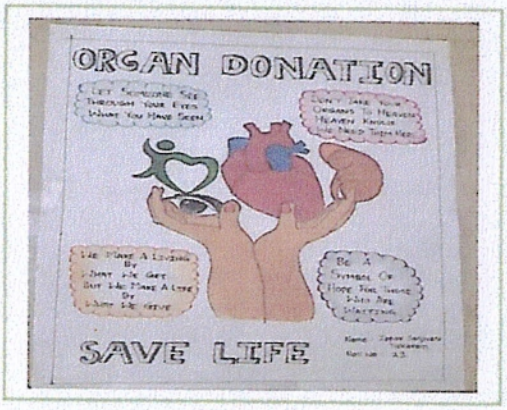


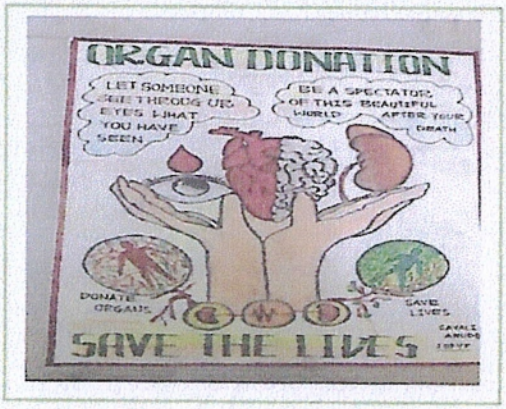


COLLEGE OF AYURVEDIC RESEARCH * P.D.E.A.'S AKURDI PUNE - 44

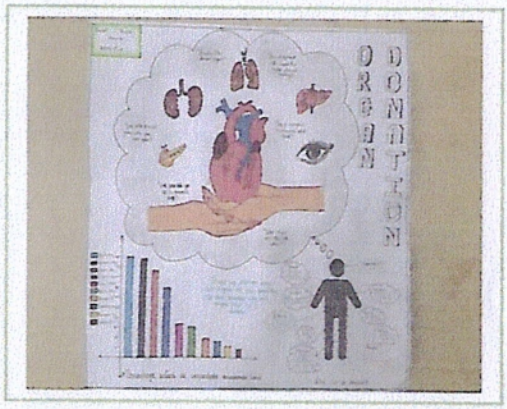
प्राचार्य
Principal
आयुर्वेद महाविद्यालय व संशोधन केंद्र,
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 44 निगडी, पुणे

महाअवयवदान सप्ताहा निमित्त घेण्यात आलेली पोस्टर प्रेझेंटेशन स्पर्धेचे फोटो











प्राचार्य

आयुर्वेद महाविद्यालय व संशोधन केंद्र,
Principal
P.D.E.A'S निगडी, पुणे
College of Ayurved And Research Centre
Nigdi Pune - 411 044.

P.D.E. A's

COLLEGE OF AYURVED & RESEARCH CENTRE, NIGDI, PUNE 411044

N.S.S. DEPARTMENT

Post event summery report

Name of the event	75th Independence Day Flag hosting ceremony
Date of the event	15th August 2021
Time of the event	08.00 am
Location of the event	Campus of the college
Anchor	Miss. Aishwarya Agarkar
Participants	Hon. Principal, Vice Principal, Directors of the college, Teachers, Non-teaching staff, Deputy Superintendent, RMO, Para-medical staff, UG & PG Students
Number of persons attending the event	Approx. 100
Organising committee	NSS
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Brief summary of the event	The Hon.Principal Dr. Mrs. R.R. Patil was the chief guest of the programme. She hoisted the national flag sharp at 08.00 am. All the students, teachers and staff saluted the flag and then sang the National Anthem honouring it. Felicitation of successful students in various competitions held by cultural committee. The principal madam delivered the short speech. She told the students and staff about the supreme sacrifice the great martyrs who gave their lives for the sake of freedom. She also said that the freedom was very precious and it was very necessary to preserve it. She emphasised the importance of Ayurved. She appealed to work hard for the development and benefits of Ayurveda. She told regarding 3 Cs which are very important for the development of one's life. Miss. Reena Kapare expressed the vote of thanks. At the end of the ceremony, sweet pedhas were distributed among the students. A breakfast and tea party were arranged for staff.

पु.जि.शि.म.सं
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.

आवक क्र. 455/21 दिनांक 17/8/21
टेबल क्र. 3

लेखनिक

प्राचार्य

17/08/2021
Dr. Rajesh Mhaske
Programme Officer, NSS

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C., NIGDI, PUNE-44.

15 AUGUST 2021 PHOTOS









Principal
P.D.E.A'S
C.A.R.C, Nigdi, Pune-411044.

Principal
C.A.R.C, Nigdi, Pune-411011.

PAGE No.
DATE

प्रती.

दि. १८/०८/२०२१.

मा. प्राचार्या
आ.म.सं.के. निगडी, पुणे. ४४

विषय:- "राष्ट्रगान" २०२१ मधील अध्यापकांचे सहभागाबाबत...

संदर्भ :- आ.म.सं.के. जा.क्र. 1801/2021 दिनांक 13/08/2021
आ.म.सं.के. जा.क्र. 1766/2021 दिनांक 09/08/2021
UGC. पत्र. D.O. No. F-14-4/2021 (CPP-II). दि. 08/08/2021

महोदया,

उपरोक्त संदर्भाद्वारे विद्यार्थी व अध्यापक यांनी "आजादी का अमृतमहोत्सव" या कार्यक्रमांतर्गत "राष्ट्रगान" या उपक्रमात सहभागी होण्याबाबत आवाहन करण्यात आलेले होते. तसेच हे विडीओ https://rashtragan.in या website वर upload करण्याबाबत सांगण्यात आलेले होते.

सदर उपक्रमाबाबत आपण सर्व विद्यार्थी व अध्यापक यांना जागृत केलेले होते.

आपल्या महाविद्यालयातील अध्यापक डॉ. मिलिंद मोकाशी व श्री. नितीन शितोळे हे या उपक्रमात सहभागी झाले होते. (प्रतिनिधिक) त्यांचे प्रमाणपत्र सोबत जोडत आहोत.

कृपया अहवाल स्विकारावा व मान्यता व्हावी ही नम्र विनंती.

धन्यवाद!

सोबत
1) UGC पत्र
2) डॉ. मोकाशी सरांचे प्रमाणपत्र.
3) श्री शितोळे सरांचे प्रमाणपत्र.

आपला विश्वासू

Dr. Rajesh Mhaske
M.S.
कार्यक्रम अधिकारी
राष्ट्रीय सेवा योजना
आयुर्वेद महा. व संशोधन केंद्र
निगडी, पुणे-४११ ०४४.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.

आवक क्र. 978/21 दिनांक 18/8/2021

पहा. 3

CERTIFICATE

OF PARTICIPATION

Ministry of Culture

THIS CERTIFICATE IS AWARDED TO

Nitin Suresh Shitole

FOR SUCCESSFUL PARTICIPATION IN **RASHTRAGAAN,**
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK **AZADI KA AMRIT MAHOTSAV.**

YOUR VIDEO WILL BE COMPILED WITH THOSE OF OTHER PARTICIPANTS AND RELEASED ON 15TH AUGUST 2021
TO SET A RECORD OF THE MAXIMUM NUMBER OF INDIANS SINGING THE NATIONAL ANTHEM TOGETHER

JAI HIND

CERTIFICATE

OF PARTICIPATION

Ministry of Culture

THIS CERTIFICATE IS AWARDED TO

Dr Milind Ganesh Mokashi

FOR SUCCESSFUL PARTICIPATION IN **RASHTRAGAAN,**
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK **AZADI KA AMRIT MAHOTSAV.**

YOUR VIDEO WILL BE COMPILED WITH THOSE OF OTHER PARTICIPANTS AND RELEASED ON 15TH AUGUST 2021
TO SET A RECORD OF THE MAXIMUM NUMBER OF INDIANS SINGING THE NATIONAL ANTHEM TOGETHER

JAI HIND

P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centr
Nigdi, Pune - 411 044

पुणे जिल्हा शिक्षण मंडळाचे

आयुर्वेद महाविद्यालय व संशोधन केंद्र, निगडी, पुणे ४११०४४

राष्ट्रीय सेवा योजना (N.S.S.)

पु.जि.शि.म.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.

दिनांक-१९/०८/२०२१

आवक क्र. 1989/21 दिनांक 18/8/21
टपाल क्र. (3)

प्रति,

मा. प्राचार्या,

आयुर्वेद महाविद्यालय व संशोधन केंद्र,

निगडी, पुणे. ४११०४४

लेखनिक

प्राचार्य

विषय :- बांबू राखी विक्री व रोजगाराबाबत अवलंबिलेल्या योजनांचा अहवाल सादर करणेबाबत

अर्जदार :- डॉ. राजेश म्हस्के,

कार्यक्रम अधिकारी, राष्ट्रीय सेवा योजना.

संदर्भ:- म.आ.वि.वि/एस.डब्लु/एन.एस. एस/७०२/२०२१, व आ.म.स.कें.जा.क्र. १७९८/१०.०८.२०२१

महोदया,

उपरोक्त संदर्भीय पत्रास व आपणाशी झालेल्या प्रत्यक्ष चर्चेनुसार, उपरोक्त संस्थेच्या अधिकाऱ्यांना (श्री. लोकेश बंद व श्रीमती प्रगती भोईर) फोन करून या प्रकल्पाची माहिती घेतली. सदर उपक्रम हा ठाणे जिल्ह्यातील पालघर या अदिवासीप्रवण भागामध्ये विकास रुरल डेव्हलपमेंट सेंटरद्वारे तेथील अदिवासीं भगिनींना रोजगार उपलब्ध होण्याच्या दृष्टीने राबवण्यात येणारा अत्यंत स्तुत्य उपक्रम आहे. आपण केलेल्या सूचनेनुसार आपण त्यांच्याकडून लगेचच राख्या मागवणार होतो, पण तेथून त्या यायला किमान ३ते४ दिवस लागणार आहेत. त्यामुळे आपल्या हातात कमी कालावधी उरत आहे. यास्तव आपण पुढील वेळी किंवा दिवाळीस या उपक्रमामध्ये सहभागी होऊ शकतो असे ठरले. तसेच सद्य स्थितीत आपण या उपक्रमाचा प्रचार व प्रसार विद्यार्थी व शिक्षक गण, कर्मचारी यांना दृक श्राव्य पद्धतीने व्हिडीओ क्लिप्स द्वारे केलेला आहे. दि. १८/०८/२०२१ रोजी दुपारी ०२.२० वा कार्यक्रम घेण्यात आला.

NAAC
4 criteria

कृपया अहवाल स्विकारावा व मान्यता व्हावी ही नम्र विनंती.

धन्यवाद..!

सोबत -
1) कार्यक्रम फोटो
2) उपस्थीत विद्यार्थी/कर्मचारी यादी
3) MUHS पत्र

आपला विश्वास

18/08/2021

डॉ. राजेश म्हस्के,राष्ट्रीय सेवा योजना

राष्ट्रीय सेवा योजना
आयुर्वेद म.वि. व संशोधन केंद्र

Baamboo Rakhi Yojana Awareness Programme Photos













P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH PUNE

Principal
P.D.E.A'S
College of Ayurved And Research Cen

Pune District Education Association's
COLLEGE OF AYURVED AND RESEARCH CENTRE
Nigdi, Pune – 411044

DEPARTMENT OF SWASTHVRITTA

Report of Nutrition Month celebration 2021

Date: 04/10/2021

Name of the College: **-P.D.E.A's College of Ayurved and Research Centre, Nigdi, Pune-411044.**

On the occasion of Poshan Maah 2021, Following activities were conducted in September 2021 by Swasthavritta Department.

पु.जि.शि.मं.चे आयुर्वेद महाविद्यालय व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. 2687/21 दिनांक 4/10/21
टपाल क्र. (3)
लेखनिक प्राचार्य

1. **NATIONAL ONLINE COOKING RECIPE COMPETITION**
2. **NATIONAL E POSTER COMPETITION**
3. **NATIONAL SLOGAN COMPETITION**
4. **CHIKKI VATAP AT ANATHASHRAM**
5. **ONLINE YOGA SESSION FOR CHILDREN**

NATIONAL ONLINE COOKING COMPETITION

Online National Cooking competition was conducted from 9 September to 24 September.

- Competition was conducted for all students and cooking lovers. It's open for all. All participants were asked to send videos on whatapp or telegram.
- Cooking recipe videos were received on whats app and telegram app of interested participants. And participants name, contact number, age and address were collected from them on whats app.
- Topic is given for cooking competition –Any nutritious recipe.
- Total 14 videos were received from Maharashtra and Gujrat.

COLLEGE OF AYURVED AND RESEARCH CENTRE * SWASTHAVRITTA DEPARTMENT

P.D.E.A's College of Ayurved and Research Centre * ARUNDI PUNE - 44

MAHC

- Two prizes were announced for the winners with three consolation prizes. First prize of 1000 Rs and second Prize of 500 Rs.
- **First prize**-Dr Priya Patil -Mumbai -Bhogi katori
- **Second prize**-Maya Chavan-Librarian,CARC,Pune -Veg Cutlet
- **Consolidated prizes**

  1. Apurva Mundargi -PG Stu.CARC,Pune -Vardhana Vadi
  2. Deepty Nair-PhD student,Gujarat -Ragi Dosa
  3. Sanskriti Hire -1 yearBAMS,CARC,Pune-Dudhi barfi

- **Drive link of saved videos -** **https://drive.google.com/folderview?id=1qQfeBjx1bYA3_ETvPrD3tzs-vfuZpujc**

NATIONAL E POSTER COMPETITION

National e poster competition was announced on 9 September and got 24 posters on email iyogaday20@gmail.com.

- Topics given for e poster are-

1. Traditional Food verses Fast foods
2. Principles of Diet as per Ayurveda

- Total 23 e posters were received.

Two prizes were announced for the winners with two consolation prizes. First prize of 1000 Rs and second Prize of 500 Rs.

First prize -Shruti Gupta-3 year BAMS, CARC, Pune

Second prize-Sayali Arude -1 year BAMS, CARC, Pune

Consolidated prizes

1. Abhishek Doshi -DY Patil,Pimpri,PG student

2. Shruti Shinde-PG student,CARC,Pune

Drive link of saved e posters-

https://drive.google.com/folderview?id=1CoLrMEYDev-q0d6dMDe5LBRiUEnKm99C

NATIONAL SLOGAN COMPETITION

National slogan competition was announced on 9 September and got 25 slogans on Google form https://forms.gle/g2EJrXShvEvkaLxv7 which is prepared specially for this competition.

Topic for slogan competition -**"Nutritive food for pregnant women."**

Slogan competition responce xl sheet link

https://docs.google.com/spreadsheets/d/1dW2SlgKTwQBAiB0gZBS8wC2_8VknZOsH6tmRqDdPRek/edit?usp=drivesdk

Two prizes were announced for the winners with two consolation prizes. First prize of 500 Rs and second Prize of 250 Rs.

First prize-Apurva Mundargi-PG student, CARC, Pune

Second prize-Mayuri Umbardand* -3 year BAMS, CARC, Pune

Consolidated prizes-

1. Nikita Patil -Sumatibhai Shah Ayurved college,Hadapsar
2. ShubhankarKulkarni-PG student,CARC,Pune

CHIKKI VATAP AT ANATHASHRAM

1. **First Chikki distribution programme was conducted on 15 september 2021.Time-11 am to 12pm**

Location of the event- Nachiket Balgram,Chinchwad,Pune

Number of children attending the event- 30

Mode of event- Offline

Drive Link for Photos:

https://photos.app.goo.gl/vNLVBShmrCwFV9xv8

Brief summary of the event:

Chikki vatap and Hygiene & Diet awareness programme was organized on 15th September 2021 for children of orphanage under Swasthyarakshan programme on occasion of Nutrition Month. Total 30 Children were present for programme.

Dr. Manore delivered lecture regarding Diet & hygeine awareness. Dr.Shruti Shinde conducted Gayatri Mantra session. Dr.Dhanshree Tryambke conducted Omkar chanting session. At the end Chikki was distributed to all students.

2. Second chikki vatap programme was done at Vikas Anath Ashram, Sonavane vasti , Chikhali , Pune on 28/09/2021. Time-11am -1 pm.

Number of children attending the event- 26

Mode of event- Offline

Drive Link for Photos-

https://photos.app.goo.gl/RbXchzktTAC6pQaZ8

- **Brief summary of the event-**

Doctors reached the Vikas Anath Ashram at 11 am. The guardian of the children Mr Mauli Harkal Welcomed to the doctors. Dr Potdar and Mrs Archana Patil introduced the children the children also introduced with their name and age. Dr Manjusha Potdar had a talk with children about good habbits for healthy lifestyle, about dinacharya with Personal hyagiene, about sadvritta and sadachar points like healping each other, satya vachan, asteyam , ahinsa (no fighting), keeping rcspcct about Guru and Elders, explained valuc of

prarthana and sadachar, Mrs Archana patil explained about Yoga and Pranayam, children performed anulom vilom, Omkar and some asanas.Lastly chikki vatap was done to 26 children.

ONLINE YOGA SESSION FOR CHILDREN

Following Online yoga sessions were conducted.

1. Yoga session is conducted on 12/09/2021 for school children of Pradhyanbodhini, Chikhali, Pune.Total 45 children of 5th standard to 9th standard were participated in it.

Link of Zoom online yoga session –

Topic: *योगविद्या वर्ग*

Time: Sep 12, 2021 09:00 AM Mumbai, Kolkata, New Delhi

Join Zoom Meeting
https://us04web.zoom.us/j/79255333869?pwd=ZW5MOFdLUFQ0a2haSzh1MFptYmNGZz09

Meeting ID: 792 5533 3869
Passcode: 1eRD6p

2. Yoga session is conducted on 25/09/2021 for school children of Natekar School,Chikhali . Total 26 children of 5th standard to 7th standard were participated in it.

Link of Zoom online yoga session –

Topic: व्यायाम व योगासने
Time: Sep 25, 2021 08:00 AM Mumbai, Kolkata, New Delhi
Join Zoom Meeting
https://us04web.zoom.us/j/75251032302?pwd=Z1VkMVN0T3A4UmNxd2t1T21JS3JPZz09

Meeting ID: 752 5103 2302
Passcode: Wgms37

H. O. D.
Dept. of Swastha Vrutta
College of Ayurved & Research Centre
Nigdi

Pune District Education Association's
COLLEGE OF AYURVED AND RESEARCH CENTRE
Nigdi, Pune - 411044

Event: Diet & hygiene awareness programme & Chikki distribution of programme

Date-:15th September 2021







Venue: Nachiket Balgram,Chinchwad,Pune

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Pune District Education Association's
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Nigdi, Pune – 411044

Event: Diet & hygiene awareness programme & Chikki distribution of programme

Date-:28th September 2021





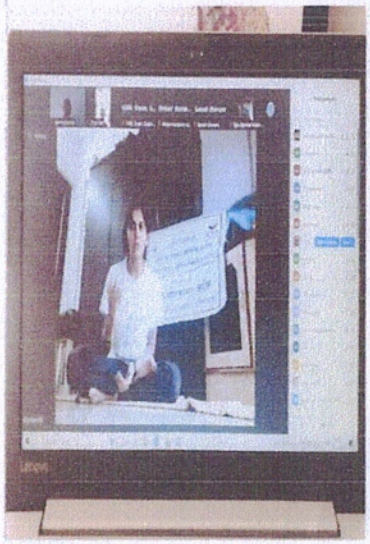
Venue-Vikas Anath Ashram, Sonavane vasti , Chikhali

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YOGA SESSIONS







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आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.

आवक क्र. 2470 21 SEP 2021

प्रति,

दि. २१/०९/२०२१.

मा. प्राचार्या
आ.म.सं.के. निगडी, पुणे ४४

लेखनिक

प्राचार्य

विषय :- "आजादी का अमृत महोत्सव" अंतर्गत Fit India Freedom R
चा अहवाल देण्याबाबत...

संदर्भ :- १) MUHS पत्र मु.आ.वि.वि./एस.डब्ल्यू/एन.एस.एस./८८३/२०२१
दि. ०७/०९/२०२१

२) महाराष्ट्र शासन/राष्ट्रीय सेवा योजना/मंत्रालय कक्ष
रा.से.यो.-२०२१/प्र.क्र.२८/सा.शि./७ दि. २६/०८/२०२१.

महोदया

उपरोक्त पत्रांस अनुसरुन आपल्या महाविद्यालयाचे एनएस विभागाद्वारे "आजादी का अमृतमहोत्सव" अंतर्गत Fit India Freedom R चे आयोजन दि. २१/०९/२०२१ रोजी महाविद्यालयाच्या प्रांगणामध्ये करण्यात आलेले होते. (सकाळी ०९.३० वा.)

सदर दौड ही नागरिक व युवकांमध्ये ~~xxx~~ आरोग्याबाबत जागृती करणे याकरीता प्रतीकात्मक अशी आयोजित केली. महाविद्या लयाच्या आसपासच्या परिसरात वळसा घेवुन ही दौड पुन्हा आपल महाविद्यालयामध्ये तिचा समारोप करण्यात आला. सदरच्या दिवसाची कोव्हिड ची स्थिती लक्षात घेता यामध्ये ०७ स्पर्धक (०३ मुली + ४ मुल सहभागी करण्यात आले होते. ~~xxx~~ कार्यक्रमाचे आयोजनामध्ये फ्री (जाग पळणा व फ्री वैभव राऊत (४थे वर्ष) यांनी आयोजन केले

१) कु. मयुरी आदलिंगे (B.Pharm) ५) फ्री. अमोल मावची (B.Pharm)
२) कु. रेणुका वळके (B.Pharm) ६) फ्री. आकाश निमदेव (B.Pharm)
३) कु. मेघा सोळशे (B.Pharm) ७) फ्री. कैफ सैद (B.Pharm)
४) फ्री. विजय आदलिंगे (B.Pharm)

या विद्यार्थ्यांनी सहभाग घेतला होता. यांना प्रमाणपत्र देण्यात आले.

महोदया. आपण केलेले मार्गदर्शन व प्रोत्साहन यामुळे एन.एस.एस विभागाद्वारे सदर कार्यक्रम उत्साहात पार पडू शकला. याकरीता आपले मनःपूर्वक आभारी आहोत.

कळावा विश्वासू

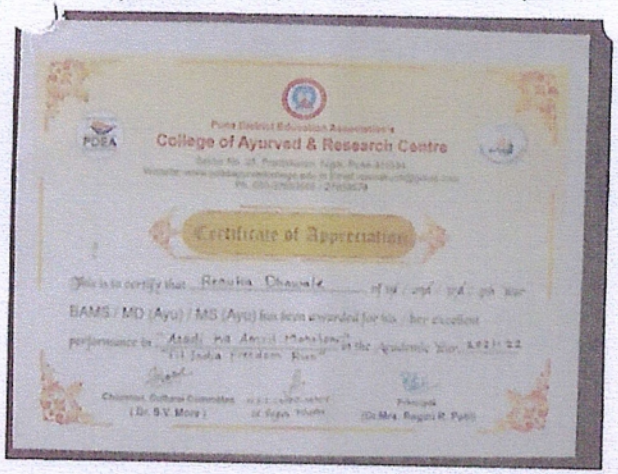
२१/९/२०२१

Dr. Renuka Mahadik
N.S.S. Programme offi

प्रत - मेल्को
PRAC/NSS/Message.
पूर्वप्राथमिक

"Azadi Ka Amrit Mohotsav" "Fit India Freedom Run" 2021 21.09.2021







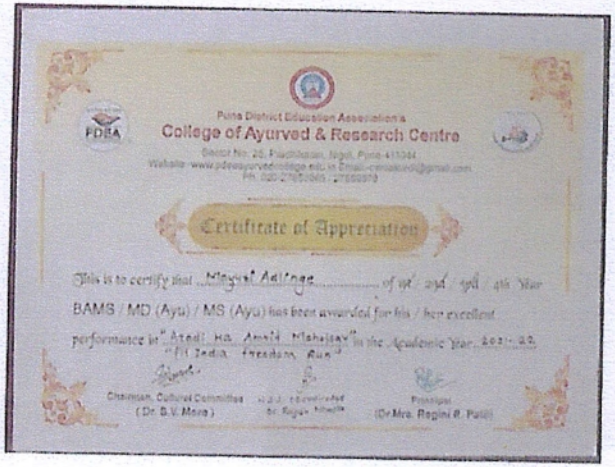












P.D.E.A'S COLLEGE OF AYURVED & RESEARCH CENTRE AKURDI PUNE - 44

Principal
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College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Azadi Ka Amrit Mohotsav "Fit India Freedom Run" 21.09.2021

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report **Date-**1/10/2021

Name of the event- Guest lecture Topic – Importance of Blood in Surgery

Date of the event- 1/10/2021

Organizing department/ committee- Department of Shalyatantra

Location of the event- Auditorium CARC, Nigdi

Number of persons attending the event- 94

UG students 77, PG students 11 and Teachers: 06

Mode of event- Online/ Offline- offline

Link of online event- N.A.

Drive Link for Photos-N.A.

You tube link for video-N.A.

Contact person- Dr.Madhavi Banarase

Telephone number- 9423207569

Email address- carcshalya@gmail.com

Brief summary of the event-

A guest lecture was organised by Shalyatantra Department on – Importance of Blood in Surgery by Dr.Ashok Vatkar, Sr.Consultant Gen Surgeon, and Nigdi.
on the occasion of National voluntary blood Donation Day, under the banner Azadi ka Amrut Mahotsava .Dr.Ashok Vatkar nicely explained the importance of blood in Surgery. Lecture was very beneficial for all students and teachers also. Lecture was followed by questions and answers.

Signature MBanarase

Name Dr. M.S Banarase

Designation Professor & H.O.D.

Principal Signature

Stamp

Principal
P.D.E.A'S
College of Ayurved And Research C...
Nigdi, Pune - 411 044.

पु.जि.शि.म.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक 3222/21 दिनांक 18/11/2021
क्रमांक 13

लेखनिक

प्राचार्य

For MAAC

Name of the Department- Shalyatantra	NAAC Metric No.

Photos of the Event



Principal
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Name of the Department- Shalyatantra	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

Photos of the Event



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Nigdi, Pune - 411 044.

P.D.E.A's College Of Ayurved And Research Centre
AKURDI
PUNE - 44.

Name of the Department- Shalyatantra	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

Date- 09/11/ 2021

POST EVENT SUMMARY REPORT

Name of the event- Aazadi ka Amrit Mahotsav & 6th Ayurveda Day Celebration Herbal product Exhibition and Stall
Date of the event-2nd Nov 2021
Organizing department/ committee-RSBK
Location of the event-ARSMH ,Nigadi Pradhikaran,Pune-44
Number of persons attending the event- 46
Mode of event- Online/ Offline-Offline

Drive Link for Photos-
https://drive.google.com/drive/folders/1RzDGMcOGrBj3oDKuekWGRnWhG5qVkdws?usp=sharing

Contact person-Dr.Chikurte , Mrs.More (Pharmacist)
Telephone number-9960564841, 7796896519
Email address- carcrsbk15@gmail.com
Brief summary of the event-
Date of Advertisement – 27th Oct 2021

Dept of RSBK ,Amruta Ayurveda Pharmacy in collaboration with ARSMH organized Herbal product Exhibition and Stall for general people ,senior citizens an d staff.

Honarable Mr.A.M.Jadhav sir (Assistant secretory of PDEA),Hon.Dr.Rakesh Neve (Director Sterling Multispecialty Hospital) and Hon.Dr.R.R.Patil (Principal CARC Nigadi Pradhikaran,Pune) inaugurated Exhibition.

Total 25 different products were displayed on stall. Immuno booster herbal drugs, Pain relief herb infused oils , herbal powders for digestive and respiratory systems and winter skin care products like Abhyanga oil,Ubtan powder and sops were available on stall for sell. Information and uses were conveyed to visitors.

Theme of this year's Ayurveda day was 'Ayurveda for Poshana'. On this background Chyavanprasha, Shatavari kalpa etc nutritional supplements in Ayurveda (Rasayana drugs) specially promoted by RSBK dept.

Senior citizen group of Nigadi pradhikaran also visited stall and took information of all herbal medicines.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
आवक क्र. 2804/2021-22
दिनांक - 9/11/2021
लेखनिक

Signature
Designation HOD & Professor
Department of Rasashastra
Bhaishajyakalpana
College of Ayurved & Research
Centre, Akurdi, Pune 44

Name of the Department – Rasashastra & B.K. NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

Photos of the Event







P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH CENTRE NIGDI PUNE - 44

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Nigdi, Pune - 411 044.

Name of the Department – Rasashastra & B.K.	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre







Principal
Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department – Rasashastra & B.K. NAAC Metric No.

Azadi ka Amrit Mahotsav 2021@ PDEA's College of Ayurved and Research Centre
& Ayurved Rugnalaya & Sterling Multispeciality Hospital, Nigdi, Pune – 411044

Name of the Event	Nutrition awareness Program and supplements distribution under Azadi ka Amrut Mahotsav-on the occasion of 6th Ayurveda Day 2021
Date of the Event	2/11/2021
Location of the Event	Ayurved Rugnalay and Sterling Multispeciality Hospital
No. of Children attending the event	20
Organizing Committee	Dept. of Kaumarbhritya, PDEA's Ayurved Rugnalaya & Sterling Multi Speciality Hospital, Nigdi, Pune
Contact Person	Dr. Madhavi Deodas, Dr Sudha Singh
Telephone Number	9423010818, 9975404439
Email address	azadi75carc@gmail.com

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र 3144/2021-22
दिनांक - 2/11/2021
लेखनिक
प्राचार्य

Summary of the Event

Department Of Kaumarbhritya /Balrog, PDEA's Ayurved Rugnalaya & Sterling Multispeciality Hospital, Nigdi, Pune has been arranged Nutrition awareness camp and Health supplements distribution, under Azadi ka Amrut Mahotsav-21 at our OPD no.118. Total 20 children got benefited by Health products and counselling to their parents regarding the Nutrition of the children.

In this awareness program following guidance has been given -

- Importance of nutrition awareness in children
- Distribution of supplements (Iron, Calcium, Herbal appetizers, and herbal supplement granules etc.) to students.
- We explained Diet (balanced diet including seasonal fruits and vegetables) and lifestyle modification (like maintain hygiene, follow Dincharya ,Ritucharya etc)) to children and their parents.

Deodas
H. O. D.
Dept. of Kaumarbhrutya Tantra
College of Ayurved & Research Centre
Nigdi

P.D.E.A's COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.D.E.A's
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Azadi ka Amrit Mahotsav 2021@ PDEA's College of Ayurved and Research Centre
& Ayurved Rugnalaya & Sterling Multispeciality Hospital, Nigdi, Pune – 411044





Deodas

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College of Ayurved & Research Centre
Nigdi

COLLEGE OF AYURVEDIC RESEARCH
AKURDI
PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Date- 8-11-2021

To,
Principal,
PDEA's College of Ayurved and research centre,
Nigdi, Pune-44

Subject- Report of 6th Ayurved Day 2021 celebration by Kayachikitsa department

Respected madam,

Kayachikitsa department celebrated 6th Ayurveda day (Dhanwanrtari Jayanti) on Tuesday, 2/11/2021

Following are the events-

1) Dhanwantari poojaan
2) Dhanvantari Yaag
3) Sarvarog Nidan & Chikitsa shibir
4) Ayurvedic Medicines distribution to patients
5) Amla candy distribution to senior citizens of Jeshtha nagarik sangha, rupinagar
6) Guidance to senior citizens related to poshak ahar
7) Publication of Arogyamitra Diwali anka

No. of Attendies = 60 .

Details are attached herewith.

Thank you!

Yours sincerely,
Department of Kayachikitsa

1) Dr Medha M. Joshi,Professor & HOD
2) Dr Rupali Khobragade, Professor
3) Dr Surekha tram, Asso. Professor
4) Dr Vrinda Kurande, Asst. Professor
5) Dr Abhishek Taksale, Asst. Professor

पु.जि.शि.मं.द्वे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र 3549/2021
दिनांक - 8/11/2021
लेखनिक Outl

Dr Joshi
H.O.D
Dept of Kayachikitsa
College of Ayurved & Research Centre
Nigdi

for VMC Dr. Kurande

विभागप्रमुख
कायचिकित्सा विभाग
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी

Principal
Principal
College of Ayurved And Research Centre
Nigdi Pune - 411 044.

PDEA'S COLLEGE OF AYURVED & RESEARCH CENTRE AKURDI PUNE-44

Name of the Department: Kayachikitsa

Events-

1) Dhanwantari poojaan-
-done by Dr Ragini Patil, Superintendent, ARSMH &
Attended by all staff of ARSMH



Dr. Joshi
M.D.
Dept. of Kayachikitsa
College of Ayurved & Research Centre
Nigdi



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2) Dhanvantari Yaag-
- Arranged by Dr Ragini Patil, Superintendent, ARSMH



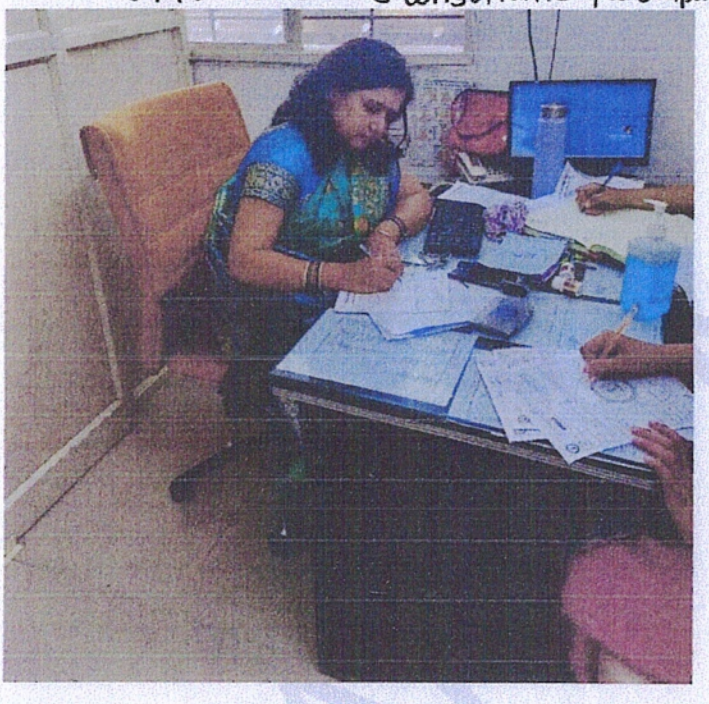
Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

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Dr. Joshi
H.O.D
Dept of Kayachikitsa
College of Ayurved & Research Centre
Nigdi

3) Sarvarog Nidan & Chikitsa shibir

- Arranged at PDEA's ARSMH OPD No. 117
- Attended patients of multiple diseases, they have been advised appropriate investigations and Ayurvedic treatment
- 50 patients are benefited
- 8 PG students & 3 Consultants participated





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COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44 P.D.E.A.S.

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Nigdi

Name of the Department: Kayachikitsa	NAAC Metric No. 7.1.10

4) Ayurvedic Medicines distribution to patients

- Useful Ayurvedic medicines distributed among needy patients.

- Medicine includes pain relieving oil, ayurvedic poshan purak medicines like Shatavari kalpa, Ayurvedic calcium suppliments etc.
- 30 individuals are benefited



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Dr. Joshi
H.O.D.
Dept of Kayachikitsa
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Nigdi

5) Amla candy distribution to senior citizens of Jeshtha nagarik sangha, rupinagar

- Due to health benefits and to aware about the one of the useful ayurvedic medicine Amla, "Amla candy" is distributed among senior citizens of Jeshtha nagarik sangha, Rupinagar.
- 30 individuals are benefited



Principal
P.D.E.A'S
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Nigdi, Pune - 411 044.

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44 P.D.E.A.'S

Dr. Joshi

HOD
Dept of Kayachikitsa
College of Ayurved & Research Centre
Nigdi

6) Guidance to senior citizens related to poshak ahar

- As per the theme of 6th National Ayurveda Day, Lecture is delivered by the Dr Medha Joshi, HOD, Kayachikitsa department to patients regarding concept of poshak ahar according to Ayurveda





Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

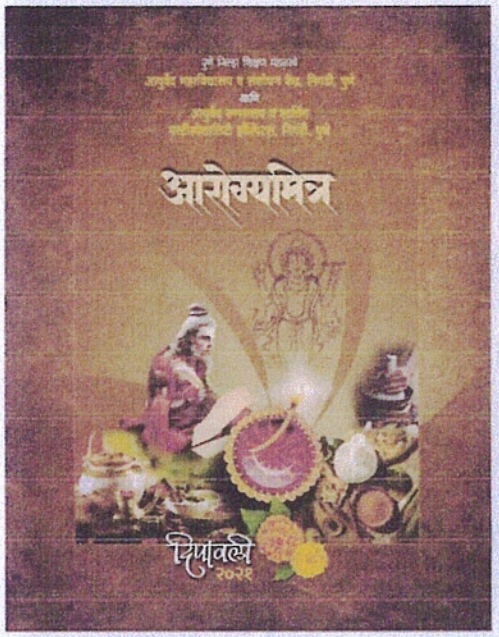
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Dept of Kayachikitsa
College of Ayurved & Research Centre
Nigdi

Name of the Department: Kayachikitsa	NAAC Metric No. 7.1.10

7) Publication of Arogyamitra Diwali anka

- Diwali special edition magazine by PDEA's College of Ayurved and research center named "Arogyamitr" is published in the presence of eminent guests
- Arogyamitra Diwali anka includes Health related articles written by staff and PG students of our college



Dr Joshi
H.O.D.
Dept. of Kayachikitsa
College of Ayurved & Research Centre
Nigdi, Pune-44



Principal
P.D.E.A'S
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Nigdi, Pune - 411 044.

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH
AKURDI
PUNE - 44

Name of the Department: Kayachikitsa	NAAC Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Name of the Event	Drawing activity for Children's Day celebration under Azadi ka Amrut Mahotsav-2021
Date of the Event	14/11/2021
Location of the Event	Ayurved Rugnalaya and Sterling Multispeciality Hospital -OPD no.118
No. of Children attending the event	15

Organizing Committee - Dept. of Kaumarbhritya, PDEA's Ayurved Rugnalaya & Sterling Multi Speciality Hospital, Nigdi, Pune

Contact Person Dr. Madhavi Deodas, Dr Sudha Singh

Telephone Number 9423010818, 9975404439

Email address azadi75carc@gmail.com

balrogdept@gmail.com

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 4470/2021
दिनांक - 12/11/2021
लेखनिक प्राचार्य

Summary of the Event

Department Of Kaumarbhritya /Balrog, from PDEA's Ayurved Rugnalaya & Sterling Multispeciality Hospital, Nigdi, Pune has been arranged Drawing competition for Children (Age group 6-12 years) on Children's Day under Azadi ka Amrut Mahotsav-21 at our OPD no.118. Total 15 children participated in the competition. No specific theme for drawing was given. Children were asked to draw on their own idea. Children were very happy and very nicely interacted with each other.

To encourage children, we gave gift to all children. Also, we displayed their Drawings on the wall of our OPD. This competition not only help to increase their social awareness but help to enhance their concentration.

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH PUNE - 44

H. O. D.
Dept. of Kaumarbhrutya Tantra
College of Ayurved & Research Centre
Nigdi

Name of the Department -Kaumarbhritya (Balrog) NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre





Name of the Department -Kaumarbhritya (Balrog)

NAAC Metric No.

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

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P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

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P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department -Kaumarbhritya (Balrog)	NAAC Metric No.

Post Event Summary report

Date- 01/12/2021

Name of the Event – "Virtual NARI Visit on The occasion of World Aids Day"

Date of Event – 01/12/2021

Location – Online Through Zoom App

Number of Participants Attending the Event-

Organizing Department- NARI/Rognidan Department, CARC, NIGDI, PUNE

Time- 11 am To 1 pm

Topic - "World Aids Day"

आयुर्वेद महाविद्यालय व संशोधन केंद्र
आवक क्र 3415/2021-22
दिनांक - 1/12/2021
लेखनिक
प्राचार्य

Speaker Name-

1) Dr. Manisha V. Ghate (Scientist F, Clinical Sciences, NARI, Pune)
2) Dr. Suchit Vasant Kambale(Scientist E, Epidemiology, NARI, Pune)
3) Dr. Ashwini V. Shete (Scientist D, Immunology & Serology, NARI, Pune)
4) Dr. Anupam Mukharjee (Scientist D, Molecular Virology, NARI, Pune)

Report- Online "Virtual NARI Visit on The occasion of World Aids Day" was organized by Department of Rognidan Evam Vikriti Vigyan On 01/12/2021 for UG & PG Students.

On the background of Corona pandemic, the physical on field visit has not been permitted from NARI authorities. Hence after discussion with authorities, the participation in scheduled online meeting has been decided and participated.

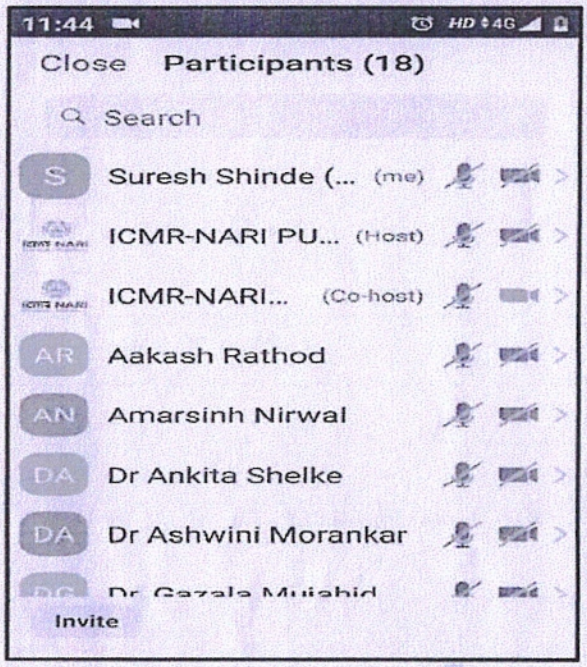
HEAD OF DEPARTMENT
ROGNIDAN & VIKRUTI VIDNYAN
AYURVED MAHA VIDYALAYA
RESEARCH CENTRE, NIGDI, PUNE 44

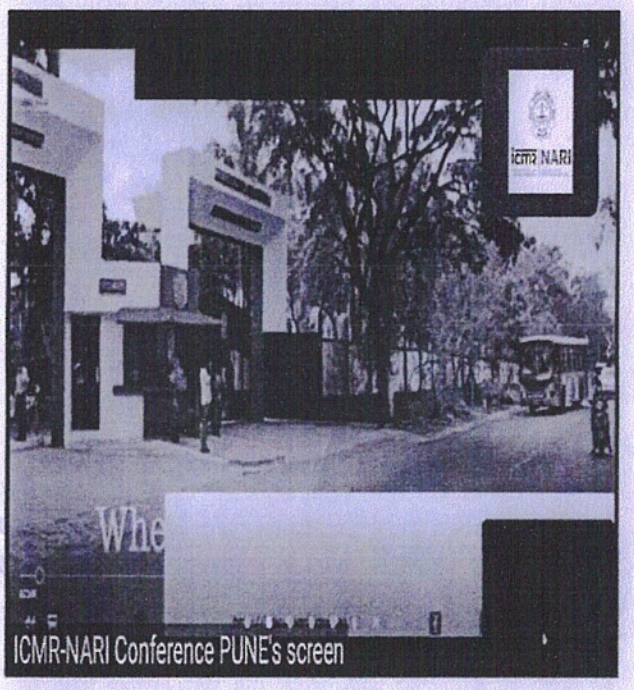
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रोग विज्ञान
विकृती विज्ञान
विभाग

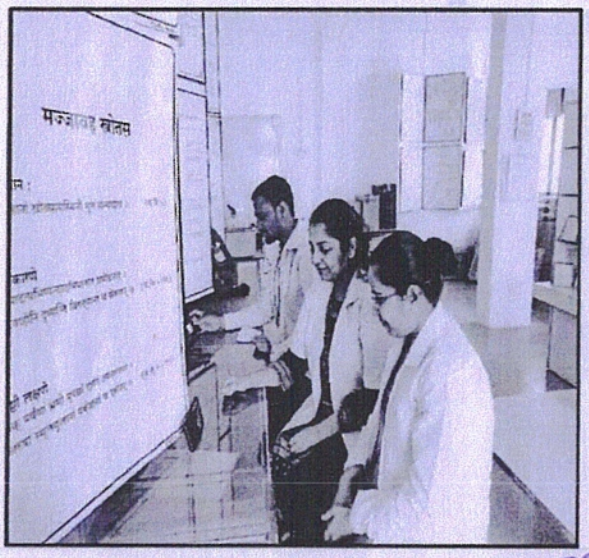
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AKURDI
PUNE - 44

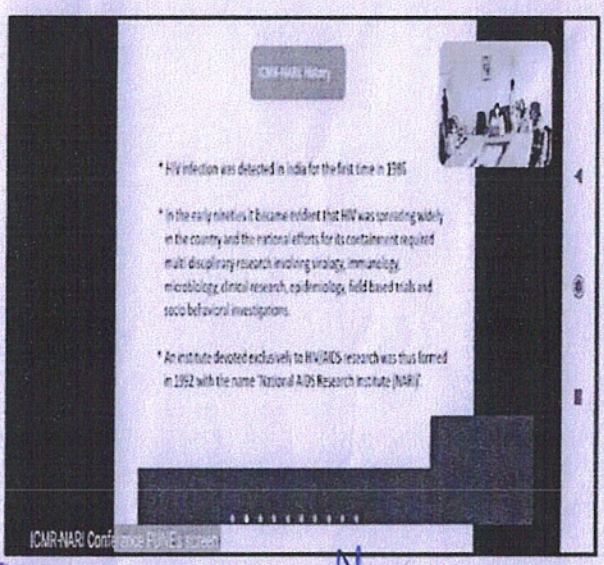
Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Photos of Event









HEAD OF DEPARTMENT
ROGNIDAN & VIKRUTI VIDNYAN
AYURVED MAHA VIDYALAYA
& RESEARCH CENTRE, NIGDI, PUNE 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044

Pune District Education Association's

College of Ayurved & Research Centre

Date: 11.12.2021

Name of the event- Lecture on Swasthya-rakshana andSkin diseases - Free diagnosis and treatment camp conducted on the occasion of World Human Right Day

Date of the event- 10-12-2021

Organising department/ committee- Agadtantra Department

Location of the event- Primary Health Centre at post Dehugaon, Taluka Haveli, Dist. Pune.

Number of persons attending the event- 2 Consultants and 9 PG Students from Agadtantra Department attended this medical camp. 51 patients were benefited.

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 3571/2020-24
दिनांक 11/12/2021
प्राचार्य

Mode of event- Online/ Offline- Offline

Drive Link for Photos-https://drive.google.com/drive/folders/1-5AKRd7Zg6PvSldTiPEeQaz0Gzgwlc8z?usp=sharing

Brief summary of the event-

Under the guidance and with support of respected principal Dr.RaginiPatil madam World Human Rights Day was celebrated by Department of Agadtantra. Lecture and Camp for Free diagnosis and treatment of skin diseases was arranged.

This camp was conducted at Primary Health Centre at post Dehugaon, Taluka Haveli, Dist. Pune. on 10/12/2021 at 10.00 AM to 1.00 PM. Permission of this camp was obtained from Dr.Kishor Yadav, Medical officer, PHC Dehugaon. Dr.RanjitKamble and other staff of PHC helped to success of this camp.

Lecture of Swasthyarakshan was delivered by Dr. Jayant J. Phadke to lay persons attending OPD of PHC, Dehugaon, Pune.

2 Consultants(Dr. Jayant J. Phadke and Dr.Anuja A. Wadadekar) 9 PG Students from Agadtantra Department attended this medical camp. Total**51 patients** of skin diseases were benefited by this camp. Free diagnosis and dispensing of medicines was done.

DR. PHADKE J. J.
M.D. (AYU), P.G.D.M.L.S.
Professor & Head of the Dept.
Agada Tantra & Vyavaharayurveda Vibhag,
C.A.R.C. Ayurvedic Pune - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Date: 11.12.2021

Photos of Swasthya-rakshana and Skin diseases - Free diagnosis and treatment camp





JJ phadke

DR. PHADKE J.J.
M.D. (AYU), PGDMLS.
Professor & Head of the Dept.
Agada Tantra & Vyavaharayurveda Vibhag,
C.A.R.C. Akurdi, Pune - 44.

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department - Agadtantra	NAAC	Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report **Date-** 21/12/2021

Name of the event- डोळे व दात तपासणी शिबीर and Lecture on Dental hygiene

Speaker- Dr Annu Danorkar.(Dentist)

On occasion of –Azadi ka Amrut Mahostav.

Date of the event- Date-14 /12/2021 Time- 10 am to 2pm.

Organising department/ committee- Shalakyatantra.

Location of the event-Shri Mhalsakant Secondary and higher secondary School,Akurdi Pune 44.

Number of persons enrolled in this camp.-more than 300

Mode of event- Online/ Offline- Offline.

Drive Link for lecture recording –NA

Contact person- Dr. Virkar C.A.

Telephone number- 9028360353

Email address- shalakya.carc@gmail.com

पु.जि.शि.सं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र.3702/2021 दिनांक 21/12/2021
टेबल क्र (3)

लेखनिक

प्राचार्य

Brief summary of the event-

Shalakyatantra department of PDEA's college of Ayurveda and Research Centre, Nigdi, Pune has organized - डोळे व दात तपासणी शिबीर under Azadi ka Amrit Mahostav on 14/12/2021 at Shri Mhalsakant Secondary and higher secondary School,Akurdi Pune 44.. Total –more than 300 students enrolled in this camp.

Signature

Dr. Virkar C.A.
Name & Designation

H.O.D.
Dept of Shalakya Tantra
College of Ayurved & Research Centre
Nigdi

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Name of the Department shalakyatantra	NAAC Metric No. 7.1.10

CARC NAAC

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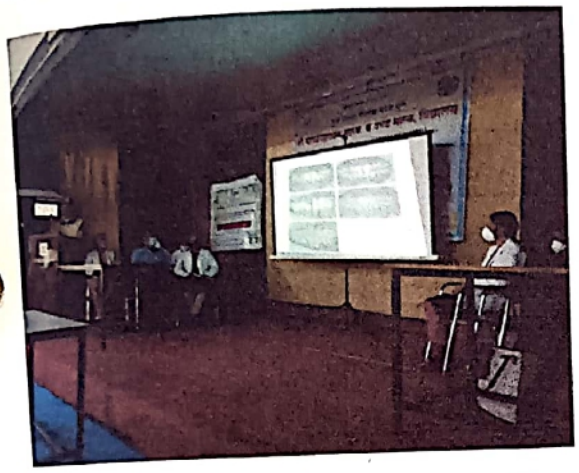
Pune District Education Association's

College of Ayurved & Research Centre

Photos of the Event

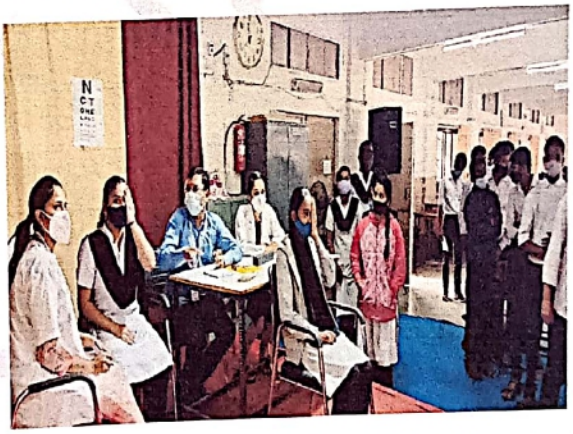
Name of the event डोळे व दात तपासणी शिबीर and Lecture on Dental hygiene

On occasion of –Azadi ka Amrut Mahostav.













P.D.E.A.'s College Of Ayurved And Research Centre AKURDI PUNE-44

Principal
College of Ayurved & Research Centre
Akurdi, Pune - 411044.

Name of the Department shalakyatantra	NAAC Metric No. 7.1.10

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College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING

"Victory Week" विजय सप्ताह

On the Occasion of "AZADI KA AMRIT MAHOTSAV 75" & "Completion of 50 years of 1971 War"

Place: - C.A.R.C. Classroom No-2 Date: - 16/12/2021

Post event summery report

Name of the event	Celebration of Indian Victory Week, on the Occasion of "Azadi ka Amrit Mahotsav 75"
Date of the event	16/12/2021
Time of the event	11.00 am
Location of the event	C.A.R.C College Classroom No 2
Participants	NSS Volunteers, Teachers, Non-teaching staff,
Number of persons attending the event	Teaching – 14, Non-teaching – 02, Students – 104 (Total – 120)
Organizing committee	N.S.S. Department
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Brief summary of the event	• Programme started at 10.15 am • Welcome speech & Introduction of programme given by Dr. Mhaske. • Importance of celebration of "Victory Week" explained by Dr. Mhaske. • Felicitation of Ret. Defence personnel Mr. Anwar Abbas Ali Shaikh by Dr. Meenal Lad. • Fourth year student Vivek Kusekar gave information of 1971 war by power point presentation. • Speech given by Dr. Meenal Lad on 1971 war and War Heroes. • Dr. Surekha Atram shared her views with all on 1971 war. • UG Students, Teaching staff & non-teaching staff were participated in this Constitution Day celebration event. (Total 120) • Vote of thanks given by fourth year student Ajaz Pathan. • Thanks to Respected Principal mam for giving us such opportunity.

पु.शि.शि.मं.चे आयुर्वेद संशोधन केंद्र आवक क्र. 3699/2021 दिनांक - 21/12/2021 लेखनिक

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

N.S.S. Department	**NAAC Metric No.**

P.D.E. A's

COLLEGE OF AYURVED & RESEARCH CENTRE, NIGDI, PUNE 411044

N.S.S. DEPARTMENT CELEBRATING

"Victory Week" विजय सप्ताह

On the Occasion of "AZADI KA AMRIT MAHOTSAV 75" &
"Completion of 50 years of 1971 War"

Place: - C.A.R.C. Classroom No-2 Date: - 16/12/2021



P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S., CULTURAL & SPORTS DEPARTMENT CELEBRATING "NATIONAL YOUTH DAY"

Place: -Classroom No - 01 Date: - 12/01/2022

Post event summery report

Name of the event	Celebration of Swami Vivekanand & Rajmata Jijau Jayanti, Opening ceremony of Creative Corner & Open Badminton Court for Students on the occasion of National Youth Day
Date of the event	12/01/2022
Time of the event	02.00 pm
Location of the event	College Classroom No 01
Participants	NSS Volunteers, Teachers & Students
Number of persons attending the event	Total -111 (Offline – 11 Online – 100) Teaching -06, Non-Teaching – 01, Students- 04 (Total – 11 Offline
Organizing committee	N.S.S., Cultural & Sports Department
Contact person	Dr. Rajesh Mhaske/ Dr. Shweta More
Google Drive Link	https://drive.google.com/drive/folders/1j0f1rzBojSs1MCIijVFpTy3M56aD3iQI?usp=sharing
Email address	carcnss@gmail.com/ carccultural2018@gmail.com
Brief summary of the event	• Programme started at 02.00 pm • Welcome speech & Introduction of programme given by Dr. Mhaske as NSS Programme Officer. • Fourth year student Miss Sanika Khokale has explained life story and social work of Swami Vivekanand & Rajmata Jijau in very descent manner by PPT. • Fourth year student Prem Dale also gave a nice speech on Youth Day. • Hon. Principal Madam Dr. Ragini Patil madam gave a nice speech on Rajmata Jijau's inspirational work and Swami Vivekanand's thoughts for youths. She also emphasizes on responsibilities of today's youth and guided students in a very descent manner. • Vote of thanks given by Dr. Shweta More, Cultural committee head. • Official announcement of CARC Youth Club & inauguration of CARC Creative Corner done by Hon Principal Madam. • Opening of Open Badminton Court for students done by Hon. Principal & Vice principal. • UG Students, Teaching staff & non-teaching staff were participated in this National Youth Day celebration event. (Total 111) (Offline-11/ Online-100) • Thanks to Respected Principal mam for giving us such opportunity.

पु.ज्ञि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 4200/2022
दिनांक - 13/1/2022
लेखनिक (3)
प्राचार्य

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE - 44

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

P.D.E. A's

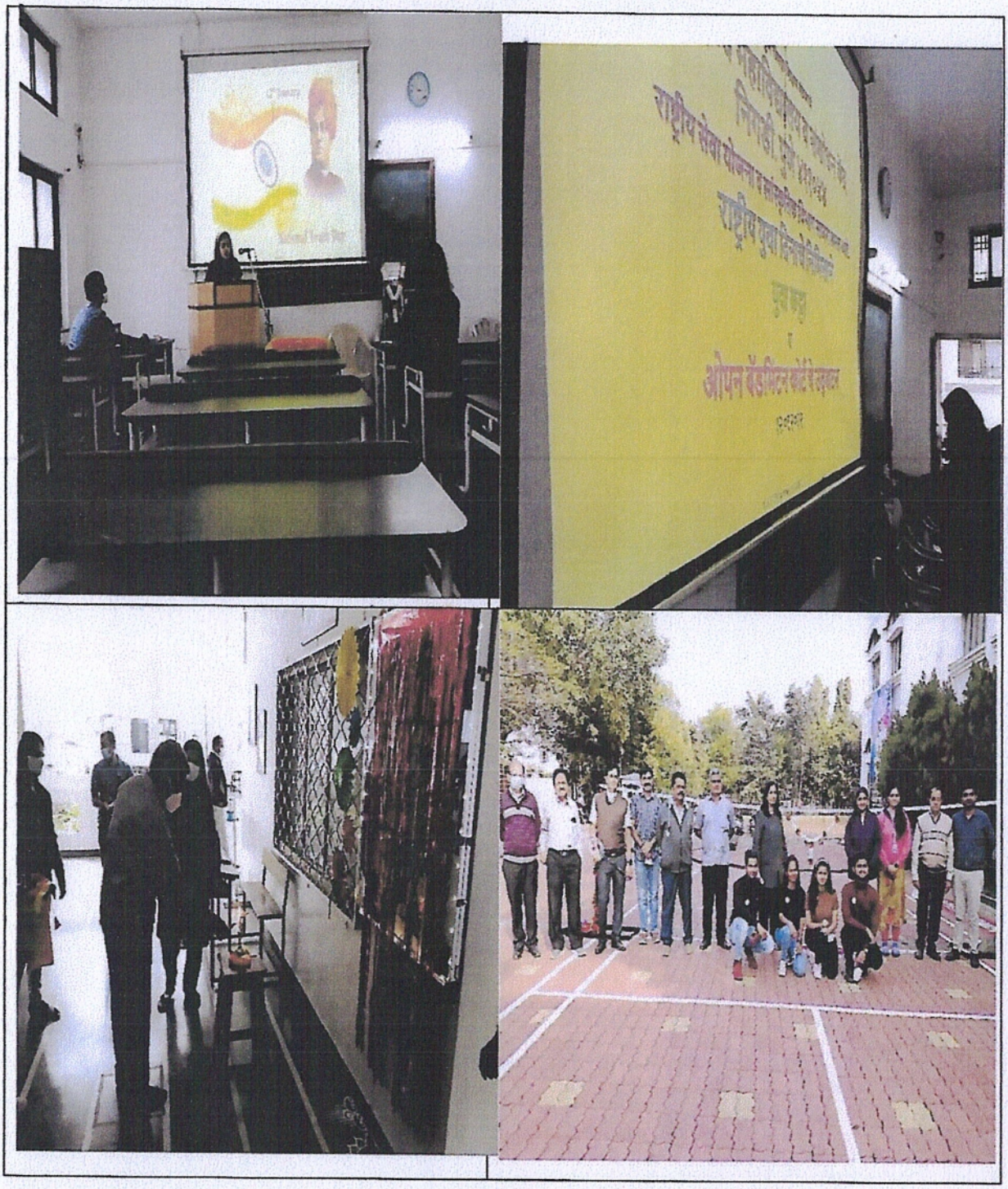
COLLEGE OF AYURVED & RESEARCH CENTRE, NIGDI, PUNE 411044

N.S.S.,SPORTS & CULTURAL DEPARTMENT CELEBRATING

"NATIONAL YOUTH DAY"

Place: -Classroom No - 01 Date: - 12/01/2022

Post event summery report



P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal

Principal
P.D.E.A'S
College of Ayurved And Research Cent
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S., BALROG & STRIROG DEPARTMENT CELEBRATING

"NATIONAL GIRL CHILD DAY"

Place: -Classroom No - 02 Date: - 24/01/2022

Post event summery report

Name of the event	Celebration of "Girl Child Day" on the occasion of Azadi ka Amrit Mahotsav 75
Date of the event	24/01/2022
Time of the event	09.30 am
Location of the event	College Classroom No 02
Participants	Teachers &Non-Teaching Staff
Number of persons attending the event	Teaching -21, Non-Teaching – 01, Total -22
Organizing committee	N.S.S., Balrog & Streerog Department
Contact person	Dr. Rajesh Mhaske/ Dr Madhavi Devdas/ Dr. Neha Sanas
Google Drive Link	https://drive.google.com/drive/folders/1rkx8Udy-_jvBcl3I2cL24PM04xbXesH0?usp=sharing
Email address	carcnss@gmail.com
Brief summary of the event	• Programme started at 09.30 am • Welcome speech & Introduction of programme given by Dr. Mhaske as NSS Programme Officer. • Importance of celebration of National Girl's Child Day explained by Dr. Rajesh Mhaske. • Dr. Madhavi Devdas Madam, HOD Balrog dept gave an excellent lecture on Nutrition for Girls. • Dr. Neha Sanas, Lect. Streerog Dept gave an excellent lecture on Prevention of Sex determination & prevention of female infanticide. • Vote of thanks given by Dr. Anjali Jadhav, HOD Streerog Department. • Teaching staff & non-teaching staff were participated in this National Girls Child Day celebration event. (Total 22) • Thanks to Respected Principal mam for giving us such opportunity.

प्रा.जि.शि.सं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 4359/2021-22
दिनांक - 24/11/2022
लेखनिक Mult (3)
प्राचार्य

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

P.D.E. A's

COLLEGE OF AYURVED & RESEARCH CENTRE, NIGDI, PUNE 411044

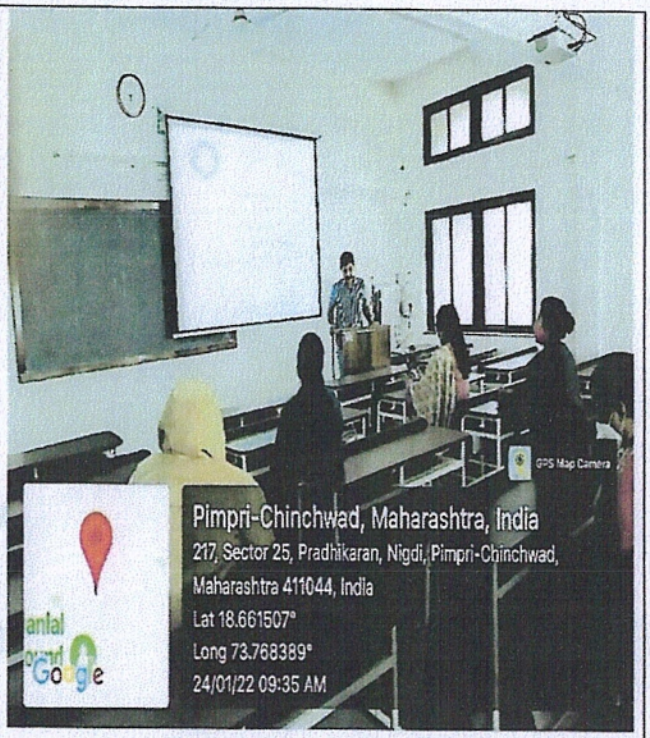
N.S.S., BALROG & STRIROG DEPARTMENT CELEBRATING

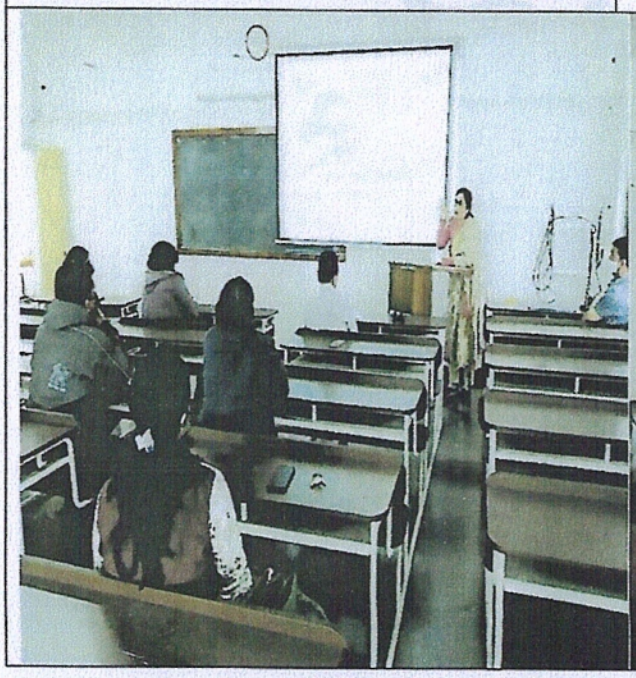
"NATIONAL GIRL CHILD DAY"

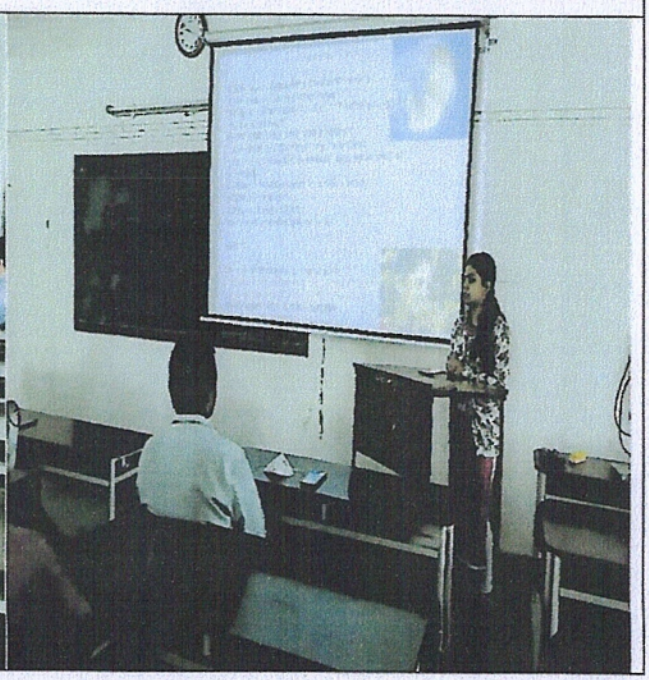
Place: -Classroom No - 02Date: - 24/01/2022

Post event summery report









Principal

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

N.S.S. DEPARTMENT CELEBRATING

"NATIONAL VOTER'S DAY"

Place: -Classroom No – 02 & Premise of college Date: - 25/01/2022

Post event summery report

Name of the event	Celebration of "National Voters Day" on the occasion of Azadi ka Amrit Mahotsav 75
Date of the event	25/01/2022
Time of the event	09.30 am
Location of the event	College Classroom No 02 & Premise
Participants	Teachers &Non-Teaching Staff
Number of persons attending the event	Teaching- 30, Non-Teaching – 02, P.G. Student- 01 Total -33
Organizing committee	N.S.S.
Google Drive Link	https://drive.google.com/drive/folders/1zNETBOOA42kTB1ZSbh9jb1PS3--hlJUE?usp=sharing
Contact person	Dr. Rajesh Mhaske
Email address	carcnss@gmail.com
Brief summary of the event	• Programme started at 09.30 am • Welcome speech & Introduction of programme given by Dr. Mhaske as NSS Programme Officer. • Importance of celebration of National Voter's Day explained by Dr. Rajesh Mhaske. • Lecture on Democracy & Election given by Dr. Mhaske. • Oath for Voters given by Dr. Mhaske to all participants at college premise. • Vote of thanks given by Dr. Rajesh Mhaske • Teaching staff & non-teaching staff were participated in this National Voter's Day celebration event. (Total 33) • Thanks to Respected Principal mam for giving us such opportunity.

पु.ल.शि.सं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
पिंपरी, पुणे-४४.
पावक क्र. 4388/2021-22
दिनांक - 25/1/2022
लेखनिक Patil.
प्राचार्य

COLLEGE OF AYURVEDIC RESEARCH ANURADHA PUNE-44

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C., NIGDI PUNE-44.

P.D.E. A's

COLLEGE OF AYURVED & RESEARCH CENTRE, NIGDI, PUNE 411044

N.S.S. DEPARTMENT CELEBRATING

"NATIONAL VOTER'S DAY"

Place: -Classroom No – 02 & Premise of college Date: - 25/01/2022

Post event summery report



P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE - 44

Principal

Principal
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College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

P.D.E. A's

COLLEGE OF AYURVED & RESEARCH CENTRE, NIGDI, PUNE 411044

N.S.S. DEPARTMENT CELEBRATING ON THE OCCASION OF

AZADI KA AMRIT MAHOTSAV 75

73rd REPUBLIC DAY 26.01.2022

Post event summery report

Name of the event	73rdRepublicDay Flag hosting ceremonyon the occasion of Azadi ka Amrit Mahotsav 75
Date of the event	26th January 2022
Time of the event	07.45 am
Location of the event	Campus of the college
Participants	Hon. Principal representative, Directors of the college, Teachers, Non-teaching staff, Deputy Superintendent, RMO, Para-medical staff.
Number of persons attending the event	Approx. 87 (Teaching – 44 Non-Teaching-33)
Organising committee	NSS
Google Drive Link	https://drive.google.com/drive/folders/1O5CNbK48CpkvBUB3w2bi3V50MKId7sw3?usp=sharing
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Brief summary of the event	• The Hon. Principal representative Dr. Mrs. Meenal Lad was the chief guest of the programme. • She hoisted the national flag sharp at 07.55 am. All the students, teachers and staff saluted the flag and then sang the National Anthem honouring it. • Academic coordinator Dr. Milind Mokashi sir gave best wishes to all. • Hon Principal Representative Dr. Meenal Lad gave a short speech on the occasion of National Republic Day, she gave best wishes to all. • Cultural committee head Dr. Shweta More madamexpressed the vote of thanks. • At the end of the ceremony, sweet pedhas were distributed among the students. • A breakfast and tea were arranged for staff.

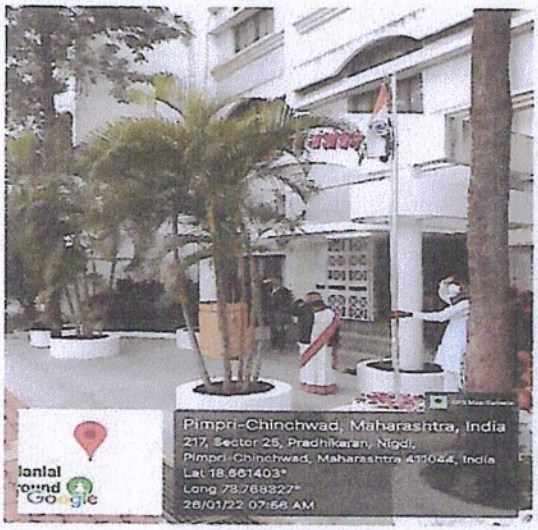
पु.जि.शि.सं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 4402/2021-22
दिनांक - 27/1/2022
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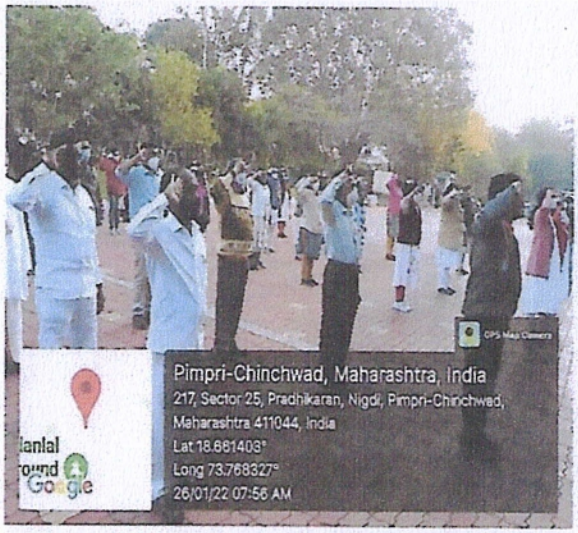
Dr. Rajesh Mhaske

Programme Officer, NSS

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C. NIGDI PUNE-44

73rd Republic Day 26 JANUARY 2022 Celebration









P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report **Date-**4/02/2022

Name of the event- Guest lecture Topic – World Cancer Day.

Date of the event- 4/02/2022

Organizing department/ committee- Department of Shalyatantra

Location of the event- Auditorium CARC, Nigdi.

Number of persons attending the event- 97

UG students 76, PG students 11 and Teachers: 10

Mode of event- Online/ Offline- Online

Link of online event- Meeting ID-89258214938, Passcode-747506

Drive Link for Photos-N.A.

You tube link for video-N.A.

Contact person- Dr. Madhavi Banarase

Telephone number- 9423207569

Email address- carcshalya@gmail.com

प्राप्ती पु.जि.शि.मं.चे आयुर्वेद महाविद्यालय व संशोधन केंद्र निगडी, पुणे-४११०४४. आवक क्र. 18/22/2021-23 दिनांक 4/2/2022 स्वाक्षरीत प्राचार्य

Brief summary of the event-

A guest lecture was organised by Shalyatantra Department on – World Cancer Day in Surgery by Dr.Shrikant Ankolikar Sir, Hon. Onco-Surgeon, Ayurved Rugnalaya and Sterling Multispeciality Hospital, Nigdi. And Dr. Hon. Dr. Kuldeep Kumar Pandey sir,Professor & H.O.D.,Department of Sangyaharan, Faculty of Ayurved institute of medical sciences, B.H.U., Varanasi.

On the occasion of World Cancer Day, under the banner Azadi ka Amrut Mahotsava .Dr. Dr.Shrikant Ankolikar Sir and Dr. Kuldeep Kumar Pandey Sir, nicely explained the topic on Awareness, cure and care of Cancer Patients. Lecture was very beneficial for all students and teachers also. Lecture was followed by questions and answers.

Signature MSBanarase

Name Dr. M.S. Banarase

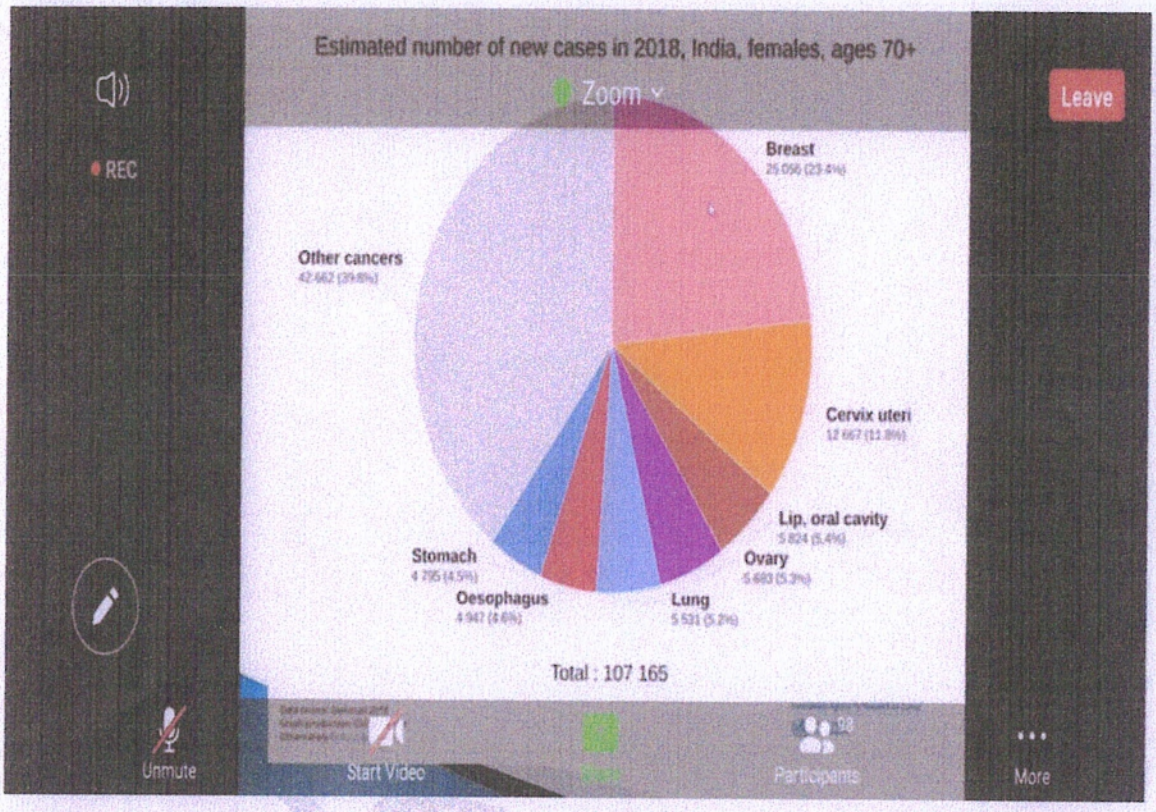
Designation Professor & H.O.D.

Stamp MSBanarase

H. O. D.
Dept. of Shalya Tantra
College of Ayurved & Research Centre
Nigdi

Name of the Department- Shalyatantra **NAAC Metric No.**

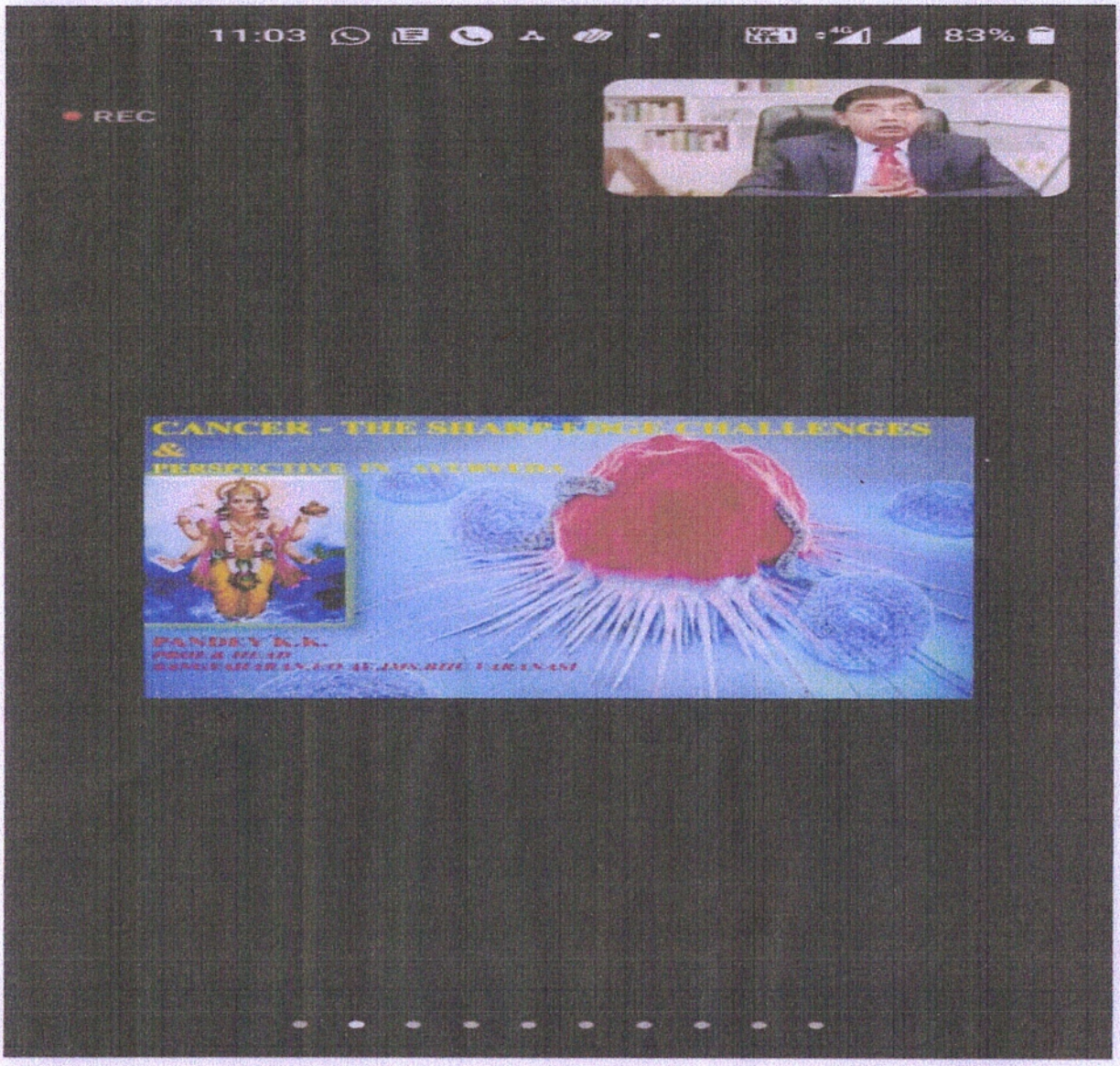
Photos of the Event



Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department- Shalyatantra	NAAC Metric No.

Photos of the Event



Principal
P.D.E.A'S
College of Ayurved and Research Centre

Name of the Department- Shalyatantra	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

Date:11/02/2022

POST EVENT SUMMARY REPORT

Name of the event-	National Deworming Day
Date of the event-	10/02/2022
Organising department / committee-	Department of Balrog
Location of the event-	PDEA's Shishuvihar Priamary School, Akurdi, Pune
Number of persons attending the event-	100
Mode of event-	Offline
Link of online event-	-
Drive Link for Photos-	https://photos.app.goo.gl/c41BoSNpoLebDZoY8
You tube link for video-	-
Contact person-	Dr. Madhavi Deodas (9423010818)
Email address-	balrogdept@gmail.com

BRIEF SUMMARY OF THE EVENT-

On National D-worming Day Kaumarbhritya-Balrog department celebrated National D-Worming Day at PDEA's Shishuvihar Primary School, Akurdi, Pune.

In this celebration we examined nearly 90 students of 1st St. We distributed Deworming tablet to all students' Dr. Madhavi Deodas guided the students and their parents on **Child Health and importance of hygiene.** All the parents were happy and seem satisfied.

In this program Dr Sudha Singh along with PG and UG students took active participation.

Regards and Thanks,

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44 P.D.E.A.S.

पु.जि.शि.सं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 405/2021-22
दिनांक - 10/2/2022
लेखनिक (3)
प्राचार्य

Deodas

Signature

Name: Dr. Madhavi Deodas

H.O.D.
Dept. of Kaumarbhritya
College of Ayurved & Research Centre
Nigdi

Designation: Professor and HOD

Name of the Department: BALROG **NAAC Metric No. 7.1.10**

Pune District Education Association's

College of Ayurved & Research Centre

PHOTOS OF THE EVENT







COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE. 44 P.D.E.A.'S

Principal Signature

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Stamp

Name of the Department: BALROG	NAAC Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING

Chhatrapati Shivaji Maharaj Jayanti, Janmotsav

Place: -College Campus Date: - 19/02/2022

Post event summery report

Name of the event	Celebration of Chhatrapati Shivaji Maharaj Jayanti, Janmotsav
Date of the event	19/02/2022
Time of the event	10.30 am
Location of the event	College Campus
Participants	NSS Volunteers, Teachers & Students
Number of persons attending the event	Teachers- 03 Students – 56 Others- 07 Total- 66
Organizing committee	N.S.S. Department
Contact person	Dr. Rajesh Mhaske
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders /1Rdzk8iKUqJfCSYwa3KByM_aJLI7RU4B_?usp=sharing
Brief summary of the event	• Programme started at 10.30 am • Welcome speech & introduction of programme given by Dr. Mhaske. • Anchoring of whole programme done by fourth year student Miss. Rutuja Sawant. • Shivajanmotsav celebrated by singing Palana by all students. • Shivapratidnya given by Fourth year student Miss Anagha Kirdant, followed by all students. • Hon. Principal Representative Dr. Meenal Lad madam gave a nice speech on the valuable social work of Chhatrapati Shivaji Maharaj, she also emphasizes on his social work and guided students in a very descent manner. • Intern student Ashish Phalke gave a very nice speech on various aspects of Chhatrapati Shivaji Maharaj and his forthsight. • UG Students, Teaching staff & non-teaching staff were participated in this event. (Total 60) • Vote of thanks given by fourth year student Miss. Tejashree Pawar. • Thanks to Respected Principal mam for giving us such opportunity.

प.दि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 4758/2021-22
दिनांक - 21/12/2022
लेखनिक Patil
प्राचार्य

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44 PDEA'S

PROGRAM OFFICER
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C.A.R.C.,NIGDI,PUNE-44.

N.S.S. DEPARTMENT CELEBRATING

N.S.S. Department	**NAAC Metric No.**

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING

Chhatrapati Shivaji Maharaj Jayanti, Janmotsav

Place: -College Campus Date: - 19/02/2022

Post event summery report



PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

N.S.S. Department	NAAC Metric No.

28/02/2022

Report on 'National Science Day Celebration'

Name of the event: National Science Day celebration

Date: 25/02/2022

Time and Place: 9.00am to 4.00 pm at College of Ayurved and Research Centre, Nigdi, Pune-44

Participants: 4th BAMS students (Aglave batch)

Brief description of the event:
28th February is celebrated as 'National Science Day' every year. On the occasion of that we decided to organize 'Science day exhibition' in our college on 25/02/2022.
As per plan, firstly take the permission of respected Principal Madam through application. After getting permission with the help of 45- 4th BAMS students of Aglave batch, Dr. Yogini Kulkarni (HOD of Research dept.) decided to prepare different models related to Medical field for science day exhibition.
Within two days, students were prepared 7 different models; different charts showing information about famous scientist. On 25th Feb 2022 at 11.00 am, Exhibition was started with inauguration by Principal Madam and Dr. Yogini Kulkarni madam. After that, Principal Dr. Ragini Patil madam, Vice Principal Dr. Bobade sir and all teaching staff were observed all these models with presentation by students. After these presentations 3 winners were selected by 2 Judges- Dr. Shweta More madam and Dr. Chinmay Phadke sir.

List of winners with name of their model and prize amount is given below:

Prize	Name of the Model	Prize amount
First Prize	OT model	1000/-
Second Prize	Panchakarma Model	500/-
Third Prize	Brain and spinal cord model	300/-

Prize distribution was held around 3.30 pm. Prizes were distributed by Dr. Yogini Kulkarni madam to winners. Program was ended by vote of thanks given by Kulkarni madam and after that some snacks were served among students

Total Expenditure spent for this program:

Particulars	Amount
Material purchased for Model and chart preparation	2600/-
Prize amount	1800/-
Snacks	1100/-
Total	5500/-

P.D.E.A.'S College Of Ayurved And Research Centre AKURDI PUNE-44

Received
03/3/2022

List of students with name of their model prepared is given below:

Sr.	Name of the Students	Modal Name	Sr.	Name of the Students	Modal Name
1	Rushikesh Thombare	Brain and Spinal Cord	5	Snehal Raut	Shatchakra Model
	Rachana Ghagar			Tejmala Kadam	
	Vijay Bomble			Rutuja Paskanti	
	Prathmesh Ahire			Bhagyashri Mache	
	Vaibhav Kolhe			Shihari Shekade	
2	Rutuja Sawant	Rasavaha , Pranvaha Strotas Model Indian Scientist chart		Aniket Takpire	
	Snehal Bhingardive			Rushikesh Deshpande	
	Renu Salunkhe		6	Ayesha Attar	Rasshala- Amruta Ayurveda Pharmacy model
	Pallavi Gaikwad			Sneha Borate	
	Ashwini Rathod			Geeta Kalshetty	
	Devyani Valvi			Prajkta Khadse	
3	Sharayu Ghatol	Marma Model	7	Shailesh Aglave	Panchkarma Model
	Vijayalaxmi Hingmire			Aditya Pise	
	Amalnath Vishwanathan			Pranal Yadav	
	Sanika Khokle			Minal Gaikwad	
	Akshay Mahamulkar			Sayli Alve	
	Juhi Patil			Anagha Kridant	
	Nivedita Salvekar			Shital Dugane	
	Kanchan Tekade			Shubhangi Kakde	
4	Vaibhav Magar	OT model			
	Rushikesh Mahakal				
	Shivani Mane				
	Rutuja Mengade				
	Pravina Chavan				
	Shubhangi Nakade				
	Vaishnavi Kunjir				
	Prachi Todkari				

Photos and documents are attached here with this report.

HOD

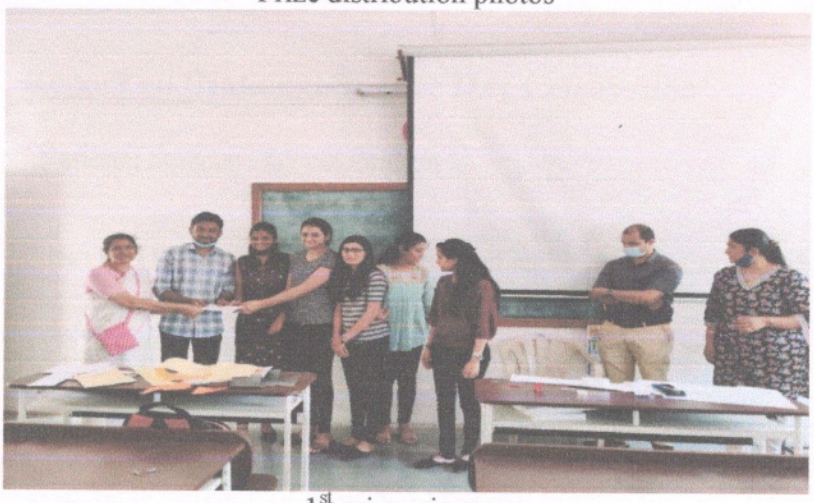
H. O. D.
Research Methodology
College of Ayurved And Research Centre
Akurdi. Pune - 411 044.

Principal

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

P.D.E.A'S College Of Ayurved And Research Centre AKURDI PUNE - 44.

Prize distribution photos



1st prize winners



2nd Prize winners



3rd prize winners

Principal
P.D.E.A'S
College of Ayurved And Research Cen
Nigdi, Pune - 4

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report **Date-15/3/2022**

Name of the event- on the occasion of Azadi ka Amrit Mahotsav and World Glaucoma Week Celebration 2022 (Glaucoma awareness and screening camp)

Date of the event- 7/03/2022 to 12/03/2022

Organising department/ committee- Shalakya tantra

Location of the event- ARSMH Eye OPD

Number of persons attending the event- 170

Mode of event- Online/ Offline-Offline

Link of online event-NA

Drive Link for Photos-
https://photos.google.com/album/AF1QipMxgwQmRwvru34V3G4rlx7MVA6QEJEaL7zXw1E

Email address- shalakya.carc@gmail.com

Brief summary of the event-

On occasion of Azadi ka Amrit Mahotsav and World Glaucoma Week 2022, Department of **SHALAKYA TANTRA** has organized Glaucoma awareness week from 07/03/2022 to 19/03/2022.Basic glaucoma screening with Eye Check up, Intra ocular pressure checking and ophthalmoscopy was done of 170 patients in Eye OPD of ARSMH.

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निगडी
आवक क्र. 4960/2022-23
दिनांक - 15/3/2022
लेखनिक (3)
प्राचार्य

Signature

Designation-

Name

H.O.D.
Dept of Shalakya Tantra
College of Ayurved & Research Centre
Nigdi

Name of the Department Shalakya tantra **NAAC Metric No.** 7.1.10

P.D.E.A.'s COLLEGE OF AYURVEDIC RESEARCH
AKURDI
PUNE - 44

Scanned with CamScanner

Photos of the Event

पुणे जिल्हा शिक्षण मंडळाचे
आयुर्वेद महाविद्यालय व संशोधन केंद्र संचालित

आयुर्वेद रुग्णालय व स्टर्लिंग मल्टिस्पेशालीटी हॉस्पीटल
निगडी प्राधिकरण, पुणे-४४.

काचबिंदु निदान शिबीर

World Glaucoma Week
March 6-12,2022

World Glaucoma Week निमित्त
दि. ०७/०३/२०२२ ते १२/०३/२०२२ या कालावधीत शालाक्य विभागातर्फे काचबिंदु निदान शिबीराचे आयोजन करण्यात आले आहे.

काचबिंदु लक्षणे : - कमी दिसणे, डोळे लाल होणे, डोळे दुखणे, मळमळ उलटी, डोके दुखी.

दि. : ०७/०३/२०२२ ते १२/०३/२०२२, वेळ : स. ९ ते दु. ३

स्थळ : नेत्र ओपीडी क्र. १२२

* तज्ञ शालाक्य चिकित्सक *
डॉ. चंदना विरकर, डॉ. मलीषा पिंगळे,
डॉ. संदीप दारुंडे, डॉ. श्रद्धा खोले



P.D.E.A.'s College Of Ayurved And Research Centre Akurdi Pune-44

Principal
College of Ayurved & Research Centre
Akurdi, Pune - 411044.

Name of the Department Shalakya tantra NAAC Metric No. 7.1.10

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Akurdi, Pune 411044.

P.D.E.A.'s College Of Ayurved And Research Centre
Akurdi Pune-44

Name of the Department Shalakya tantra	NAAC Metric No. 7.1.10

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Pune District Education Association's

College of Ayurved & Research Centre

Department of Shalyatantra

Date: 12/03/2022

Post event summery report:

Name of the event : Guest lecture - Topic – World Kidney Day.

Venue: Offline

Date: 12/03/2022

Time: 02.00 to 4.00 PM

Venue : College Auditorium.

No. of Participants attended the event

Students: UG: 60 PG: 7

Teachers: 05

Guest Lecturer:

Hon. Dr. Deepak Kumar Mane,

Consultant Urologist,

P.C.M.C., Pune.

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 2245/2021-22
दिनांक 12/3/2022
स्वाक्षरीत (3) प्राचार्य

Activity: A guest lecture was organised by Shalyatantra Department on occasion of **World Kidney Day** under the banner Azadi ka Amrit Mahotsav. Dr. Deepakkumar Mane sir elaborated the topic Renal Stone and its complications.

Lecture was very beneficial for all students and teachers also. Lecture was followed by questions and answers.

Signature:

Name: Dr. Kiran P. Mendhe

Designation: Associate Professor

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Stamp:

H. O. D.
Dept. of Shalya Tantra
College of Ayurved & Research Ce
Nigdi

Name of the Department : Shalyatantra	NAAC Metric No. 5.1





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Nigdi, Pune - 411 044.

Name of the Department : Shalyatantra **NAAC Metric No. 5.1**

Pune District Education Association's

College of Ayurved & Research Centre

SHALAKYATANTRA DEPT.

Post event summary report

Date- 22/03/2022

Name of the event-Guest lecture on occasion of Azadi ka amrit mohatsav and Oral health day .

Guest speaker- Dr Annu Birajdar(Dhanurkar).

Topic—"Basic dentistry"

Date of the event- 22/03/2022.

Organising department/ committee- Shalakyatantra.

Location of the event- PDEA'S CARC Akurdi- Auditorium.

Number of persons attending the event- UG-48, PG-07, Teachers-04.

Mode of event- Online/ Offline- Offline.

Drive Link for lecture recording -
https://drive.google.com/drive/folders/1U95qyJ2bb80gY4NIsmY6Y04YIJ3wB8SG?usp=sharing

Email address- shalakya.carc@gmail.com

Brief summary of the event-

Shalakyatantra department of PDEA's college of Ayurveda and Research Centre, Nigdi, Pune has conducted a offline guest lecture on the topic –" Basic dentistry" and done awareness about oral health on 22/03/2022at 2-4 pm.for UG,PG students and teachers.

Signature

Designation

Name

H.O.D.
Dept of Shalakya Tantra
College of Ayurved & Research Centre
Nigdi

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे ४४.
आवक क्र. 501/2021-22
दिनांक - 24/3/2022
लेखनिक
प्राचार्य

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Name of the Department Shalakya Tantra **NAAC Metric No. 7.1.10**

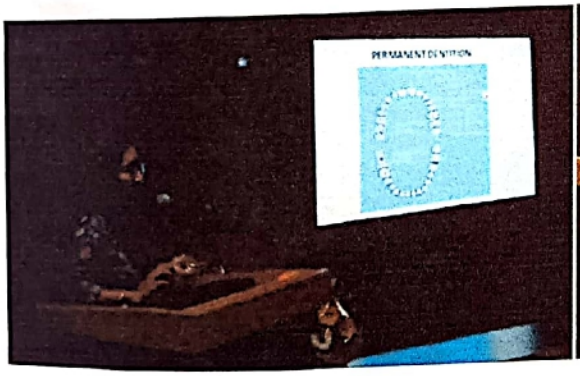
Scanned with CamScanner

Photos of the Event











Principal Signature

Principal
College of Ayurved & Research Centre
Akurdi, Pune - 411044.

College of Ayurved And Research Centre P.D.E.A's AKURDI PUNE-44.

Name of the Department Shalakya Tantra	NAAC Metric No. 7.1.10

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Pune District Education Association's

College of Ayurved & Research Centre

8.7.2022

World Health Day
Report

Name of the event	:	**World Health day**
Date	:	**7/4/2022**
Department	:	**Kriya Sharir**
Activity for day celebration:		**Elocution competition**
Participants	:	**UG Students**
No. of Participants	:	**03**
Email address	:	**carckriyasharir@gmail.com**
Contact person	:	**Dr.Chobhe Swati**
Contact no.	:	**9850716124**

Brief summary

- 7th April is celebrated as World Health Day.
- Kriya Sharir Department celebrates this day every year.
- This year, theme for world health day was- 'Our Planet our Health'. Kriya Sharir dept. had organized elocution competition based on this theme.
- Topics were- 1. Global Warming 2. Cultivation of Ayurvedic plants for healthy mother earth 3. Plastic free India.
- Information of competition was conveyed to students through flyer 7 days prior.
- Total o3 videos received.
- Names of Participants: 1. Sayali Arude 2. Shivpriya Nambiar 3. Prem Dale
- Winner declared: Ms. Sayali Arude
- Prize of Rs.501 and certificate of reward given to winner. Rest have received certificate of participation.

H. O. D.
Dept. of Sharirkriya
CARC Nigdi, Pune - 44

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी
आवक क्र. 1277/2022-23
दिनांक - 25/6/2022
लेखनिक (3)
प्राचार्य

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Pune District Education Association's

College of Ayurved & Research Centre

Date :- 08.07.2022

National level Elocution competition on occasion of World health day 7th April 2022



Winner Ms Sayali Arude

Certficate of Participation



Mr. Prem Dale



Ms. Shivpriya Nambiar

Name of the Department :- Kriya Sharir **NAAC Metric No.7.1.10**

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P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Post event report:

Metric No.- 7.1.10

Name of the Event: - Fire Prevention and Management

Lecturer: Mr Hemant Jagdhane, Mr Shirsat

Occasion: - World Fire Day

Date of camp: - 14/4/2022

Timings: - 11 AM to 12.30 PM

Mode of Lecture: - Offline

No: of persons attending the event: – 81
(UG, PG students and Teaching and Hospital staff)

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निगडी, पुणे-४११०४४.
आवक क्र 178/2022-23
दिनांक - 13/4/2022
लेखनिक
प्राचार्य

Brief summary of event :–

1. Need of Fire safety explained.
2. Various Fire control and safety measures explained.
3. Emergency fire safety management explained.
4. Mockdrill conducted on proper use of fire safety equipment.

Outcome of the event :-

UG, PG students and Teaching and Hospital staff benefited by getting practical exposure of Fire safety and control measures.

Dr Joshi

H.O.D
Dept of Kayachikitsa
College of Ayurved & Research Centre
Nigdi

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Fire Prevention and Management यावर व्याख्यान व प्रात्यक्षिके Mockdrill-



Mock drill Demonstration Video Link-

https://drive.google.com/drive/u/0/folders/1XAfnGxP7HCVWxkUyrQF2ZrjopdeOOqMk

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

for Principal
P.D.E.A'S
College of Ayurved And Research Centre
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Name of the Department	NAAC Metric No. 7

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report **Date-30/04/2022**

Name of the event- On the occasion of Azadi ka Amrit Mahotsav and Noise pollution awareness 2022

Date of the event- 27/04/2022

Organising department/ committee- Shalakya tantra

Location of the event- ARSMH ENT OPD

Number of persons attending the event- 194 online

Mode of event- Online/ Offline-online

Drive Link for Photos

https://photos.google.com/album/AF1QipMs--ygwXiNd2UNhz2vsIFYsppqYWw7z5DUt-Y

You tube link for video- https://youtu.be/vGxFfDEC3d8

Email address- shalakya.carc@gmail.com

Brief summary of the event-

On occasion of Azadi ka Amrit Mahotsav and **Noise pollution awareness** 2022, Department of **SHALAKYA TANTRA** has organized **Noise pollution awareness in the form of small Skit**.at ENT OPD of ARSMH and uploaded on youtube.

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निगडी, पुणे ४४.
आवक क्र. 418/2022-23
दिनांक 30/4/2022
लेखनिक
प्राचार्य

Signature

Designation-

Name H.O.D.
Dept of Shalakya Tantra
College of Ayurved & Research Centre
Nigdi

Name of the Department Shalakya tantra **NAAC Metric No. 7.1.10**

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

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Photos of the Event



Description

Noise pollution awareness

chandana virkar

46	194	Apr 28
Likes	Views	2022

Youtube screenshot

College of Ayurved And Research Centre P.D.E.A.'s Akurdi Pune-44

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Akurdi, Pune - 411044.

Name of the Department Shalakya tantra	NAAC Metric No. 7.1.10

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निगडी - ४११०४४.
आवक क्र. 1199/2022-23
दिनांक 22/6/2022
लेखनिक Chitti.
प्राचार्य

DEPARTMENT OF SWASTHVRITTA

Report of Yoga Activities on occasion of International Day of Yoga 2022

Date: 21/06/2022

Name of the College: **-P.D.E. A's College of Ayurved and Research Centre, Nigdi, Pune-411044.**

Organizing Department: - Swasthavritta

As per direction of Govt of India, Ministry of Youth affairs & Sports, NCISM & Directorate of AYUSH, Yoga activities were conducted in May & June 2022 on the occasion of international yoga day in college.

Following activities were conducted-

Sr.No.	Date	Activity
1.	05/05/22	Guest Lecture on Importance of Yama Niyam
2.	20/05/22	Online National E Poster Competition
3.	20/05/22	Online National E Slogan Competition
4.	20/05/22	Online Guest Lecture on Power of Yoga in Holistic Wellness
5.	11/06/22	Yoga awareness campaign in DY Patil Dyanshanti School for teaching & non-teaching staff, Ravet, Pune
6.	15/06/22	Yoga workshop for HTN & Stress for female teaching staff
7.	16/06/22	Yoga awareness campaign in Mhalsakant school for 12th students
8.	17/06/22	Yoga awareness campaign in DY Patil Dyanshanti School for students, Ravet, Pune
9.	20/06/22	Rangoli Competition on Yoga
10.	21/06/22	Yoga session for all staff & students on college ground as per AYUSH protocol
11.	21/06/22	Yoga awareness campaign in Bramhadatta school, Nigdi,Pune

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Nigdi, Pune - 411 044.

H. O. D.
Dept. of Swastha Vrutta
College of Ayurved & Research Centre
Nigdi

1. GUEST LECTURE ON IMPORTANCE OF YAMA NIYAM-

Date of Event-05 May 2022

Speaker- Mrs.Bahgyashree khandwekar

Topic- Swasthyarakshanarth Yam Niyam palan

Time- 10 am-11.45 am

UG & PG Students: 63
Mode of Event: Offline Venue: Auditorium

Link for geotagged Photos- https://photos.app.goo.gl/ZXzwX6x4t7f6dcs6A

Summary of the event-

Guest lecture was organized by Swasthavritta Department on occasion of International Yoga Day 2022 & Azadi ka Amrutmahotsav 2022.

Lecture is started on time at 10 am. Dr Deepali Manore introduced the guest Mrs.Bahgyashree khandwekar. Dr.Arti Firke welcomed the guest. Mrs.Bahgyashree khandwekar explained topic by giving different examples. She also told how Yam & Niyam can help you to maintain health at physical, mental, social, spiritual level. UG and PG students enjoyed this lecture very much. Some questions were asked by students and answered by Mrs.Bahgyashree khandwekar. After that vote of thanks given by Dr.Deepali Manore.

2. ONLINE NATIONAL E POSTER COMPETITION-20 MAY 2022.

National e poster competition was conducted on 20 May by Swasthavritta department. Posters are received from 5 May to 20 May 22 on Google form, got 35 posters on google form and on email iyogaday20@gmail.com.

Topic given for e poster is-

1. Yoga for All

Total **35 e posters** were received from Maharashtra, Gujrat, Meghalaya & Karnataka.

Two prizes were announced for the winners with three consolation prizes. First prize of 1000 Rs and second Prize of 500 Rs.

College Of Ayurved And Research Centre AKURDI PUNE-44.

COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT

First prize -Rhishikesh Gavali -3rd year BAMS, Govt Ayurvedic College, Nanded
Second prize-Rohan Datta - PG student, Northeastern Institute of Ayurved & Homeopath, Meghalaya
Consolation prizes
1. Falguni Daspute -3rd Year BAMS, CARC, Pune
2. Sayali Arude-2nd Year BAMS, CARC, Pune
3.Ashwini Shinde-3rd Year BAMS, Govt Ayurvedic College, Jalgaon
Drive link of saved e posters-
https://drive.google.com/drive/u/0/folders/1IYyQKr0JTVlUdTnXTFfa1_qSua8k9iaHO-6MxoXQ9mDTpEGi2vHxIGW2xcL4pULPdEKQjyaQ

3. ONLINE NATIONAL E SLOGAN COMPETITION-20 MAY 2022.

National e slogan competition was conducted on 20 May by Swasthavritta department. E slogans are received from 5 May to 20 May 22 on Google form. Total 52 slogans are received.
Topic given for e slogan is-
1. Yoga for All

Total **52 e slogans** were received from Maharashtra, Karnataka & Gujrat. Two prizes were announced for the winners with three consolation prizes. First prize of 1000 Rs and second Prize of 500 Rs.
First prize -Falguni Daspute -3rd year BAMS, CARC, Pune
Second prize-Harshali Nimkar-3rd year BAMS, RT ayurvedic college,Akola
Consolation prizes
1. Ganesh Rode-PG Student, CARC, Nigdi, Pune
2. Tejas More-PhD student, CARC, Nigdi, Pune
3. Komal Gaikwad-PG student, Sumatibai Shah College, Hadapsar, Pune

Drive link of saved e slogans-
https://docs.google.com/spreadsheets/d/19a21A2CoYU7mAc3q-6y7jd9HaVlhkYcgWnRAZA77HwQ/edit#gid=212213326

4.ONLINE GUEST LECTURE ON POWER OF YOGA IN HOLISTIC WELLNESS

Date of Event-20 May 2022
Speaker- Mr. Satyendra Pandey

Topic- Power of yoga in holistic wellness
Time- 11 am-12.30 pm
UG & PG Students: 80
Mode of Event: Online
Link of Zoom for online lecture:
https://us06web.zoom.us/j/86259020691?pwd=dGFWbW4vZm5MS1dSN1dXQUZ3c2lIUT09
Meeting ID: 862 5902 0691
Passcode: 990602
Link for geotagged Photos-
https://photos.app.goo.gl/kAj5Ma6AxKA4mP2M8
Summary of the event-
Guest lecture was organized by Swasthavritta Department on occasion of International Yoga Day 2022 & Azadi ka Amrutmahotsav 2022.
Lecture started on time at 11 am. Dr Arti Firke introduced and welcomed the guest Mr. Satyendra N.Pandey. He elaborated the topic by explaining seven levels of Existence and Yoga aspects. He also told how yoga can help you to maintain health at physical, mental, social, spiritual level. UG and PG students enjoyed this lecture very much. Some questions were asked by students and answered by Mr. Satyendra Pandey. After that vote of thanks is given by Dr Arti Firke.

5. YOGA AWARENESS CAMPAIGN IN DY PATIL DYANSHANTI SCHOOL FOR TEACHING & NON-TEACHING STAFF, RAVET, PUNE

Date – 11 June 2022

Time-9:30 am to 11 am

Organizing team- Dr Manjusha Potdar,
Yoga Teacher Vaishali Nimbalkar
PG students - Dr Mohini Kulkarni
Dr Minakshi Nagapure
Dr Vaishnavi Shinde

Location of the event- D.Y. Patil Dnyanshanti School, Ravet

Number of persons attending the event- Teaching staff- Group 1 = 24,
Group 2 = 15
Non-teaching staff = 21

Mode of event- Offline in auditorium and dance room of the school

Link for Photos-
https://photos.google.com/u/1/album/AF1QipNhgrv897Xr0l_29mMLcXctoJ-UAawtX4a8Is8R

Summary of the event-

Yoga awareness campaign was conducted in D Y Patil Dnyanshanti school Ravet on 11 June on the occasion of international yoga day. All yoga team reached the school around 8:30 am and all teachers were also reached school around same time in comfortable dresses. Programme started at 8 :45 am with omkar and Lord Dhanvantari vandan followed by welcome speech by Dr Mohini Kulkarni, then a speech on introduction of yoga and its need in life was given by Dr Manjusha Potdar. After that all teachers and non-teaching staff were divided into 3 groups, then two sessions of yoga for teachers were conducted in different halls. After that one session of non-teaching staff was also conducted. Yoga teacher Vaishali Nimbalkar and Dr Mohini Kulkarni worked as yoga instructor, Dr Vaishnavi and Dr Minakshi worked as yoga demonstrator on stage, Programme was ended with questions and answers session. Dr Potdar answered the queries of teachers and nonteaching staff and guided them on their health issues and solutions by yoga. All participants were happy with the programme. Feedback was taken, written by nonteaching staff and on google form by teachers.

6. YOGA WORKSHOP FOR HTN & STRESS FOR FEMALE TEACHING STAFF

Date of the event- 15 June 2022

Time – 09:30 am- 10:30 am

Location of the event- Yoga Hall, Swasthavritta department

PDEA's College of Ayurved and Research Centre, Nigdi

Number of teachers attending the event-16

Mode of event- Offline

Yoga workshop photos link-

https://photos.google.com/album/AF1QipNDZg0qVW_llz5fAG2fxOprTSk5wQ9focFEmdcJ

Yoga registration link-

https://forms.gle/Szmzd3BwojaWCR5r7

Yoga workshop feedback link-

https://forms.gle/4MJ7UiPK4mpU4hsd6

Summary of the event-

Workshop of yoga in hypertension and stress for female teaching staff on the occasion of international yoga day 2022 was planned. Registration for yoga workshop was taken on Google form. All instructions about dress code and workshop time and yoga mat were given to the teachers prior one day. On the event day all teachers and organizing department gathered in yoga hall at 9:00 am. Dr Firke worked as co-ordinator, Yoga teacher Mrs Vaishali Nimbalkar was working a demonstrator, Dr Manore, Dr Potdar helped in organization. All teachers performed yoga with full energy and enthusiasm. Feedback was taken from all teachers and certificates were mailed personally to all teachers.

7. YOGA AWARENESS CAMPAIGN IN MHALSAKANT SCHOOL

Date – 16 June 2022

Time-7.30 am to 9 am

Organizing team-Yoga Teacher Vaishali Nimbalkar
PG students - Dr Mohini Kulkarni
Dr Ankita Chikate
Dr Ankita Chavan

Location of the event- Mhalsakant School Ground, Akurdi

Number of persons attending the event- Students of 12th Standards-1050

Mode of event- Offline in College ground

Link for Photos-
https://photos.google.com/album/AF1QipNOxeK5uJYzXbqx3cFMddM_FuhCButDszpXhcBa

Summary of the event-

College Of Ayurved And Research Centre AKURDI PUNE - 44

COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT

Yoga awareness campaign was conducted in Mhalsakant School Ground, Akurdi for 12th students on 16 June on the occasion of international yoga day. All yoga team reached the school around 7:30 am. Programme is started at 7 :45 am with omkar and Lord Dhanvantari vandana followed by speech of Dr Mohini Kulkarni. After that session of yoga for 12th students was conducted on college ground. Yoga teacher Vaishali Nimbalkar and Dr Mohini Kulkarni worked as yoga instructor, Dr Ankita Chikate is worked as yoga demonstrator on stage, Programme was ended with questions and answers session. Dr Mohini Kulkarni answered the queries of teachers and students and guided them on their health issues and solutions by yoga. All participants were happy with the programme.

8. YOGA AWARENESS CAMPAIGN FOR SCHOOL CHILDREN IN D.Y. PATIL DNYANSHANTI SCHOOL RAVET

Date – 17 June 2022

Time- 8:00 am to 9:30 am

Organizing team- Dr Manjusha Potdar,
Yoga Teacher Vaishali Nimbalkar
PG students - Dr Mohini Kulkarni
Dr Minakshi Nagapure
Dr Vaishnavi Shinde
Dr Ganesh Rode

Location of the event- Playground of D.Y. Patil Dnyanshanti School, Ravet

Number of students attending the event-
Students of class 1st to 10th standard total - 520

Mode of event- Offline on playground of the school

Drive Link for Photos-
https://photos.google.com/album/AF1QipNVadcuQL5q38j3WVCBE6KJTYBKshxF9blvl5as

Summary of the event-

Yoga Awareness Campaign for School children in D.Y. Patil Dnyanshanti School Ravet was conducted on 17 June 2022. All yoga team and school children with Principal, Vice-principal and other teachers gathered on

playground of school around 7:50 am. Programme started at 8 :00 am after prayer of school. Welcome speech given by Dr Mohini Kulkarni. Yoga session for students started Dr Mohini Kulkarni worked as yoga instructor and yoga teacher Mrs Vaishali Nimbalkar and, Dr Vaishnavi and Dr Minakshi worked as yoga demonstrator on stage. Dr Potdar worked as organized with necessary arrangements of students and demonstrators on stage all children enjoyed yoga session very much. Received appreciation letter from institute for the same.

9. RANGOLI COMPETITION ON YOGA

Rangoli competition was conducted on 21 June by Swasthavritta department. Total 11 registrations are received.
Topic given for Rangoli is-

1. Yoga for All
   Location-College campus, Near Dhanvantari

Two prizes for UG & PG separately were announced for the winners with two consolation prizes. First prize of 1000 Rs and second Prize of 500 Rs.
First prize -UG Vijaylaxmi Hingmire,Sayali Alve & Minal Gaikwad -4th year BAMS, CARC, Pune
PG Dr Minakshi Nagpure-MD Swasth.1st year
Second prize-UG Shruti Kale,Arya Nikam & Rucha Shelke-1st year BAMS, CARC, Pune
PG Dr Mohini Kulkarni -MD Swasth 1st year
Consolation prizes
1.Mayuri Umbardand-2nd year BAMS, CARC, Nigdi, Pune
2.Dr Anuja & Dr Divyashree-Teaching staff, CARC, Nigdi, Pune
Drive link of Rangoli photos-
https://photos.google.com/album/AF1QipOKBqVnkdTm2YileWVS_Hi06DUODweb5myzqz7f

Prize distribution was done on 21st June after yoga session. Dr Lad has given the medals & certificates to winners.Dr Arti Firke announced the result and Dr Jamdade has judged the competition.

10. YOGA SESSION FOR ALL STAFF & STUDENTS ON COLLEGE GROUND AS PER AYUSH PROTOCOL

Yog saptah is ended with celebration of international yoga day 2022 on 21st June and prize distribution ceremony. Morning Yoga Demo (7.00 a.m. to 8.00 a.m.) was conducted. Numbers of Participants in Morning demo were **117**

Name of YOGA teacher who conducted the morning demo: -

1. Mrs. Vaishali Nimbalkar

Demonstrator

1. Dr Minakshi Nagpure
2. Dr Vaishavi Shyende

Name of the Asanas and Pranayama conducted during the morning demo: -

Yoga Prayer, Joint Rotation, Tadasana, Vrukshasana, Padhastasana, Ardhachakrasana, Trikonasana, Bhadrasana, Vajrasana, Ardhushtrasana, Ushtrasan,Shashankasana, Uttan Mandukasana, Vakrasana, Makarasana, Bhujangasana, Shalabhasana, Setubandhasana, Uttanpadasana, Ardhhalasan, Pavanmuktsana, Shavasana, Kapalbhati, Anulomvilom Pranayama, Sheetali Pranayam,Bhramari pranayama, Dhyan, Sankalp, Shanti path.

After yoga session, prize distribution ceremony was conducted.

11. YOGA AWARENESS CAMPAIGN FOR SCHOOL CHILDREN IN SHRI BRAMHADTTA VIDYALAYA, NIGDI, PUNE

Date – 21 June 2022
Time- 11am to 12 pm
Organizing team- Dr Deepali Manore,
Yoga Teacher Vaishali Nimbalkar
PG students - Dr Minakshi Nagapure
Dr Radha Katti
Location of the event- Shri Bramhadtta Vidyalaya,Nigdi,Pune
Number of students attending the event- 15

Mode of event- Offline on playground of the school

Drive Link for Photos- https://photos.app.goo.gl/RhKCi9ABDUV5WfQi8

Summary of the event-

Yoga Awareness Campaign in Shri Bramhadtta Vidyalaya,Nigdi,Pune for mentally retarded children was conducted on 21 June 2022. All yoga team and school children with Principal, Vice-principal and other teachers gathered on playground of school around 10.45 am. Programme started at 11 am. Welcome speech given by Mr. Ravindra Joshi. Yoga teacher Mrs Vaishali Nimbalkar conducted Yoga session and Dr Meenakshi Nagpure worked as yoga demonstrator. All co-ordination & necessary arrangements done by Dr Manore

Children enjoyed yoga session very much. Received appreciation letter from institute for the same.

College Coordinators:

1. Name-Dr.R.B.Bobade-Professor & HOD of Swasthavritta departmentEmail id-rajkumarbobade@gmail.com & Phone-9403928005
2. Dr.Arti Firke-Associate Professor-Swasthavritta Department, arfirke@gmail.com & Phone-8888845674
3. Dr.Deepali Manore-Associate Professor-Swasthavritta Department, dr.manore@gmail.com & phone-9881650526
4. Dr Manjusha Potdar - Lecturer-Swasthavritta Department Sharvarivedpathak10@gmail.com & Phone-9145738185

Principal-Dr.Ragini R.Patil
Principal
PDEA's College of Ayurved and Research center, Nigdi, Pune 411044



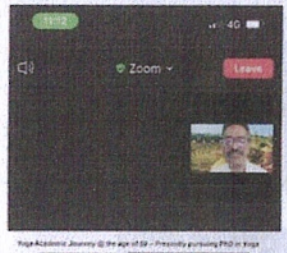


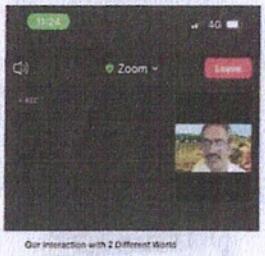


Pune District Education Association's

College of Ayurved & Research Centre

Event: Guest lecture
Date:20.05.2022
Topic: Power of yoga in holistic wellness
Venue: Online on Zoom













Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department-Swasthavritta	NAAC Metric No. -7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Yoga workshop for HTN & Stress for female teaching staff

15/06/2022





Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

P.D.E.A'S College Of Ayurved And Research Centre AKURDI PUNE - 44

COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT

Name of the Department-Swasthavritta	NAAC Metric No. -7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

17/06/2022







College of Ayurved And Research Centre Akurdi Pune-44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department – Swasthavritta NAAC Metric No.-7.1.10, 8.1.8, 3.4.4

Pune District Education Association's

College of Ayurved & Research Centre

Yoga session for all staff & students on college ground as per AYUSH protocol

21/06/2022





Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department-Swasthavritta

NAAC Metric No. -7.1.10

AZADI KA AMRITMOHOTSAV 75
N.S.S. DEPARTMENT CELEBRATING
"WORLD CYCLE DAY"

Post event summery report

Name of the event	Azadi ka Amrit Mohotsav 75 Organization of Slow Cycle Competition on the occasion of "World Cycle Day"
Date of the event	03/06/2022
Time of the event	02.30 pm
Location of the event	C.A.R.C. College Ground
Participants	NSS Volunteers
Number of persons attending the event	Teachers- 05, Non-Teaching- 03, Students- 35 Total – 43
Organizing committee	NSS
Mode of Event	Offline
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/1TW4R32Z22v8Qz5tbYGaRoEF_x-ziBKr3?usp=sharing
Brief summary of the event	• Programme started at 02.30 pm • Prastavik of the programme done by student Tejas Bhure. • Introduction of programme and importance of use of Cycle explained by Dr. Mhaske. • On the occasion of this World Cycle Day, a slow cycle competition was organized on college ground. • Total 8 students were participated in this competition. • Miss. Vaishnavi Phartade, Tejas Bhure & Nikhil Satpute worked as umpire for this event. • Felicitation of all participants done by present teachers. • Mr. Madhusudan Swami from Boy's & Miss Sakshi Jadhav from Girls are winner of this event. • Felicitation of winners done by Dr. Shweta More & Dr. Satyendra Singh sir. • Refreshment given to all students. • Vote of thanks given by Miss. Dhanashri Kashid. • Thanks to Respected Principal mam for giving us such opportunity.

पु.जि.शि.सं.चे आयुर्वेद महाविद्यालय व संशोधन केंद्र निगडी, पुणे-४४
आवक क्र. 871/2022-23
दिनांक - 4/6/2022
लेखनिक Chuti डॉ. क्षिरसे प्राचार्य

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

AZADI KA AMRITMOHOTSAV 75
N.S.S. DEPARTMENT CELEBRATING
"WORLD CYCLE DAY"
Post event summery report









Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

N.S.S. Department	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING "SHIVSWARAJYA DIN"

Post event summery report

Name of the event	Celebration of "Shivrajyabhishek Din" as a "Shivswarajya Din"
Date of the event	06/06/2022
Time of the event	11.00 am
Location of the event	C.A.R.C. College Classroom No 02
Participants	NSS Volunteers
Number of persons attending the event	Teachers- 10, Non-Teaching- 09, Students- 108 Total – 127
Organizing committee	NSS
Mode of Event	Offline
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/1tfYUf-zomo0eclz4pj5bk1YEq76wU0TA?usp=sharing
Brief summary of the event	• Programme started at 11.00 am • Introduction of the programme done by Dr. Rajesh Mhaske. • Importance of celebration of "Shivswarajya Din" explained by Dr. Mhaske. • Anchoring of whole programme done by Miss. Sharayu Ghatol. • Dr. Tople sir guided regarding Shivswarajya Din. • The first-year student Miss. Pradnya Kapse and her colleague presented a Maharashtra song. • Second year students Prajwal Patil & Tushar Kokate gave very informative speeches on this occasion. • Second year student Miss Sayali Arude has presented a song on this Rajyabhishek ceremony. • Hon. Chairperson of the programme & HOD Dravyaguna Dept Dr. Meenal Lad deliver an excellent speech on 'Rajyabhishek Ceremony" of Shiv Chhatrapati Shivaji Maharaj. She explained complete event in a very fluent manner. • Vote of thanks given by Mis. Shubhangi Kakde. • Organization of total event managed by Miss. Tejashri Pawar as a N.S.S. Representative. • Thanks to Respected Principal mam for giving us such opportunity.

प्र.नि.शि.सं.चे
आयुर्वेद [illegible] संशोधन केंद्र
[illegible]

आवक क्र. 930/2022-23
दिनांक - 8/6/2022
लेखनिक

प्राचार्य

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C. NIGDI PUNE-44.

N.S.S. Department	**NAAC Metric No.**

N.S.S. DEPARTMENT CELEBRATING "SHIVSWARAJYA DIN"

Post event summery report



P.D.E.A'S COLLEGE OF AYURVED AND RESEARCH AKURDI PUNE-44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

आयुर्वेद ... संशोधन केंद्र
आवक क्र. 992/2022-23
दिनांक - 11/6/2022
लेखनिक (3)
प्राचार्य

Date:11-06-2022

World Environmental Day (5th June 2022)

Name of Event: **"World Environmental Day (5th June 2022)"**

a) Guest Lecture
b) Conservation of endangered medicinal plants through making their seed balls
c) Plantation

Organizing Department: Dept. of Dravyaguna

Date: a) 7-6-2022; b) 9-6-2022; c) 10-6-2022

Location / Place: CARC, Nigdi, Pune

Mode of event - a) Online (Guest Lecture) b & c) Offline (Rest program)

Participants: Students, Teaching & Non-teaching staff of CARC, Pune

No of attendees: 80

Drive link for photos –

a) & b) https://drive.google.com/drive/folders/1-aSXjNY8g_-ULWoi--QhVFkgGMY3hOpC?usp=sharing
c) https://drive.google.com/drive/folders/1fsSdPTGoChUZOnVVDbJbr4r5Xq301roY?usp=sharing

Brief summary of the event:

As a part of celebration of World Environment Day 2022, the following events were organized by the department of Dravyaguna -

	Programme	Time
A	**Guest Lecture** **Title** – Medicinal Plant Conservation & Sustainable Living in Harmony With Nature **Speaker** – Mr Milind Girdhari	7-6-2022 2 - 4 PM
B	Conservation of endangered medicinal plants through making their seed balls	9-6-2022 12 – 12:30 PM
C	**Tree Plantation** Programme at Bhavaprakash botanical garden, Dehu Road	10-6-2022 11 AM - 12 PM

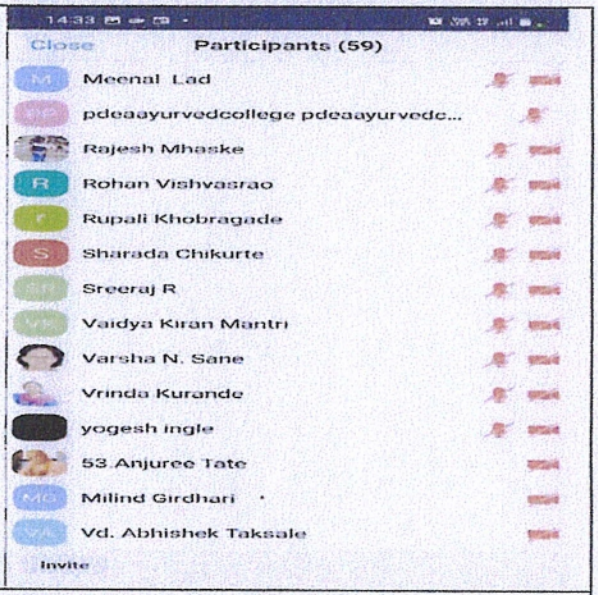
Name of the Department	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

Photos of the event:





Guest Lecture





Conservation of endangered medicinal plants through making their seed balls





Tree Plantation Programme at Bhavaprakash botanical garden

Dr. [illegible] M.D., Ph.D.
Professor, Dravyaguna C.A.R.C. Akurdi
& H.O.D.
Dravyaguna C.A.R.C. Akurdi

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department: Dravyaguna NAAC Metric No. 7.1.10

पु.जि.शि.ना.च.
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 1029/2022-23
दिनांक - 14/6/2022
लेखनिक Shruti (B)
प्राचार्य

Date:14-06-2022

World Forest Day (31st March 2022)

Name of Event:	**World Forest Day (31st March 2022)** a) Demonstration of Documentaries b) E-Poster Preparation Competition
Organizing Department:	Dept. of Dravyaguna
Date:	9-6-2022
Location / Place:	CARC, Nigdi, Pune
Mode of event -	a) Offline b) Online (E-poster competition)
Participants:	2nd BAMS Students, Teaching staff of Dept of Dravyaguna, CARC, Pune
No of attendees:	**Students** – 40 Faculty - 2

Drive link for photos & stored E-posters –
https://drive.google.com/drive/folders/1W1dVFQyQyqwkaWy8BmkqcapAWVAWVgC4?usp=sharing

Brief summary of the event:

Due to unavailability of 2nd BAMS batch on 31st March 2022, department of Dravyaguna organized program for the World Forest Day on 9-6-2022. The following programs were carried out as a part of day celebration -

	Programme	**Time**
A	**Demonstartion of documentaries** a) VARASA...वारसा- निसर्गाधारित पारंपरिक ज्ञानाचे संकलन by ikios b) Meet the farmers who are preserving India's heirloom rice varieties one seed at a time – Eco India	9-6-2022 11:15 AM - 12 PM
B	E-Poster Preparation Competition – Subjects – 1. Treasure of Indian Forests 2. Conservation of Indian Forests 3. Sustainable Forest Development	9-6-2022 12 – 12:30 PM

A) Documentaries were demonstrated to 2nd BAMS students which were appreciated by them.

B) E-Poster Preparation Competition was organized on the subjects mentioned above. It was open for all UG & PG students of the CARC. Total 3 E-posters were received. Among them Shruti Kale (1st BAMS student) declared as a winner.

HOD
Dept of Dravyaguna

Dr. Meenal D. Lad
M. D., Ph. D. (Ayu.)
Prof. & H.O.D.
Dept. of Dravya guna C.A.R.C, Akurdi

Principal
CARC, Nigdi

Principal
P.D.E.A's
College of Ayurved And Research Centre
Nigdi, Pune - 44

Pune District Education Association's

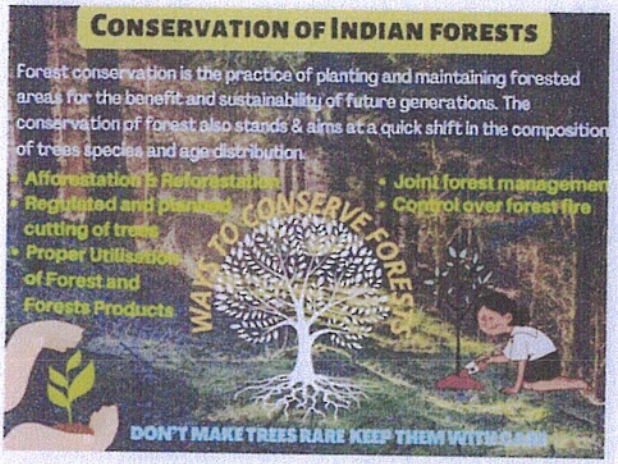
College of Ayurved & Research Centre

Photos of World Forest Day- 2022 (Date: 09/06/2022)





Present students for the documentary presentation





Received E- posters

P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department: Dravyaguna	NAAC Metric No. 7.1.10

N.S.S. & CULTURAL DEPARTMENT CELEBRATING "MUHS FOUNDATION DAY 10.06.2022"

Post event summery report

Name of the event	Celebration of "MUHS Foundation Day"
Date of the event	10/06/2022
Time of the event	10.00 am
Location of the event	College Premises
Participants	NSS Volunteers
Number of persons attending the event	Teachers- 22, Non-Teaching- 12, Students- 95 Total – 129
Organizing committee	NSS & Cultural
Mode of Event	Offline
Contact person	Dr. Rajesh Mhaske/ Dr. Shweta More
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com / carccultural2015@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/19zKGxprfKT7kSJhQ6hU1NNigOIFoH8?usp=sharing
Brief summary of the event	• Programme started at 10.00 am • Introduction of the MUHS Foundation Day programme given by Miss. Anagha Kirdant. • Orders given by Miss. Anagha Kirdant. • MUHS Flag hosting done by Hon. Vice Principal Dr. Rajkumar Bobade Sir. • MUHS song played and salutation to MUHS flag done by everyone. • Information about MUHS given to all by PhD Director & HOD Dravyaguna Dept, Dr. Meenal Lad. • Vote of thanks given by Miss. Anagha Kirdant. • Organization of this programme done by Miss. Tejashri Pawar as a NSS student representative. • Thanks to Respected Principal mam for giving us such opportunity.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 9841/2022-23
दिनांक - 11/8/2022
लेखनिक Ati
प्राचार्य

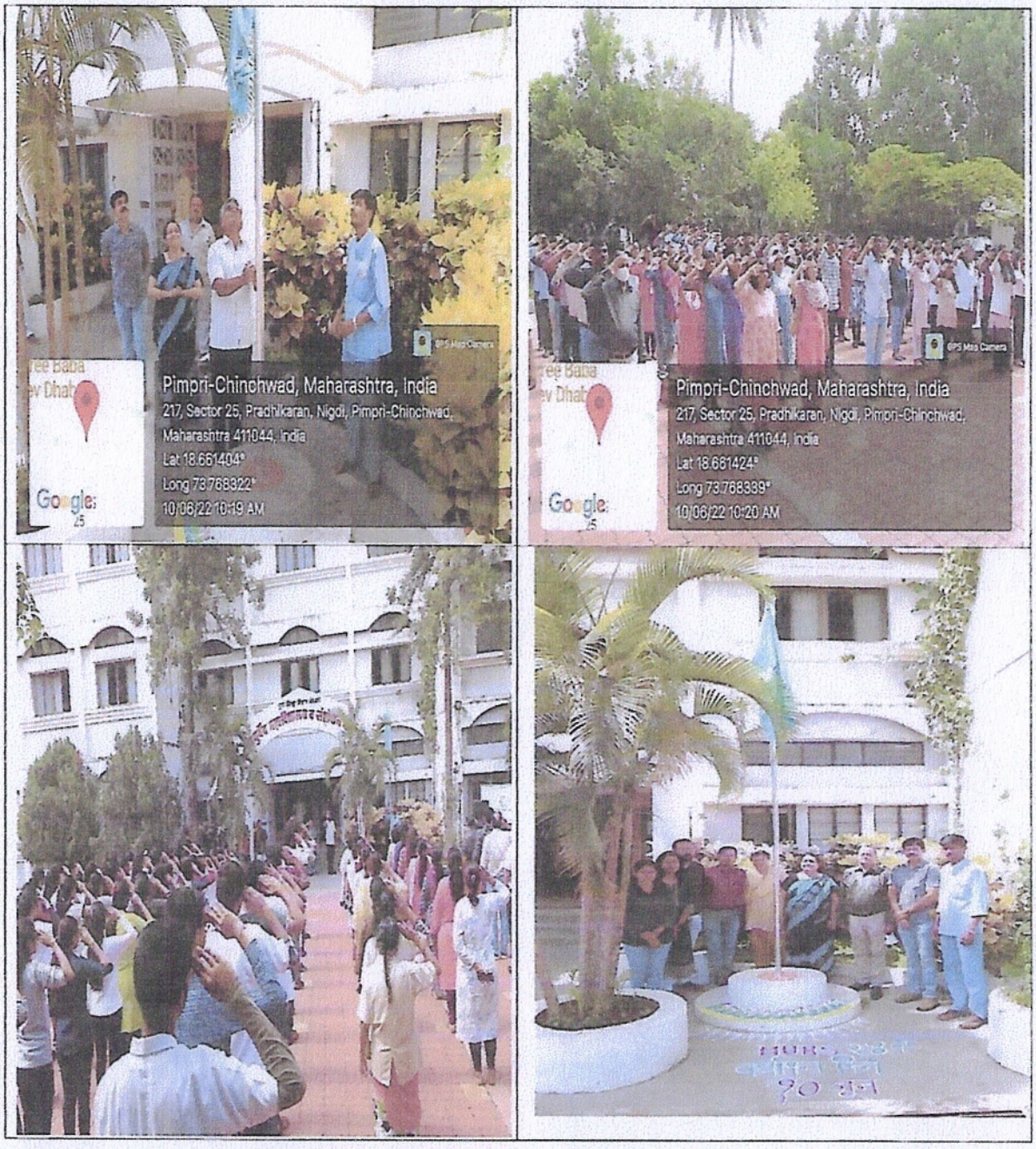
P.D.E.A. COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. & CULTURAL DEPARTMENT CELEBRATING
"MUHS FOUNDATION DAY 10.06.2022"
Post event summery report



P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

N.S.S. Department + Cultural comittee | NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report

Date- 18/06/2022

Name of the event-On occasion of Azadi ka Amrit Mahotsav and World eye donation Day.

Date of the event- 18/06/2022

Organising department/ committee- Shalakyatantra

Location of the event- PDEA'S CARC Akurdi.

Number of persons attending the event- 31

Mode of event- Offline

Drive Link for Photos-
https://photos.google.com/album/AF1QipPtYzz9erO9RzXNHObTybwxes_bP_ZS4_wYz30

Email address- shalakya.carc@gmail.com

Brief summary of the event-

On the occasion of :- WORLD EYE DONATION DAY (10/06/2022) and Azadi ka amrit mohotsav,

For the purpose of awareness and education of eye donation as many people are suffering from blindness in India.

Signature

Designation

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे - ४४.
आवक क्र. 1157/2022-23
दिनांक - 20/6/2022
लेखनिक Mali (3)
प्राचार्य

Name- Dr. Virkar C.A

H.O.D.
Dept of Shalakya Tantra
College of Ayurved & Research Centre
Nigdi

Name of the Department Shalakya tantra	NAAC Metric No. 7.1.10

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE - 44

Scanned with CamScanner

Photos of the Event



Principal Signature

Stamp

Principal
College of Ayurved & Research Centre
Akurdi, Pune - 411044.

Name of the Department Shalakya tantra	NAAC Metric No. 7.1.10

Scanned with CamScanner

PDEA's

College of Ayurved and Research Centre, Nigdi, Pune -44

Sector No. 25, Pradhikaran, Nigdi, Pune -44

Post Event Summary Report

Name of the Event –Guru Pournima **Date –15/07/2022**

Date of the Event –13/07/2022

Organizing department -Sanskrit and Samhita Siddhanta

Location of the event – Classroom no. 2, CARC

Number of persons attending the event- Teachers -23, UG Students – 143 and PG Student -01

Mode of event – offline.

Drive link for photos- https://drive.google.com/drive/u/1/folders/1rxLwmcE0aPgt6kWaCoHERisMtjuAG99Z

Summary of the event- The event was organised jointly by the Sanskrit and Samhita Siddhanta department and IV BAMS (Shrimantyogi Batch). The program started by offering prayers to Lord Dhanvantari and lighting the lamp . Students felicitated all teachers by giving a flower. They expressed gratitude by reciting poems and through speech .

Dr. Mane expressed his thoughts and wished students goodluck. Chief guest of the event Dr. Lad talked about the tradition of Gurupournima and its importance. As a token of appreciation, sweets were distributed to all. The program ended with the vote of thanks by Ms. Siddhi Swami, IV BAMS Student.

Vd. Yogita Jamdade

Professor and HOD

Sanskrit and Samhita Siddhanta

H.O.D.
Dept of Ayurved Samhita Siddhant
College of Ayurved & Research Centre
Pune

Principal

CARC, Nigdi

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Photos of Guru Purnima – 13/07/2022









Name of the Department - Ayurved Samhita Siddhant	NAAC	Metric No.7.1.10

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Post Event Summary Report

Name of the Event –Charak Jayanti 2022 **Date –03/08/2022**
Date of the Event –02/08/2022
Organizing department -Sanskrit and Samhita Siddhanta
Location of the event – Department of Sanskrit and Samhita Siddhanta
Number of persons attending the event- Teachers -14 and PG Students-04
Mode of event – offline.
Drive link for photos-
https://drive.google.com/drive/u/1/folders/1rxLwmcE0aPgt6kWaCoHERisMtjuAG99Z
Summary of the event- Department of Sanskrit and Samhita Siddhantaorganized Charak Jayanti 2022. The event started with Deep Prajwalan by Respected Principal Dr. Ragini Patil and recitation of Shloka of Charaka Maharshi. Teachers and PG students of various departments recited Charaka Samhita Sutrasthana adhyaya 9 with Chakrapani Teeka. Sweets were distributed to all the attendees.

Vd. Yogita Jamdade
Professor and HOD
Sanskrit and Samhita Siddhanta

H.O.D.
Dept of Ayurved Samhita Siddhant
College of Ayurved & Research Centre
Nigdi, Pune

Principal
CARC, Nigdi

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

पु.जि.शि.सं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४
आवक क्र. 2670/2022-23
दिनांक - 22/9/2022
लेखनिक (3)
प्राचार्य

P.D.E.A'S COLLEGE OF AYURVED & RESEARCH AKURDI PUNE-44

Name of the Department – Ayu. Samhita Siddhant NAAC Metric No. - 7.1.1

Pune District Education Association's

College of Ayurved & Research Centre

Charak Jayanti 2022 event photos







H.O.D.
Dept of Ayurved Samhita Siddhant
College of Ayurved & Research Centre
Nigdi, Pune

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH PUNE-44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report **Date-**26/08/22

Name of the event- PG level poster presentation on breast feeding week celebration

Date of the event- 11th To 15th August 22

Organising department/ committee- Kaumarbhritya Department

Location of the event-PDEA'S CARC ,PG department of kaumarbhritya

Number of persons attending the event-

Student: 15 **Teachers:** 03 **Others:** NA

Mode of event- Online/ Offline-Both

Link of online event- NA

Drive Link for geotagged Photos-
https://photos.app.goo.gl/fUx52U1hePsWjVfM6

You tube link for video- NA

Contact person- Dr Deodas M.S., Dr Sudha Singh

Email address- balrogdept@gmail.com

Brief summary of the event-

On the occasion of breast feeding week department of kaumarbhritya organised PG level poster presentation for PDEA'S CARC students.The topics for poster was "Causes of lactation failure with Do's and Don'ts during feeding", "Importance of breast feeding" , and "Galactogogue herbs ,food and formulations".

Total 12 posters received out of which best poster prize has been given to Dr Jayant Shinde and e-certificate has been provided to all participants.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 2258/2022-23
दिनांक - 26/8/2022
लेखनिक
प्राचार्य

Signature-

Designation- HOD & Professor

Name-Dr.Madhavi S.Deodas

Dept of Kaumarbhrutya Tantra
College of Ayurved & Research Centre

Name of the Department- Balrog **NAAC Metric No.- 7.1.10**

COLLEGE OF AYURVEDIC RESEARCH * P.D.E.A.'S * AKURDI PUNE - 44

Photos of the Event-





Principal Signature

Stamp

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44 P.D.E.A.'S

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi Pune - 411 044.

Name of the Department- Balrog	NAAC Metric No.- 7.1.10

Pune District Education Association's

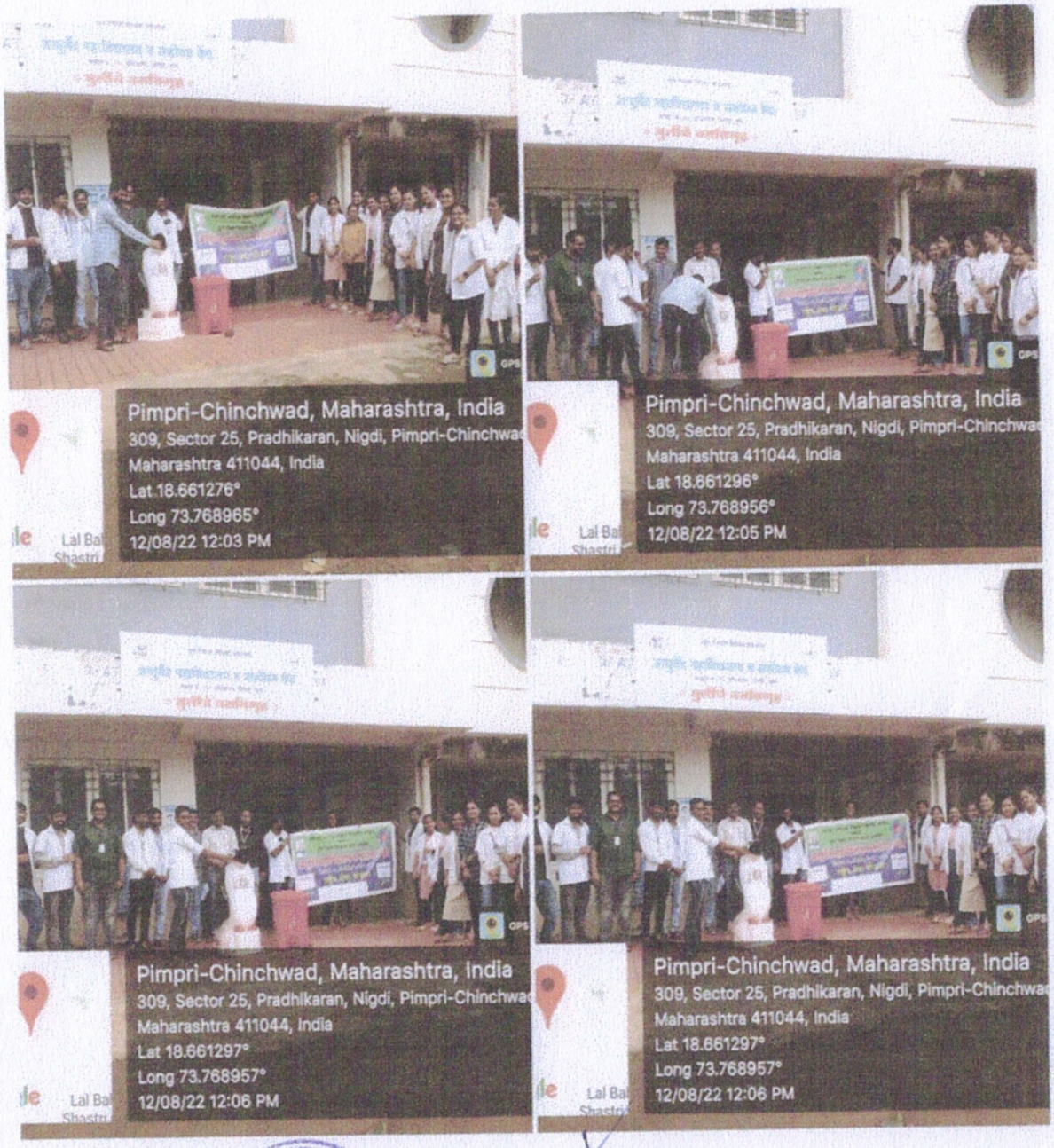
College of Ayurved & Research Centre

N.S.S. DEPARTMENT
AZADI KA AMRITMAHOTSAV
CELEBRATION OF ICONIK WEEK 2022
CLEANATHON DRIVE & TIRANGA RALLY
Post event summery report

Name of the event	Celebration of "Iconic Week" under Azadi ka Amrit Mahotsav (8-14 August 2022)
Date of the event	12.08.2022
Time of the event	11.30 am
Location of the event	College Class no 2 & Campus
Participants	Teachers, NSS Volunteers,
Number of persons attending the event	Teachers- 01, Students- 37 Total – 38
Organizing committee	NSS
Mode of Event	Offline
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/1QHfL-ewx34yhtQYZE00XyeqDfs1fhq1V?usp=sharing
Brief summary of the event	• Celebration of "Iconic Week" under Azadi ka Amrit Mahotsav on 12th August held by NSS Department. • Introduction & importance of Iconic Week celebration, explained by Dr. Rajesh Mhaske as a Programme Officer N.S.S. • A Cleanathons Drive organized through NSS Volunteers. • Importance of Cleanathons explained & College campus cleaned by volunteers. • An awareness rally organized by volunteers in Nigdi area to propagate "Har Ghar Tiranga" campaign. • All participants were participated enthusiastically in rally on bike with Tiranga in their hand. • Slogans were given during rally. • Rally started from college and end to hospital. • Vote of thanks given by Miss. Tejashri Pawar, NSS representative. • Thank you, mam, for giving such opportunity to us.

प.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
आवक क्र. 2102/2022-23
दिनांक - 18/8/2022
लेखनिक (3)
प्राचार्य

N.S.S. DEPARTMENT
AZADI KA AMRITMAHOTSAV
CELEBRATION OF ICONIK WEEK 2022
CLEANATHON DRIVE
Post event summery report



Principal
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N.S.S. Department	NAAC Metric No.

N.S.S. DEPARTMENT
AZADI KA AMRITMAHOTSAV
CELEBRATION OF INTERNATIONAL YOUTH DAY 2022
Post event summery report

Name of the event	Azadi ka Amrit Mahotsav Celebration of "International Youth Day"
Date of the event	12.08.2022
Time of the event	11.30 am
Location of the event	College Class no 2 & Campus
Participants	Teachers, NSS Volunteers,
Number of persons attending the event	Teachers- 01, Students- 41 Total – 42
Organizing committee	NSS
Mode of Event	Offline
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/1lmd601skrMjzqTk3LDMRiJ7W14RSUSs_?usp=sharing
Brief summary of the event	• Under Azadi ka Amrit Mahotsav, celebration of International Youth Day on 12th August by NSS Department. • Introduction of programme explained by Dr. Rajesh Mhaske. • This year's theme "Creating a world for all ages" explained to all participants by Dr. Rajesh Mhaske. • According to the theme, to introduce and to teach respect of all ages, the felicitation of Girl's Hostel Rector ceremony taken. • Felicitation of Smt. Mehta Madam takes place with the hands of Miss. Tejashri Pawar, NSS Representative of college. • Vote of thanks given by Miss. Tejashri Pawar, NSS representative. • Thank you, mam, for giving such opportunity to us.

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 2101/2022-23
दिनांक - 18/8/2022
लेखनिक Chits. (3)
प्राचार्य

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N.S.S. DEPARTMENT
AZADI KA AMRITMAHOTSAV
CELEBRATION OF INTERNATIONAL YOUTH DAY 2022
Post event summery report









P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
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Nigdi, Pune - 411 044.

N.S.S. Department	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING
AZADI KA AMRITMAHOTSAV
SALUTATION TO FREEDOM FIGHTERS
Post event summery report

Name of the event	Azadi ka Amrit Mahotsav Salutation to Freedom Fighters
Date of the event	13.08.2022
Time of the event	12.15 pm
Location of the event	College Class no 2
Participants	Teachers, Non-teaching staff, Hospital Staff, NSS Volunteers,
Number of persons attending the event	Teachers- 06, Students- 35 Total – 41
Organizing committee	NSS
Mode of Event	Offline
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/1Bt-HkOseefpOnzS9IEdzi9_YGDuC6dg_?usp=sharing
Brief summary of the event	• Azadi ka Amrit Mahotsav, Salutation to Freedom Fighters programme held by NSS Department. • Introduction of programme explained by Dr. Rajesh Mhaske. • First year student Miss. Gayatri Kenjale gave speech on work of Vasudev Balwant Phadke & Captain Laxmi Sehagal. • Sardar Udham Singh's Contribution described by Miss. Arya Nikam. • Rani Lakshmi Bai and Pandit Jawaharlal Nehru's work explained by Miss. Shruti Marathe, a student of first year. • Vote of thanks given by Miss. Tejashri Pawar • Thank you, mam, for giving such opportunity to us.

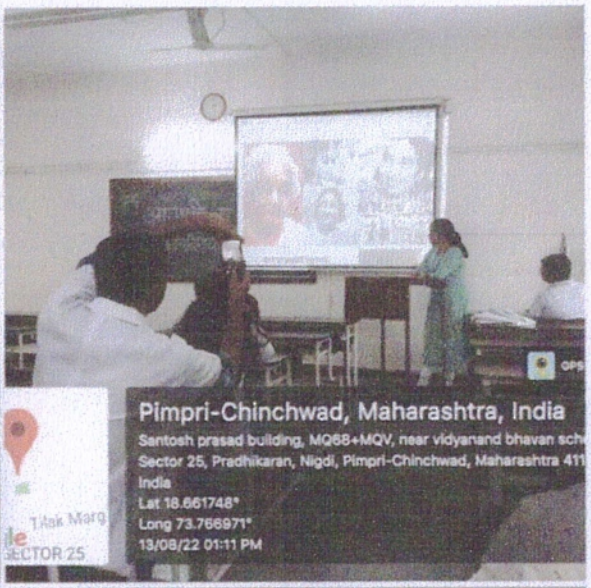
आयुर्वेद संशोधन केंद्र
आवक क्र. 2154/22-23
दिनांक - 19/08/2022
प्राचार्य

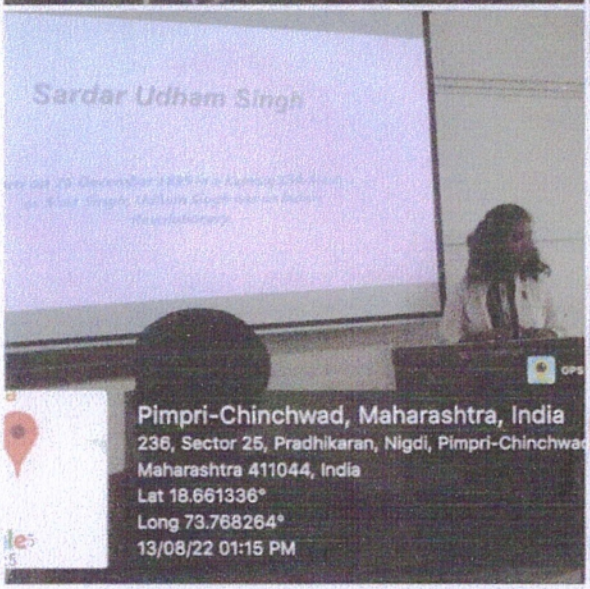
Pune District Education Association's

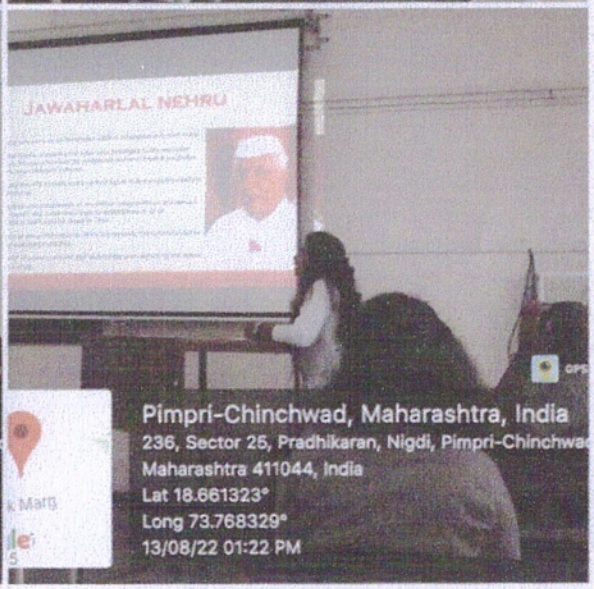
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N.S.S. DEPARTMENT CELEBRATING
AZADI KA AMRITMAHOTSAV
SALUTATION TO FREEDOM FIGHTERS
Post event summery report









Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

N.S.S. Department	NAAC Metric No.

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N.S.S. DEPARTMENT CELEBRATING
AZADI KA AMRITMAHOTSAV
CELEBRATION OF INDEPENDENCE DAY 15/08/2022
Post event summery report

Name of the event	75th Independence Day Flag hosting ceremony
Date of the event	15th August 2022
Time of the event	08.00 am
Location of the event	Campus of the college
Anchor	Mr. Vijay Bomble
Participants	Hon. Principal, Vice Principal, Directors of the college, Teachers, Non-teaching staff, Deputy Superintendent, RMO, Para-medical staff, UG & PG Students
Number of persons attending the event	Approx. 100
Organizing committee	NSS
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/1rW_fWHBYZ9f-ob_vAOa5xDZCtvTGxjwV?usp=sharing
Brief summary of the event	• The Hon.Principal Dr. Mrs. R.R. Patil was the chief guest of the programme. She hoisted the national flag sharp at 08.00 am. All the students, teachers and staff saluted the flag and then sang the National Anthem honouring it. • A patriotic song sung by fourth year student Miss. Siddhi Swami. • A speech given by fourth year student Mr. Vijay Bomble, he expressed his thoughts on Freedom Fighters, Martyrs and current condition of our country. • The principal madam delivered the short speech. • Mr. Vijay Bomble has expressed the vote of thanks. • A group photo taken with Tiranga, to propagate mission Har Ghar Tiranga. • At the end of the ceremony, sweet pedhas were distributed among the students. • A breakfast and tea party were arranged for staff.

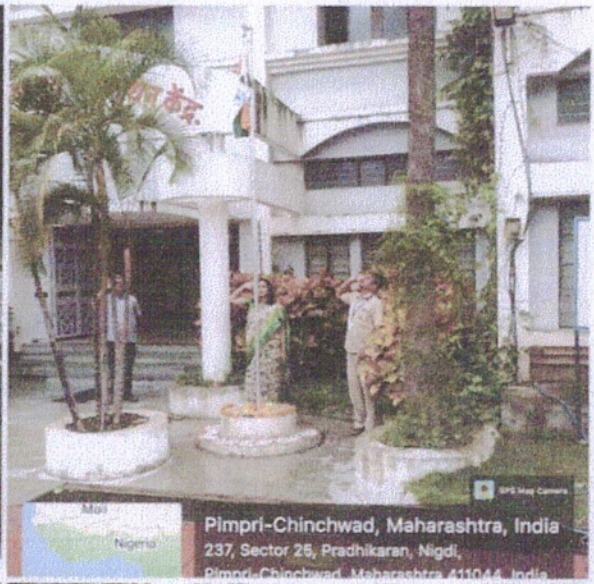
पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 2155/22-23
दिनांक - 19/08/2022
लेखनिक
प्राचार्य

Pune District Education Association's

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N.S.S. DEPARTMENT CELEBRATING
AZADI KA AMRITMAHOTSAV
CELEBRATION OF INDEPENDENCE DAY 15/08/2022
Post event summery report









COLLEGE OF AYURVEDIC RESEARCH * P.D.E.A.'S * AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

N.S.S. Department	NAAC Metric No. 7.1.10

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College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING
AZADI KA AMRITMAHOTSAV
HAR GHAR TIRANGA CAMPAIGN
13 – 15 AUGUST 2022
Post event summery report

Name of the event	Azadi ka Amrit Mahotsav "Har Ghar Tiranga Campaign" various events were organized by NSS Department during this period.
Date of the event	12 to 15 August 2022
Time of the event	11.00 am
Location of the event	College Campus, Hospital Campus, Nigdi Area
Participants	Teachers, Non-teaching staff, Hospital Staff, NSS Volunteers,
Number of persons attending the event	Teachers- 25, Non-Teaching- 42, Students- 38 Total – 105
Organizing committee	NSS
Mode of Event	Offline
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/1E2l3PChWek-ee5kSkXuYDW0eYncFen2j?usp=sharing
Brief summary of the event	Under Azadi ka Amrit Mahotsav, Har Ghar Tiranga Campaign following programs were organized by N.S.S. Department • Awareness Drive at College Campus • Awareness Drive at Hospital Campus • Tiranga Awareness Rally in Nigdi Area • Tiranga distribution among College & Hospital Staff • Tiranga hoisting at college & Hospital • Teaching & Non-teaching staff Participation in Har Ghar Tiranga campaign by hoisting Tiranga at their home. • Cleanathons Drive • Celebration of International Youth Day • Celebration of Iconic Week • Salutation to Freedom Fighters • Say no to drugs pledge taken by staff & students • Celebration of Independence Day

पु.जि.शि.म.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 2156/2022-23
दिनांक - 19/8/2022
लेखनिक Act.
प्राचार्य

PDEA'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

N.S.S. Department | NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING
HAR GHAR TIRANGA CAMPAIGN under
AZADI KA AMRIT MAHOTSAV
13-15 AUGUST 2022

Awareness Drive at College Campus









P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44

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College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

N.S.S. Department	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

DATE:10/09/22

Post Event Summary Report

Name of the event: Quiz on Nutrition on the occasion of *Poshana* Month Celebration

Date of the event: 08/09/2022

Organising department/ committee: Kaumarbhritya Department

Location of the event: Dept. Of Kaumarbhritya, CARC, Nigdi, Pune

Number of persons attending the event:

STUDENT: 13 **TEACHERS:** NA

Mode of event - online/ offline: online

Link of online event: https://docs.google.com/forms/d/e/1FAIpQLSfErRfNzF2VU-L7y9xzmZZtqcJadtu_p1spHvKCIZ07yyjRsw/viewform?usp=sf_link

Drive link for geotagged photos: NA

You tube link for video: NA

Contact person: Dr. Sudha Singh, Dr. Deodas M.S.

Email address: balrogdept@gmail.com

Brief summary of the event:

On the occasion of *Poshana* Month Celebration, Department of Kaumarbhritya organised Quiz on Nutrition for PG students of College of Ayurveda and research centre,Nigdi,Pune.

Total 13 PG students have been participated for the same.

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निगडी, पुणे-४११०४४.
आवक क्र. 2489/2022-23
दिनांक - 12/9/2022
लेखनिक Chd. (3)
प्राचार्य

Signature Deodas

Designation- HOD & Professor

Name- Dr.Madhavi S.Deodas

H.O.D.
Dept. of Kaumarbhritya Tantra
College of Ayurved & Research Centre
Nigdi

Name of the Department- Balrog **NAAC Metric No.- 7.1.10**

P.D.E.A.'S. COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44

QUIZ ON NUTRITION

08/09/2022

* Required

1. NAME * 1 point

2. SCHOLAR * 1 point

3. CONTACT NUMBER * 1 point

QUITIONS

4. Flaky Paint Dermatosis present in . . . . . disease * 1 point

5. Type of *Stanya dusti* in *Bala shosa* * 1 point

6. First line of treatment in *Parigarbhik vyadhi* * 1 point

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PDEA'S

COLLEGE OF AYURVED & RESEARCH CENTER

Sector no. 25 Pradhikaran Nigdi Pune 44

Post event summary report **Date- 22/9/2022**

पु.ल.शि.म.वे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४
आवक क्र. 2717/2022-23
दिनांक - 27/9/2022
लेखनिक (Naik. D.) प्राचार्य

Name of the event- अवयवदान जनजागृती

Date of the event- 22/9/2022

Reference- मआविवि/वि.क/रासेयो/११५८/२०२२

Organising department/ committee/person- Dr. Dinesh Balkrishna Naik

Location of the event- classroom no. 1

Number of persons attending the event- 55 students from the class first BAMS

Mode of event- Online/ Offline- Offline

Link of online event-

Drive Link for Photos-

You tube link for video- https://www.youtube.com/watch?v=xHwHPlUZuOU&t=15s

Contact person- Dr. Dinesh Balkrishna Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

Brief summary of the event-

On this occasion an informative lecture of Dr. Dinesh Balkrishna Naik, asso. Prof. Rachana Sharir was arranged. He explained what is organ donation, its procedure, legal aspects, laws for organ donation, eligibility of organ donation and organ reception etc. in details for students with PPT presentation.

The video clip on organ donation, 'Fir Zindagi' was shown to students. This film contains basic information of organ donation. The student got the knowledge of the organ donation movement.

Signature

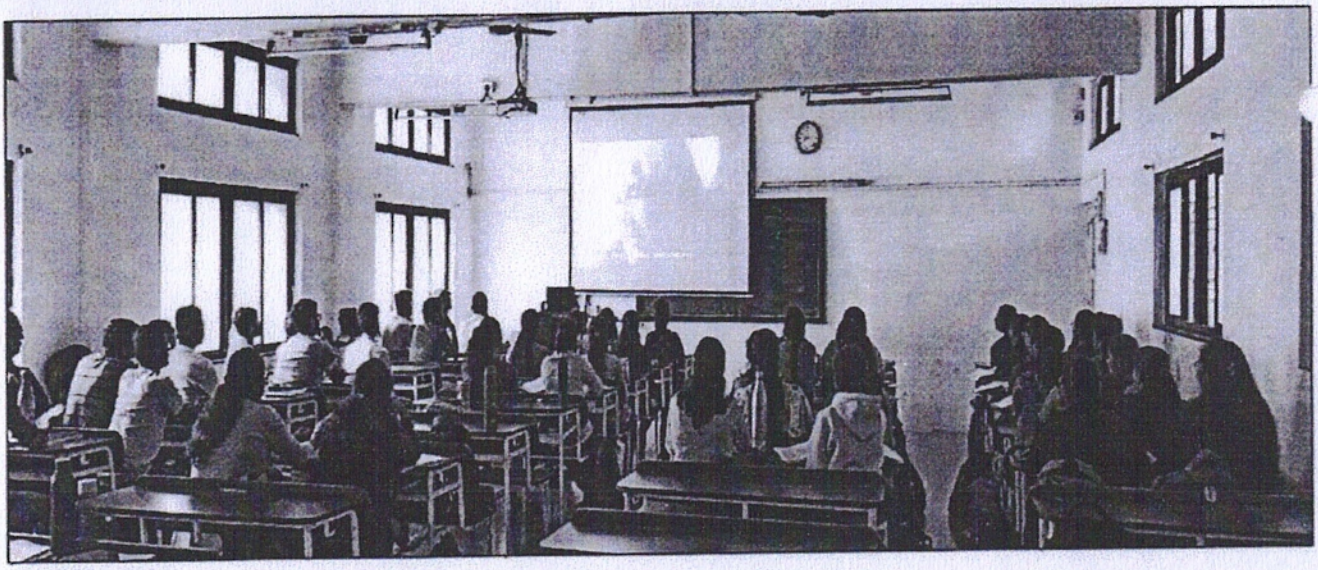
Name- Dr. Dinesh Balkrishna Naik

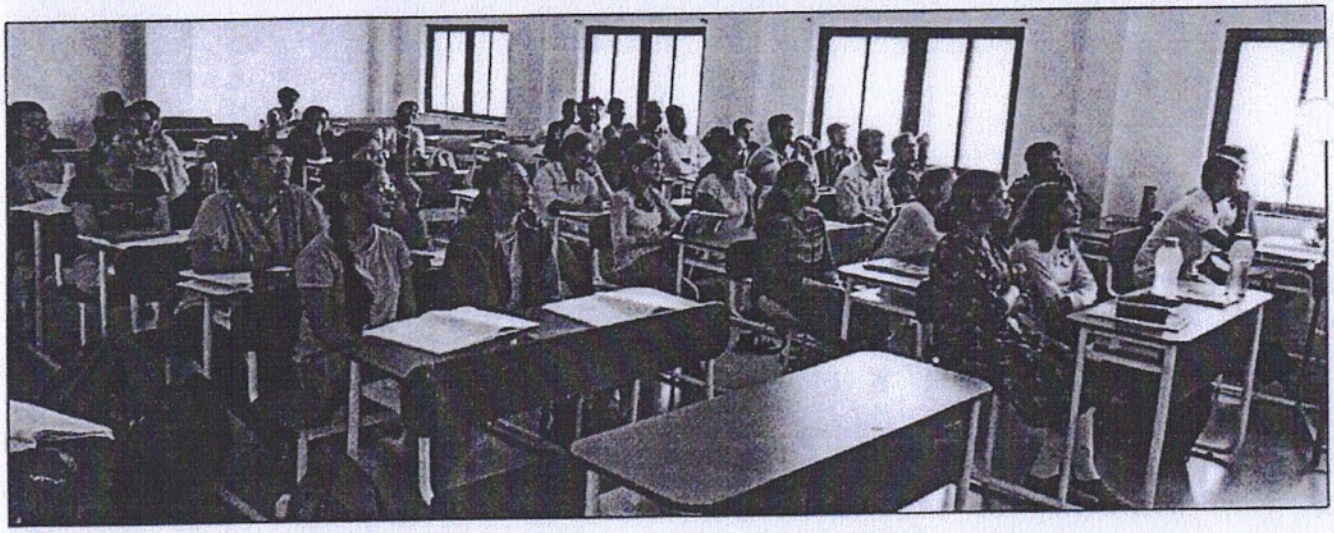
Designation- Asso. Professor

Photos of the Event









Principal Signature

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Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Date- 27/09/ 2022

POST EVENT SUMMARY REPORT

Activity conducted on occasion of Ayurveda Day 2022
"Har Din, Har Ghar Ayurveda"

Post event summary report

Name & Date of the event- Slow Food for Health lecture and Exhibition
Organizing department/ committee-Rasashastra and Bhaishajya Kalpana

Location of the event- PDEA's College of Ayurveda and Research Center,Nigdi Pradhikaran,Pune -44

Number of persons attending the event- 47
Mode of event- Online/ Offline-Both
Drive Link for Photos-
https://drive.google.com/drive/folders/1ko8jKcEVUOhAe1y7ns6AweslYQJAkBj0?usp=sharing
Brief summary of the event-

Introduction of lecture and speaker given by P.G. Scholar Dr.Jui Tamhankar . Lecture delivered by Dr.Madhura Phadtare(Assistant Professor-RSBK Dept.).Dr.Phadtare explained definition of slow food ,its need in current era, benefits for health ,slow food explained in Ayurveda and slow food movement in world. Felicitation done by Dr.Vedanti Gulhane (P.G.Scholar).

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी
आवक क्र. 3024/2022-23
दिनांक - 27/9/2022
लेखनिक
प्राचार्य

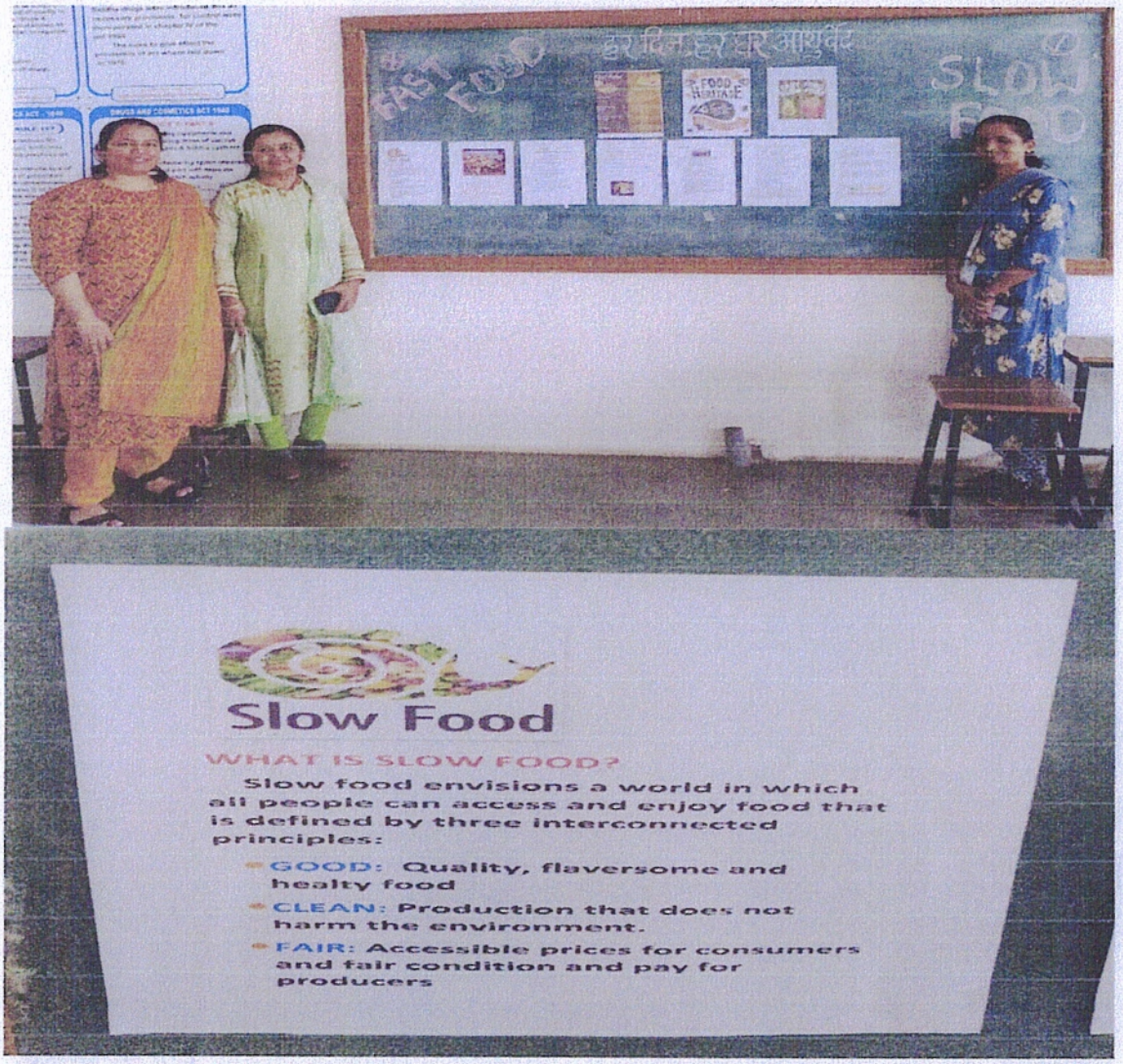
Signature
Designation
Name- Dr HOD
Department of Rasashastra Bhaishajyakalpana
College of Ayurved & Research Centre, Akurdi Pune 44

Name of the Department – Rasashastra & B.K.	NAAC Metric No.

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Photos of the Even



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Name of the Department – Rasashastra & B.K.	NAAC Metric No.

Post event summary report **Date-30/9/2022**

Name of the event- Deafness camp on the occasion of world Deafness day celebration 2022

Date of the event- 27/09/2022
Organizing department/ committee- Shalakya tantra

Location of the event- ARSMH ENT OPD
Number of persons attending the event- 32

Mode of event- Online/ Offline-Offline

Drive Link for Photos-
https://drive.google.com/drive/u/0/folders/1KKmVGx_NJs-wouKnWKxNt0zdh3zc2A9m

Brief summary of the event- On occasion of world Deafness day celebration 2022, Department of SHALAKYA TANTRA has organized deafness camp on 27/09/2022.Basic ENT check up of 32 patients and audiometry of some patients was done in ENT OPD of ARSMH.

पु.जि.शि.मं.सं.
आयुर्वेद [illegible] केंद्र
आवक क्र. 3655/2022-23
दिनांक - 30/9/2022
लेखनिक Adv.
प्राचार्य

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Dept of Shalakya Tantra
College of Ayurved & Research Centre
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P.D.E.A.'S. COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44

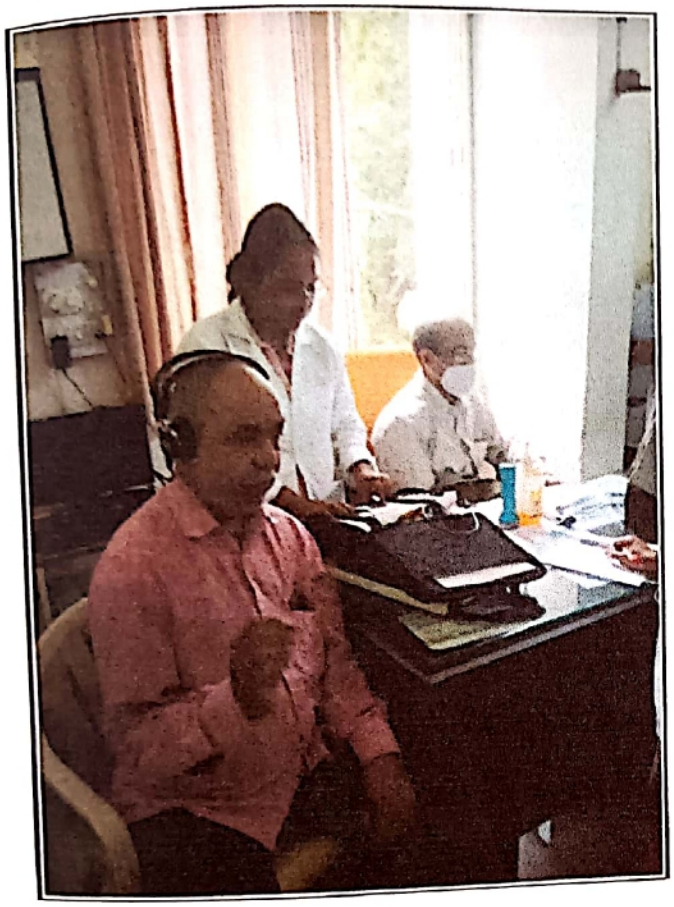
Name of the Department Shalakya tantra	NAAC Metric No. 7.1.10

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Name of the event- Deafness camp



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P.D.E.A.'S College Of Ayurved And Research Centre Akurdi Pune-44

Name of the Department Shalakya tantra	NAAC Metric No. 7.1.10

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N.S.S. DEPARTMENT CELEBRATING
"HAR DIN HAR GHAR AYURVED RALLEY"
Under
"NATIONAL AYURVED DAY 2022"

Place – Nigdi Pradhikaran Area Date: - 01.10.2022 Time: - 11.00 am

Post event summery report

Name of the event	"Activity under National Ayurved Day 2022" Har Din Har Ghar Ayurved Rally
Date of the event	01.10.2022
Time of the event	11.00 am
Location of the event	Nigdi Pradhikaran Area
Participants	Teachers, Non-teaching staff, NSS Volunteers,
Number of persons attending the event	Teachers- 17, Non-Teaching- 07, Students- 88 Total – 112
Organizing committee	NSS
Mode of Event	Offline
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carenss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/1gf0y8wf_H2aP6qyR0R4z1Ku7_udkj79uk?usp=sharing
Brief summary of the event	• Under National Ayurved Day 2022, a rally organized by NSS Department to create the awareness in common people for use of Ayurveda in their daily life. • The theme was given by AIIA was Har Din Har Gahr Ayurved. • Welcome of all participants and chief coordinator Dr. Shweta More madam & Dr. Meenal Lad Madam done by Dr. Mhaske. • Introduction & importance of programme explained by Dr. Rajesh Mhaske as a Programme officer NSS. • Importance of celebration of Ayurveda Day and the theme for 2022 Har Din Ayurved, Har Ghar Ayurved explained in a very descent manner by Dr. Meenal Lad Madam to all participants. • Rally by volunteers, started with giving slogans of Ayurveda in Nigdi Pradhikaran area to promote the use of Ayurveda in daily routine. • Rally coordinated by Dr. Shweta More, Dr. Vijaya Nyahalase madam & Dr. Rajesh Mhaske. • Vote of thanks given by Dr. Mhaske. • Thank you, mam, for giving such opportunity to us.

आयुर्वेद ... केंद्र
आवक क्र. 2841/2022-23
दिनांक - 4/10/2022
लेखनिक (3) आभार्य

N.S.S. Department NAAC Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING
"HAR DIN HAR GHAR AYURVED RALLEY"
Under
"NATIONAL AYURVED DAY 2022"

Place – Nigdi Pradhikaran Area Date: - 01.10.2022 Time: - 11.00 am

Post event summery report









Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

N.S.S. Department	NAAC Metric No.

Post event summary report **Date-** 10/10/2022

Name of the event-

Guest lecture Topic – Blood Donation Awareness Day (1st Oct. 2022)

Date of the event- 7/10/2022

Organizing department/ committee- Department of Shalyatantra

Location of the event- Auditorium CARC, Nigdi.

Number of persons attending the event- 112

UG students = 99, PG students = 9 and Teachers: 4

Mode of event- Online/ Offline- Offline

Drive Link for Photos-
https://photos.google.com/album/AF1QipO6sQ7o6Kxc7ORwXS_ANlvpIvh_D_Q4s4FHYlQh

You tube link for video-N.A.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 2947/I 2022-23
दिनाक - 10/10/2022
लेखनिक (3)
प्राचार्य

Contact person- Dr. Madhavi Banarase

Telephone number- 9423207569

Email address- carcshalya@gmail.com

Brief summary of the event-

A guest lecture was organized by Shalyatantra Department on – Blood Donation Awareness Day celebrated on 1st Oct 2022 in Surgery by Hon. Dr. Rajesh Mangal, M.D Anesthesia, Ayurved Rugnalaya and Sterling Multispeciality Hospital, Nigdi.

On the occasion of Blood Donation Awareness Day, Dr. Rajesh Mangal Sir, nicely explained the topic on Awareness about importance of Blood donation and Basic life support to safe the Patients. Lecture was very beneficial for all students and teachers also. Lecture was followed by questions and answers.

Signature

Name Dr. Kiran Prendhekar

Designation Asso. Professor.

MBanarase

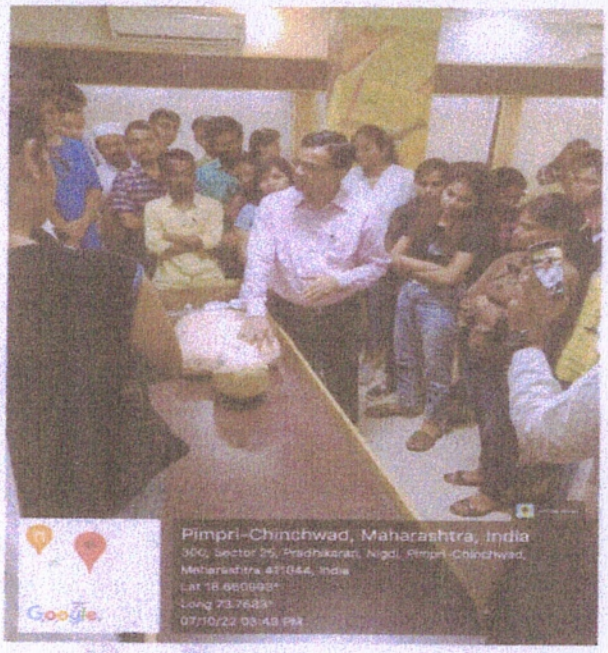
Stamp
H.O.D.
Dept. of Shalya Tantra
College of Ayurved & Research Centre
Nigdi

Name of the Department- Shalyatantra **NAAC Metric No.** 5.1.2 / 7.1.10

2.3.1.

Photos of the Event







Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department- Shalyatantra	NAAC Metric No. 5.1.2

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report **Date-17/10/2022**

Name of the event	-	Guest lecture
Date of the event	-	10/10/2022
Organizing department/ committee	-	Panchakarma dept.
Location of the event	-	Auditorium, CARC
Number of persons attending the event	-	60
Mode of event- Online/ Offline	-	Offline
Link of online event	-	NA
Drive Link for Photos	-	https://drive.google.com/drive/u/1/folders/1aE3kgkIEgB511tRUUhnhpWeqUk15hhXz
You tube link for video	-	NA
Contact person	-	Dr. Mangala Pansare
Telephone number	-	9970803498
Email address	-	NA

आयुर्वेद ... केंद्र
आवक क्र. 308/1 2022-23
दिनांक - 18/10/2022
लेखनिक Chitt (3)
प्राचार्य

Brief summary of the event

10th October is world mental health day & on the occasion of this day Department of Panchakarma had organized a guest lecture on the "Manasik Swasthya".

Dr. Mangala Pansare from Manashakti Kendra was invited as a Guest speaker. She elaborated the concept of Manasik swasthya and why it is necessary or so important in today's era. She also told about the actual causes of stress and how could we avoid our stress. She also guided students regarding easiest way to learn and memorized the difficult topics. She mentioned the roll of diet, exercise, prayer and our reading habits in building of our Mental health.

P.D.E.A. COLLEGE OF AYURVEDIC ... AKURDI PUNE - 44

Name of the Department- Panchakarma **NAAC Metric No.-** 7.1.10,

The lecture was started with the prayer of lord Dhanwantari. Anchoring and coordination of lecture was done by Dr. Kalpana Naramwar & Dr. Sonali Hule, post graduate student of Panchakarma under the guidance of HOD Dr. Varsha Sane. Total 60 participants were present for this lecture.

After a lecture an exhibition of books published by manashakti Kendra was organized in the college premises which help and encourage students to understand a scientific way to build mental health.

V.N.Sane.

HOD (Panchakarma)
Dr. V. N. Sane

H. O. D
Dept. of Panchakarma
College of Ayurved & Research Centre
Nigdi

Principle, CARC
Dr. R. R. Patil

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved& Research Centre

Photos of the Event













V.N.Sane

HOD (Panchakarma)

Dr. V. N. Sane

H. O. D
Dept. of Panchakarma
College of Ayurved & Research Centre
Nigdi

Principle, CARC

Dr. R. R. Patil

Principal

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Nigdi, Pune - 411 044.

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH
AKURDI
PUNE - 44

Pune District Education Association's

College of Ayurved & Research Centre

Activity conducted on occasion of Ayurveda Day 2022

"Har Din, Har Ghar Ayurveda"

Post event summary report-

Name & Date of the event- Quiz competition on Ahara **Date-11/10/2022**

Organizing department/ committee- Kaumarbhritya Department

Location of the event- class room no 6,CARC,Nigdi ,Pune

Number of persons attending the event- 35

Mode of event- Online/ Offline—Both

Drive Link for Photos- https://photos.app.goo.gl/7fYyH6bZfHMGu1kRA

Brief summary of the event-

On the occasion of *Ayurveda day 2022* department of kaumarbhritya organised quiz competition on Ahara for BAMS students at PDEA'S CARC, Nigdi, Pune. Total 35 students have been guided and quiz has been given in the form of google forms on the same.

Quiz Link-
https://docs.google.com/forms/d/1RZ1KM-WSEkfehSrAagRMxAvqbp_JckqkMECccC3FtWw/edit#settings

पु.जि.शि.सं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४
आवक क्र. 2977/2022-23
दिनांक - 11/10/2022
लेखनिक

Signature- Deodas
Designation- Professor & HOD
Name- Dr. M.S.Deodas

H. O. D.
Dept. of Kaumarbhrutya Tantra
College of Ayurved & Research Centre
Nigdi

[Type here]
Name of the Department- Balrog

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

NAAC Metric no.- 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Photos-





Sign of principal with stamp-

[Type here]
Name of the Department- Balrog

NAAC Metric no.- 7.1.10

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Activity conducted on occasion of Ayurveda Day 2022

"Har Din, Har Ghar Ayurveda"

Post event summary report

Date- 10/10/2022

Name of the event- International online cooking competition on the occasion of Nutrition month 2022 & Ayurved Day2022

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे ४४.
आवक क्र 3424/2022-23
दिनांक - 12/10/2022
लेखनिक
प्राचार्य

Date – 15 October2022 -30 October 2022

Organising department- Swasthavritta

Number of participant- 45 participants

Drive Link for Recipe-
https://drive.google.com/drive/folders/1izOKHkPpNk32VdHTPl3JGjsJnOLNHckD?usp=sharing

Summary of the event-

International online cooking competition was conducted from 15 October2022 -30 October 2022 by Swasthavritta department.

- Competition was conducted for all students and cooking lovers. It's open for all. All participants were asked to send recipes on mail Id of Department.
- Cooking recipes were received from interested participants on Dept. Mail ID.
- Topic is given for cooking competition – Millet recipe or Traditional recipe.

P.D.E.A's College Of Ayurved And Research Centre AKURDI PUNE - 44

Name of the Department –Swasthavritta

NAAC Metric No. 7.1.10 QIM

Pune District Education Association's

College of Ayurved & Research Centre

- Total 45 recipes were received from Maharashtra, Gujrat, Karnataka, Kerala, Japan.
- Three prizes were announced for the winners with four consolation prizes. First prize of 1500 Rs and Second Prize of 1000 Rs and third prize 500Rs
- **First prize**-Dr Rujuta Korday, Pune-Banana leaf veg Thalipeeth
- **Second prize**-Dr.Nishakumari P R,Rajkot, Gujrat-Paushtika Medhya Appam (Paddu)
- **Third Prize**-Varsha Dobhada, Pune-Zakle manik
- **Consolidated prizes**

1. Dr.Ganesh Rode,Pune -Red Pumpkin Gharge

2. Dr.Deepty Nair,Gujarat -Ragi Noodles

3. Dr.Prapulla K ,Hasan,Karnataka- Karnataka style protein rich delicious laddu/Antina unde

4.Mrs.Shilpa Retherekar, Tokyo, Japan- Traditional Japanese Breakfast

COLLEGE OF AYURVED AND RESEARCH CENTRE SWASTHAVRITTA DEPARTMENT

H. O. D.
Dept of Swastha Vrutta
College of Ayurved & Research Centre
Nigdi

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

PDEA'S COLLEGE OF AYURVED AND RESEARCH CENTRE
NIGDI, PUNE-44.

"Nutrition Month 2022"

CERTIFICATE

This is to certify that,

Mr/Mrs/ Dr. Akshat Sirdhyal has participated in

"International Cooking Competition on Traditional Recipe/ Millet Recipe"

Organized by Department of Swasthavritta Evam Yoga on the occasion of Nutrition Month and Ayurved Day 2022.

DR. ARTI FIRKE

DR. RAGINI PATIL



Poshan bhi padhai bhi !

Pune District Education Association's

College of Ayurved & Research Centre

Activity conducted on occasion of Ayurveda Day 2022
"Har Din, Har Ghar Ayurveda"
Post event summary report

Date- 19/10/2022

Name & Date of the event- on occasion of **world sight day** shalakyatantra department organized awareness programme regarding eye health with Ayurveda for students on 18/10/2022

Organizing department/ committee-Shalakya department

Location of the event-,PDEA'S college of Ayurved and research centre ,pune

Number of persons attending the event- 30

Mode of event- Online/ Offline- Offline

Drive Link for Photos-
https://drive.google.com/drive/u/0/folders/1qm09JKjCz_sCoeTkiiHo2AmGKSYn4Vpl

Brief summary of the event-
On occasion of Ayurveda Day 2022 "Har Din, Har Ghar Ayurveda" and world sight day shalakyatantra department organized awareness programme regarding eye health with Ayurveda for students at PDEA'S college of Ayurved and research centre ,pune on 18/10/2022.

Signature
H. O. D.
Dept. of Shalakya Tantra
College of Ayurved & Research Centre
Name- Nigdi

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४
आवक क्र. 3701/2022-23
दिनांक - 19/10/2022
लेखनिक
प्राचार्य

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH
AKURDI PUNE - 44

Name of the Department Shalakya tantra	NAAC Metric No. 7.1.10

Scanned with CamScanner

Pune District Education Association's

College of Ayurved & Research Centre

Photos of the Event





Principal Signature

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department Shalakya tantra	NAAC Metric No. 7.1.10

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Date :- 24/10/2022

Activity conducted on occasion of Ayurveda Day 2022
"Har Din, Har Ghar Ayurveda"
Post event summary report

Date- 20th Oct. to 22Oct 2022

Name & Date of the event- Exhibition and Distribution of Amruta Ayurved Teaching Pharmacy's products

Organizing department/ committee-Rasashastra and Bhaishajya Kalpana

Location of the event- PDEA's College of Ayurveda and Research Center,Nigdi Pradhikaran,Pune -44

Number of persons attending the event-240
Mode of event- Online/ Offline-Offline
Drive Link for Photos-
https://drive.google.com/drive/folders/1c6xGpsP2XarGqf98Cn69e9K_bA_BMNnA?usp=sharing

Brief summary of the event-

Dept of RSBK ,Amruta Ayurveda Pharmacy in collaboration with ARSMH organized Herbal product Exhibition and Stall for general people ,senior citizens and staff.

Total 15 different products were displayed on stall. Immune booster herbal drugs, Pain relief herb infused oils , herbal powders for digestive and respiratory systems and winter skin care products like Abhyanga oil,Ubtan powder and soaps were available on stall . Information and uses were conveyed to visitors.

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
आवक क्र. 3082/2022-23
दिनांक - 24/10/2022
लेखनिक

Signature
Designation
Name- Dr Chukut SN
HOD
Department of Rasashastra & Bhaishajyakalpana
College of Ayurved & Research Centre, Akurdi Pune 44

Name of the Department – Rasashastra & B.K.	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

Photos of the Event





Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department – Rasashastra & B.K.	NAAC Metric No.

Pune District Education Association's

College of Ayurved& Research Centre, Nigdi, Pune-44

Date- 21.10.2022

Activity conducted on occasion of Ayurveda Day 2022

"Har Din, HarGhar Ayurveda"

Post event summary report

Name & Date of the event- Medical camp on hair problems, 20 & 21st October 2022

Organizing department/ committee-Agadtantra

Location of the event- Agadtantra OPD, ARSMH ,Nigdi

Number of persons attending the event- 31

Mode of event- Offline

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 3771/2022-23
दिनांक - 7/11/2022
लेखनिक
प्राचार्य

Drive Link for Photos-
https://drive.google.com/drive/folders/13S8eOtBJ7ZvjiGtVdHC6eOqh8PSZlAtC?usp=sharing

Brief summary of the event:

On occasion of National Ayurveda day 2022 department of Agadtantra had organized **camp on hair problems.** This camp was organized on 20 & 21st October 2022 in OPD of Agadtantra at AyurvedRugnalaya and Sterling Multispecialty Hospital, Nigdi.Patientswere given free case papers and medicines. Medicines were supplied by Amruta teaching pharmacy, Nagarjun,Ahemedabadand Atrimed.**31**Patientsof different hair problems like hair fall, premature greying and dandruff were benefitted due to this camp.

JJphadke
DR. PHADKE J.J.
M.D. (AYU), P.G.D.M.L.S.
Professor & Head of the Dept.
Agada Tantra & Vyavaharayurveda Vibhag,
C.A.R.C. Akurdi, Pune - 44.

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved& Research Centre, Nigdi, Pune-44

Date: 21.10.2022

Photos of the: Medical camp on hair problems





DR. PHADKE J.J.
M.D. (AYU), P.G.D.M.L.S.
Professor & Head of the Dept.
Agada Tantra & Vyavaharayurveda Vibhag,
C.A.R.C. Akurdi, Pune - 44.

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department: Agadtantra | NAAC | Metric No. 7.1.10

Pune District Education Association's

College of Ayurved & Research Centre

Name of the Event: - Medical camp and Ayurveda day celebration

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आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 2892/2022-23
दिनांक - 22/10/2022
लेखनिक Chitti
प्राचार्य

Occasion: - 7 th Ayurveda Day

Date of camp: - 22/10/2022

Timings: - 10.30 pm to 1.00 pm

Organizer: - Kayachikitsa department- PDEA'S college of Ayurved and research centre, Nigdi, Pune.

Location of the event: - Ayurved rugnalaya & sterling multispeciality hospital, Pradhikaran, Nigdi, Pune.

No: of persons attending the event: – 03 cosultants & 06 PG students. (for Sr.citizen patient Checkup Camp
No. of attendies of Event - 72

Google link for photos: -
https://drive.google.com/drive/folders/1Uk61XwyS1l31ogmW0DZ3JUSpLTqBadwi

Brief summary of event:–
Starting with Innauguration of Ayurveda celebration by dhanwantari pujan.

1. Senior citizen patient checkup camp was organized in ARSMH.
2. Free medicine distribution to patients.
3. Free random blood sugar checking.
4. Medicinal plant distribution with information (medicinal properties) of plant.
5. Lecture to patients on importance of Ayurveda and different treatments under Ayurveda.
6. Various Amalaki(Amla) products stall explaining the imp of Amla in day to day use as rasayana.

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH * AKURDI PUNE-44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

Kayachikitsa department

Medical checkup camp and Ayurveda Day celebration , ARSMH , Nigdi, Pune
Date – 22/10/2022



(Medicinal Plant distribution to Patients)

Dr R.B.
H.O.D
Dept of Kayachikitsa
College of Ayurved & Research Centre

P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.D.E.A.'S
College of Ayurved and Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

Kayachikitsa department

Medical checkup camp and Ayurveda Day celebration , ARSMH , Nigdi, Pune
Date – 22/10/2022

Lecture to patients on importance of Ayurveda by Dr. Khobragade



H.O.D
Dept of Kayachikitsa
College of Ayurved & Research Centre
Nigdi

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

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College of Ayurved & Research Centre

Post event summary report **Date-**18/11/22

Name of the event- Children's Day celebration

Date of the event- 14/11/2022

Organising department/ committee- Department of Kaumarbhritya

Location of the event-118 no. OPD at PDEA'S ARSMH, Nigdi Pune

Number of persons attending the event-

Student: 11 **Teachers:** 04 **Others:**43

Mode of event- Online/ Offline-offline

Link of online event- NA

Drive Link for geotagged Photos-
https://drive.google.com/drive/folders/1_tHi7h8GVzLK08iskZKD5DHxLkibn1qt

You tube link for video- NA

Contact person- Dr. Deodas Madhavi Sanjay

Email address- balrogdept@gmail.com

Brief summary of the event-

Kaumarbhritya Department has taken Medical Camp on the occasion of Children's Day celebration.The publicity of the event was done on social media, from WhatsApp, face book and Instagram.

Total 43 Children has been checked out of them 15 children were benefitted with Swarnaprashan. Gufic pharma contributed the event by supplying free medicines and small gifts to all children. Syrup Immunocin and Syrup Kofend were given to all 43 children. All the parents were guided for their child health.

पु.ति.शि.म.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४१०४४.
आवक क्र. 3364/2022-23
दिनांक - 18/11/2022
लेखनिक (3)

प्राचार्य

Signature Deodas 18/11/22

Designation-HOD & Professor

Name- Dr.Madhavi S.Deodas

H. O. D.
Dept. of Kaumarbhrutya Tantra
College of Ayurved & Research Centre
Nigdi

Name of the Department- Balrog **NAAC Metric No.-** 7.1.10

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Photos of the Event-





Principal Signature

Stamp-

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department- Balrog	NAAC Metric No.-

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING

"क्रांतिज्योती सावित्रीबाई फुले जयंती, महाराष्ट्र बालिका दिन, स्त्री मुक्ती दिन"

Place: -Classroom No - 02 Date: - 03.01.2023

Post event summery report

Name of the event	Celebration of Kranti Jyoti Savitribai Phule Jayanti, Maharashtra Girl Child Day, Stree Mukti Din.
Date of the event	03.01.2023
Time of the event	02.30 pm
Location of the event	College Classroom No-02
Participants	NSS Volunteers, Teachers, Non-Teaching Staff & Students
Number of persons attending the event	Teachers- 13 Students – 87 Non-Teaching - 09 Total- 109
Organizing committee	N.S.S. Department
Contact person	Dr. Rajesh Mhaske
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/1YncLk_C0YV1Cw3bRqPqsHjMkCa0mM3hW?usp=share_link
Brief summary of the event	• Celebration of 192th Kranti Jyoti Savitribai Phule Jayanti held by NSS Department. • Welcome speech & Introduction of programme given by Dr. Mhaske. • Anchoring of whole programme done by fourth year student Miss. Pradnya Jadhav. • Pratima poojan held with hands of Resp. PhD Director Dr. Meenal Lad & dignitaries. • Fourth year student Miss Prapti Dhawale presented one act play "Me Savitri Bolatey" in a very descent manner. • Speeches given by students Abhay Kasle, Sohel Shaikh, Owais Khan & Mahesh Shirphule. • Presentation of poem presented by Miss. Nikita Pate. • Song presentation done by fourth year students Miss. Shivpriya Nambiar & Miss. Deepa Kale. • Dr. Meenal Lad madam gave a nice speech on the valuable social work of Savitribai Phule and Girl's Child Day, she also emphasizes on Women's Empowerment and guided students in a very descent manner. • UG Students, Teaching staff & non-teaching staff were participated in this Constitution Day celebration event. (Total 109) • Vote of thanks given by fourth year student Akshay Gadade. • Thanks to Respected Principal mam for giving us such opportunity.

आयुर्वेद [illegible] केंद्र
आवक क्र. 4282/2022-23
दिनांक - 12/1/2023
लेखनिक Patil. (3)
प्राचार्य

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT CELEBRATING

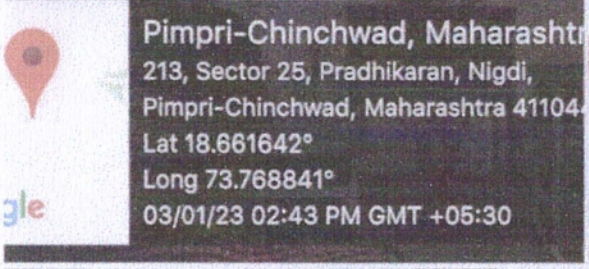
"क्रांतिज्योती सावित्रीबाई फुले जयंती, महाराष्ट्र बालिका दिन, स्त्री मुक्ती दिन"

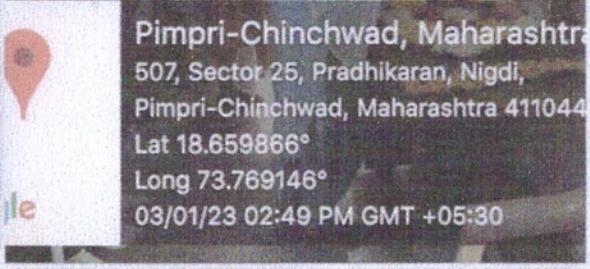
Place: -Classroom No - 02 Date: - 03.01.2023

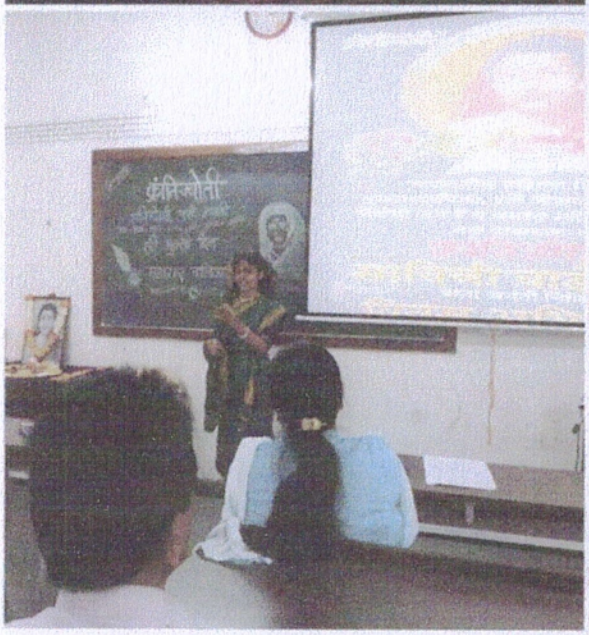
Post event summery report













Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

N.S.S. Department	NAAC Metric No.

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. & CULTURAL DEPARTMENT CELEBRATING "NATIONAL YOUTH DAY"

Place: -College Auditorium

Date: - 12/01/2023

Post event summery report

Name of the event	Celebration of Swami Vivekanand & Rajmata Jijau Jayanti, on the occasion of National Youth Day
Date of the event	12/01/2023
Time of the event	02.00 pm to 04.00 pm
Location of the event	Auditorium
Participants	NSS Volunteers, Teachers, Non-Teaching staff & Students
Number of persons attending the event	Teachers-09 Students -112 Total - 121
Organizing committee	N.S.S., Cultural Committee
Contact person	Dr. Rajesh Mhaske/ Dr. Shweta More
Email address	carcnss@gmail.com/ carccultural2018@gmail.com
Google Drive Link	https://drive.google.com/file/d/1cW385IgArHlPSgxrwtpVx3xb65jZ_S5E/view?usp=share_link
Brief summary of the event	• Programme started at 02.00 pm • Anchoring of entire programme done by Fourth year student Sohel Shaikh. • Tanushree Thakur and first year student Sohel Shaikh has explained importance of the day and gave brief info of activities done by C3 Club since 2022. • Pratima pujan done by the guest speaker and CARC Alumni Dr. Swapnil Chaudhari and respected teachers present. • Dr. Swapnil Chaudhari focused on problems of today's youth facing & gave solutions for the same in his extraordinary oratory skill • Guidance given by Resp. Dr. Meenal Lad Madam. • C3 board decoration done by students • UG Students, Teaching Staff & Non Teaching Staff were participated in this event (Total -125) • Vote of thanks given by Fourth year student Miss. Prapti Dhavale. • Thanks to Respected Principal mam for giving us such opportunity.

पु.जि.शि.म.चे.
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 4461/2022-23
दिनांक - 31/11/2023
लेखनिक [illegible]
प्राचार्य

PDEA'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

N.S.S. & CULTURAL DEPARTMENT CELEBRATING "NATIONAL YOUTH DAY"

Place: -College Auditorium

Date: - 12/01/2023

Post event summery report









Principal
PDEA'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

73rd Republic Day Celebration under Azadi ka Amrit Mahotsav

N.S.S. DEPARTMENT

Post event summery report

Name of the event	74th Republic Day Flag hosting ceremony
Date of the event	26th January 2023
Time of the event	08.00 am
Location of the event	Campus of the college
Participants	Hon. Principal madam, Hon. Vice Principal, Directors of the college, Teachers, Non-teaching staff, Deputy Superintendent, RMO, Para-medical staff and students
Number of persons attending the event	Approx. 200 (Teaching staff- 60, Non-Teaching & Hospital Staff – 60, students -94)
Organizing committee	NSS
Google Drive Link	https://drive.google.com/drive/folders/17hls-sWpWN955n2MzF5vPyttjmWaTkFX?usp=share_link
Contact person	Dr. Rajesh Mhaske
Telephone number	9130805556/9423805556
Email address	carcnss@gmail.com
Brief summary of the event	• The Hon.Principal madam was the chief guest of the programme. She hoisted the national flag sharp at 08.00 am. All the students, teachers and staff saluted the flag and then sang the National Anthem honouring it. • Speeches given by students Miss. Anushka Dandavate, Mr. Vijay Bomble. • Presentation of patriotic song done by fourth year students. • Then after felicitation of teachers held. • Felicitation of students by Samhita department held. • Hon Principal gave a valuable speech on the occasion of National Republic Day, she gave best wishes to all. • Culture events Singing and dances were presented by fourth year students. • Vote of thanks given by fourth year student Miss. Dhanashree • At the end of the ceremony, sweet pedhas were distributed among the students. • A breakfast and tea were arranged for staff. • Thank you madam for giving us opportunity to held this event.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४.
आवक क्र. 4592/2022-23
दिनांक - 4/2/2023
लेखनिक
प्राचार्य

PDEA'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT

74th Republic Day 26 JANUARY 2023 Celebration



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Nigdi, Pune - 411 044.

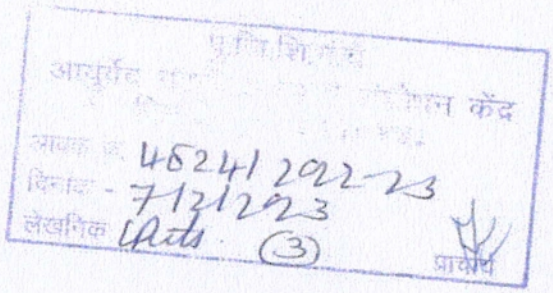
N.S.S. DEPARTMENT ORGANIZING AWARENESS RALLEY

On the occasion of

WORLD CANCER DAY 2023

Post event summery report

Name of the event	Organization of an Awareness Rally on the occasion of World Cancer Day 2023
Date of the event	04.02.2023
Time of the event	02.00 pm
Location of the event	Nigdi, Pradhikaran
Participants	NSS Volunteers, Teachers
Number of persons attending the event	Teachers- 01 Students – 25 Total - 26
Organizing committee	N.S.S. Department
Contact person	Dr. Rajesh Mhaske
Telephone Number	9130805556/9423805556
Email address	carcnss@gmail.com
Drive Link for Geotagged photos	https://drive.google.com/drive/folders/10iQcUBgMmGoPAhoZAI06lIhDnq_sh3z7?usp=share_link
Brief summary of the event	• An awareness rally organized by NSS Department on the occasion of "World Cancer Day 2023" • Introduction of World Cancer Day given by Dr. Rajesh Mhaske, PO NSS. • Rally started from college and covered nearby area. • Slogans given and poster presentation done by volunteers to make awareness in society regarding cancer. • UG Students, were participated in this Cancer awareness Rally (Total – 26) • Vote of thanks given by fourth year student Omkar Patil. • Thanks to Respected Principal mam for giving us such opportunity.





Pune District Education Association's

College of Ayurved & Research Centre

N.S.S. DEPARTMENT ORGANIZING AWARENESS RALLEY

On the occasion of

WORLD CANCER DAY 2023

Post event summery report



Principal
P.D.E.A's
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Nigdi, Pune - 411 044.

P.D.E.A'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Pune District Education Association's

College of Ayurved & Research Centre

Post event summary report **Date-**11/02/23

Name of the event- National Deworming day celebration

Date of the event- 10/02/2023

Organising department/ committee- Department of Kaumarbhritya

Location of the event- Aanganwadi No. 22, yamunanagar, Nigdi, Pune

Number of persons attending the event-

Student: 14 **Teachers:** 04 **Others:**02

Mode of event- Online/ Offline-offline

Link of online event- NA

Drive Link for geotagged Photos-

https://photos.app.goo.gl/wgQ1K3G9T4mjmNUs6

You tube link for video- NA

Contact person- Dr. Deodas Madhavi Sanjay

Email address- balrogdept@gmail.com

Brief summary of the event-

Kaumarbhritya Department organized Anganwadi health check up camp on the occasion of National Deworming day celebration. Total 44 Children has been checked and dewormification done. Free Ayurvedic medicines has been distributed to every child. All parents were educated for care of their children and nutrition advice given.

आयुर्वेद ... केंद्र
आवक - 472/2022-23
दिनांक - 11/2/2023
लेखनिक (3)
प्राचार्य

Signature Deodas

Designation-HOD & Professor

Name- Dr.Madhavi S.Deodas

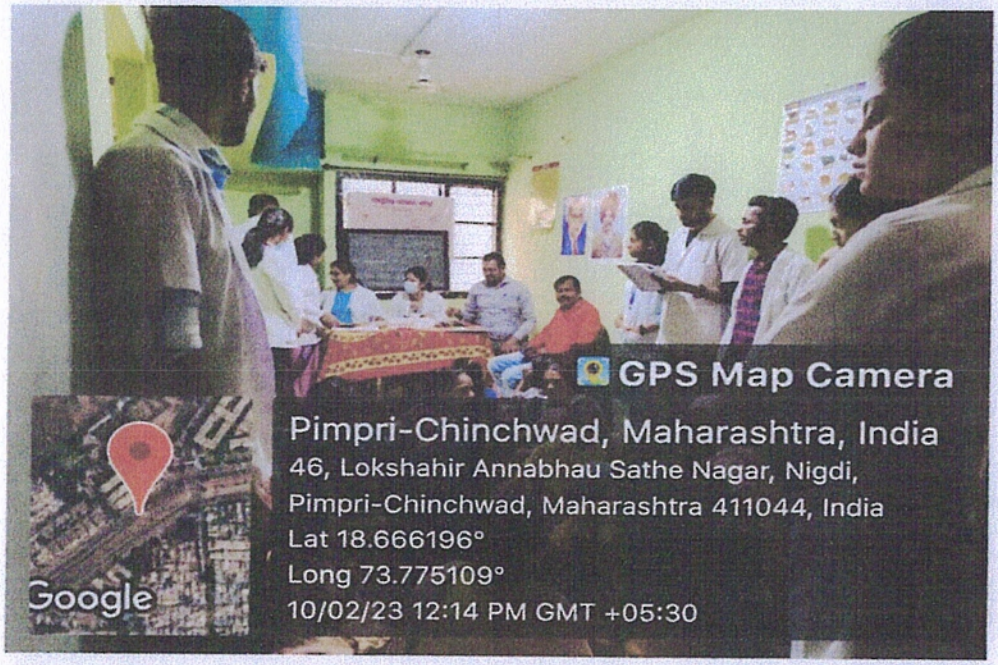
विभागप्रमुख
कौमारभृत्य तंत्र विभाग
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE-44 P.D.E.A.'S

Name of the Department- Balrog	NAAC Metric No.- 7.1.16

Photos of the Event-





Principal Signature

Stamp-

COLLEGE OF AYURVEDIC RESEARCH * P.D.E.A.'S * AKURDI PUNE - 44

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department- Balrog	NAAC Metric No.-

Pune District Education Association's

College of Ayurved& Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)
Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.
Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in
E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook-acrc_akurdi@pdeapune.org

Date: - 28/02 /2023

पु.जि. ... आयुर्वेद महाविद्यालय ... संशोधन केंद्र निगडी, पुणे-४११०४४. आवक क्र. 497/2022-23 दिनांक - 3/2/2023 सदसंख्या Part. (3) प्राचार्य

Metric No. 7.1.10

Name of the Program- 'National Science Day' Celebration

Organizing Department- Research and RSBK

Location of the program- P.D.E.A.'s College of Ayurved and Research Centre, Nigdi, Pune-44.

Numbers of Students attend the program- 60

Mode of the program (Online/Offline) - Offline

Brief report of the program-

As per every year, in this year 28th Feb 2023 was celebrated as 'National Science day' according to theme **'Global Science for Global Wellbeing'.**

As per this theme, after getting permission of respected Principal Madam, 3rd and 4th year BAMS students were divided in different groups and allocate following 6 different subjects to them. As per given subject ask them to prepare appropriate Models/ Tools/ Charts to explore the given subject.

Subjects: 1) Dravyaguna: Understanding of Panchmabhoutiktva of Dravya
2) Rognidan: Understanding of Dhosha-DushyaSammurchhana.
3) Rasashastra: Clinical application of Rasasoushadhi in emergency management.
4) Agadtantra: Different Snake bite identification.
5) Swasthavrutta: 'Ayurveda Mission for Swastha Nation'.
6) Samhita: Activity based learning of Ayurveda

According to above subjects students were prepared following different models. KriyaKalpa, RasayanPrakar, KutipraveshikaRasayan, NiruhaBastiNirmanVidhi, PutapakVidhi, CharakaSamhitaSthananurupa Display, PanchvidhaKashayKalpana, Dincharya, Rutucharya, YogikShatchakra display, ShodashSanskara, Panchamahabhuta display, MrutasharirSamshodhan, SwedanPrakar, Vishopkrama, Dshopkrama, Rasapariksha, MarmaVichar, Aaharvidhi, Ayurveda Rasashala, Need for research in Ayurveda.

On 28th Feb 2023 at 11.00 am, exhibition of above models was started with inauguration by Principal Madam and Dr. Yogini Kulkarni madam. After that, Principal Dr. RaginiPatil Madam and all teaching staff were observed all these models. 4th BAMS team was declared as winner team .Photos and documents are attached here with this report.

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

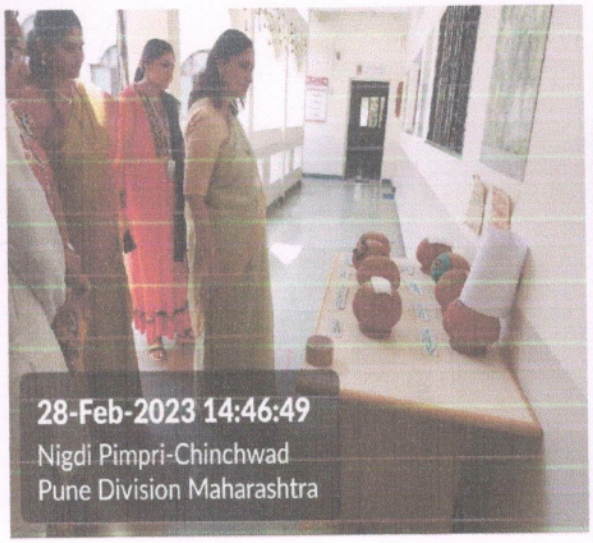
Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

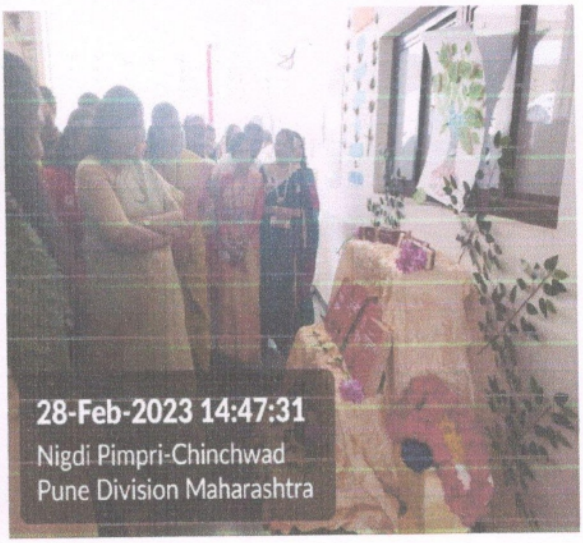
Pune District Education Association's

College of Ayurved & Research Centre

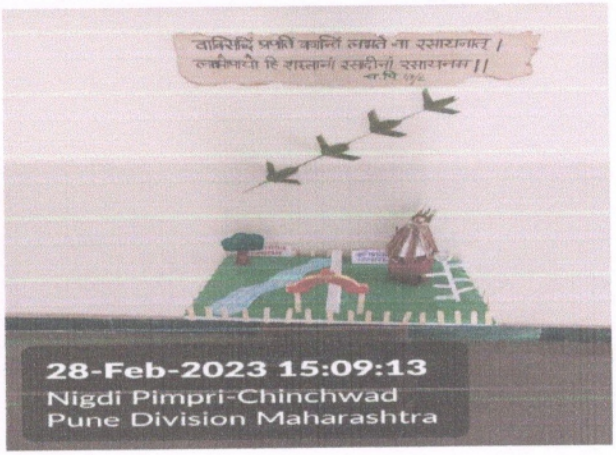










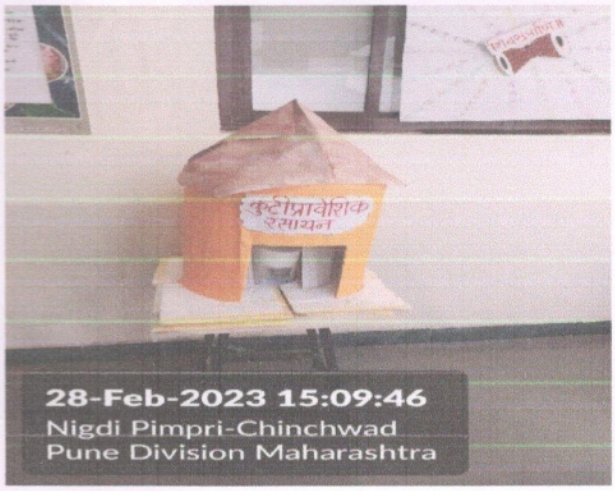


College of Ayurved And Research Centre AKURDI PUNE - 44.

Principal
PDEA's
College of Ayurved & Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

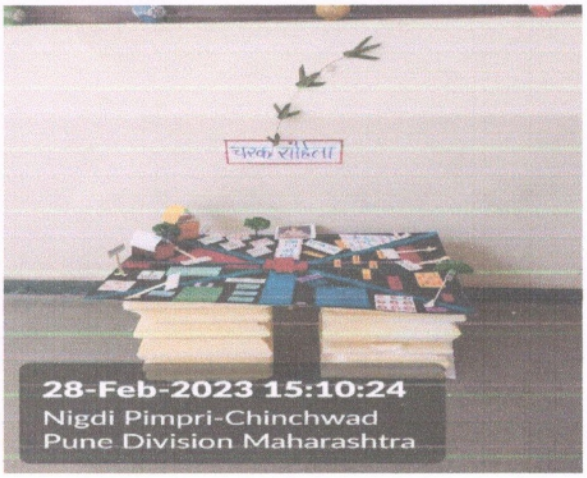












P.D.E.A.S. COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

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(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

Date: - 04/03/2023

Metric No.: 7.1.10

World Obesity day celebration report

पु.जि.शि.सं.चे
आयुर्वेद [illegible] संशोधन केंद्र
आवक क्र. 5001/A2022-23
दिनांक 4/3/2023
लेखनिक Mohit
प्राचार्य

- **Name of the Event:** Obesity awareness programme
- **Date:** 04/03/2023
- **Organising Department:** Department of Swasthavritta
- **Location of the event:** PCMC School No. 91, Chikhali, Pune.
- **Time:** 10.00 am to 11.00 am
- **Number of participants attending the event:** PG Students:06

  Teachers: Dr Deepali Manore, Mrs.Archana Patil
- **Mode of event-** Offline
- Google Link for Photos: https://photos.app.goo.gl/f6CsqB1jLE37oDDk7
- **Summary of the event:**

Swasthavritta Department has conducted Obesity Awareness programme on the occasion of World Obesity Day 2023 at PCMC School No. 91, Chikhali, Pune. Principal Mr. Bhange welcomed Dr. Manore. Dr. Manore delivered speech on obesity. She explained the importance of Obesity Day and guided them regarding BMI, causes of obesity, effects of obesity on physical health and how to prevent obesity. She also explained the importance of nutritious food & exercise in prevention of obesity. Students were attentive & asked many doubts regarding diet. After delivering lecture she answered queries of the students. Total 103 student's height weight were recorded & BMI was calculated.

HOD

Department of Swasthavritta

H. O. D.
Dept. of Swastha Vrutta
College of Ayurved & Research Centre
Nigdi

COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal

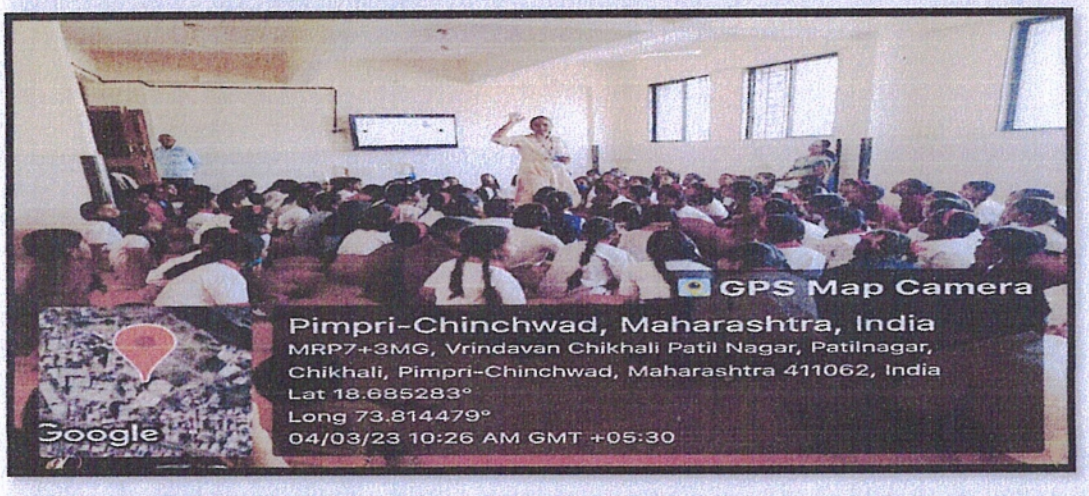
Principal
P.D.E.A'S
College of Ayurved and Research Centre
Nigdi, Pune - 411 044.

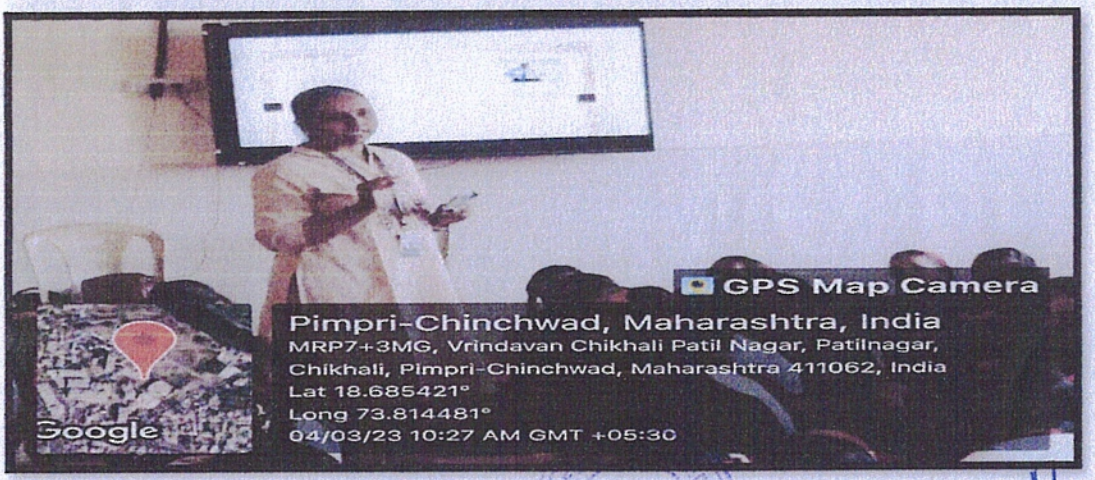
Pune District Education Association's
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Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.
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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

Date: - 04/03/2023
Metric No.: 7.1.10

Photos of Obesity awareness programme
Date: - 04/03/2023







AKURDI PUNE - 44

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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

Date :- 18 / 03 /2023
Metric No. 7.1.10

Activity conducted on occasion of Glaucoma Awareness week 2023
Post event summary report

Name & Date of the event- A rally with banners of Glaucoma information for- Glaucoma Awareness on 16/03/2023

Organizing department/ committee- Shalakya department

Location of the event- PDEA's College of Ayurved and research centre Nigdi to Ayurved rugnalaya and sterling multispecialty hospital nigdi pune

Number of persons attending the event- 50

Mode of event- Offline

Drive Link for Photos-

https://drive.google.com/drive/folders/18pRVFSkSYqFLh9waxCjraX9FEhxfUnpP

Brief summary of the event-

A rally with banners of Glaucoma information for Glaucoma Awareness among the peoples in Nigdi, from PDEA's College of Ayurved and research centre Nigdi to Ayurved rugnalaya and sterling multispecialty hospital nigdi pune on 16/03/2023 at 2.30 to 3.30 pm.

HOD
Department of Shalakya
H.O.D.
Dept of Shalakya Tantra
College of Ayurved & Research Centre
Nigdi

Principal
Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र. 172/2023-24
दिनांक - 21/4/2023
प्राचार्य

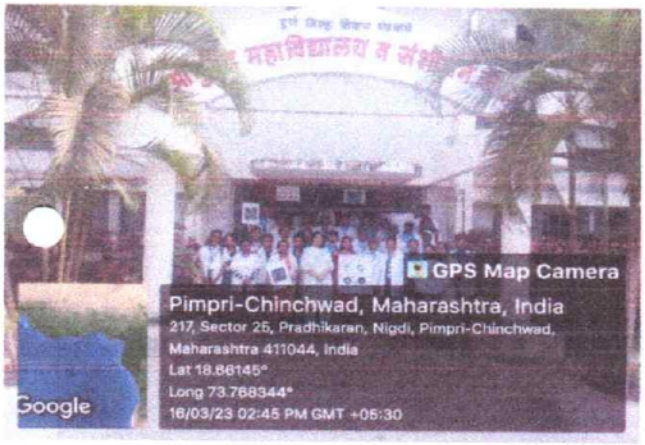
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Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in
E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

Date :- 18 / 03 /2023
Metric No. 7.1.10

Photos of Glaucoma Awareness week 2023









HOD
Department of Shalakya

H. O. D.
Dept of Shalakya Tantra
College of Ayurved & Research Centre
Nigdi

Principal

Principal
P.D.E.A.'S
College of Ayurved and Research Centre
Nigdi, Pune - 411 044.

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

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Date :- 19 / 03 /2023
Metric No. 7.1.10

Report of Glaucoma Awareness week 2023

Name of the event- On the occasion of World Glaucoma week Celebration 2023(Glaucoma awareness and screening camp)
Date of the event- 12/03/2023 to 18/03/2023
Organising department/ committee- Shalakya tantra
Location of the event- ARSMH Eye OPD
Number of persons attending the event- 90
Mode of event- Online/ Offline- Offline
Drive Link for Photos-
https://drive.google.com/drive/u/2/folders/1fkMuNcHzRY2zBw28m46A_YX5i42PnQU9
Email address- shalakya.carc@gmail.com

Brief summary of the event-

On occasion of World Glaucoma Week 2023, Department of Shalakya Tantra has organized Glaucoma awareness week from 12/03/2023 to 18/03/2023.Basic glaucoma screening with Eye Check-up, Intra ocular pressure checking and ophthalmoscopy was done of 90 patients in Eye OPD of ARSMH.

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आवक क्र. 171/2023-24
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Date :- 19 / 03 /2023
Metric No. 7.1.10

Photos of the Event





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Date :- 30 / 03 /2023

Metric No. 7.1.10

Activity conducted on occasion of Glaucoma Awareness Lec 2023
Post event summary report

Name & Date of the event- Department of **SHALAKYA TANTRA** has organized Glaucoma awareness week 15/03/2023 to 20/03/2023
Lec on Glaucoma awareness
Organizing department/ committee-Shalakya department
Location of the event- PDEA's College of Ayurved and research centre Nigdi,Pune
Number of persons attending the event- 50
Mode of event- Online/ Offline- Offline Lec 27/03/23 in between 10am to 11am
Drive Link for Photos-
https://drive.google.com/drive/folders/1vDpN4l03L_9TFfAcqJ1bfljRLbalRue_
Brief summary of the event-
Glaucoma awareness lecture taken on UG students, 50 students were present.Intra ocular pressure, complications of glaucoma and awareness was delivered to students of PDEA's College of Ayurved and research centre Nigdi on 27/03/2023 at 10.00 to 11.00 am .

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आवक क्र. 5549/IA.2023-24
दिनांक - 31/3/2023
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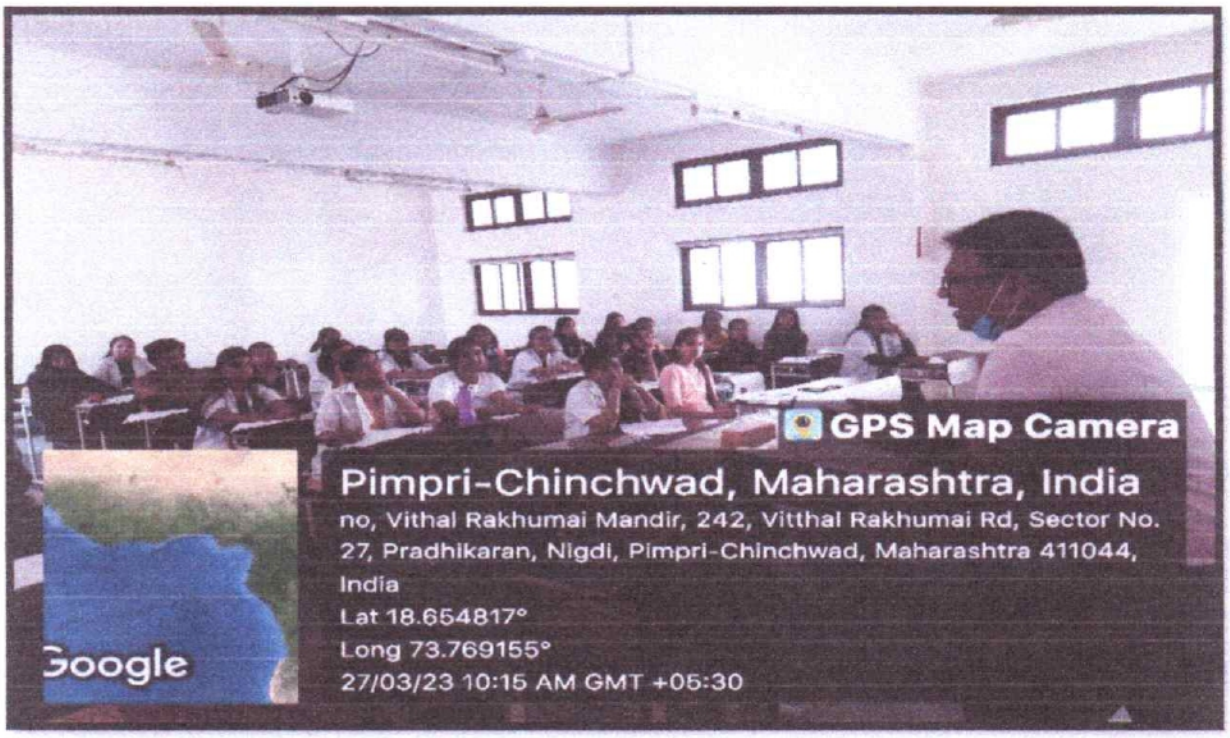
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Date :- 30 / 03 /2023

Metric No. 7.1.10

Photos of Glaucoma Awareness Lecture



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Date :- 4/04/23

Metric No. 7.1.2

Report of Guest lecture on Cancer Awareness

Name of the event:- Guest lecture on Cancer Awareness
Organizing Department: - Department of Shalyatantra.
Date of the Event: - 29th March 2023, Wednesday.
Time: - 2 pm to 4 pm
Mode of Conduct: Offline
Venue: - 3rd floor Auditorium of P.D.E.A.'s, College of Ayurved and Research Centre, Nigdi, Pune-44.
Link of online event: - NA
No. of Participants attended the Event: UG: 90 PG: 13
Present Teachers: 12
Google Photos Link:
https://photos.google.com/album/AF1QipOZxHuRZ4ibfuVPlpviasx-I8ecSMop8UEvJG8C
Guest Speaker :- Dr. Rakesh Neve

Activity: A Guest Lecture was organised by Shalyatantra Department on occasion of World Cancer Day about Cancer Awareness by Consultant Oncologist Dr. Rakesh Neve. Lecture was very beneficial for all students and teachers. Lecture was followed by questions and answer session.

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Dr. R.R. Patil
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आवक क्र. 371/23-24
दिनांक - 03/4/2023
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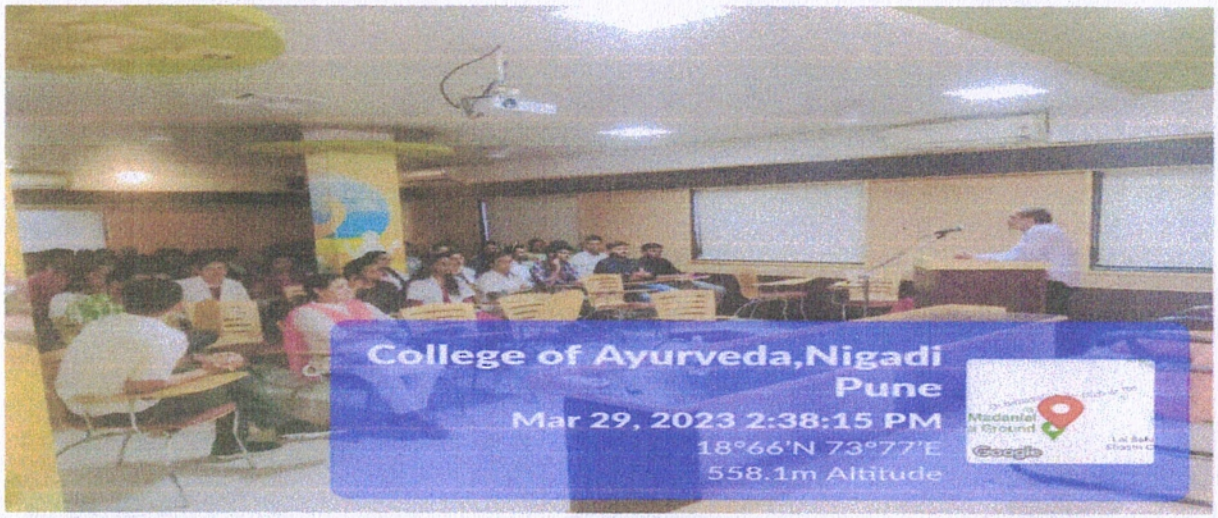
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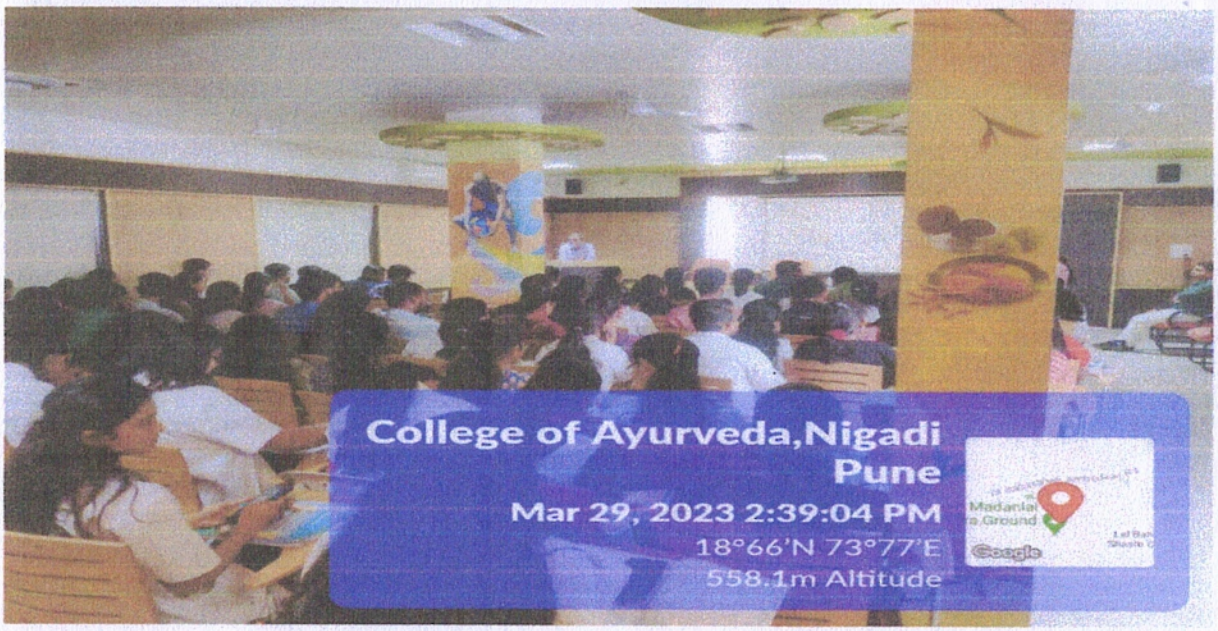
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Date :- 4/04/23

Metric No. 5.1.2

Photos of Guest lecture on Cancer Awareness





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Date :- 8 / 04 /2023
Metric No. 7.1.10

Report of Activity of participation in Rally organised by MUHS On occasion of World Health Day 2023 and Silver Jubilee Year of MUHS

Name & Date of the event- Department of Shalakya Tantra has participated in rally organised by MUHS On occasion of World Health Day 2023 and Silver Jubilee Year of MUHS on 07/4/23

Participating department - Shalakya department

Location of the event- DES Brijlal Zindal Physiotheraphy college,Pune

Number of persons participating the event- 37

Mode of event- Online/ Offline- Offline

Drive Link for Photos-https://drive.google.com/drive/folders/14Rx0kgSOl23vcHM-i1x_hukcikovswPf

Brief summary of the event-

On occasion of World health day 23 rally for organ donation awareness, cataract awareness, eye donation awareness from DES Brijlal Zindal Physiotheraphy college,Pune to Balgandhrava rangmandir , Pune

WHO Tuberculosis program head and MUHS representatives were present for closing ceremony.

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दिनांक - 12/4/2023
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Date :- 8 / 04 /2023

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Photos of Activity of participation in Rally organised by MUHS On occasion of World Health Day 2023 and Silver Jubilee Year of MUHS





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Date :- 13/04 /2023

Metric No. 7.1.10

Post event summary report

Name of the event- अवयवदान जनजागृती

Date of the event- 12/4/2023 Time- 11.00 to 12.30

Reference- आसमुक्र/अवयवदान जनजागृती/अभियान/२०२३/आयु–२/३८२३, ६/४/२०२३

Organising department/ committee/person- Dr. Dinesh Balkrishna Naik

Location of the event- classroom no. 2

Number of persons attending the event- 52 students from the class first BAMS

Mode of event- Online/ Offline- Offline

Drive Link for Photos-
https://drive.google.com/drive/folders/1j93sXHh75s4JfrqWTtrFYc2G4N891ERE?usp=share_link

You tube link for video- https://www.youtube.com/watch?v=xHwHPlUZuOU&t=15s

Contact person- Dr. Dinesh Balkrishna Naik

Telephone number- 9881371440

Email address- drdineshnaik27@gmail.com

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आवक क्र. 242/2023-24
दिनांक - 18/4/2023
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Brief summary of the event-

On the occasion of organ donation propagation program an explanatory lecture of Dr. Dinesh Balkrishna Naik, asso. Prof. Rachana Sharir was arranged. He explained what is organ donation, its procedure, legal aspects, laws for organ donation, eligibility of organ donation and organ reception etc. in details for students with PPT presentation.

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The video clip on organ donation, 'Fir Zindagi' was shown to students. This film contains basic information of organ donation and elaborates the steps in organ donation. The student got the knowledge of the organ donation movement. Organ donation pledge was given to all the students of the class.

Dr. Dinesh Balkrishna Naik

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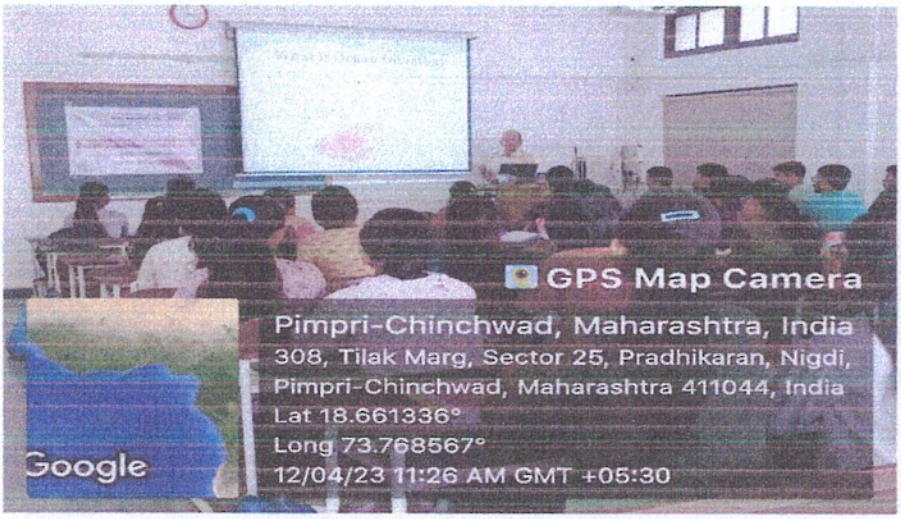
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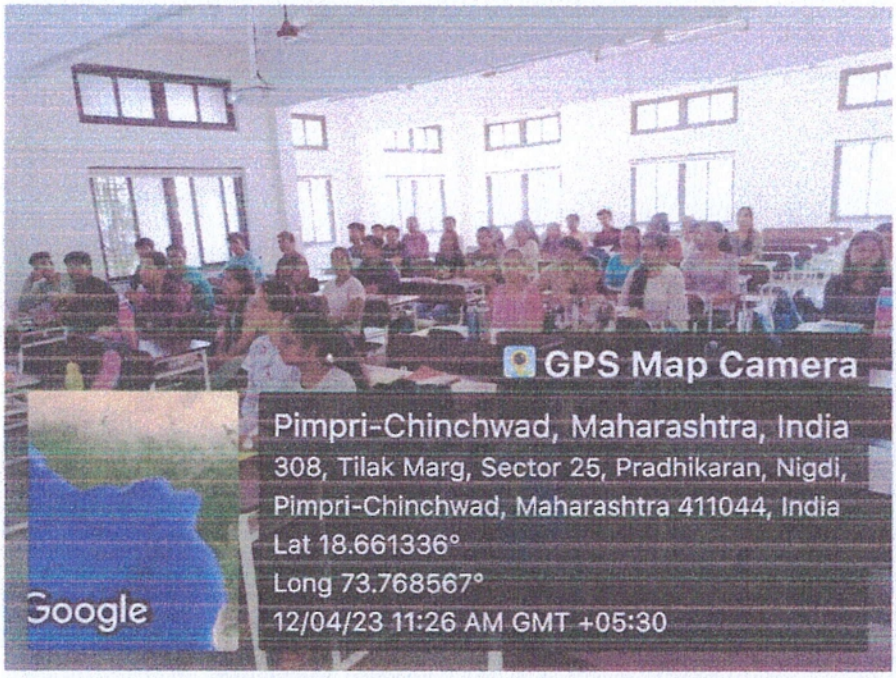
Date :- 13/04 /2023

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Photos of the Event



Lecture of Dr. D. B. Naik



Students attending the program

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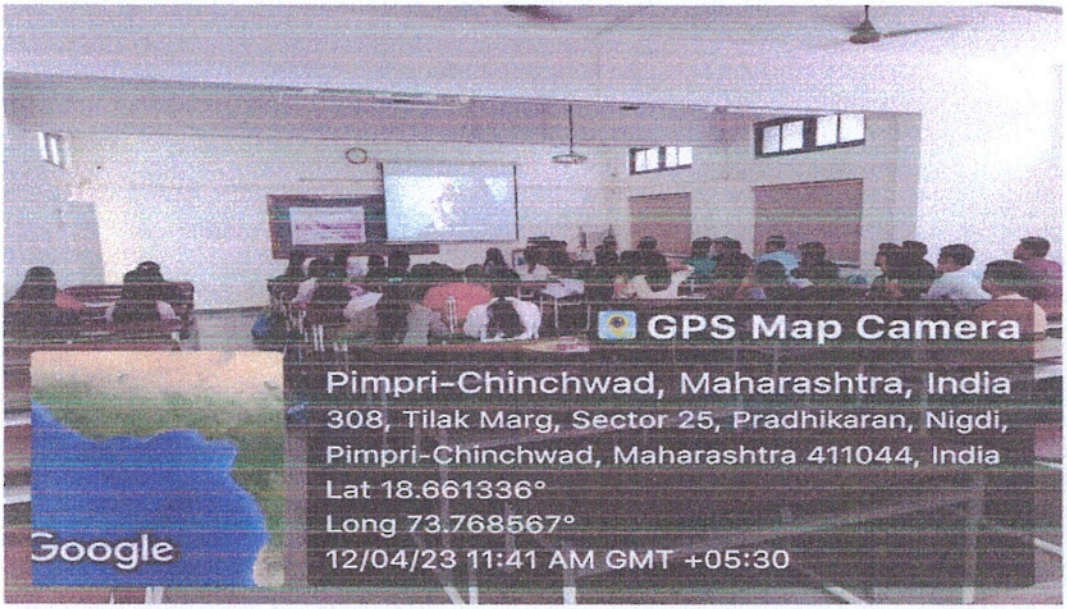
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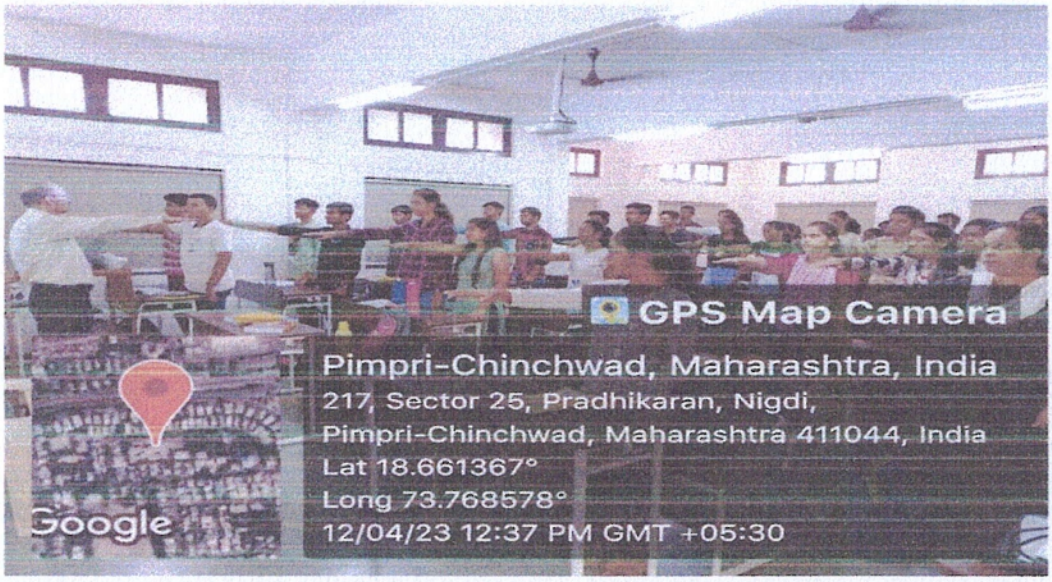
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Students watching film on organ donation- 'Fir Zindagi'



Students taking pledge on organ donation.

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Date :- 2/ 05 /2023

Metric No. 7.1.10

International noise Awareness Day celebration 2023

Post event summary report

Name of the event- Poster competition On the occasion of **International Noise Awareness Day celebration** 2023

Date of the event- 26/04/2023

Organising department/ committee- Shalakya tantra

Location of the event- Shalakya Department, CARC nigdi.

Number of persons attending the event-13

Mode of event- Online/ Offline-Offline/online

Link of online event-NA

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दिनांक 21/5/23
लेखनिक
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Drive Link for Photos-
https://drive.google.com/drive/u/1/folders/1y2IPefg6qeqc7K8Ar-dtRbk26c_vpzGd

Email address- shalakya.carc@gmail.com

Brief summary of the event-

On occasion of **International noise Awareness Day celebration** 2023, Department of SHALAKYA **TANTRA** has organized poster competition on topic Noise pollution Awareness on 26/04/2023,Total participants are 13.Posters evaluated by Dr.Arti Firke and Dr.Varsha Sane.

1st Dr Saumya Pandey (II PG shalakya).
2nd Aarti Chaudhari (III BAMS).
3rd Dr.Pratik Kumbhar(I PG shalakya).

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1st –Dr Saumya Pandey II PG Shalakyatantra

Noise Control Techniques:

- Planting more trees in high ways
- Ban on unnecessary blowing of horns
- Not to exceed speed limit
- To develop quieter type of diesel engine
- To improve road surface
- Restriction of movement of vehicles in s zones
- Legal restrictions on noise polluting bod
- Improvement in silencers









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Poster competition

Topic: Noise pollution Awareness on occasion of International noise Awareness Day

Date: 26th April 2023

Winners

1. Dr.Suamya Pandy Second PG Shalakya.
2. Aarti Chaudhari –Third BAMS.
3. Dr.Pratik Kumbhar

Signs of Evaluator:

1. Dr. Arti Firke — artifirke 26.4.23
2. Dr.Varsha Sane

VSane 26.4.23.

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Date :- 06 / 06 /2023
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REPORT

World Environmental Day (5th June 2023)

Name of Event- "World Environmental Day (5th June 2023)"
Name of the Organiser – Dept. of Dravyaguna, P.D.E.A'S College of Ayurved & Research Centre, Nigdi, Pune-411044
Place – Herbal garden & CARC campus & classroom no-2
Date - 5th June 2023
Mode of event – **Offline**
Participants students: 55+1 (Ph.D student)
No of attendee's teachers – 9

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आवक क्र. 882/2023-24
दिनांक - 6/6/2023
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प्राचार्य

Report –

It was a one-day event in which following programmes were organized -

S.N.	Programme	Time
1	To create an awareness about 'World Environment Day' documentaries shown to 1st BAMS students – a) *Varasa – Nisargadharit Paramparik Dnyanache Sankalan* Legacy – Documentation of traditional wisdom By Dr Ketaki Ghate, Govt of Maharashtra & Oikos b) How trees talk to each other- Suzanne Simard c) Forest underground connectivity-an evidence of plants have senses-documentary d) Heerabai Papore-seed mother,story of wild seeds collection bank e) Tulasi Gouda- Forest women taking Padmashree award for plants/seeds propagation	2.30-4.00 PM
2	**Tree Plantation** Programme at CARC botanical garden, (6)	12 – 1:15 & 4.30 PM
3	Introductory lecture of Dr M.D.Lad- HOD on environment protection and use of local medicinal plants in practice & Dr Chinmay Phdke sir has shown textual reference of plants having senses and importance of forest before showing documentaries	2 – 2.30 PM
4	Plastic waste collection campaign with NSS students in college campus	11-12 PM

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Metric No. 7.1.10

Drive link for photos & videos –

https://drive.google.com/drive/folders/1IkqEKj3nusE9q5hdSiA97VXeS9YGyJtn?usp=drive_link

Brief summary of the event:

In which, to create an awareness about ecosystem restoration two documentaries were shown to 1st BAMS students in the afternoon session.

Before that "Tree Plantation Programme" was carried out at CARC campus botanical garden, in the presence of Hon'ble Principal, Vice-principal and departmental teaching & non-teaching staff.

Short lectures about environmental awareness and textual references is given by Dr M.D.Lad-HOD and Dr Chinmay Phadke before the documentaries.

Dr Mhaske Rajesh-the NSS co-ordinator has taken 'plastic collection campaign in the campus as directed by MUHS with the help of NSS students.

Dr Ila Bhor has coordinated & conducted the whole program.

Pledge taking program is also conducted in the classroom as per the directions of AYUSH & MISSION LIFE PORTAL.

Utility –

It was a very much fruitful event regarding creation of awareness about protection & restoration of the ecosystem by the means of conservation & cultivation of different medicinal plants among the students.

Department of Dravyaguna is very much thankful to Principal Dr. Patil madam and Vice-principal Dr. Bobade sir for the permission, support, encouragement and guidance for the conduction of this event.

HOD Dept od Dravyaguna

Dr. Meenal D. Lad
M. D., Ph. D. (Ayu.)
Prof. & H.O.D.
Dept. of Dravya guna C.A.R.C. Akurdi

P.D.E.A.'S COLLEGE OF AYURVEDIC RESEARCH AKURDI PUNE - 44

Principal

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

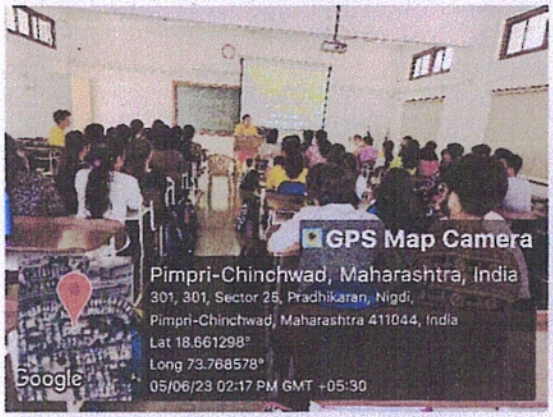
Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

Date :- 06 / 06 /2023

Metric No. 7.1.10

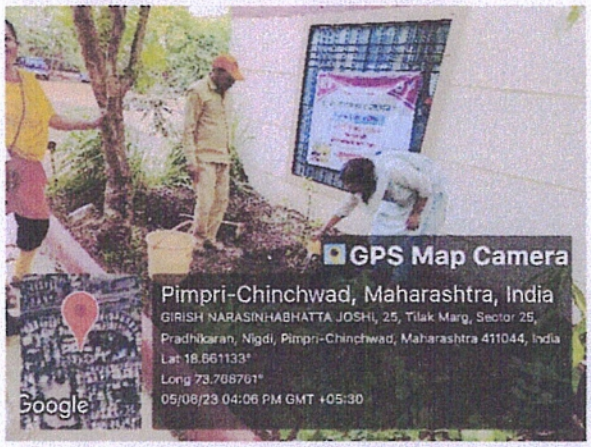
World Environment Day (5th June 2023)



Lecture of Dr Lad Madam



Explaining life mission /Life theme suggested by AYUSH



Plantation programme at carc Garden



Plastic collection by NSS students





Dr. Meenal D. Lad
M. D., Ph. D. (Ayu.)
Prof. & H.O.D.
Dept. of Dravya guna C.A.R.C. Akurdi

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Date: - 12/06/2023

Metric No. 7.1.10

N.S.S. Department organizing MUHS Flag Hoisting Ceremony on the occasion of 25th M.U.H.S. FOUNDATION DAY

Post event summery report

Name of the Event: - Flag hoisting ceremony on the occasion of MUHS foundation Day

Date of the Event: - 10/06/2023

Location of the Event: - College Campus

Participants: - Teaching, Non-Teaching Staff, Students & NSS Volunteers

Number of persons attending the Event: - Teachers – 34, Students – 98 Non Teaching – 01 Total - 133

963/2023-24
12/6/2023

Organizing Committee: - N.S.S. Department

Mode of Event: - Offline

Contact Person: - Dr. Rajesh Mhaske (Programme Officer)

Telephone Number: - 9130805556/9423805556

Email Address: - carcnss@gmail.com

Google Drive Link for Geotagged Photos –
https://drive.google.com/drive/folders/1OnaUUhQcsYW7q_12sRtoiu0wMHIdFv0?usp=sharing

Brief Summary of the Event: -

- 25th M.U.H.S. Foundation day celebration was organized by NSS Department.
- Introduction of programme given by Ms. Manasi Ghanavat.
- M.U.H.S. flag hoisting done by the hands of Hon. Principal representative Dr. Meenal Lad Madam.
- M.U.H.S. song played and salutation given to MUHS flag.
- Vote of thanks given by Ms. Manasi Ghanavat.
  Thank you, mam, for giving such opportunity us.

N.S.S.
PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

Principal
Principal
P.D.E.A's
College of Ayurved And Research Centre
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Date: - 12/06/2023

Metric No. 7.1.10

25 th M.U.H.S. Foundation Day Celebration

Date- 10.06.2023 @ 10.00 am College Campus





N.S.S. PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C., NIGDI, PUNE-44.

COLLEGE OF AYURVEDIC SCIENCE AKURDI PUNE - 44

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Date: -15/06/2023

Metric No. 7.1.10

N.S.S. Department organizing Pledge &Blood Donation Awareness Drive on the occasion of WORLD BLOOD DONOR DAY

Post event summery report

Name of the Event: - Celebration of "World Blood Donor Day"
Date of the Event: - 14/06/2023
Location of the Event: - CollegeClassroom No. 03
Participants: - Teaching, Non-Teaching Staff, Students
Number of persons attending the Event: - Teachers – 13, Students – 109 Non Teaching – 11 Total - 133
Organizing Committee: - N.S.S. Department
Mode of Event: - Offline
Contact Person: - Dr. Rajesh Mhaske (Programme Officer)
Telephone Number: - 9130805556/9423805556
Email Address: - carcnss@gmail.com

आवक क्र. 1010/2023-24
दिनांक - 15/06/2023
प्राचार्य

Google Drive Link for Geotagged Photos –
https://drive.google.com/drive/folders/1CAVOd1CaA4t7o-TfFKYSKjYzajmnYOoq?usp=sharing

Brief Summary of the Event: -

- 'World Blood Donor Day" celebration was organized by NSS Department.
- Starting of programme done by NSS Song
- Introduction and anchoring of programme done by Ms. Pratiksha Chavan.
- Speeches were given by Ms. Shruti Gupta & Ms. Prapti Dhavale on account of Blood Donation importance.
- Felicitation of blood donors from our college done by the auspicious hands of Resp. Dr. Meenal Lad & Resp. Dr. Jayant Phadake.
- Blood donor pledge given to all by Ms. Samruddhi Patil.
- Process of online pledge for blood donation explained to all students & staff and certificates obtained.
- Hon. Chairperson Dr. Meenal Lad addressed to all importance of blood donation.
- Vote of thanks given by Mr. Akshay Gadade.
  Thank you, mam, for giving such opportunity us.

N.S.S.

PROGRAM OFFICER
NATIONAL SERVICE SCHEME
C.A.R.C.,NIGDI,PUNE-44.

Principal

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Date: - 15/06/2023

Metric No. 7.1.10

WORLD BLOOD DONOR DAY

Date- 14.06.2023 @ 11.30 am College Classroom No. 03





N.S.S.

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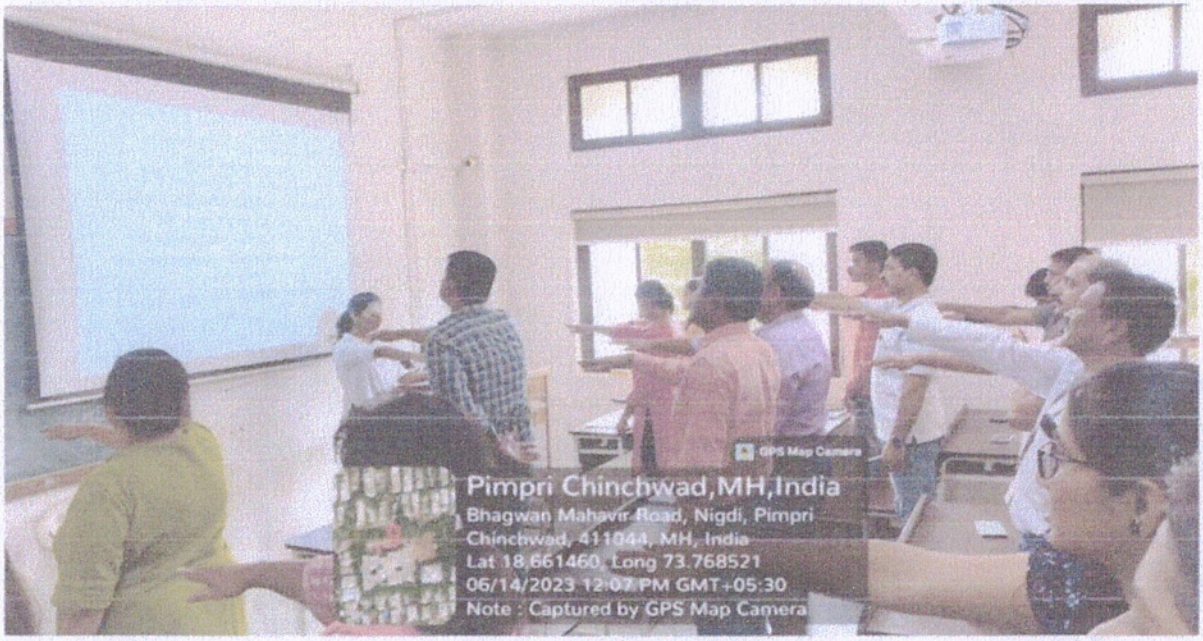
Date: - 15/06/2023

Metric No. 7.1.10

WORLD BLOOD DONOR DAY

Date- 14.06.2023 @ 11.30 am College Classroom No. 03





N.S.S.
PROGRAM OFFICER
NATIONAL SERVICE SCHEME
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P.D.E.A'S COLLEGE OF AYURVED AKURDI PUNE-44

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Date: - 24/ 06/2023

Metric No.-7.1.10

DEPARTMENT OF SWASTHVRITTA

Report of Yoga Activities on occasion of International Day of Yoga 2023

Name of the College: **-P.D.E. A's College of Ayurved and Research Centre, Nigdi, Pune-411044.**

Organizing Department: - Swasthavritta

As per direction of Govt of India, Ministry of Youth affairs & Sports, NCISM & Directorate of AYUSH, Yoga activities were conducted in June 2023 on the occasion of international yoga day in college.

Following activities were conducted

Sr.No.	Date	Activity
1.	16/06/23	Guest Lecture on Yogopchar in diseases
2.	17/06/23	Webinar on hatha Yoga Introduction
3.	18/06/23	Yoga awareness session in Tathawade
4.	19/06/23	Yogasana competition for students
5.	21/06/23	Yoga session for all staff & students on college ground as per AYUSH protocol
6.	21/06/23	Yoga awareness campaign in Bramhadatta school, Nigdi, Pune
7.	21/06/23	Yoga awareness campaign in DY Patil Dyanshanti School for students, Ravet, Pune
8.	22/06/23	Yoga awareness campaign in B.R. Gholap College, Sangvi, Pune for staff, Pune

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र 1244/2023-24
दिनांक - 27/6/2023
लेखनिक
प्राचार्य

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1. GUEST LECTURE ON YOGOPCHAR IN DISEASES

Date of Event-16 June 2023

Speaker- Dr Anuradha oak

Time- 02:30 pm

UG & PG Students: UG - 88, PG - 10, Teaching staff - 10

Mode of Event: Offline

Venue: Auditorium

Link for Photos-

https://photos.google.com/u/1/album/AF1QipO93MeZCaMMLe9DJMgS2dGVD2oodcX8_tXNJJj0

Summary of the event-

Guest lecture was organized by Swasthavritta Department on occasion of International Yoga Day 2023.

Lecture is started on time at 2:30 am. Dr Kirti Jadhav introduced the guest Dr.Anuradha Oak. Dr.Arti Firke welcomed the guest. Dr.Anuradha Oak explained topic by giving different examples. Including Obesity, Diabetes she explained some spinal diseases which result in body posture abnormality and she also explained Asan and some bandh method for posture correction. UG and PG students enjoyed this lecture very much. Some questions were asked by students and answered by Dr.Anuradha Oak. After that vote of thanks given by Dr. Shubhankar Kulkarni.

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2. WEBINAR ON HATHA YOGA INTRODUCTION

Name of the event- Webinar on Hathayoga Introduction on the occasion of International Yoga Day 2023

Topic- Hathayoga Introduction

Speaker- Dr. Mohinder Kumar

Date of the event- 17/06/2023

Time- 11:00 am-12.30 pm

Location of the event- Online on ZOOM App

Number of attendees - Total Participants- 98
(UG Students- 66 PG Students- 11 Teachers-21)

Link of online event-
https://us06web.zoom.us/j/82833931373?pwd=blorQVpUcEhtRGFHK0ZncUF6Y2VtZz09

Feedback form link - https://forms.gle/iLc2M87PQ9w8S4U68

Drive Link for Photos-
https://photos.google.com/u/1/album/AF1QipPRbt7YzE0oQKwrhCV26cNtEjh5hyPGzmCtpwQK

Brief summary of the event-

Webinar on 'Hathayoga Introduction' was organized by department of Swasthavritta on the occasion of international Yoga day 2023. Webinar was started on time at 11.00 am. Dr. Deepali Manore welcomed and introduced the guest Dr. Mohinder Kumar. Dr. Arti Firke handled all technical aspects. Dr. Mohinder Kumar sir shared his knowledge about all aspects of Hathayoga. He explained Hathayoga introduction and its effects on Human. Total 98 attendees attended the webinar from students and staff. Some questions were asked by participants and answered by Dr. Moninder Kumar Sir. After that vote of thanks done by Dr. Manore.

Feedback form was sent after the lecture on all what's app groups and filled by attended participants on the same day.

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3. YOGA AWARENESS SESSION IN TATHAWADE

Name of the event- Yoga awareness campaign at Tathavade,

Date of the event- 18/06/2023

Time- 08:30 am

Location of the event- 41 Elite, Tathavade, Pune

Number of attendees - 16 society members,

Google photo link-

https://photos.google.com/u/1/album/AF1QipN6-axX1suB-nWRSwYK-XSq5abT1Px0dZpo43iU

Brief summary of the event-

Yoga awareness campaign was conducted at 41 Elite Society at Thathavade, pune. On 18/06/2023. At 8:30 am. Yoga session was conducted for society members, for creating awareness among common people. Total 16 members were participated in the session. Dr Kiran Mendhekar Society member welcomed Yoga teacher Mrs Archana Patil. Yoga protocol was conducted including chair yoga. Society members were happy with the session and asked their queries. Thus it helped to make people aware about their health and importance of yoga.

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4. YOGASANA COMPETITION FOR STUDENTS

Name of the event- Yogasana Competition 2023

Date of the event- 19/06/2023, Time- 9 am

Location of the event- PDEA's College of Ayurved and Research Centre, Nigdi, Yoga hall.

Number of Participants- Students- 15 UG students

Teachers - Dr Manjusha Potdar & Yoga Teacher Archana Patil

Drive Link for Photos-
https://photos.google.com/album/AF1QipOAKzxp4X7_baMdTArlKspwX8PnjfpstIAXGS5l

Brief summary of the event-

Yogasana competition was organized on occasion of International Yoga Day 2023 by Swasthavritta department for students of third year BAMS. Competition started on time at 9 am. Total 15 students participated in the competition. Four regular asanas and one Advance asan thus total five asanas were performed by students. Dr Potdar gave necessary instructions to the student before starting the competition and Yoga teacher Mrs Archana Patil done the analysis of performances. Analysis done on the basis of breathing technique, steps of performance, mudra and capacity of holding the Aasan. **Winners were awarded by giving books as prizes.**

First Prize winner - Yogesh Ingale

Second Prize winner- Sonali Murumkar

Third prize- Madhusudan Swami

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5. YOGA SESSION FOR ALL STAFF & STUDENTS ON COLLEGE GROUND AS PER AYUSH PROTOCOL

Date – 21 June 2023

Time- 8:00 am to 9:00 am

Location of the event- PDEA's College of Ayurved and Research centre,

Nigdi College Ground.

Number of persons attending the event- Total- 123

UG- 61,

PG- 14,

Teaching staff- 40

Non-teaching staff- 08

Link for Photos-
https://photos.google.com/u/1/album/AF1QipN1bWTXBz0NSvaj18Th671cc8QYEWiuXtepLc03

Summary of the event-

Celebration of International Yoga Day 2023 and prize distribution ceremony was conducted on 21st June.2023 at PDEAs CARC College ground. Morning Yoga Demo (8.00 a.m. to 9.00 a.m.) was conducted. Total123 participants were present for the event. Common yoga protocol was followed including Pranayama in the session. After Yoga session prize distribution ceremony was conducted. Prizes distributed to winners of yogasana competition through principal Dr Ragini Patil madam. Different books on Yoga were given as prize to the winners.

P.D.E.A.'S College Of Ayurved And Research Centre AKURDI PUNE-44

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6. YOGA AWARENESS CAMPAIGN IN BRAMHADATTA SCHOOL, NIGDI, PUNE

Date – 21 June 2023

Time- 2:30 pm to 3:30 pm

Location of the event- Bramhadatta vidyalaya, Nigdi.

Number of persons attending the event- Vidyalaya Students – 20 + 7

Yoga teacher Mrs Archana Patil

Link of event photos- https://photos.google.com/u/1/album/AF1QipN6-axX1suB-nWRSwYK-XSq5abT1Px0dZpo43iU

Summary of the event- Bramhadatta vidyalaya is the school for mentally challengeable children. Swasthavritta department conducted a session for these students. Yoga teacher Mrs Archana Patil was present from Swasthavritta department to conduct the event. Total 20 students of Bramhadatta vidyalaya participated the event and performed Yoga and Pranayam.

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7. YOGA AWARENESS CAMPAIGN IN DY PATIL DYANSHANTI SCHOOL FOR STUDENTS, RAVET, PUNE

Date – 21 June 2023,

Time- Session 1 - 8:30- 9:30

Session 2 - 10 :00 am- 11:00 am

Location of the event- D. Y. Patil Dnyanshanti school, Ravet.

No. of School Students- Total 969, 221(Pre-primary), 748(Grade 1 to 1o)

No of Teaching staff of school- 55

No of PG Student- 12

Drive Link for Photos- https://photos.app.goo.gl/JhSRZ7dPqvgR41vc6

Brief summary of the event-

A Yoga training programme at D Y Patil Dnyanshanti School, Ravet is organized on the occasion of International yoga day 2023 by department of Swasthavritta on 21 June 2023. Yoga session conducted at DYP school ground. Session started with yoga prarthana and yoga performance on music by school students, followed by a speech on importance of yoga in life. After the speech sukshma vyayam, yogasan and pranayam has been taken as per AYUSH protocol. Session ended with Omkar & meditation. Two sessions were conducted each for students on ground and another for teachers in auditorium. After completing session children and teachers are motivated to follow the same every day.

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College Coordinators:

1. Name-Dr.R.B.Bobade-Professor & HOD of Swasthavritta departmentEmail id-rajkumarbobade@gmail.com & Phone-9403928005
2. Dr.Arti Firke-Associate Professor-Swasthavritta Department, arfirke@gmail.com & Phone-8888845674
3. Dr.Deepali Manore-Associate Professor-Swasthavritta Department, dr.manore@gmail.com & phone-9881650526
4. Dr Manjusha Potdar - Lecturer-Swasthavritta Department Sharvarivedpathak10@gmail.com & Phone-9145738185

Principal-Dr.Ragini R.Patil
Principal
PDEA's College of Ayurved and Research center, Nigdi, Pune 411044

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Nigdi, Pune - 411 044.

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8. YOGA AWARENESS CAMPAIGN IN B.R. GHOLAP COLLEGE, SANGVI, PUNE FOR STAFF, PUNE.

Date – 22 June 2023,

Time- 8:00 am – 9:00 am

Location of the event- B.R. Gholap College, Sangvi, Pune

No. of Participants - 29

No of PG Student- 12

Drive Link for Photos-
https://photos.google.com/u/1/album/AF1QipN6-axX1suB-nWRSwYK-XSq5abT1Px0dZpo43iU

Summary of the Event- Yoga session at B. R. Gholap college Sangavi was conducted for teaching staff. Total 29 teachers participated the event. Common Yoga protocol was conducted.

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Event Name - Guest Lecture On Yogopchar in Diseases
Date of Event-16 June 2023
Speaker- Dr Anuradha Oak



Event Name- Webinar On Hatha Yoga Introduction
Speaker- Dr. Mohinder Kumar
Date of the event- 17/06/2023





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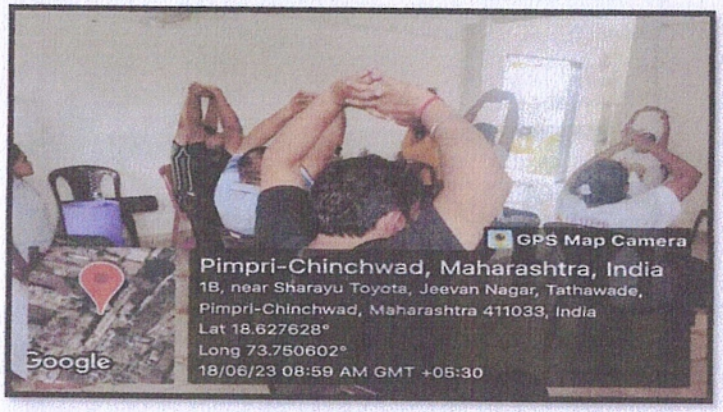
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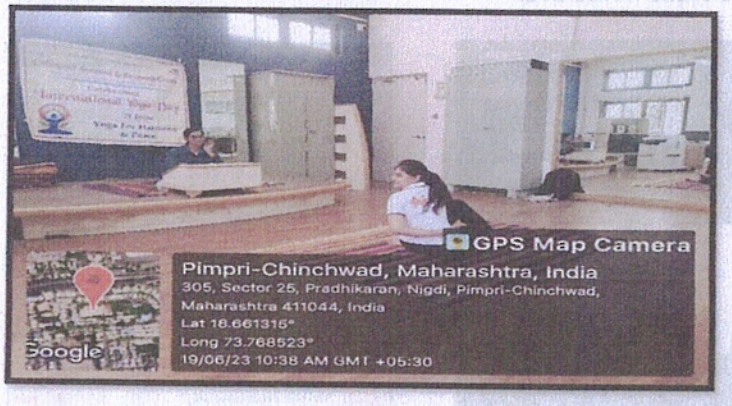
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Name of the event- Yoga awareness campaign at Tathavade,
Date of the event- 18/06/2023



Name of the event- Yogasana Competition 2023
Date of the event- 19/06/2023,



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Event Name- Yoga Session for all Staff & Students and Prize Distribution Ceremony at PDEAS CARC college ground as per AYUSH protocol

Date – 21 June 2023



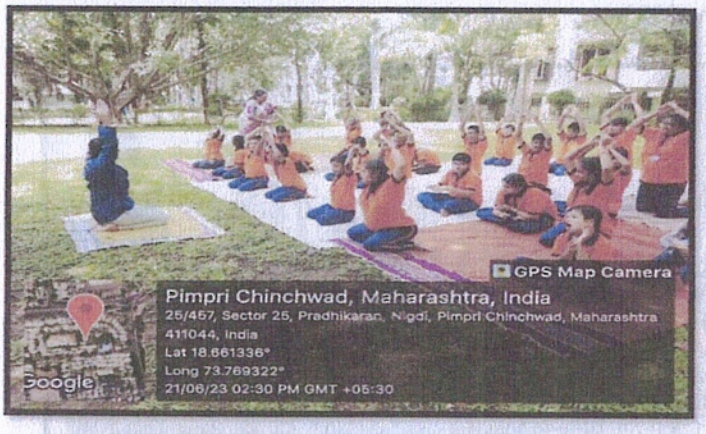


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Event name- Yoga Awareness Campaign in Bramhadatta School, Nigdi, Pune
Date – 21 June 2023



Event Name- Yoga Awareness Campaign in D. Y. Patil Dyanshanti School for Students, Ravet, Pune
Date – 21 June 2023,



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Event name- Yoga Awareness Campaign in B.R. Gholap College, Sangvi, Pune for Staff, Pune.
Date – 22 June 2023.



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Date :- 10 /07 /2023
Metric No 7.1.10

Post Event Summary Report

Name of the Event – Guru Purnima

Date of the Event – 06/07/2023

Organizing department / Committee-Department of Samhita Siddhant and Sanskrit with IV BAMS (Adale- Swarajya Rakshak Batch)

Location of the event – Classroom No.2, CARC

Number of persons attending the event- 35 Teachers, UG Students - 150

Mode of event- Offline

Drive link for photos-
https://drive.google.com/drive/folders/1MCrMqF7nhZ0fuB1oup6WS4ldpPcRv0ic

Summary of the event- The event was organised jointly by Department of Samhita Siddhant and Sanskrit with IV BAMS (Adale- Swarajya Rakshak Batch). The program was started by lighting the lamp and offering prayers to Lord Dhanvantari along with 'Guruvandana' by Ms. Shivapriya Nambiyar 4th B.A.M.S. student. Students Welcomed all teachers and presented slides sharing memories of their guru from the college. They recited poem and expressed their gratitude towards teachers.

Principal Dr. Ragini Patil expressed her opinion and congratulated students for organizing the program well. Dr. Lad, Dr. Yogini Kulkarni, Dr. Madhuri Mahadar and Dr. Shweta More expressed their opinions and shared their experiences. Few students spoke about Guru Purnima and voiced their gratitude. The event was concluded with the felicitation of all teachers by giving a plant sampling.

Ms. Anushka Dandavate and Mr. Prem Dale conducted the event and Ms. Pranjal Kumbhar Gave vote of thanks.

Vd. Yogita Jamdade
Professor and HOD,
Department of Samhita Siddhant and Sanskrit

H.O.D.
Dept of Ayurved Samhita Siddhant
College of Ayurved & Research Centre
Nigdi, Pune

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पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४४१०४४.
आवक क्र 465/2023-24
दिनांक - 11/7/2023
लेखनिक
प्राचार्य

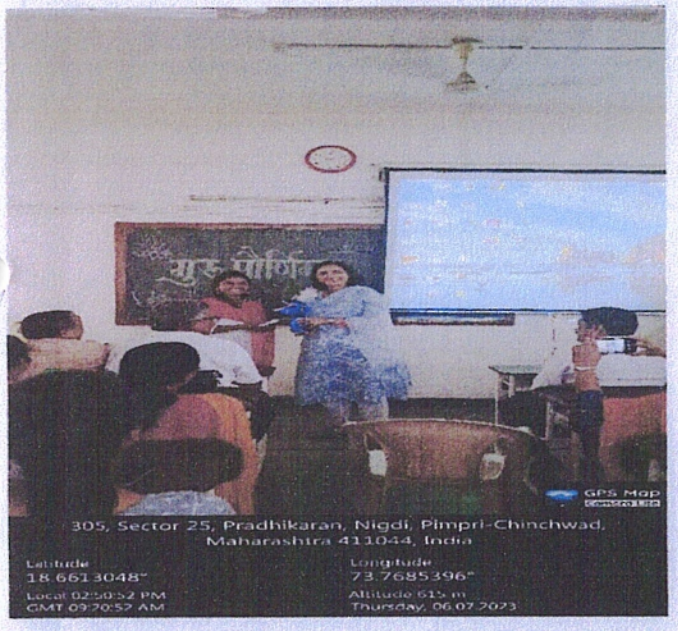
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Date :- 10 /07 /2023
Metric No 7.1.10

PHOTOS: Guru Purnima – 06/07/2023









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